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## **CHARLES N. CHEGE, Psy.D.**

Azusa Pacific University  
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### **PERSONAL**

**California Licensed Clinical Psychologist.** Great commitment, interest, and experience in teaching, clinical supervision, and providing psychological/mental health services to children adolescents and adults in diverse settings in the greater Los Angeles area and surrounding counties. Significant experience in administration and clinical work. Close to 15 years supervising clinical psychology practicum and internship students in doctoral programs, social work and marriage and family therapy interns especially in community mental health settings. Supervision of post-doctoral registered psychologists. Involved in International / Global and cross-cultural consultation and delivery of Psychological Services mostly related to HIV/AIDS. Research interests in HIV-AIDS and design and implementation of psycho-social rehabilitation models for treating severe and persistent mental illness in California and Kenya. Involvement in missions and mental health as evidenced by annual ministry, consultation and training trips to Kenya. Trained in using evidence based practices (EBPs) such as TF-CBT, ART, Seeking Safety, CORS, WRAP, and familiar with Incredible Years, PATHS and PCIT. Professionally trained as a teacher. Private practitioner (part-time).

### **EDUCATION**

1992-1997	Psy.D, Biola University, Rosemead School of Psychology ( <b>APA Approved</b> ), La Mirada, CA
1992-1994	M.A., Biola University, Clinical Psychology, Rosemead School of Psychology, La Mirada, CA
1991-1992	Dip. Th., Rosedale College, Irwin, OH
1983-1986	B. Ed (Bachelor of Education, Science Honors), Kenyatta University, Nairobi, Kenya

### **TEACHING EXPERIENCE**

2008 – Present	Assistant Professor, Department of Graduate Psychology, Azusa Pacific University, Azusa, CA
1998 – Present	Clinical Professor of Psychology, Fuller Graduate School of Psychology, Pasadena, CA [Started as Assistant Clinical Professor]

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- 2007 – 2008 Adjunct Professor, Department of Graduate Psychology, Azusa Pacific University, Azusa, CA
- 1998 – Present Faculty, Pacific Clinics Institute, largest community mental health agency in California. Train staff from agency and Los Angeles County Department of Mental Health as well as general audience seeking training and CEU credits.
- 2003-2006 Adjunct Faculty, Rosemead School of Psychology, Biola University, La Mirada, CA
- 1993-1996 University life instructor/academic advisor, Biola University, La Mirada, CA  
Taught two college freshman University Life classes each fall; advised freshmen on academic and personal matters through the sophomore year
- 1986-1991 Teacher and Guidance Counselor, Kanunga High School, Kiambu, Kenya.

### **COURSES TAUGHT/TEACHING RESPONSIBILITIES**

Cross Cultural Issues in Clinical Psychology  
 Psychotherapy and Cultural Diversity  
 Clinical Placement – III (Diversity Competency)  
 Psychopathology  
 Global Psychology – Completed annually in Kenya  
 Chairing and Dissertation Committee Membership, Azusa Pacific and Pepperdine Universities

### **RESEARCH**

- 2012 – Present Fairhurst, S., **Chege, C.**, Masuda, G. & Todd, N. *Who Cares? Diversity and Clinical Competence in Perceptions of Helpfulness by Clients*. Study is examining what traits clients look for in clinical staff that enhance their entering and remaining in treatment. Study looks at what diversity considerations clients might factor into their determination that clinicians are culturally competent. Study piloted in April 2012 at Pacific Clinics
- 2011 – Present Fairhurst, S., Chun-I, J. L. & **Chege, C.** *Putting Our Cards on the Table: Addressing Priorities of Supervisors and Supervisees in Clinical Supervision*. Ongoing study at Pacific Clinics, VA's, Hospitals and other internship and practicum sites across the nation is investigating exactly what supervisory dyads expect of each other. Study is examining supervision expectations of incoming pre-doctoral interns and practicum students, and at various stages of their training as well what supervisors perceive these needs to be. Preliminary results presented by Fairhurst and Chun-I at APPIC conference April 2012.
- 2005 – Present Formal and Informal investigation of psychosocial and stress factors related to

care-giving in managing HIV-AIDS in Kenya. Produced presentations at APA conventions in 2010, 2011. Co-Directing Global Psychology Studies in Kenya for Department of Graduate Psychology, Azusa Pacific University, and every summer.

