

IOTA SIGMA CHAPTER

Sigma Theta Tau International

2016 Research Grant Recipients

Our chapter awarded two research grants in Spring 2016. Asma Taha, PhD, RN, completed her MSN and PhD at Azusa Pacific University. Her research study is entitled "Predictors of Quality of Life among Adolescents with Spina Bifida and their Caregivers." Jie Yu, PhD, RN, is one of our APU faculty. Her research study is entitled "Using a 'Smart Carpet' to Measure Gait Speed in Older Adults." We look forward to hearing about Asma and Jie's research findings.



Iota Sigma Chapter 232



2nd Annual Homeless Foot Washing Azusa Pacific University High Desert Regional Center-School of Nursing

August 6, 2016 marked the 2nd annual foot washing event known as Socks, Shoes and Salvation. This event was brought about from students from Cohort II, Crystal Latunski, Courtney Cruz, Jacqueline Heredia, Kelsey Renner, Tobias Brown, Carmen Rodriguez, Gabriel Marin, and Josh De Sagun. They worked with the Salvation Army located at 14585 La Paz Dr. Victorville, CA. As you can see the sense of community and service has grown in our APU home.

This year's event extended collaboration with organizations such Victor Valley Rescue Mission, Burning Bush Church, St. Mary's Medical Center, Victor Valley Global Medical Center, Molina Health Care, Choice Medical, I.E.H.P Health Care. Veterans Center, and Lynette Ramirez founder of Ready4Readingbookclub. Our High Desert Regional center



Sigma Theta Tau International
Honor Society of Nursing®



Program Manager's husband who is a firefighter at Ft. Irwin came with his Captain and brother to make pancakes. A veteran friend of our nursing student Manny Flores and a culinary student made scrambled eggs. Azusa Pacific University nursing students from all cohorts came and volunteered their time, talents and treasures, such as providing music for the homeless as they had their feet washed, haircuts from students and student's family. Sigma Theta Tau International Iota Sigma once again provide flyers for this event, which helped to spread the news. Mayor Gloria Garcia came to observe and support our efforts. As you can see our participation and willingness for community service has grown. Victorville daily press featured our event, read about it here: [VVDailyPress](#)

-Lydia Garcia-Usry, MSN, RN

Special thanks to Barney Tong for the photos.



IOTA SIGMA & APU SCHOOL OF NURSING
RESEARCH SYMPOSIUM
SAVE THE DATE: MARCH 30, 2017



THE 13TH ANNUAL SCHOOL OF NURSING
RESEARCH SYMPOSIUM



**"Shaping the Health of our
Nation through
Research and Evidence-
based Practice."**

THURSDAY, MARCH 30, 2017
8:30AM-3:30PM

AT AZUSA PACIFIC UNIVERSITY FELIX EVENT
CENTER



The Iota Sigma Chapter would like to invite
 current members, faculty, community members
 and guests to attend our Fall Induction Event.

Please come and support your Iota Sigma Chapter at our Fall Induction.



When: Friday, November 18th, 2016

Where: Upper Turner Campus Center, East Campus

Time: 7 PM – 9 PM

***Dessert Affair Reception**

RSVP Instructions: Tear off slip, make check payable to Iota Sigma
If you have any questions, please email:

Patricia Esslin, Vice President – Iota Sigma
pesslin@apu.edu

*****Tear off here*****

Name of attendee: _____ email: _____

____ Yes, I am planning on attending the Iota Sigma Fall Induction on Nov. 18th, 2016

Cost: \$15 per person Amount paid \$ _____ Number of RSVPs _____

____ No, I am unable to attend, but would like to donate to the Iota Sigma chapter: _____

____ No, I am unable to attend, but would like to donate to the WCNH: _____

Please note: Seating may be limited

Deadline for RSVP: Nov. 11, 2016

Make payment to: IOTA SIGMA Chapter.

