

CURRICULUM VITAE

STEPHEN CHEUNG, PSY.D.

Licensed Psychologist

Work:

Associate professor
Associate Director of Clinical Training
Department of Graduate Psychology
Azusa Pacific University
901 E. Alost Avenue
Azusa, CA 91702
(626) 815-5008 ext. 5206 (Office)
(626) 815-5015 (Fax)

EDUCATION:

Psy.D. Clinical Psychology (APA Accredited Program)
1992 Baylor University, Waco, TX
Doctoral Project: Systemic Group Therapy

M.A. Counseling
1983 United States International University, San Diego, CA

B.S.W. Social Work
1978 University of Calgary, Calgary, Alberta, Canada.

B.A. Psychology
1977 University of Alberta, Edmonton, Alberta, Canada.

LICENSES:

Licensed Psychologist, California (License No.: PSY 13897) since 1994

OTHER CREDENTIALS:

Certified Group Psychotherapist, National Registry of Certified Group Psychotherapists
Clinical Member, American Association for Marriage and Family Therapy (AAMFT)
Clinical Member, American Group Psychotherapy Association (AGPA)
Certificate in Critical Incident Stress Debriefing (CISD).

ACADEMIC APPOINTMENTS:

Azusa Pacific University
Azusa, CA
Associate Professor, 2006-present

Azusa Pacific University
Azusa, CA
Assistant Professor, 2005-2006

Antioch University at Los Angeles
Culver City, CA
Interim Core Faculty, 2004-2005

Pepperdine University
Los Angeles, CA
Adjunct Faculty, 2002-present

California State University at Los Angeles
Los Angeles, CA
Part-time Faculty, 1999-2001

UCLA Department of Social Welfare
Los Angeles, CA
Clinical Instructor, 1998

Phillips Graduate Institute
Encino, CA
Adjunct Faculty, 1996-2002

Consortium on Asian American Mental Health Training
Los Angeles, CA
Founding Member, 1994-present.

ACADEMIC ROLES:

2006-Present Associate Director of Clinical Training

2006-2008 Doctoral Studies Council Program Review Committee member

2008-Present Doctoral Studies Council Program Review Committee Co-chair

SCHOLARLY ACTIVITIES:

Publications:

- Cheung, S. (in preparation). Family support group: Asian American perspectives. *Asian Journal of Counselling*.
- Cheung, S. (in press). Asian American immigrant mental health: Current status and future directions. In Jean Lau Chin (Ed.), *Diversity in mind and in action*. New York: Praeger Press.
- Cheung, S. (in press). Solution-focused brief therapy. In J. Bray & M. Stanton (Eds.), *Handbook of family psychology*. Wiley-Blackwell Publishers.
- Stanton, M. & Cheung, S. (2006). Assessing families in clinical practice. [Review of the book *Family assessment: Integrating multiple clinical perspectives*]. *PsycCRITIQUES: APA Review of Books*.
- Cheung, S. (2005). Strategic and Solution-focused Couples Therapy. In M. Harway (Ed.), *Handbook of Couples Therapy* (pp. 194-210). New York: John Wiley & Sons.
- Cheung, S., & Hong, G. (2005). Clinical Application of Attachment Theory: Cultural Implications. *The Family Psychologist*, 21(2), 15-16.
- Cheung, S., & Hong, G. (2004). Family Therapy with Children: Sociocultural Considerations. *The Family Psychologist*, 20(3), 14-15.
- Cheung, S. (2001a). Problem-Solving and Solution-Focused therapy for Chinese: Recent Developments. *Asian Journal of Counselling*, 8(2), 111-128.
- Cheung, S. (2001b). Problem-Solving and Solution-Focused therapy for Chinese: Recent Innovations and Trends. Proceedings of the Second Hong Kong Professional Counselling Association Biannual International Conference: *Innovative Counselling for Families*, 18-23.

Invited Presentations:

- Cheung, S. (2001, June). Problem-solving and Solution-focused Therapy for Chinese: Recent Innovations and Trends. Keynote speech presented at the Third Hong Kong Professional Counselling Association Biannual International Conference: Innovative Counseling for Families, organized by the Hong Kong Professional Counselling Association, co-sponsored by the Chinese University of Hong Kong, and the Hong Kong Baptist University, Hong Kong, June.

