## **Education**:

June 2014 – Aug 2016	<b>Doctorate in Athletic Training University of Idaho, Moscow, ID</b> Advanced Clinical Doctor of Athletic Training (DAT)
July 2008 - Aug 2009	Master of Science Degree California University of Pennsylvania, California, PA Exercise Science and Health Promotion Concentration: Performance Enhancement & Injury Prevention
Aug 2003 - May 2007	Bachelor of Arts Degree Tabor College, Hillsboro, KS Major in Athletic Training—CAATE Accredited Minor in Strength & Conditioning GPA 3.928

## **Professional Experience:**

## August 2011-Present

## Associate Professor in the Department of Kinesiology (July '21 – Present) Assistant Professor in the Department of Kinesiology (July '11 – July '21) Clinical Education Coordinator of Master of Science in Athletic Training Program (July '15-Present) Clinical Education Coordinator of Athletic Training Program (July '11- May '15)

Azusa Pacific University, CAATE accredited – Azusa, CA

- Assist Program Director with maintaining the academic program
- Oversee student clinical progression
- Assign students to athletic training clinical experiences
- Select and evaluate clinical sites and preceptors
- Create professional development opportunities for preceptors
- Assist in the creation of annual compliance reports and self-study documents to maintain program accreditation through the CAATE
- Maintain continuing education requirements and professional organization membership
- Instruct courses in the Department of Kinesiology
  - July 2022 Present
    - AT 541 Nutrition for Active People
    - AT 542 Examination, Diagnosis, & Intervention: Spine & Core
    - AT 547 Clinical Integration III
    - AT 557 Clinical Integration IV
    - AT 564 Seminar in Athletic Training
    - AT 566 Patient Populations in Emerging Settings
    - AT 570 Clinical Integration V
    - BIOL 230 Human Anatomy & Physiology I Lab
    - FFL 131 Fitness for Life Kinesiology
  - July 2021 May 2022
    - AT 501 Foundation of Athletic Training
    - AT 513 Fundamental Skills in Athletic Training
    - AT 528 Clinical Integration I
    - AT 539 Clinical Integration II
    - AT 547 Clinical Integration III
    - AT 557 Clinical Integration IV

- AT 570 Clinical Integration V
- July 2015 May 2021
  - AT 527 Clinical Integration I
  - AT 538 Clinical Integration II
  - AT 547 Clinical Integration III
  - AT 549 Applied Research I
  - AT 557 Clinical Integration IV
  - AT 559 Applied Research II
  - AT 568 Clinical Integration V
  - AT 569 Applied Research II
  - KIN 220 Emergency Care and Clinical Skills
- o August 2011 May 2015
  - AES 220 Risk Management and Applied Skills
  - AT 102 Foundations of Athletic Training & Applied Exercise Science
  - AT 160 Acute Care of Injury & Illness
  - AT 220 Risk Management
  - AT 240 Observation in Athletic Training
  - AT 242 Practicum in Wrapping, Taping, and Bracing
  - AT 440 Practicum in Therapeutic Exercise and Medical Conditions
  - AT 469 Health Care Administration
  - AT 511 Foundations of Athletic Training
  - BIOL 115 Anatomy & Physiology

## August 2014 – Present

### Volunteer Athletic Trainer

Azusa Pacific University, Athletic Department, Sports Medicine – Azusa, CA

- Volunteer in the APU sports medicine clinic 2-3 times per week.
- Provide patient care for athletes competing in NCAA Division II athletics.

# August 2011 – May 2020

## American Red Cross Liaison

Azusa Pacific University – Azusa, CA

- Initiate and oversee all interaction between the Kinesiology Department and the San Gabriel Pomona Valley Chapter.
- Supervise and mentor all Red Cross instructors in the Kinesiology Department.
- Submit all course records.
- Maintain Red Cross instructor certification.

### August 2007 - July 2011

## Athletic Training Education Program Clinical Coordinator Assistant Professor of Physical Education ('09-July '11) Instructor of Physical Education ('07-'09)

Tabor College, ATEP, CAATE accredited - Hillsboro, KS

- Assist TC-ATEP Director with all aspects of clinical education
- Oversee ATEP self-study and site visit for CAATE re-accreditation
  Granted 10 year accreditation August 2010
- Coordinate the placement of athletic training students with clinical instructors and clinical rotations
- Oversee ATEP freshman application process
- Instruct and evaluate students in Clinical Experience courses
  - PE 125: Practical Introduction to Athletic Training
    - Introduce students to ATEP application process
    - Review/master practical skills learned in PE 220: Care & Prevention
  - PE 242: Clinical Experience 1
    - Mastery of proficiencies from PE 351:Evaluation
  - PE 343: Clinical Experience 2
    - Mastery of proficiencies from PE 352: Evaluation and AT 352: Therapeutic Modalities
  - PE 344: Clinical Experience 3

