

## CURRICULUM VITAE

Daniel A. Farwell  
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**Azusa Pacific University**  
**School of Behavioral & Applied Science**  
**Department of Physical Therapy**

**Education:** Southern Adventist College  
Collegedale, TN  
Associate Science degree in biology (1976 - 1979)

Loma Linda University  
Loma Linda, CA  
Bachelor of Science degree in Physical Therapy (1979 - 1981)

University of Southern California  
Los Angeles, CA  
Masters degree in Biokinesiology  
Doctorate degree in Physical Therapy (1996 – 1999)

**Licensure Information/Registration Number:** California License #10981

**Employment and Positions Held:** Associate Professor  
Azusa Pacific University  
Azusa, CA (2013 – present)

Adjunct Assistant Professor  
University of Southern California  
Los Angeles, CA (1996 – 2013)

Director  
Vargo Physical Therapy  
Burbank, CA (2011 – 2013)

Director / Owner  
Synergy Performance Health  
Burbank, CA (2007 – 2011)

Owner / Director  
Body Rx Physical Therapy  
Glendale, CA (1985 – 2007)

Staff Physical Therapist  
DSC Physical Therapy  
Glendale, CA (1982 – 1985)

Staff Physical Therapist  
Verdugo Hills Hospital  
Glendale, CA (1981 – 1982)

## **Peer Reviewed Publications:**

### ***“The Effects of Patellofemoral Pain and Patellar Taping on Knee Kinetics and Vasti EMG During Stair Ambulation”,***

Funded by the California Physical Therapy Fund, Inc., 1999  
*Journal of Orthopaedic & Sports Physical Therapy*, 2002,  
Volume: 32 Issue: 1 Pages: 3-10

### **THE PREVALENCE OF HIP AND PELVIC GIRDLE DYSFUNCTION IN COLLEGIATE LEVEL BASEBALL PITCHERS**

**K. Kumagai Shimamura<sup>1</sup>, W. Chung<sup>1</sup>, D. Farwell<sup>1</sup>, J. Goetz<sup>1</sup>, K. Lindblom<sup>1</sup>, D. Powers<sup>1</sup>,**  
<sup>1</sup>Azusa Pacific University

## **Contributing Author**

Rehabilitation for the Postsurgical Orthopedic Patient, edited by  
Maxey and Magnusson, Mosby Inc. 2001, 3<sup>rd</sup> edition 2013

Diagnosis for Physical Therapists: A Symptom-Based Approach, edited by  
Davenport TE, Kulig K, Sebelski CA, Gordon J, Watts H,  
DavisPlus publishing [Paperback] June 5, 2012

## **Current/Active Research Activity:**

### **Does Blood Flow Restriction Exercise at Sub-Optimal levels of restriction, produce Functional Improvement in Patients with Lower Extremity Osteoarthritis.**

IRB approval - October, 2019 Data collection, March - July, 2020 (Revised to Fall Semester 2021)

### **Collect and analyze 10+ years of fitness evaluation collected by Special Olympics Southern California (SOSC). Will identify specific impairments and create collaborative model to address these impairments through a year round intervention.**

Poster / conference presentation – 2022 (Possible publication in *American Journal on Intellectual and Developmental Disabilities* – 2022)

## **Professional Presentations**

Principles of Strength, Conditioning and Movement Specific Exercises in Contact Sports, Azusa Pacific University, July 15-16, 2017

Physical Therapy Representative  
UCLA Health Career Networking Event  
Carnesale Commons, UCLA (April 4, 2017)

Concussion Diagnosis and Management in Physical Therapy  
APU Physical Therapy Fellowship Course: March 2017

Seminar Instructor, “Advanced Management of the Extremities, Emphasis on Hip/Knee”, University of Southern California, 2005 – 2008

Presenter, Annual Conference of the California Physical Therapy Association: “Biomechanics of the Shoulder”, October 1999

Panel Presenter, Orthopedic and Sports Sections, APTA, February 1999: “Management of Patellofemoral Pain: A Comparison of Treatment Strategies”

### **Membership in Scientific/Professional Organizations:**

American Physical Therapy Association  
Orthopedic Section, American Physical Therapy Association  
Sports Medicine Section, American Physical Therapy Association  
California Physical Therapy Association  
American College of Sports Medicine  
National Strength and Conditioning Association.