Mail to: Patricia Esslin / Iota Sigma, c/o Azusa Pacific University, School of Nursing, PO Box 7000, Azusa, CA 91702



<p>9 Board Meeting 10 San Diego Induction</p>	<p>OCTOBER '16</p> <table border="1"> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	Th	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						<p>NOVEMBER '16</p> <table border="1"> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </tbody> </table> <p>14 Board Meeting 18 Azusa Fall Induction</p>	S	M	T	W	Th	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30										
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2016-2017 IOTA SIGMA CALENDAR

Officers and Leaders



President: Nicole Ringo, PhD(student), MSN/ED, RN

President Elect: Tiffany Montes RN BSN

Vice President: Patricia Esslin, MSN, APRN-CNS, CNE, PhD(c)

Secretary: Lourdes Casao, PhD, RN-BC, FNP

Treasurer: Lynda Reed, DNP

Student Leadership Interns:
Liz Ngati MPH, BSN, RN
Susan Arnold BSN RN
Ye Eun (Grace) Oh SN
Ashley Berenbach SN
Kerry Hale SN

Counselor:
Viann Duncan, MSN, RN and Rose Liegler, PhD, RN

Governance Chair:
Badrieh Caraway RN, MS, Med, CHES

Research Chair:
Marilyn Klakovich, DNSc., RN, NEA-BC

Fund Raising Chair:
Kathleen Van Allen, MSN, RN, CPN

Immediate Past President:
Jennifer Cooper, MSN, APRN, CNS

Awards and Scholarships Chair:
Catherine Wilde McPhee, MSN, FNP

Leadership Succession Chair:
Anita Boling, RN, MSN, PhD

Newsletter Editor:
Jennifer Cooper MSN, APRN, CNS

Teal Steps Success Ovarian Cancer Walk

This Sunday was unlike any other Sunday in San Diego, California as men and women gathered in tennis shoes and teal tutus for the very first time. There were smiles, tears, and laughter on September 18th, 2016, as the very first 1K/5K for Ovarian Cancer Awareness took place in Coronado Tidelands Park. Peg Ford, the President of the Ovarian Cancer Alliance of San Diego, aptly named this event “Teal Steps”.



Pictured left to right: Kathie Taylor, Janet Wessels, Melinda McLaughlin, Renee Dierking

While most of the public recognizes pink ribbons as breast cancer awareness, very few recognize teal ribbons for ovarian cancer awareness. This walk was organized and implemented by a very small committee of less than ten members, which included ovarian cancer survivors and two nursing school faculty members. It was an honor and a privilege to serve this committee as an Iota Sigma Chapter member and Azusa Pacific University (APU) faculty in San Diego.

Iota Sigma Chapter members began reaching out their support from the very infancy stages of planning this event. When the committee reached out to Iota Sigma’s own Nicole Ringo and Marilyn Klakovich, for potential sponsorship, they were welcomed with enthusiasm and encouragement as well as one of the very first financial sponsorships. Peg spoke words of praise to our Iota Sigma Chapter on the race day. She stated, “We are so grateful for your nursing honor society as they had faith in us from the very beginning, and with their early sponsorship, we were able to quickly gain additional sponsors”.



Left to Right: Miriam Cardena, Jennifer Fine, Renee Dierking, Chartavia Francis, Amabelle Aguelo

The love and support had only just begun at this point. By the event date, we were greeted with hugs and strength from Iota Sigma members of near and far. Kathleen Taylor, former President of Iota Sigma Chapter, drove down to walk alongside local members including Gail Reiner and Renee Dierking, MSN Director and ELM Program Manager, respectively. Janet Wessels, ELM Director, arranged for volunteer Navy Security officers to patrol the event. Former APU students and current Iota Sigma members served as volunteer in the medical stations during the walk. Current APU students of all semesters came to the walk and brought their families to support. The event was a huge success.

“On behalf of the Ovarian Cancer Alliance of San Diego, we thank those who participated in the Teal Steps 1K/5K Walk ... With the help of more than 550 participants, sponsors, vendors and volunteers, funds raised generated a total of over \$25,000 in support of our community outreach program!!!” – Peg Ford, President of Ovarian Cancer Alliance of San Diego

To this success and many others, our committee has Iota Sigma Chapter and all of its members to thank. We look forward to an even bigger event next year!



APU Nurse Practitioners Make a Difference at Chris Holden Community Block Party.

Every July Assemblyman Chris Holden sponsors a community block party in Pasadena and the Greater Pasadena Chapter of the California Association of Nurse Practitioners is a supporter. The event includes fire and earthquake safety demonstrations, public health advice, resources for aging, job training, and childcare, and free school supplies.. There is free food, a live band, science kits for kids to make, and even free dental exams in the street.

