

CURRICULUM VITAE

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
Azusa Pacific University

Education:

Ph.D., Physical Therapy
Texas Woman's University
May 2016

DPT
Texas Woman's University
May 2009

M.S., Physical Therapy
Texas Woman's University
May 2008

B.A., Physical Education (dance emphasis)
University of California, Berkeley
June 1988

Licensure Information:

Physical Therapist #1184970 Texas 11/20/2008-11/30/2012 (expired)

Physical Therapist #38147 California 8/26/2011-present

Certifications:

ABPTS Board Certified Orthopaedic Clinical Specialist OCS #40753

Fellow of the American Academy of Orthopaedic Manual Physical Therapists

Certified Movement Links Specialist

Employment and Positions Held:

Assistant Professor of Physical Therapy
Azusa Pacific University
Azusa, CA
January 2016-present

Fellowship Clinical Faculty
The Manual Therapy Institute
Park City, UT
2013-Present

Director of Dance Medicine
Evergreen Physical Therapy Specialists
Pasadena, CA
2011-Present

Ballet/ Dance Instructor
West Coast Elite Gymnastics
Arcadia, CA
2011-Present

Clinical Instructor, Outpatient Physical Therapist I & II, Orthopaedic Resident
Harris Health Systems
Houston, TX
2008-2011

Performing Arts Backstage Physical Therapist
Neurotour/Broadway Across America
Marietta, GA
2008-2011

Director, Instructor
Houston Metropolitan Dance Center & Met Too Second Company
Houston, TX
2003-2011

Instructor
The Dance Studio of Fresno
Fresno, CA
1996-2003

Adjunct Dance Faculty
California State University, Fresno
Fresno, CA
1996-1997

Dance Director
Break the Barriers
Fresno, CA
1992-1996

Peer-Reviewed Publications:

Karim A. Immediate effect of whole body vibration on sauté height, quality, and balance in professional dancers. *Journal of Dance Medicine and Science*. Accepted, pending major revision.

Karim A, Akhbari E, Melcher M. Elimination of Hip Pain After Medial Meniscal Repair in a Collegiate Dancer. *Orthopaedic Physical Therapy Practice Magazine*. 2015;27(4)15:248-251.

Karim A. Considerations in Dancer Screening. *Orthopaedic Physical Therapy Practice*

Magazine. 2015;27(1):58-61

Karim A, Frank C, Sahrman S. Screening and Treating the Young Dancer: A Clinical Reasoning Process. *Orthopaedic Physical Therapy Practice Magazine. 2014; 26(2):131-134.*

Karim A. Intra-rater reliability and predictive validity of the annual post-hire health screen for professional dancers: a methodological proposal. *Orthopaedic Physical Therapy Practice Magazine. 2013;25(4):260-263.*

Karim A, Olson S, Millet V, Massie K, Morgenthaler A. Inter-rater reliability of a musculoskeletal screen as administered to female professional contemporary dancers. *WORK! A Journal of Prevention, Assessment, and Rehabilitation. 2011;40(3):281-288.*

Peer-Reviewed Scientific and Professional Presentations:

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
IADMS 'DUELS' Dancer – Athlete or Artist? An Evidence-Based Presentation and "Duel." International Association for Dance Medicine and Science (IADMS) 27th Annual Conference, Houston, TX - October 2017

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
"Video assessment of countermovement jump performance in first position sauté: a reliability study" Poster presentation
International Association of Dance Medicine and Science 27th Annual Conference
Houston, TX. October 2017.

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
"Connecting the Dots Between Dance Movement and Developmental Movement: How a Little Goes a Long Way" An Interactive workshop
International Association of Dance Medicine and Science 27th Annual Conference
Houston, TX. October 2017.

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
"Immediate effect of whole body vibration on sauté height, quality, and balance in professional dancers"
International Association of Dance Medicine and Science 26th Annual Conference,
Wanchai, Hong Kong. October 2016.

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
"Immediate effect of whole body vibration on sauté height, quality, and balance in professional dancers"
International Association of Dance Medicine and Science 26th Annual Conference,
Wanchai, Hong Kong. October 2016.

Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
"Use of Whole-Body Vibration to Enhance Performance in Dancers"
Dissertation Defense, Texas Woman's University,
Houston, TX. March 2016.

Clare Frank, PT, DPT, OCS, FAAOMPT & Annette Karim, PT, DPT, OCS, FAAOMPT
“Dynamic Neuromuscular Stabilization: Assessment and Management of Performing Artists”-Preconference Course
American Physical Therapy Association Combined Sections Meeting.
Anaheim, CA. February 2016.

Annette Karim, PT, DPT, OCS, FAAOMPT
“Elimination of Foot Pain and Return to Normal Gait with Cervicothoracic and Thoracic Spine High-Velocity, Low-Amplitude Thrust and Neurodynamic Mobilization”
Poster Presentation.
American Academy of Orthopaedic Manual Physical Therapists Annual Conference
Cincinnati, OH. October 2013.