- 2008 – 2009      Shifting Cultural Lenses. Part of team collaborating with USC professor Steve Lopez, PhD, in investigating ways of measuring cultural competence at the individual level in a clinical setting. Involved in selection of clinicians and clients to participate in study.
- 1995-1997      Psychological Needs and Resources in Kenya. **Original research done in partial** fulfillment of the requirements of Doctor of Psychology Degree.

### **RESEARCH INTERESTS**

- Global Mental Health Issues and Consultation especially pertaining to HIV/AIDs, Psychosocial Rehabilitation of Severely and Persistently Mentally ill and Training of Mental Health Workers
- Diversity Issues in Clinical Work and Supervision
- Adolescent, Family and Couples Therapy
- Integrating Faith Issues and Clinical Practice.

### **RECENT PROFESSIONAL PRESENTATIONS**

**Chege, C., & Bustrum, J. (Scheduled November 2012).** *Global Psychology and Social Justice.* Presentation at the VOICES Conference on Interdisciplinary Integration Hosted by the Department of Graduate Psychology, Azusa Pacific University, Azusa, California.

**Chege, C. (Scheduled October 2012).** *Worldview Genogram: A tool for Exploring and Understanding Cultural Influences on Patients and Practitioners.* Presentation to Healthcare, Mental Health and Chaplaincy Providers, Seattle, Washington.

Masuda, G., **Chege, C.**, Brown, J. (May 2012). *Diversity Training: Struggling With Context, Inclusivity & “Unintended Consequences”.* CEU Presentation and Quarterly Training for Psychologists at the Pacific Clinics Training Institute, Pasadena, California.

**Chege, C.**, Brown, J. (February, March & May 2012). *Conducting Culturally Responsive Assessments to Providers of Children’s Milieu, Intensive Outpatient & Community Services.* Presentations to Staff in these Programs in the San Gabriel Valley. Monrovia & Pasadena, California.

Fu, M., Masuda, G., **Chege, C.**, Cheng, A., Fairhurst, S., & Jenks, B. (April 2012). *Innovative Community Psychology Practices for California’s Future.* Presentation at the Annual California

Psychological Association, Monterey, California.

Van Essen, M & **Chege, C.** (February, 2012). *Medical, Gender and Global Perspectives on HIV/AIDs from 1980 – 2012...* CEU and Licensure Presentation to Psychologists, Social Workers & Marriage and Family Therapists at the Pacific Clinics Institute, Pasadena, California

**Chege, C.** & Fairhurst, S. (November, 2011). *Fundamentals of Clinical Supervision.* CEU and Licensure Requirement Presentation to Psychologists, Social Workers & Marriage and Family Therapists at the Pacific Clinics Institute, Pasadena, California

**Chege, C.** (October, 2011). *The Caravan Conference: Implementing a Global Psychology Study Program.* Presentation at Fuller School of Psychology for Mutli-Disciplinary Audience of Mental Health Workers and Clergy Interested in International Psychology, Pasadena, California.

**Chege, C.** (August, 2011). *Stress Management and Self-Care Strategies.* Presentation for Social Workers Providing Services to HIV/AIDs Orphans and Vulnerable Children and their Guardians, Kawangware, Nairobi, Kenya.

**Chege, C.** (August, 2011). *Trauma and Grief: Skills for Clergy and Lay Caregivers.* Presentation for Pastoral and Laity in Community Helping Roles, Nairobi, Kenya.

Blankevoort, O., Hung, J., Owaka, M., **Chege, C.**, & Bustrum, J. (2011, August). *Systems approach as a mediator to application of Western psychologies in Kenya with HIV/AIDs population.* Paper presented at the 119 Annual Convention of the American Psychological Association, Washington, D.C.

**Chege, C.** (April 2011). *Global Perspectives on HIV/AIDs: Effective Psychosocial Interventions.* Presentation to Psychologists, Social Workers & Marriage and Family Therapists at the Pacific Clinics Institute, Pasadena, California.

