

**Curriculum Vitae**  
**ANITA BRALOCK, Ph.D., CNM, RN**

**PERSONAL DATA**

**MAILING ADDRESS**      4136 W. 62<sup>nd</sup> Street  
Los Angeles, CA 90043  
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**EDUCATION**

- 2003            Doctor of Philosophy, Nursing  
University of California, Los Angeles  
Los Angeles, CA
- Dissertation: “Factors Influencing Condom Use among African American  
Female Adolescents”  
Dissertation Chair: Deborah Koniak-Griffin, EdD, RN  
This dissertation examines the factors that influence the behavior of condom  
use among adolescent who demonstrate risky sexual behaviors.
- 1995            Certificate in Nurse Midwifery  
Charles R. Drew University of Science and Medicine  
Los Angeles, CA
- 1991            Master of Nursing, Maternal Child Health Nursing  
Clinical Nurse Specialist  
University of California, Los Angeles  
Los Angeles, CA
- 1988            Bachelor of Health Science Degree  
Chapman University  
Orange, California
- 1980            Associate of Science Degree, Nursing  
Highland Park College  
Highland Park, Michigan

## ACADEMIC EXPERIENCE

- 2007 - Present            Department Chair, Second Degree Programs  
Associate Professor  
School of Nursing  
Azusa Pacific University  
Azusa, CA
- 2004 – 2007             Assistant Professor  
School of Nursing  
Azusa Pacific University  
Azusa, CA
- 2002 – 2005             Assistant Professor/Interim Director  
Nurse Midwifery Education Program  
Charles R. Drew University  
Los Angeles, CA
- 1991 - 2004             Assistant Professor of Clinical Nursing  
Coordinator of Women’s Health Care  
University of Southern California  
Los Angeles, CA
- 1997 - 1998             Interim Director of Nurse Midwifery  
Education Program  
Initiated Nurse Midwifery Masters Degree Program  
University of Southern California  
Los Angeles, CA

## RESEARCH EXPERIENCE

**“Factors that Promote Condom Use among Hispanic and African American Women.”** The purposes of this study are to examine factors influencing condom use behaviors and to determine whether perceived self-efficacy, behavioral intentions and relationship power influence sexual risk-taking behavior of Hispanic and African American young adult women.

Agency: National Center on Minority Health and Health Disparities  
Grant# 5 P20 MD00545, Budget period: 04/01/05 – 09/30/07

Project title: Charles R. Drew University, College of Science and Health Undergraduate Biomedical Research Training Program  
Bralock (PI) subproject

**“Factors Influencing Condom Use among African American Female Adolescents.”** Research focused on examining the relationship between theoretical determinants of condom use perceived self-efficacy, behavioral intentions, relationship power, intervening variables (history of substance use, history of contraceptive use and relationship issues) socio-demographic factors (participant’s age and history of physical/sexual abuse) and actual condom use among adolescents who demonstrate risky sexual behaviors.

Dissertation Chair: Deborah Koniak-Griffin, RN, EdD, FAAN  
Supported by the Cota Robles Award, UCLA

- 1999 – 2001      Research Assistant for a project entitled “Promoting Dual Method Use to Prevent HIV and Unintended Pregnancy.” This was an intervention study to teach HIV prevention and promote Dual Method Use (DMU) among sexually active teens receiving hormonal contraception from a community-based clinic. Participated in coding qualitative data, designing the curriculum, recruitment, training of peer counselors and presenting the HIV prevention program to adolescents.  
Principal Investigator, Deborah Koniak-Griffin, RN, EdD, FAAN
- 1998 – 2000      Research Assistant for a federally funded project entitled “Children’s Health and Responsible Mothering (Charm II)” An intervention study to teach HIV prevention and strategies to empower youth to reduce their risk for AIDS.  
Principal Investigator, Deborah Koniak-Griffin, RN, EdD, FAAN
- 1998 - 2000      Research Assistant for a federally funded project entitled “Children’s Health and Responsible Mothering (Charm I)” This was an intervention study to teach adolescent parenting, coping and problem solving skills.  
Principal Investigator, Deborah Koniak-Griffin, RN, EdD, FAAN
- 1990– 1991      Research Assistant for a project entitled “Exercise during Pregnancy.” The research problem studied the effects of exercise on pregnancy outcomes. The conclusion of the study supported a positive effect of exercise on teen pregnancy, and showed that pregnant adolescents attending a low impact aerobic program experienced a decrease in depression.  
Principal Investigator, Deborah Koniak-Griffin, RN, EdD, FAAN