Cheung, S. (2001, June). Problem-solving and Solution-focused Therapy: Principles and Practice. Workshop presented at the Third Hong Kong Professional Counselling Association Biannual International Conference: Innovative Counselling for Families, organized by the Hong Kong Professional Counselling Association, co-sponsored by the Chinese University of Hong Kong, and the Hong Kong Baptist University, Hong Kong.

Cheung, S. (2001, June). An Integrated Counseling Approach to Eating Disorders. Pre-convention workshop presented at the Third Hong Kong Professional Counselling Association Biannual International Conference: Innovative Counselling for Families, organized by the Hong Kong Professional Counselling Association, co-sponsored by the Chinese University of Hong Kong, and the Hong Kong Baptist University, Hong Kong.

Other Professional Presentations:

Cheung, S. (2008, August). Positive Psychology for Asian American families in the Postmodern Era. Paper presented at the symposium: "Positive Psychology: Implications for Working with Culturally Diverse Families" at the 116th Annual Convention of the American Psychological Association, Boston, MA.

Clevenger, K., Houskamp, B., Bustrum, J., Reimer, K., & Cheung, S. (2008, August). Experiences of providing mental health services. Poster presented at the 116th Annual Convention of the American Psychological Association, Boston, MA.

Cheung, S. (2008, April). Therapy for Child Maltreatment: Facilitating Growth in Asian American Families. Paper presented at the symposium: "Families in Trouble: Addressing Critical issues in Diverse Communities" at the 88th Annual Convention of the Western Psychological Association, Irvine, CA.

Cheung, S. (2007, August). Solution-focused Therapy with Immigrant Asian American Families: Principles and Practice. Paper presented at the symposium: "Family Therapy for Immigrant Populations: Postmodern Perspectives" at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

Mok, D., Fok, A., & Cheung, S. (2007, August). Chinese Fathers' Involvement in Infant Care. Poster presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

Kuhn, L., Tisdale, T. C., Stanton, M. & Cheung, S (2007, August). *Differentiation and Integration: An Interdisciplinary Systems Perspective on Spiritual Growth*. Paper presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

- Cheung, S. (2007, May). Effective Psychological Services for Immigrants: a Relational Multicultural Approach. Paper presented at the symposium: “Relational Multicultural Approach to Psychological Services: Working with Diverse Populations” at the 87th Annual Convention of the Western Psychological Association, Vancouver, British Columbia, Canada.
- Cheung, S. (2006, October). Overcoming Eating Disorders in Asian Americans: An Integrated Treatment Approach. Workshop with APA approved Continuing Education Units presented at the 12th Annual Asian American Mental Health Training Conference: Controlling the Uncontrollable: Impulse Control Behaviors in Asian Americans, organized by the Consortium on Asian American Mental Health Training, co-sponsored by Harbor UCLA Medical Center, Los Angeles County Department of Mental Health, and Los Angeles Mental Health Commission, Long Beach, CA.
- Cheung, S. (2006, August). Similar and yet Different Theoretical Voices: A Critical Review. Discussion presented at the symposium: “Critical Psychology: Training Family Psychologists in a Diverse Urban Environment” at the 114th Annual Convention of the American Psychological Association, New Orleans, LA.
- Cheung, S. (2006, August). Couples Therapy for Asian Americans: Socio-Cultural Implications. Paper presented at the symposium: “Family Psychological Services across the Lifespan: Asian American Perspectives” at the 114th Annual Convention of the American Psychological Association, New Orleans, LA.
- Cheung, S. (2006, April). Response to Crisis: An Ethnic Community Mental Health Perspective. Paper presented at the symposium: “Intervening in Times of Crisis: New Paradigms for Psychologist” at the 86th Annual Convention of the Western Psychological Association, Palm Springs, CA.
- Cheung, S. (2006, February). Psychological Services for Immigrant Asian American Families: Community Perspectives. Paper presented at the American Psychological Association Expert Summit on Immigration: ‘Global Realities: Intersections and Transitions,’ San Antonio, TX.
- Cheung, S. (2005, December). Solution-focused Approach to Parenting Education and Kindergarten Teaching. Paper presented to the Chinese University of Hong Kong Kindergarten Principals and Teachers at the Affirming Masters: Corporate Consultation and Training, Hong Kong.
- Cheung, S. (2005, August). Strategic—Solution-focused Supervision in Multicultural Clinics: Challenges and Possibilities. Paper presented at the symposium: “Reflections on Multicultural Family Psychology: Personal Aspirations and Professional Challenges” at the 113th Annual Convention of the American Psychological Association, Washington, DC.