### **Consultative and Advisory Positions Held:**

Seminar Instructor, McConnell Institute, 1991-present

Seminar Instructor, "Advanced Management of the Extremities,  
Emphasis on Hip/Knee", University of Southern California, 2005 – 2008

Presenter, Annual Conference of the California Physical Therapy  
Association: "Biomechanics of the Shoulder", October 1999

Panel Presenter, Orthopedic and Sports Sections, APTA, February  
1999: "Management of Patellofemoral Pain: A Comparison of Treatment  
Strategies"

### **Community Service:**

Advisory Board Member

"Dream with Me" Foundation for musical scholarships (2014 – present)

Regional Clinical Director, FUNFitness Screening (Healthy Athletes)  
Special Olympics Southern California (2013 – present)

Volunteer Member

Pasadena Tournament of Roses Association (1987 – present)

### **Services to the University/College/School on Committees/Councils/Commissions:**

Faculty chair of the Curriculum Committee  
Physical Therapy Department  
Azusa Pacific University (2016 - present)

Delivered Safety lecture for APU staff / management  
Created video for future reference and education (2015-2016)

Physical Therapy consultant  
Sports Medicine – Athletics Department  
Azusa Pacific University (2014 – present)

Clinical Director - Special Olympics Task Force at APU  
L.A. World Games 2015

Faculty Affairs Committee member  
Division of Biokinesiology & Physical Therapy  
Univ. of Southern California (2010 – 2012)

Faculty Search Committee member  
Division of Biokinesiology & Physical Therapy  
Univ. of Southern California (2005 – 2006)

Curriculum Committee member  
Division of Biokinesiology & Physical Therapy  
Univ. of Southern California (2004 – 2006)

### **Continuing Education Attended:**

**Concussion Assessment, Research and Education (CARE) Consortium**, a multicenter cooperative, was established to study the natural history of concussion in National Collegiate Athletic Association (NCAA). I am a participant in this study through the participation of the Azusa Pacific University Sports Medicine team.

### **Owens Recovery Blood Flow Restriction Certification Course (Jan. 2017)**

Patty Brown Physical Therapy – 880 Apollo St., Ste. 160, El Segundo, CA 90245

### **Analyzing and Coaching Multidirectional Movement From Science to Practice**

Ken Vick, CSC, - Sports Performance Director for Velocity Sports Performance  
NSCA National Conference July 9-12, 2014 - Las Vegas, NV

### **ACL The Keys to Specific Rehabilitation Programs Based on Graft Type, Concomitant Lesions and the Rehab Program Focused on Restoration of Function.**

Kevin Wilk, PT, DPT, FAPTA  
Friday, September 20 (2013 CPTA ANNUAL CONFERENCE)

### **Comprehensive Evaluation, Treatment, and Management of the Novice to Elite Athlete (USC Sports Residency)**

Module I - Lower Extremity Sports Skills and Fall Sports: July 23-26, 2011  
Module II - Upper Extremity Sports Skills and Winter/Spring Sports: September 24-27, 2012  
Instructors: Aimee Diaz, PT, SCS, ATC, John Meyer, PT, DPT, OCS, Lisa Meyer, PT, DPT, OCS and Susan Sigward, PhD, PT, ATC

### **Workshop Series: Critical Issues in Higher Education – Azusa Pacific University**

**Dr. Karen Longman**, Professor and Program Director, Department of Higher Education  
**Dr. Mike Truong**, Executive Director and Digital Learning Architect, Office of Innovative Teaching and Technology

This workshop series is scheduled for the second Thursday of every month from 10am-12pm (PST).

**Current Teaching Responsibilities in the Entry-Level Program:**

**Primary Course Instructor**

**PT779** Lymphodema / Wound Care

**PT742** Prosthetics and Orthotics

**PT768** Administration Policy and Procedure

**PT785** Advanced Patient Management

**Secondary instructor/mentor for:**

**PT728** (Ortho I), **PT746** (Ortho II), **PT748** (Ortho III) and **PT790** (Phys. Diag.)

**Content lectures in the following courses:**

**PT541** Exercise Physiology

**PT758** Special populations / topics