## **CLINICAL EXPERIENCE**

- 2004 – 2006            Certified Nurse Midwife (per-diem)  
East Valley Community Health Center  
West Covina, CA
- 1998 - 2003            Certified Nurse Midwife (per-diem)  
University Physicians Health Care Corporation  
Santa Fe Springs, CA
- 1995 - 1998            Certified Nurse Midwife  
Dr. S. Gandhi. Maternity Center  
Los Angeles, CA
- 1993 - 1996            Home Health Nurse  
Clinishare Home Health  
Santa Monica, CA
- 1991 - 1995            Staff Nurse, Labor and Delivery  
Queen of Angels-Hollywood Presbyterian Medical Center  
Los Angeles, CA
- 1989 - 1991            Charge Nurse Perinatal  
East Los Angeles Doctors Hospital  
Los Angeles, CA
- 1988-1991            Staff Nurse, Labor and Delivery  
Postpartum/Nursery Medical Surgical  
Career Nurses Provider Registry  
Los Angeles, CA
- 1982-1988            Staff Nurse, Labor and Delivery - Medical Surgical  
Kaiser Permanente Hospital  
Los Angeles, CA
- 1980 - 1982            Staff Nurse, Medical Surgical  
Detroit Receiving Hospital  
Detroit, MI

## **PRESENTATIONS**

- 2008 Azusa Pacific University. 4<sup>th</sup> Annual Research Day. “Addressing Disparities”  
Presented at concurrent session: “Working with vulnerable populations. Presented at  
the Azusa Pacific University campus to the School of Nursing.
- 2007 Kaiser Permanente 6<sup>th</sup> Annual Evidence-Based Practice Conference. “What is the  
Quality of Evidence for Nursing Care Across the Lifespan? Keynote Speaker.  
Generation Y: Promoting Self-Protective Behaviors for our Youth. Presented at  
Disneyland Grand Hotel, Anaheim, California. November, 2007.
- 2007 Paper accepted entitled “Predictors of Risky Sexual Behaviors among Hispanic  
and African American Women in the United States” for poster presentation.  
Presented at the Fulbright Academy of Science and Technology, held in Panama  
City, Panama, March, 2007.
- 2006 Paper accepted entitled “Predictors of Risky Sexual Behaviors among Hispanic and  
African American Women” for a poster presentation. Presented at the International  
Council on Women’s Health Issues (ICOWHI 16) 2006 Congress in Sydney,  
Australia, November, 2006.
- 2006 Iota Sigma Chapter of the Honor Society of Nursing. Sigma Theta Tau, International  
Azusa Pacific University. Podium presentation of disaster relief work done with  
American Red Cross, Louisiana. Presentation entitled Hurricane Katrina Relief:  
After the Storm Nursing Care and Nursing Research. Azusa, California.
- 2004 Research: The Next Generation, University of California, Los Angeles. Podium  
presentation of the dissertation study entitled Factors Influencing Condom Use  
among African American Adolescents. Los Angeles, California.
- 2004 Western Institute of Nursing, “Hallmarks of Quality: Generating & Using  
Knowledge”. Poster presentation of the dissertation study entitled Factors  
Influencing Condom Use among African American Adolescents. Portland, Oregon.
- 2004 American College of Nurse Midwives 49<sup>th</sup> Annual Meeting & Exhibit.  
Poster presentation of a research study entitled Condom Use among Pregnant  
African American Adolescents. New Orleans, Louisiana.
- 2004 15<sup>th</sup> ICOWHI International Congress on Women’s Health Issues. Oral Presentation  
of a research study entitled Condom Use Factors among African American Female  
Adolescents in Los Angeles. Sao Pedro, Brazil.