**Chege, C.**, (December 2010). *Worldview Genogram, a Diversity tool to Enhance Clinical Supervision and Clinical Practice.* Presentation to Pre-doctoral Psychology, Social Work and MFT Interns, and Practicum Trainees of Local Graduate Schools at the Pacific Clinics Training Institute, Pasadena, California.

Van Essen, M., **Chege, C.** & Lopez, R. (December, 2010). *Global Perspectives on HIV/AIDs: Effective Psychosocial Interventions.* Presentation to Psychologists, Social Workers & Marriage and Family Therapists at the Pacific Clinics Institute, Pasadena, California

Costillo, J., Williams, J., Bustrum, J.M., Reimer, K., **Chege, C.**, Ntamushobora, F. (2010, August). *Developing a Culturally Appropriate, Community Based Child Abuse Prevention Program in Rwanda, Africa.* Paper presented at 118th Annual Convention of the American Psychological Association, San Diego, California.

Williams, J. J., & Costillo, J., Bustrum, J., Reimer, K., **Chege, C.**, Ntamushobora, F. (August 2010). *Preventing Child Abuse in Rwanda with Local Lay Counselors.* Poster presented at the 118th Annual Convention of the American Psychological Association, San Diego, California.

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**Chege, C.**, (May 2009). *Worldview Genogram, a Diversity tool to Enhance Clinical Supervision and Clinical Practice*. Presentation to Pre-doctoral Psychology, Social Work and MFT Interns, and Practicum Trainees of Local Graduate Schools at the Pacific Clinics Training Institute, Pasadena, California

Fairhust, S. & **Chege, C.** (April 2009). *Fundamentals of Clinical Supervision*. CEU and Licensure Requirement Presentation to Psychologists, Social Workers & Marriage and Family Therapists at the Pacific Clinics Institute, Pasadena, California.

**Chege, C.**, (May 2009). *Enhancing Diversity Competence in Clinical Supervision and Clinical Practice: Worldview Considerations*. Presentation to the Managers, Supervisors, and Executive Administration of Pacific Clinics, Arcadia, California.

Anabalon, P., & **Chege, C.** (2009, January). *Self Care Strategies for Clergy: The Role of Worldview Dynamics in How Clergy Develop Awareness and Skills to Combat Burnout*. Symposium presentation at The Winter Convention, of the Covenant Denomination, Chicago, Illinois.

**Chege, C.**, (May 2008). *Worldview Genogram, a Diversity tool to Enhance Clinical Supervision and Clinical Practice*. Presentation to Pre-doctoral Psychology, Social Work and MFT Interns, and Practicum Trainees of Local Graduate Schools at the Pacific Clinics Training Institute, Pasadena, California

#### **PUBLICATION WORK IN PROCESS**

**Chege, C.** (In Process). *Worldview Genogram: A Practical Tool to Enhance Diversity Competency in Clinical Training, Therapy / Counseling, and Clinical Supervision*. **Journal Article in Process for 2012**. Intended for Submission to the APA/APPIC Journal, *Training and Education in Professional Psychology*.

#### **OTHER PRESENTATIONS, SEMINARS, AND CONFERENCES ATTENDED**

**Detailed listing available upon request as needed.**

Highlights include the following: Annual Multicultural Conferences hosted by Los Angeles County Department of Mental Health, Pacific Clinics, and the Latino Behavioral Health Institute; Other professional presentations by the Pacific Clinics Training Institute, APPIC conference in 2007; Twice a Year Azusa Pacific University Faith and Integration Seminars; UCLA hosted trainings at Pacific Clinics Institute; HIV-AIDS conferences, including two hosted by UCLA.

#### **EMPLOYMENT / OTHER RELATED EXPERIENCE**

**1997-Present**     *Director /Staff Psychologist/Senior Clinical Psychology and Team Supervisor/ Trainer/Faculty, Pacific Clinics, Los Angeles, CA (A leading LA County-Contracted Community Mental Health Services Provider)*

Intake/Assessment Coordination for Children, Adolescents, and Adults and subsequent triaging;