- Mastery of proficiencies from AT 315: Therapeutic Exercise
- PE 445: Clinical Experience 4
  - Mastery of proficiencies from AT 440: Pathology and General Medical Conditions
- PE 446: Clinical Experience 5
  - Prepare students for the Board of Certification Exam
  - Mastery of proficiencies from AT 435: Administration in Athletic Training
- Ensure athletic training students meet clinical education requirements
- Supervise athletic training students and track clinical proficiencies
- Maintain Continuing Education requirements and professional organization membership
- Instruct Physical Education and Athletic Training Department courses
  - PE 220: Care and Prevention of Athletic Injuries
  - PE 120: First Aid Responding to Emergencies
  - o PE 350: Current Topics in Sports Medicine
  - PE 322: Kinesiology
  - BI 211-G: Human Physiology and Anatomy lab

## August 2007 – July 2011

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## ACCK-Athletic Training Education Program Liaison

Associated Colleges of Central Kansas – McPherson, Ks

- Co-instruct and evaluate students in laboratory portions of didactic classes
  - AT 315: Therapeutic Exercise
  - o AT 351: Prevention & Evaluation of Upper and Lower Body Athletic Injuries/illnesses I
  - o AT 352: Prevention & Evaluation of Upper and Lower Body Athletic Injuries/illnesses II
  - AT 430: Therapeutic Modalities
- Assist the Clinical Instructors with clinical courses at the colleges within the Athletic Training ACCK Consortium
  - Bethel College, Newton Ks, CAATE accredited ATEP
  - o Bethany College, Lindsborg Ks, CAATE accredited ATEP

# August 2007- July 2011

## Assistant Athletic Trainer

Tabor College – Hillsboro, Ks

- Assist Head AT in coordinating coverage of selected athletic events, practices, and athletic training room treatments
- Serve as primary AT for women's volleyball and women's basketball

## August 2007 – July 2011

### Instructor of Professional Rescuer - American Red Cross

Tabor College – Hillsboro, Ks

Bethel College – Newton, Ks

Hillsboro Family Aquatic Center – Hillsboro, Ks

• Instruct Professional Rescuer challenge courses for Athletic Training Students and Lifeguards

## August 2007 – July 2011

## Instructor of Lay Responder - American Red Cross

Tabor College – Hillsboro, Ks

• Instruct PE 120 First Aid course in which students receive First Aid and Lay Responder CPR certifications

# June 2008 – July 2011

### Lifeguard

Hillsboro Family Aquatic Center – Hillsboro, Ks

- Instruct a Professional Rescuer Challenge course for all lifeguards
- Prevent and respond to all aquatic emergencies
- Conduct Emergency Action Plan in-services
- Use proper Blood Borne Pathogen protocols
- Assist Water Safety Instructor (WSI) with swimming lessons

## January 2007 - May 2007

### Strength & Conditioning Intern (240 hours)

Hesston Wellness Center - Hesston, KS

Community Recreation Center – Hillsboro, KS

• Supervise equipment, lead orientations, develop advertisements, perform personal training responsibilities

#### August 2004 - May 2007 Athletic Training Student

Tabor College, ATEP, CAATE Accredited – Hillsboro, KS

- Obtain 800+ field experience hours in football, volleyball, m/w soccer, m/w basketball, baseball, and softball
- Perform clinical duties: pre-practice/pre-game set-up, taping, first aid, injury evaluations, modalities, rehab & administrative tasks
- Observe medical professionals in off-campus rotations: Physical Therapy, Orthopedic Surgery, Orthopedic Office, and Family Practice

# August 2006 - November 2006

#### **Peer Advisor**

Tabor College – Hillsboro, Ks

- Participate in freshman orientation
- Advise freshman students

### July 2006

## Athletic Training Student Intern

Sandhill Orthopedic – Garden City, KS

- Under the supervision of a PT:
  - Administer therapeutic modalities and exercise
  - Observe patient evaluations

# February 2004 - May 2006

#### **Peer Tutor**

Tabor College – Hillsboro, KS

- Care and Prevention of Athletic Injuries
- Kinesiology
- Anatomy and Physiology
- Exercise Physiology
- Leadership Recreation and Camping
- Administration of Physical Education