- Cheung, S. (2005, June). Theory and Practice of Group Therapy with Children and Adolescents. Paper presented at Azusa Pacific University at Azusa, CA.
- Cheung, S. (2005, April). Community Mental Health in Ethnic Communities: Psychologists as Change Agents. Paper presented at the symposium: "Practicing What We Preach: Proactive Psychologists in a Multicultural Society" at the 85th Annual Convention of the Western Psychological Association, Portland, Oregon.
- Cheung, S. (2005, March). Therapy with Child and Adult Survivors of Childhood Abuse: An Eco-systemic Perspective. Paper presented at Antioch University Southern California at Los Angeles.
- Cheung, S. (2005, March). An Integrated Group Treatment Program for Asian Americans: Principles and Practice. A training workshop with APA-approved continuing education units presented at the Los Angeles County Department of Mental Health, Los Angeles, CA.
- Cheung, S. (2005, March). Short-term Therapy for Asian Americans: Applied Principles and Practice. A training workshop with APA-approved continuing education units presented at the Los Angeles County Department of Mental Health, Los Angeles, CA.
- Cheung, S. (2005, February). Short-term Therapy for Asian Americans: An Overview. A training workshop with APA-approved continuing education units presented at the Los Angeles County Department of Mental Health, Los Angeles, CA.
- Cheung, S. (2004, August). Ethical Dilemmas in Community Clinics: Family Psychology Perspectives in Supervision. Paper presented at the symposium: "Ethical Issues in Contemporary Psychology: Multicultural Perspectives" at the 112th Annual Convention of the American Psychological Association, Honolulu.
- Cheung, S. (2004, June). Strategic and Solution-focused Therapy: Principles and Practice. Paper presented at Antioch University Southern California at Los Angeles.
- Cheung, S. (2004, May). An Integrated Treatment Approach to Eating Disorders. Training presented at the Intern Training Seminar of Asian Pacific Counseling & Treatment Center in Los Angeles.
- Cheung, S. (2004, January). Cultural Competence. Training Workshop presented at the First 5 LA Connect (the NexCare Collaborative, Inc.), Sherman Oaks, CA.
- Cheung, S. (2003, May). Treatment of Eating Disorders. Training presented at the Intern Training Seminar of Asian Pacific Counseling & Treatment Center in Los Angeles.

- Cheung, S. (2003, February). Cultural Competence. Training Workshop presented at the First 5 LA Connect (the NexCare Collaborative, Inc.), Sherman Oaks, CA.
- Cheung, S. (2002, December). Counseling the Child and Adult Survivors of Childhood Abuse. Workshop presented at the Hong Kong Polytechnic University, Hong Kong.
- Cheung, S. (2002, October). Therapy with Child and Adult Survivors of Childhood Abuse. Workshop presented at the Eighth Annual Asian American Mental Health Training Conference: Transcending Trauma and Restoring Harmony: Asian American Perspective, organized by the Consortium on Asian American Mental Health Training, co-sponsored by Harbor UCLA Medical Center, Los Angeles County Department of Mental Health, and Los Angeles Mental Health Commission, Long Beach, CA.
- Cheung, S. (2002, August). Practical Issues in Supervision: An Asian American Community Clinic Perspective. Paper presented at the symposium: "Challenges in Family Therapy Supervision: Considerations for Multicultural Urban Communities" at the 110th Annual Convention of the American Psychological Association, Chicago.
- Cheung, S. (2001, October). Our Children's Future: Health and Mental Health. Paper presented at the Call to Leadership Conference on "Our Children's Future," sponsored by the Graduate School of Education and Psychology of Pepperdine University, Los Angeles.
- Cheung, S. (2001, August). Healthy Communities for Healthy Families: Evolving Roles for Family Psychology. Paper presented at the symposium: "Caring and Collaborative Diverse Communities: Emerging Opportunities for Family Psychologists" at 109th Annual Convention American Psychological Association, San Francisco.
- Cheung, S. (2001, April). Understanding Eating Disorders. Workshop presented at the Second Safe Schools and Healthy Students Annual Conference, Los Angeles.
- Cheung, S. (2000, August). Systemic Family-School Collaboration: Training Implications for Family Psychologists. Paper presented at the symposium: "Primary Prevention in Family Psychology: Fostering Resilience in Diverse Families" at 108th Annual Convention of American Psychological Association, Washington, DC.
- Cheung, S. (1999, November). Overcoming Eating Disorders. Workshop presented at Phillips Graduate Institute, Los Angeles.