My role as a representative of CANP, APU, and STTI was to engage the community in some health information and to promote careers in nursing. We have a wheel of fortune game where participants can spin the wheel and try to answer a question about screening protocols, influenza, diet and exercise recommendations, and preventing the spread of disease. Winners get a healthy snack and losers get some education and then a healthy snack.

-Lynda Reed, DNP, FNP-C

Help STTI fulfill its mission.

Your gifts to the Foundation help STTI fulfill its mission to support the learning, knowledge and professional development of nurses committed to making a difference in health worldwide. Most importantly, you can decide where you want to designate your support —**Research, Leadership, Future** or the **Unrestricted Fund**.

Donate or Volunteer Time <http://www.nursingsociety.org/why-stti/stti-foundation-for-nursing/make-a-gift>

Difference Makers Reunion

On September 24, 2016, 39 School of Nursing alumni, 18 of whom were Iota Sigma members participated in what was billed as “a memorable night celebrating the difference makers of nursing.” This event was planned to include alumni who graduated during the first 25 years since the School of Nursing opened: 1975-2000. In addition to the alumni, 9 Iota Sigma members who are faculty at APU and 3 Iota Sigma Past Presidents (Diane Fillhart Lewis, Cathy McPhee, and Marilyn Klakovich) were in attendance.

Indeed, it was a memorable night that included:

- Intimate tours of the school’s advanced skills and simulation labs
- Tour of the Western Conservancy of Nursing History special library display titled “Nursing in America, A Historical Reminiscence (collection of nursing memorabilia tracing the history of nursing in the United States, spearheaded by Iota Sigma member Phyllis Esslinger).
- Exhibits that included Iota Sigma, Study Abroad, SNAP and the School of Nursing Programs
- Dinner program with recognition of our Difference Makers (* Iota Sigma member)

*Elaine Goehner - Founding Faculty

Sally Jo Brown - Founding Faculty

Terri Forshee Simpson - Founding Faculty

Sharon & Peb Jackson - Visionaries of the School of Nursing

Joyce Penner - Curriculum Design

*Rose Liegler - Nursing Dean/Vice Provost

Tony Hilton - Alumni/VA National Program Manager SPHM

Barbara Barthelmess - Outstanding Staff

Christine Magnus Moore - Alumni/Author (to be inducted in Iota Sigma Fall, 2016)

*Julie Pusztai - Alumni/Community Service

Beth Hultgren - Alumni/Military Service

*Renee Pozza - Alumni/Academic Service

*Phyllis Esslinger - In Recognition & Appreciation for Invaluable Contributions to APU SON

- Founding faculty reflect on the past (Panel moderated Elaine Goehner with participation from Julie Pusztai and Rose Liegler, all Iota Sigma Members)
- Inspirational message, “Giving Voice to Difference Makers” (Iota Sigma member and Dean, Aja Lesh)
- A café dessert reception to ReUnite with fellow alumni, faculty, staff and guests

It was inspiring to hear about the leaders who first envisioned a School of Nursing at Azusa Pacific and who were difference makers by making it happen. We can all look forward to the next celebration for 2000-2025 to see how far we have come!



Past President Cathy McPhee with Brent Wood



Group of Alumni (Standing) with Former Faculty: Connie Austin, and Faculty Anna Hefner, Katie Hill and Renee Pozza (Seated)



International Table: Students Lianna Tanis, Brooke Stallions, Lauren McNeal (Iota Sigma Member), Erin Chang, Caitlyn Kuntemeyer (Iota Sigma Member).



