

CHRISTOPHER WILLIAM NAHUMCK, PhD, MSW, MDIV, MA
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EDUCATION

Fuller Graduate School of Psychology, Pasadena, California.
PhD, Clinical Psychology, Awarded June 2015.
Fuller Graduate School of Psychology, Pasadena, California.
MA, Clinical Psychology, Awarded June 2011.
Garrett-Evangelical Theological Seminary, Evanston, Illinois.
MDiv, Divinity, Awarded May 2009.
Loyola University of Chicago, Chicago, Illinois,
MSW, Social Work, Awarded December 2007.
Ashland University, Ashland Ohio.
BA in Philosophy and Electronic Media Production, Awarded May 2000.

PRIVATE PRACTICE EXPERIENCE

CEO and President of Nahumck Psychological Corporation

- August 2019 to Present

Clinical Supervisor at Sync Counseling Centers

- October 2019 to Present
- Weekly individual and group supervision for pre-licensed therapist in a private practice setting.

Licensed Clinical Psychologist PSY #29478

- March 2017 to Present
- Therapy focused on treatment of Depression, Anxiety, Grief and Loss, and Men's Issues and Work. Therapy with individuals and couples. Therapy with adolescents and adults. Facilitated psycho-educational groups and discussion groups in church facilities.

ACADEMIC EXPERIENCE

Adjunct Professor, Azusa Pacific University

- Fall 2010 to Present
- General Psychology PSYC 110, Psychology of Human Growth and Development PSYC 290 Social Psychology PSYC 325, Cultural Psychology PSYC 400, Learning Psychology PSYC 306, Abnormal Psychology PSYC 360, Drugs, Behavior, and Society PSYC 368.

SUPERVISED DOCTORAL-LEVEL EXPERIENCE

Internship

Inland Behavioral and Health Services, Inc. July 2013 to June 2015

Supervisors: Dr. Christine Bierdrager-Sally, PhD, Licensed Clinical Psychologist

Dr. Frank Andrews, PhD, Licensed Clinical Psychologist

- Received weekly supervision to enhance the case conceptualization and the further development of clinical skills within a psychodynamic model.
- Conducted individual, couples, and group psychotherapy with clients from across the spectrum of diagnoses and levels of functioning utilizing an Integrative model.

Psychological Assistant

June 2014 to July 2016

Supervisor: Dr. K.C. Bugg, PhD, Licensed Clinical Psychologist

- Conducted individual psychotherapy and testing with clients in residential treatment centers and skilled nursing facilities
- Conducted individual psychotherapy and neurocognitive assessment in a private practice setting.

Pre-Internship

Fuller Psychological and Family Services June 2012 to June 2013

Supervisors: Dr. Ellen Miller-Kwon, PsyD, Licensed Clinical Psychologist

Dr. Brett Veltman, PsyD, Licensed Clinical Psychologist

- Received weekly supervision to enhance the case conceptualization and the further development of clinical skills within a psychodynamic model.
- Conducted individual psychotherapy with high functioning clients utilizing Psychodynamic and Existential models.
- Conducted couples therapy with high functioning clients utilizing Psychodynamic, Existential, and Systems models.

Clerkship/Practicum II Student

Rancho Los Amigos National Rehabilitation Center 2011 to 2012

Supervisors: Dr. Raj Sainath, PsyD, Licensed Clinical Psychologist,

Dr. Serina Hoover, PsyD, ABPP, Licensed Clinical Psychologist

- Received weekly group supervision and didactic training to enhance the case conceptualization and the further development of clinical skills.
- Conducted individual psychotherapy with stroke, traumatic brain injury, and spinal cord injury, and pressure ulcer management adults and child patients utilizing CBT, Existential, and MI models.

- Conducted cognitive and mood evaluations for patients utilizing BDI-II, 3MSE, ILS, CASI-S, WASI III, WAIS VI, WRAT, REO, Stroop, Trails, Hooper, and Cognistat instruments.

Practicum I Student

Fuller Graduate School of Psychology 2010 to 2011

Supervisor: Dr. Rose Woo, PhD, Licensed Clinical Psychologist

- Received weekly group supervision and didactic training to enhance the case conceptualization and the further development of clinical skills.
- Conducted individual psychotherapy with a client for twenty consecutive sessions.

Clinical Foundations Student

Fuller Graduate School of Psychology 2009 to 2010

Supervisors: Sabrina Abney, M.A.; Dr. Steve Simpson, PhD, Licensed Clinical Psychologist

- Received weekly group supervision and didactic training focused on enhancing the delivery of Rogerian client-centered interventions, which included role-plays and discussions of issues that surface in psychotherapy such as suicide, diversity issues, confidentiality and mandated reporting
- Conducted Rogerian client-centered therapy with actors enacting cases over 10 sessions.

PREVIOUS CLINICAL EXPERIENCE

Trilogy, Inc. Behavioral Healthcare, Chicago

Recovery Counselor, December 2007 to February 2009

- Assisted clients in case management of their needs with medication, housing, entitlements and coping strategies to help them meet their mental health recovery goals by utilizing motivational interviewing techniques.
- Performed weekly individual psychotherapy with clients utilizing Self Psychology, Object Relations and Psychodynamic techniques.
- Lead a group psychoeducation group around healthy food choices on a budget to help empower clients to make healthy choices and utilize food preparation as a soothing coping strategy.

