



## APU Co-Ed Volleyball Rules and Policies

### 1. Eligible players

- Only **CURRENT** APU student, faculty, or staff are eligible for intramural sports. Playing an ineligible player will result in a forfeit of the match. No Alumni.
- Current club players are eligible to play, but no team may have more than 3 on their roster.  
\*Current collegiate varsity volleyball players are not eligible to play- please see student athlete policy which can be found online.

### 2. Players on Roster and Court

- Each roster may carry 15 players but must have no less than 6 players.
- Each team must have at least two (2) players of each gender on the court for the duration of the match.
- If a team does not have at least four (4) players at a scheduled game time (2 of each gender), then they will have to forfeit.

### 3. Referees and Forfeits

- All games are subject to change due to unforeseen conflicts.
- Refs have full authority on the court before, during, and after a match.
- Only team captains can question a call made by the ref and only in a reasonable and appropriate fashion.
- Excessive arguing and complaining will result in first a verbal warning, then loss of a point, then loss of a game, and then forfeit of the match. Calls are at the discretion of the ref. **BE RESPECTFUL!**
- Players may be ejected by the ref due to improper behavior.
- Fighting will not be tolerated. Fighting may be cause for a player to be completely suspended from the intramural season along with other possible punishments.
- If a player is for any reason ejected from a game, they will need to meet with Jeremie Riggelman (Director of Intramurals) before eligible to play in further matches.

### 4. Rules of the Game

- Six players will play at a time.
- Each match will consist of a best of 3 games series that is played to 21 with rally scoring; if necessary, the third (3<sup>rd</sup>) game will be played to 15.
- Each game must be won by two points.
- Serves **CAN** hit the net. Serves must be taken from behind the end-line or service line
- A serve does NOT have to be passed. It can be set.
- Teams have to rotate every side-out. Substitutions can only come in to the serving position.
- Only three players are eligible to be hitters during a rotation. These players have to be in the hitting box at the beginning of the rally. No back row attack is allowed. Players hitting from the back must hit the ball from behind hitter's box (10ft line).
- No contacting the net. No lifting. No double contact. No attacking the setter.

- Hitting the wall or the roof will be called out.
- A ball that is hit back must pass between the antennas. Also a ball can NOT be hit back unless it is half way past the midpoint of the plane of the net.
- Players must keep their feet on their side of the net. Hands can extend over the net during an attempt to block.

\*\*Official rules of volleyball will be in affect and at the discretion of the Assistant Director for Campus Recreation, the Intramural Staff and the referee of the game being played.