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Referring clients to and coordinating care with community providers; conducting child, adolescent, and adult intakes/assessments, including diagnosis and treatment recommendations, especially severe emotionally disturbed and AB3632 referrals; Direct clinical services to children, adolescents, and adults with broad range of psychological and psychiatric problems through individual, family, and group approaches, including psychosocial rehabilitation of individuals with severe and persistent mental illness; Crisis Intervention by phone and in-person; Coordination of outcome and performance and representing agency as mentor with LA DMH Quality and Outcome Bureau; Supervising masters level students enrolled in clinical psychology doctoral programs as well as Post-Doctoral registered psychologists; Part of team involved in agency-wide design and implementation of Youth Transitional Programs; member of Agency's Diversity Committee in charge of design and implementation of agency-wide curricula. Administrative and clinical experience as Acting Program Director and Team Supervisor: interviewing and hiring job applicants, writing performance reviews, participation in agency-management events as needed, supervising school based and transitional youth teams. LPS- Designated to initiate 5150 holds since 2001. Trained in using evidence based practices (EBPs) such as TF-CBT, ART, Seeking Safety, CORS, WRAP, and familiar with Incredible Years and PCIT, PATHS.

### **OTHER EMPLOYMENT**

- 1989-1991      **Chairman /CEO Greystone Holdings Company** (535-acre Coffee and Green bean exporting enterprise often with over **200 employees**).
- Directed personnel, financial and overall administration of the company.
- 1986-1991      **GUIDANCE COUNSELOR/HIGH SCHOOL TEACHER**, Kiambu, Kenya
- Head of Guidance and Counseling Services; provided academic, career, individual, group, and family Counseling.
- 1996-1997      ***CLINICAL PSYCHOLOGY INTERN (2000 hrs. APA -Accredited), Psychological Center, Fuller School of Psychology, (A Community Mental Health Agency), Pasadena, CA***
- Individual, family, group psychotherapy with children, adolescents and adults; Psychosocial rehabilitation groups/classes/workshops of adults in a day treatment program for adults with severe and persistent mental illness; Psychological Assessment; Phone Intake/Screening; Rapid triaging of varied clientele; Clinical supervision of beginning masters level students enrolled in clinical psychology doctoral program.
- 1993-1996      ***OTHER CLINICAL EXPERIENCE (1320 hours), Biola Counseling Center (600 hours), Biola University, La Mirada, CA***

Psychological assessments; Weekly intakes; Individual psychotherapy; Pre-engagement and engagement counseling; Marital and Family Therapy; Peer supervision; One-way mirror training and live supervision

***Las Encinas Hospital (170 Hrs, Inpatient/psychiatric experience), Pasadena, CA***

Leading / Co-leading adolescent substance abuse, assertion training, communication, anger Management, and Multi-family psychotherapy groups; Co-leading adult Grief and Loss, Process, and Recreational therapy groups for the partially hospitalized adults; Co-facilitator for 12-step group for Hospitalized alcoholics; Co-facilitator for adult psychodrama groups and functional assessment of Severely mentally ill adults; assisting in the different rotations for depressive, psychotic, dual-diagnosis, and drug and alcohol units

***Hacienda-La Puente Unified School District (Los Altos High School, Hacienda Heights, CA) 160 hrs***

Psychological and Psycho-educational Assessments; Individual and Group Counseling of at-risk students from multi-ethnic backgrounds; IEP consultations; Consultation with teachers for Student Assistance Program and academic placements

### **HONORS**

**2000, 2002, 2004, 2005**, Recognitions by President and CEO and Catch People Caring program, Pacific Clinics for exceptional services in client care and Administration.

**1994** – Who is who among Students in American Colleges and Universities?

### **LANGUAGES**

- Fluent in **English, Swahili, and Kikuyu.**
- Conversant with other Kenyan languages.

### **REFERENCES:**

Beth Jenks, Ph.D., Director of Clinical Intern Program, Pacific Clinics,  
[bjenks@pacificclinics.org](mailto:bjenks@pacificclinics.org), 626-696-9067

Pablo Anabalon, Psy.D, Divisional Director of West Valley Family Services, Pacific Clinics,  
[panabalon@pacificclinics.org](mailto:panabalon@pacificclinics.org), 562-397-7218

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Bruce Narramore, Ph.D., Distinguished Professor of Psychology, Rosemead School of Psychology and President, Narramore Christian Foundation, [bnarramore@ncfliving.org](mailto:bnarramore@ncfliving.org), 626-821-8400.