Lorene Replogle Counseling Center, 4th Presbyterian Church, Chicago

Psychotherapy Intern (Loyola School of Social Work), Fall 2006 to Summer 2007.

- Performed weekly individual psychotherapy with clients utilizing Self Psychology, Object Relations, Cognitive Behavioral Therapy and Gestalt techniques.

- Presented case material at weekly staff meeting and participated in related topical discussions
- Attended weekly meetings with clinical supervisor for in depth case analysis and support

AIDS Pastoral Care Network, Chicago

Pastoral Intern (Loyola School of Social Work), Summer 2006.

- Provided therapeutic support in a non-clinical helper role to clients by weekly home visits
- Co-facilitator and counselor for Camp Getaway, a camp for families impacted by HIV/AIDS
- Managed data processing and mailings for recruitment of campers, camp volunteers, and donations for Camp Getaway

Windsor Behavioral Hospital, Chagrin Falls, Ohio

Mental Health Technician, June 2003 to August 2004.

Acute Adult Unit, Adult MISA or Dual Diagnosis Unit, and Adolescent Unit

- Maintained safety on units by conducting 15 minute rounds
- Establish rapport with clients to enhance their recovery and ease their symptoms
- Charted on clients using BIRP notes

RELATED EXPERIENCE

Columnist for the Good Men Project, <http://goodmenproject.com/>

- Writing about men as it relates to psychology, theology and graduate school life.

Guest Speaker on Masculinity for class at Azusa Pacific University

Guest Speaker, March 15th, 2010

- Discussed issues men face because of their gender and ways in which men enter into conflict with society because they are male. Facilitated discussion of male identity and the ramifications of male identity on both men and women in the United States.

Paid Internship with the Director of Leadership and Program Development for the Northern Illinois Conference of The United Methodist Church

Intern (Garrett-Evangelical Theological Seminary), October 2008 to June 2009

- Consulted for lay visitation classes to educate and empower lay people to visit the unwilling absent and to reach out to those in hospitals, nursing homes, and shut-ins who are part of their faith community.

- Organize and facilitate small group trainings designed to develop leaders in the local church
- Consulted with local churches in order to develop vision statements and realistic expectations for how to make those vision statements a reality. Worked to resolve conflicts within the local church that might interfere with this vision.

Lecture on Men's Issues and Spirituality at Garrett-Evangelical Theological Seminary

Lecturer, April 7th, 2009

- Lectured on the current issues facing men and ways to care for them in a pastoral setting, as well as discussing ways to help men become more active in church in ways that are spiritually and personally generative for them

Plainfield United Methodist Church Men's Spirituality and Leadership Retreat

Developer and Facilitator, Feb 6 - 8 2009.

- Developed and lead participants on a journey of self discovery and exploration of masculine spirituality and leadership in a 21st century context through readings, dialogue and process.

New Warrior Training Adventure of the ManKind Project

Volunteer Staff, April 2007.

- Facilitated an intense exploration of individuals by creating space for attendees to embrace the concepts of the mature masculine by discovering and living out of their life's mission.

Admissions Committee Student Member, Fuller Graduate School of Psychology

Spring 2012.

- Reviewed candidates for admission to Fuller School of Psychology and worked with staff to determine ideal candidates for interviews and admission for the Fall of the 2012-2013 academic year.

AWARDS AND HONORS

- The J.E. Porter Prize for Creative Field Education (Garrett-Evangelical Theological Seminary)
- Eagle Scout

PUBLICATIONS

Nahumck, C.W. (May, 2015) *Gender Role Conflict as an Indicator of Low Fitness*. Dissertation in partial fulfillment for doctoral degree.

Nahumck, C.W. (October, 2012). *Men, Disposability, and the Role of the Hero*. Panel discussion presented at the 4th biannual Multicultural Training and Research Lab Conference, hosted by Pepperdine University Graduate School of Education and Psychology. Los Angeles, CA.

Nahumck, C.W. (June, 2012). *Language, Relationality, and Psychotherapy with Men*. Poster presented at the Fuller Student Research Poster Presentation. Pasadena, CA.

Nahumck, C.W. (June, 2012). *The Relational Difficulties of Traditional Masculinity*. Unpublished Master's Thesis. Fuller Theological Seminary.

Ansloos, J.P., Wilkins, A., Salimi, B., Nahumck, C., Ng, E., Jarvinen, M., Dueck, A. (2012, June). *The UN Declaration on the Rights of Indigenous Peoples: New Directions for the Canadian and American Psychological Associations*. Paper presented at the 73rd annual meeting of the Canadian Psychological Association. Halifax, NB.

Ansloos, J.P., Wilkins, A., Salimi, B., Nahumck, C., Ng, E., Jarvinen, M., Dueck, A. (2012, June). *Towards Critical Yet Peaceable Indigenous Psychologies*. Poster presented at the 73rd annual meeting of the Canadian Psychological Association. Halifax, NB.