### **Continuing Education Courses:**

FMT Basic & Advanced Webcast Course Live Webcast January 22-23, 2022 Selective Functional Movement Assessment Level 1, El Segundo, CA February 7-8, 2020 Positional Release Therapy - LE, Spine, Pelvis The University of Idaho July 25-26, 2015 . Mulligan Concept -- 13 contact hours The University of Idaho July 11-12, 2015 Total Motion Release, Level 3 **Online Course** June 29, 2015 • Primal Reflex Release Technique (PRRT) Level 1 Training (online) February 28, 2015 . Total Motion Release, Level 2 **Online Course** February 24, 2015 • • Primal Reflex Release Technique (PRRT) Home Study Course (2014) February 22, 2015 Total Motion Release, Level 1 **Online Course** January 25, 2015 Primal Reflex Release Technique (PRRT) . Home Study Course (2012) August 26, 2014

- Myokinesthetics Upper Extremity
- Positional Release Therapy Upper Extremity
- Mulligan Concept 13 contact hours

The University of Idaho The University of Idaho The University of Idaho

Spring 2015

Spring 2010

Spring 2007

Fall 2006

## **Publications:**

- Bonser, R., Hansberger, B., Loutsch, R., **Gendron, C**., Baker, R.T. (2022). *Fibular Glide Mobilization With Movement for the Treatment of Acute Lateral Ankle Sprains: A Critically Appraised Topic.* International Journal of Athletic Therapy & Training, (*in press*).
- Hansberger, B. L., Loutsch, R., Hancock, C., Bonser, R., Zeigel, A., Baker, R.T. (2019). Evaluating the Relationship between Clinical Assessments of Apparent Hamstring Tightness: A Correlational Analysis. International Journal of Sports Physical Therapy, 14(2), 253-263.
- Bonser, R., Hancock, C., Hansberger, B., Loutsch, R., Stanford, E., Zeigel, A....Cheatham, S. (2017). Changes in Hamstring Range of Motion Following Neurodynamic Sciatic Sliders: A Critically Appraised Topic. Journal of Sports Rehabilitation, 26(4), 311-315.
- Hancock, C. L., Baker, R. T., & Sorenson, E. A. (2016). *Treatment of Plantar Fascia Pain with Joint Mobilizations and Positional Release Therapy: A Case Study.* International Journal of Athletic Therapy & Training, 21(4), 23-29.
- Hancock, C., Hansberger, B., Loutsch, R., Stanford, E., Zeigel, A., Bonser, R.,....Nasypany, A. (2016). Changes in Hamstring Range of Motion following Proprioceptive Neuromuscular Facilitation Stretching Compared with Static Stretching: A Critically Appraised Topic. International Journal of Athletic Therapy & Training, 21(5), 1-7.

### **Professional Presentations:**

- American College of Sports Medicine (ACSM) Annual Meeting, May 2015, Clinical Case Presentation
  Title: "Acute Pain and Dysfunction of Shoulder Musculature Football Strong Safety"
- National Athletic Trainers' Association (NATA) Clinical Symposium and AT Expo, June 2015, Presentation and Learning Lab
  - o Title: "Apparent Hamstring Tightness: Removing Stretching from your Daily Practice"
- National Athletic Trainers' Association (NATA) Clinical Symposium and AT Expo, June 2015, Presentation and Learning Lab
  - Title: "Regional Interdependence: Looking Beyond the Location of Pain by Assessing Movement Dysfunction Specific to the Cervical-Thoracic-Shoulder Region"

### Awards and Honors:

- Samuel L. Jenkins Scholarship
- Nominated for the Hiebert Excellence in Teaching Award
- Summa Cum Laude Tabor College
- NATA Research and Education Foundation Scholarship

### **Professional Certifications:**

- Certified Athletic Trainer BOC Certification May 31, 2007; #050702203, NPI: 1346745023
- Basic Life Support for Healthcare Providers—American Red Cross
- First Aid American Red Cross
- Instructor in Basic Life Support for Healthcare Providers American Red Cross

- Instructor in Professional Rescuer American Red Cross
- Instructor in Lay Responder: First Aid/CPR/AED American Red Cross
- Fascial Movement Taping (FMT) Basic & Advanced Rocktape
- Performance Enhancement Specialist National Academy of Sports Medicine
- Corrective Exercise Specialist National Academy of Sports Medicine
- Fitness Nutrition Specialist National Academy of Sports Medicine
- Selective Functional Movement Assessment, Level 1 Functional Movement Systems

#### University Service:

- Master's Studies Council Chair, Standards and Policies sub-committee (August 2021 Present)
- Master's Studies Council Standards and Policies sub-committee (August 2020-Present)
- Diversity Ambassador Center for Diversity, Equity, and Inclusive Excellence (Spring 2021)
- Athletics Advisory Committee (August 2016 May 2021)

#### **Memberships:**

- Far West Athletic Trainers' Association (FWATA)
- National Academy of Sports Medicine (NASM)
- National Athletic Trainers' Association (NATA)