Past Presidents Marilyn Klakovich and Diane Lewis

Officer Reports

Leadership Connection President Elect's Report

During September 17-20, 2016, I was given the gracious opportunity to travel to Indianapolis, Indiana to attend the Honor Society of Nursing, Sigma Theta Tau International's (STTI) Leadership Connection conference. I was joined by hundreds of chapter and nurse leaders throughout the US and Mexico, with the objective to influence change through leadership not only in our professional lives, but in our personal lives as well. Each day, multiple Chapter Leader Sessions were offered to conference attendees. These sessions were designed to examine leadership

modalities, problem solving strategies, the effect of leadership on nursing clinical experience, education, and implementation of evidence-based leadership skills. One session highlighted the STTI's International Leadership Institute (ILI). Within the institute there are four academies offered: Nurse Faculty Leadership Academy (NFLA), Maternal-Child Health Nurse Leadership Academy (MCHNLA), Gerontological Nursing Leadership Academy (GNLA), and the Maternal-Child Health Nurse Leadership Academy-Africa (MCHNLA Africa). The purpose of these academies is to foster nurse leaders through a mentored leadership experience. Each academy requires either an 18-month or 20-month commitment. During the Chapter Leader Session, Jennifer De Clercq, MSN, RN_BC shared her personal journey in the GNLA. She stated that the academy helped her to achieve career advancement, lead an interprofessional team project, and discover her particular leadership style. Applications for upcoming cohorts will be accepted in 2017. If you would like more information on this amazing opportunity, please visit: <http://www.nursingsociety.org/learn-grow/leadership-new/international-leadership-institute>.

Another session provided a theory-driven transformational model for leadership succession: the ADAPT Model. This is an easy to use, evidenced-based model that utilizes transformational leadership practices to prepare nurse leaders in professional nursing associations. This framework is designed to assist transformational leaders in helping aspiring nurse leaders to succeed by empowering them and responding to their individual needs. The two speakers, Sharon Spencer, MSN, RN and Ann L. Bianchi, PhD, RN provided an example of a descriptive research study that applied the ADAPT model and compared before and after leadership attitudes among novice nurses. The study had a positive outcome in succession recruitment, in which connections and mentoring were established. This session was valuable to someone such as myself, who desires to grow professionally and to succeed as an Iota Sigma chapter leader. Overall, I feel that by attending the STTI Leadership Connection conference, I was able to learn more about myself, my profession, and my role as a chapter leader. I look forward to practicing and implementing some of the leadership skills and problem solving strategies I have acquired at the conference.

-Tiffany Montes President Elect



Tiffany Montes and Susan Arnold

Leadership Connection Student Intern Report



Marilyn Klakovich and Susan Arnold

On the weekend of September 17 – 20th, I received an exceptional opportunity to attend the Leadership Connection Conference in Indianapolis, Indiana with our President Elect, Tiffany Montes. This conference’s theme, *Influencing Change Through Leadership*, emphasized different leadership styles/strengths and how to enhance chapter involvement. In addition to the oral presentations, poster presentations and workshops offered, there were countless opportunities to network, which allowed myself, nurses and Sigma Theta Tau International (STTI) members to exchange creative ideas and knowledge about the latest professional and personal development. For example, I was able to interact with a member of Delta Xi Chapter, who introduced the idea of International Service Learning (ISL) Integrated Programs as incentives for students that are STTI members. Through this interaction we

exchanged information with the intention of future chapter involvement/collaboration; this interaction was just one of the numerous networking opportunities the conference provided.

As a recent nursing graduate and a new member on the Leadership Succession Committee, I felt humbled that I had the chance to intermingle with many of these professionals and learn about the different, inspired ways they pursue excellence in their professional life. I was also exposed to new information and was challenged to grow as a nurse and consider alternate ideas regarding how to influence involvement within our Iota Sigma Chapter. I appreciated one presenter’s, Michelle Coburn, creative approach as she related member recruitment to planning a wedding and giving them a good reason to say “I do.” This presenter provided practical guidance how to engage members in the community, create membership pride without depleting the chapters fund accounts.

I joined STTI last November, not knowing much about the organizations vision and mission; however, deciding to join has not only afforded me an opportunity to grow as a leader, but also to be apart of the mission STTI strives for to, “advance world health and celebrating nursing excellence in scholarship, leadership, and service” (STTI, 2016). I am honored to be apart of such an organization that puts service to others as a priority and looking forward to attending future events.

-Susan Arnold Student Intern

Members in the News

A poster presentation by Christina Bivona-Tellez, RN, MPH, Director of Nursing Programs, Inland Empire Regional Center, and colleagues was shared at a meeting/forum.