Cheung, S. (1999, August). Family Support Groups: Asian American Perspectives. Paper presented at 107th Annual Convention American Psychological Association, Boston, Massachusetts.

Cheung, S. (1998, April). Systemic Group Therapy. Workshop presented at the 6th National Group Work Conference of the Association for Specialists in Group Work (A division of the American Counseling Association) in Tucson, Arizona.

Cheung, S. (1997, October). Strategies in Working with Asian Families of Mental Health Service Consumers. Workshop presented at the Third Asian American Mental Health Training Conference, organized by the Consortium on Asian American Mental Health Training, co-sponsored by Harbor UCLA Medical Center, Los Angeles County Department of Mental Health, and Los Angeles Mental Health Commission, Pasadena, CA.

Cheung, S. (1996, November). Moderator of the Panel Presentation "Creative Ways of Engaging Asians in Treatment" at the Second Annual Asian American Mental Health Training Conference: Treatment of Asian Americans, organized by the Consortium on Asian American Mental Health Training, co-sponsored by Harbor-UCLA Medical Center, Los Angeles County Department of Mental Health, and Los Angeles Mental Health Commission, Cerritos, CA.

PROFESSIONAL SERVICES

- 2008 Membership Committee Chair, Division 43 (Family Psychology),
American Psychological Association
--Planned, promoted, and coordinated the membership recruitment,
retention, and servicing efforts for Division 43 in 2008.
- 2007 Program Proposal Reviewer, American Psychological Association (APA)
Annual Convention (2008), Division 43 Program Committee
--Reviewed Division 43 program proposals for the 116th APA Annual
Convention in Boston, MA.
- 2007 Membership Committee Chair, Division 43 (Family Psychology),
American Psychological Association
--Planned, promoted, and coordinated the membership recruitment,
retention, and servicing efforts for Division 43 in 2007.
- 2006 Program Proposal Reviewer, American Psychological Association (APA)
Annual Convention (2007), Division 43 Program Committee
--Reviewed Division 43 program proposals for the 115th APA Annual
Convention in San Francisco, CA.

- 2006 Membership Committee Chair, Division 43 (Family Psychology), American Psychological Association
--Planned, promoted, and coordinated the membership recruitment efforts for Division 43 in 2006.
- 2005 Program Proposal Reviewer, American Psychological Association (APA) Annual Convention (2006), Division 43 Program Committee
--Reviewed Division 43 program proposals for the 114th APA Annual Convention in New Orleans, LA.
- 2003-2004 Cultural Competence Consultant, First 5 California.
--Provided consultation on cultural competence to First 5 California.
- 2001-2004 Advisory Board Member, First 5 LA Connect, Los Angeles, CA
--Offered mental health and cultural competence consultation and direction to the planning and implementation of a warm line (telephone and internet) referral services to families with children under 5 years of age in the greater Los Angeles area.
- 2001 Program Co-chair, Division 43 (Family Psychology), American Psychological Association (APA)
--Planned and coordinated the Convention Program for Division 43 at the 109th APA Annual Convention in San Francisco, California in 2001.
- 2000-2004 Advisory Board Member, Safe Schools and Healthy Students Initiative Grant, Los Angeles, CA
--Offered mental health and cultural competence consultation and direction to the planning and implementation of a federal funded youth violence prevention program in elementary, junior high and high schools in Los Angeles.
- 2000 Hospitality Suite Co-chair, Division 43 (Family Psychology), American Psychological Association (APA)
--Reviewed proposals, planned and coordinated the Hospitality Suite program for the 108th APA Annual Convention in Washington, DC in 2000.
- 1999 Chairperson Interactive Session Committee, Asian American Psychological Association (AAPA)
--Reviewed proposals and coordinated the Interactive Sessions for the 1999 AAPA Annual Convention in Boston, Massachusetts.

- 1997-2004 L.P.S. Designation
 --Designated by the Board of Supervisors of the Los Angeles County as a professional person who may initiate an involuntary hold of any person who is dangerous to him/herself or others or gravely disabled as a result of mental disorder for 72-hour evaluation and treatment.
- 1997-2002 Oral Examination Commissioner
 --Served as an Oral Examination Commissioner for the California Board of Psychology's Licensing Examinations for five years.
- 1994-Present Founding Member, Consortium on Asian American Mental Health Training
 --Has helped to plan and coordinate the Annual Asian American Mental Health Training Conferences since 1994.