## **PUBLICATIONS**

Bralock, A. & Koniak-Griffin, D. (2009). What do sexually active adolescent females say about relationship issues? *Journal of Pediatric Nursing*. 24, 131-140.

Bralock, A. & Koniak-Griffin, D. (2007). Relationships, power and other influences on self protective sexual behaviors of African American female adolescents. *Health Care for Women International*, 28, 247 – 267.

## **Workshops Attended**

(April 2009) National Institutes of Health conference in Atlanta, GA. NIH Regional Seminar. Organized by Georgia Tech University. This program was designed to assist new investigators in writing NIH research grants.

(August 2007) American Association of Colleges of Nursing. 2007 Leadership for Academic Nursing Program. This program was designed to develop and enhance leadership skills of new and emerging administrators in baccalaureate and graduate nursing programs. Convened at the National Conference Center in Lansdowne, Virginia.

(June 2006) Summer Research Career Development Institute (SRCDI) in Minority Health and Health Disparities. This Institute was designed to help new investigators identify the key elements required to establish an academic research career. Training consisted of mentor and relationship building, mock study sessions, issues in professional advancement, and research presentations given by participants. Convened on the campus of the University of Pittsburgh, Pittsburgh, PA.

## **HONORS**

- 2009 Dean's Emerging Scholar Award, Azusa Pacific University, Azusa, California
- 2007 Dean's Emerging Scholar Award, Azusa Pacific University, Azusa, California
- 2006 Dean's Emerging Scholar Award, Azusa Pacific University, Azusa, California
- 2005 Dean's Emerging Scholar Award, Azusa Pacific University, Azusa, California
- 2003 Outstanding Clinical Nurse Educator Award, University of Southern California  
Los Angeles, CA
- 1999 Outstanding Clinical Nurse Educator Award, University of Southern California,  
Los Angeles, CA.
- 1994 Outstanding Nurse Educator Award, University of Southern California,  
Los Angeles, CA.

1992 Outstanding Clinical Nurse Educator Award, University of Southern California, Los Angeles, CA.

### **Invited Presentations**

#### **Educational**

(2007, October). Understanding the role of nurse midwives in providing labor and delivery care to young women. Presented to Covina High School students, Covina, CA.

(2007, June). Research on HIV/AIDS. Presented to College Students. Conducted as workshop at the Charles R. Drew University of Medicine and Science, Drew Project PREP Summer Institute.

(2006, April). Scholarships and Internship for High School students, and Behavioral Research interest. Conducted as workshops at the 20<sup>th</sup> Annual Symposium on Career Opportunities in Biomedical Sciences. Sponsored by the Minority Health Professions Foundation. Houston, Texas.

(2006, March). Hurricane Katrina, After the Storm: Implications for Public Health and Nursing Response. Presented to Student Nurses' Association at Pasadena City College. Pasadena, CA.

(2006, February). High Risk Obstetrics. Presented to Nurse Practitioner students at the University of California Los Angeles. Los Angeles, CA.

(2005, December). Women's Health Issues. Presented to Long Beach African-American Unity Coalition. Long Beach, CA.

(2005, September). Hurricane Katrina Relief Efforts. Presented to Community Health Students at Charles R. Drew University.

(2005, February). High Risk Obstetrics. Presented to Advanced Practice nursing students at the University of California Los Angeles. Los Angeles, CA.

(2003, August – ongoing). HIV and STD Prevention among at Risk Adolescents. Presented to the adolescent membership of Zoe Christian Fellowship. Los Angeles, CA.

(2003, May). Preventing Heart Disease, Diabetes and Hypertension in the African American Community. Presented to the membership of Zoe Christian Fellowship. Los Angeles, CA.

(2003, March). Promoting proper nutrition in a community setting. Presented to the membership of Zoe Christian Fellowship. Los Angeles, CA.