Annette Karim, PT, DPT, OCS, FAAOMPT
“Sacroiliac Joint Dysfunction and Low Back Pain in a Professional Dancer”
Poster Presentation.
American Academy of Orthopaedic Manual Physical Therapists Annual Conference
Washington, DC. October 2010

Annette Karim, PT, DPT, OCS, FAAOMPT
“Complex Regional Pain Syndrome in a Tibial Plateau Fracture Patient”
Poster Presentation.
American Academy of Orthopaedic Manual Physical Therapists Annual Conference
Washington, DC. October 2010

Annette Karim, PT, DPT
“Inter-rater Reliability of a Musculoskeletal Screen as Administered to Female Professional Contemporary Dancers”
Poster Presentation
National Center for Human Performance Annual Meeting, Houston, TX
November 2010
American Physical Therapy Association Combined Sections Meeting, San Diego, CA
February 2010
International Association of Dance Medicine and Science Annual Meeting, Den
Hague, Netherlands
June 2009

Current/Active Research Activity:

Karim A. Video assessment of countermovement jump performance in first position sauté: a reliability study. Azusa Pacific University IRB approved, study in progress.

Karim A, Ashmore C, Ecoff S, Ortiz A, Roddey T, Olson S. Assessment of countermovement jump performance in first position sauté. Writing in progress.

Karim A, Lemos E, Nguyen H, Roddey T, Mitchell K, Olson S. Whole Body Vibration: the effect of position and frequency on perceived exertion in healthy, active adults. Writing in progress.

Membership in Scientific/Professional Organizations:

American Academy of Orthopaedic Manual Physical Therapists
2008-present
Full Fellow Member

American Physical Therapy Association
2006-present
President, Performing Art Special Interest Group (PASIG), Orthopaedic Section
2014-present
Mentor, Orthopaedic Section
2016-present
Taskforce member, PASIG Fellowship Taskforce
2015-present
PASIG Research Chair
2012-2014

California Physical Therapy Association, San Gabriel Valley District
California Orthopaedic Manual Physical Therapy Special Interest Group
2011-present
Member

Texas Physical Therapy Association
2006-2011
2nd Vice Co-Chair, Southeastern District, 2009-2011

International Association of Dance Medicine and Science
2006-present
Member

Dance USA
2006-present
Taskforce on Dancer Health Member

Consultative and Advisory Positions Held:

Mentor
Orthopaedic Section, APTA
February 2016-present

Reviewer, Journal of Dance Medicine and Science
International Association of Dance Medicine and Science
2016-present

Expert Advisor for Dancer Health Articles
Dance Magazine
2015-present

Reviewer, Orthopaedic Practice Magazine
Orthopaedic Section, APTA
2014-present

Community Service:

Dance USA Professional Dancer Post-Hire Health Screen
Professional Contemporary Dancers, Houston, TX
December 2016, 1-day event

Dance USA Professional Dancer Post-Hire Health Screen
Professional Contemporary Dancers, Los Angeles CA
November 2016, 1-day event

Invited Speaker
California Institute of the Arts, Valencia, CA
Spring 2014, 1-day event

Invited Speaker
Colburn School of the Arts, Los Angeles, CA
Fall 2013, Fall 2015, 1-day event

Coordinator of volunteer health team
Los Angeles Dance Festival, Los Angeles CA
Spring 2013, 2014, 2015, 2-day event

Coordinator of volunteer health team
Horton Awards, Los Angeles CA
Spring 2015, 1-day event

Dance USA Professional Dancer Post-Hire Health Screen
Professional Contemporary Dancers, Los Angeles CA
Spring 2015, 1-day event

Invited Speaker, coordinator of volunteer health team
Pasadena Dance Festival, Pasadena, CA
Spring 2012, 2013, 2014, 2015, 1-day event

Invited Speaker, coordinator of volunteer health team
Pasadena Dance Theater, Pasadena, CA
Spring 2013, 1-day event

Invited Speaker
Sacred Heart Academy, La Canada, CA
Fall 2011, 1-day event

Invited Speaker
Houston Metropolitan Dance Company, Houston, TX
Spring 2010, 1-day event

Invited Speaker
Asian Youth Leadership Conference, Rice University, Houston TX
Spring 2008, 1-day event

Services to the University/College/School on Committees/Councils/Commissions:

University-wide

Doctoral Studies Council, Azusa Pacific University
September 2016-present

Wellness Council, Azusa Pacific University
October 2016-present

Department

Student Scholarship and Awards Coordinator, Azusa Pacific University
January 2016-present

Faculty Research Mentor, Azusa Pacific University
January 2016-present

Continuing Education Attended:

Combined Sections Meeting of the American Physical Therapy Association, February 16-18, 2017. 19.0 Hours

International Association for Dance Medicine & Science, October 20-23, 2016. CME

Movement Links Certification, October 10-11, 2016. 0 Hours

Combined Sections Meeting of the American Physical Therapy Association, February 18-20, 2016. 19.0 Hours

Movement Links Seminar Series, Sept 12-13, Oct 10-11, Nov 14-15, Dec 5-6. 2016.
61.0 Hours

New Faculty Development Workshop, June 21-24, 2016. 29.5 Hours

Physical Therapy Spring Training, April 23-24, 2016. 12 Hours

Combined Sections Meeting of the American Physical Therapy Association, February 5-7, 2015. 19.0 Hours

APTA's Revised Code of Ethics for the Physical Therapist and Standards of Ethical Conduct for the Therapist Assistant, July 5, 2014. 3.0 Hours

Clinical Pattern Recognition for Complex Upper Quarter Dysfunction, June 15, 2016.
1.5 hours

An Update on Law and Ethics, October 15, 2015. 2.0 Hours

Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit:

Spring I: PT 718 Clinical Skills IA
PT 774 Capstone I

Spring 2: PT 722 Clinical Skills IB
PT 776 Capstone II

Summer: PT 558 Research
PT 711 Wellness I