Miller, C.C., **Bivona-Tellez, C.**, Davis, K., Ha, D., Millard, H., & Vermillion, A. (2016, April). SoCal HEAL: The development of an intentional educational multi-vocation alliance for the express purpose of inter-professional education and research. Poster presentation at National Academies of Practice (NAP) Forum, Washington, D.C.

Contribution of a chapter to a nursing leadership textbook.

Casao, L. (2016). Program and Project Management. Leadership in Nursing Professional Development: An Organizational and System Focus, ed.

Charlene Smith. Chicago, IL: American Nurses Association, Association of Nursing Professional Development.

Presentation at a national conference.

Casao, L. (July 2016). The Nursing Professional Developer Scope and Standards of Practice Applied to NPD Leadership. 2016 ANPD Annual

Convention: *Aspire to... Inquire*. Pittsburgh, PA.

An article by Dr. Pamela Cone, School of Nursing, was published in an international journal.

Cone, P.H. (2015, Fall). A developing theology of the poverty and health applied to nursing education. *Journal of Christian Higher Education*, 14(3), 158-176. doi: 10.1080/15363759.2015.1033898

An article by Dr. Pamela Cone, School of Nursing, and a colleague, was published in an international journal.

Giske, T., & **Cone, P.H.** (2015, October). Discerning the healing path: How nurses assist patients spiritually in diverse health care settings. *Journal of Clinical Nursing*, 1-10. doi: 10.1111/jocn.12907

Five presentations by Dr. Pamela Cone, School of Nursing, and a colleague, were shared at conferences.

Cone, P.H., & Giske, T. (2015, September). *Spiritual Care: A mixed-method study of nurses in practice*. Podium presentation at the Student International Conference on Spirituality & Health, Oslo, Norway.

Cone, P.H., & Giske, T. (2015, September). *Discerning the healing path: A grounded theory about how to assist patients spiritually*. Podium presentation at the Student International Conference on Spirituality & Health, Oslo, Norway.

Cone, P.H., & Giske, T. (2015, September). *A mixed-method study of spiritual care among Norwegian nurses in diverse settings*. Podium presentation at the Student International Conference on Spirituality & Health, Oslo, Norway.

Cone, P.H., & Giske, T. (2015, November). *A mixed-method study of spiritual care among Norwegian nurses in diverse settings*. Podium presentation at the Western Institute of Nursing Research Conference, Albuquerque, NM.

Cone, P.H., & Giske, T. (2015, January). *Discerning the healing path: A grounded theory about how to assist patients spiritually*. Workshop presentation at the *Neshama*: Association of Jewish Chaplains (NAJC) Conference for Health Professionals, Jerusalem, Israel.

A presentation by Dr. Pamela Cone, School of Nursing, and a colleague, was shared at workshop.

Giske, T. & **Cone, P.H.** (2015, January). *The art and science of spiritual care*. Workshop presented for the Association of Health Care Believers, Jerusalem, Israel.

A commentary written by Dr. Gail Reiner, School of Nursing, San Diego Regional Center, was published in a journal.

Reiner, G. (2016, August). [Invited peer commentary on the article “Inborn error metabolic screening in nonsyndromic autism spectrum disorders” by Campistol et al.]. *Developmental Medicine and Child Neurology*, 58(8), 792-793. doi: 10.1111/dmcn.13150.

A position statement for the Society of Pediatric Nurses was coauthored by Kathy Van Allen, MSN, RN, CPN.

Sterling, Y. & Van Allen, K. (2016). SPN Position Statement: Disaster Management for Children & Families. Society of Pediatric Nurses. <http://www.pedsnurses.org/p/cm/ld/fid=57&tid=28&sid=50>.

An article written by Kathy Van Allen, MSN, RN, CPN was published in a journal.

Van Allen, K. (2016). SPN position statement on safe staffing: Recommendations for an evidence-based and outcomes-driven staffing plan. *Journal of Pediatric Nursing*, 31(1), 113-116.

A poster presentation by Kathy Van Allen, MSN, RN, CPN was shared at a conference.

Van Allen, K., Kuns, A., Morris, P., Jai, E., Nichols, K., Ghalambor, C. (2016). Implementation of a team-based basal nutritional protocol for medical-surgical patients. Poster presentation, Association of California Nurse Leaders annual conference, Rancho Mirage, CA.