(2000, August). HIV and STD Prevention among at Risk Adolescents. Presented to the National Brotherhood of Skiers summer youth camp. Los Angeles, CA.

(2000, March). Domestic Violence. Presented to Public Health Nurses at Los Angeles, CA.

(1999, April). Promoting HIV and STD Prevention through Safer Sex Practices. Presented to Alemany high school students.

(1999, November). HIV/AIDS in the Adolescent Population. Presented to Sociology students at the University of Southern California, Los Angeles, CA.

(1998, March). Promoting HIV and STD Prevention through Safer Sex Practices. Presented to Alemany high school students.

(1997, September). Rh Disease and Anemia in Pregnancy. Presented to Charles R. Drew Nurse Midwifery Educational Program, Los Angeles, CA.

(1997, February). Rebuilding the Ties Part II - Focusing on the Patient. Presented to Martin L. King Hospital, Nursing and Medical Staff, Invited speaker, Los Angeles CA.

## **PROFESSIONAL SERVICES**

### **Memberships**

#### **National**

Western Institute of Nursing, Member  
Sigma Theta Tau International Nursing Sorority, Member  
Chi Eta Phi International Nursing Sorority, Member  
American College of Nurse Midwives

## **LICENSURE AND CERTIFICATIONS**

Registered Nurse, RN345768, California Board of Registered Nursing  
Certified Nurse Midwife, California Nurse-Midwife, NMW 1115  
Certified Nurse Midwife, California NMW Furnishing number, NMWF1115  
American College of Nurse Midwives, ACNM 7473  
Public Health Certificate

### **Community Service**

Zoe Christian Fellowship: Volunteer my services to lecture on STD prevention, ongoing.  
BEST Program: Volunteered my services to lecture on STD prevention, 1998-2000.  
March of Dimes: Volunteered my services to lecture on women's health issues, 1996-1998.  
Invited Speaker on Better Babies Series for March of Dimes Program, 1996.  
Nursing Recruitment of Minority Students: Invited by High Schools to present on the Bachelor of Science Program offered at the University of Southern California, Department of Nursing, and the benefits of a career in nursing. (1991 - 2004)

## CONTINUING EDUCATION

- 2004 American College of Nurse Midwives 49<sup>th</sup> Annual Meeting & Exhibit  
2004 37<sup>th</sup> Annual Communication Nursing Research Conference 18<sup>th</sup> Annual  
WIN Assembly  
2004 15<sup>th</sup> ICOWHI International Congress on Women's Health Issues. Theme:  
"Women's Health, Culture and Society."  
  
2003 Orem Self-Study Faculty Training Workshop  
  
2000 Clinical Preceptor Update, University of California, Los Angeles  
Nurse Midwifery Education Program, UCLA School of Nursing  
2000 Antepartum and Intrapartum Management, San Francisco, CA  
  
1999 Antepartum and Intrapartum Management, San Francisco, CA  
  
1998 Antepartum and Intrapartum Management, San Francisco, CA  
1997 Contraceptive Technology, San Francisco, CA  
1996 Women, Pregnancy, and HIV/AIDS, Los Angeles, CA  
1996 ACNM 41<sup>st</sup> Annual Meeting: Palm Springs, CA  
1996 Contraceptive Technology, Los Angeles, CA  
  
1995 Fall 95 OB/GYN Update, Los Angeles, CA  
1995 Androgens and Women's Health  
1995 Advances in Perinatal Medicine  
1994 Update on Primary Care for the Adult Woman, Los Angeles, CA  
1994 Women, Children and HIV  
1994 The African American Woman: Health Care Issues  
1994 Prevention Strategies for Teen Pregnancy  
  
1993 Eighth Annual Black Nurses Symposium UCSF, San Francisco, CA  
1993 Black Infant Health Summit, Los Angeles, CA  
1993 Fire Safety  
1993 Women's Health Policy Issues  
1993 Nursing Education 1993, Orlando, Florida