PROFESSIONAL EXPERIENCES:

Clinical:

Asian Pacific Counseling & Treatment Centers (1992-2004)

Los Angeles, CA

Program Director/Clinical Psychologist

Coordinated and supervised both the Children and Adult programs of a multi-ethnic, multi-lingual, multi-site, and multidisciplinary comprehensive mental health center in Los Angeles. Clientele ranges from young children to adults and senior adults. Many are first generation Asian and Latino Americans.

Offered psychological services: individual, couples, family, and group therapy; psychological testing for diagnostic, academic, and vocational evaluation, and treatment planning; consultation with the multidisciplinary teams of the center; and consultation for schools and community organizations.

Supervised mental health professionals, interns, and students. Provided workshops and training in Asian American mental health, principles and practice of strategic and solution-focused brief therapy, understanding and treatment of eating disorders, psychotherapy with childhood abuse survivors, systemic group therapy, Family Support Groups: Asian American Perspectives, Short-term Therapy for Asian Americans, An Integrated Group Treatment Program for Asian Americans: Principles and Practice for mental health professionals, interns, students, and lay public.

Continued to specialize in: Asian and Latino American mental health, therapy with children and adolescents, brief therapy, substance-related disorders, eating disorders, personality disorders, post-traumatic stress disorder and other anxiety disorders, mood disorders, schizophrenia, and grief therapy.

Austin State Hospital (1991-1992)

Austin, Texas

Clinical Psychology Intern (APA approved doctoral internship)

3 inpatient rotations included Child and Adolescent Psychiatric Services, Acute Care Services, and Alcohol and Drug Treatment Center. An outpatient internship took place at Hays County Mental Health and Mental Retardation Center, San Marcos, TX.

Doctor of Psychology Trainee (1988-1991)

Completed 3 full-year 20 hours/week doctoral practica at the following sites:

Samaritan Counseling Center of Central Texas, Inc., and Heart of Texas Council on

Alcoholism and Drug Abuse, 1990-1991.

Heart of Texas Mental Health and Mental Retardation, 1989-1990.

Baylor Psychological Services, Baylor University, 1988-1989.

Red Deer Regional Hospital (1984-1988)

Alberta, Canada

Clinical Therapist/Psychologist

Institute of Psychotherapy, Mental Health Services, Holy Cross Hospital (1985-1986, 1987-1988)

Calgary, Alberta, Canada

Family Therapy Trainee (8 hours/week). Specialized in working with individuals with Bulimia Nervosa and Anorexia Nervosa.

Alberta Social Services and Community Health (1983-1984)

Lethbridge, Alberta, Canada

Probation Officer and Child Welfare Worker

Foothills Hospital (1979-1982)

Calgary, Alberta, Canada

Mental Health Worker

Holy Cross Hospital (1978)

Calgary, Alberta, Canada.

Psychiatric Social Worker

Canadian Mental Health Association (1978)

Calgary, Alberta, Canada

Advocacy Coordinator

Administrative

Asian Pacific Counseling & Treatment Centers (1992-2004)

Los Angeles, CA

Program Director/Clinical Psychologist:

Program Development, Coordination, & Management:

- For 8 years, managed a team that specializes in treating Chinese and Japanese adult clients. Between December, 1999 and July, 2004, coordinated a multi-faceted Children and Family program at a large community mental health center in Los Angeles. In addition, developed and directed both the Adult and Children programs in a site office of the same comprehensive mental health center between February, 2002 and July, 2004.
- Implemented culturally competent treatment programs through the judicious use of some innovative family and group therapy formats in order to engage clients in treatment.
- As management team member, planned, developed, implemented, and evaluated programs and policies; and assisted in writing grant proposals (e.g. for Adult Targeted Case Management Service (ATCMS), etc.).

PROFESSIONAL MEMBERSHIP:

American Psychological Association (APA)—Division 43 (Society for Family Psychology)

American Association for Marriage and Family Therapy (AAMFT)

American Group Psychotherapy Association (AGPA)

MAJOR RESEARCH AND TEACHING INTERESTS:

Asian and Latino American Mental Health
Eating Disorders
Childhood Maltreatment
Attention-deficit Hyperactivity Disorders.
Brief Therapy
Group Psychotherapy and Group Supervision
Theories and Techniques of Marriage and Family Therapy
Assessment and Treatment Planning

REFERENCES UPON REQUEST.