

JORDAN WILLIAM COSSIN PT, DPT, OCS, CSCS, FAAOMPT

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Objective

Aspiring to assist in the personal and professional development of future clinicians as an Assistant Professor in the Doctor of Physical Therapy program at Azusa Pacific University; along with contributing to the profession as a whole via research and volunteer opportunities.

Summary

Patient-centered and faith-based Doctor of Physical Therapy who firmly believes in our responsibility, as clinicians, to provide patients with the utmost quality of care; requiring ceaseless motivation to gain knowledge in order to positively impact the lives of the masses.

CLINICAL & WORK EXPERIENCE

- **Azusa Pacific University Physical Therapy Department Assistant Professor**
○ Courses teaching TBD
Azusa, CA
Dec 2025 - Present
- **San Antonio Regional Hospital**
○ Management of operative and non-operative musculoskeletal disorders
Rancho Cucamonga, CA
Sept 2022 - Present
- **Azusa Pacific University Physical Therapy Department Adjunct Professor**
○ PT 705,748 Orthopedics I & II - Lab Instructor
○ PT 726 Clinical Skills III - Lab Instructor
Azusa, CA
Oct 2019 - Dec 2025
May 2024 - Present
- **PHYSIO-U**
○ Intermittently assist with conduction of research for production of clinical apps
Azusa, CA
Sept 2019 - April 2025
- **Accelerate Physical Therapy**
○ Evaluation and treatment of neuromusculoskeletal disorders
○ Pro-bono golf tournament PT assessment and treatments
Newport Beach, CA
June 2022 - Sept 2023
- **Kaiser Permanente Staff Physical Therapist (West Los Angeles)**
○ Assessment and management of neuromusculoskeletal illnesses
Los Angeles, CA
April 2021 - June 2022
- **Kaiser Permanente Clinical Specialist Fellow (West Los Angeles)**
○ Movement analysis and treatment implementation with emphasis in sport
Los Angeles, CA
Mar 2020 - Mar 2021
- **Kaiser Permanente Clinical Specialist Resident (West Los Angeles)**
○ Evaluation and treatment of neuromusculoskeletal disorders
○ Refinement of clinical reasoning/skills via weekly mentorship & coursework
Los Angeles, CA
Feb 2019 - Feb 2020
- **Graduate Student Assistantship**
○ Assisted with cadaveric dissection and student instruction/mentorship
Azusa, CA
Spring 2018 - Fall 2018
- **InShape Health Clubs Personal Trainer**
○ Conducted fitness evaluations & provided personal/group training session
Visalia, CA
2013-2015

EDUCATION

- Azusa Pacific University - Rehabilitation and Movement Science PhD
Aug 2025 - Present
- Kaiser Permanente Southern California Orthopaedic Fellowship in Sports Rehabilitation
Mar 2020 - Feb 2021
- Kaiser Permanente Southern California Orthopaedic Physical Therapy Residency
Feb 2019 - Feb 2020
- Azusa Pacific University - Doctor of Physical Therapy Program
○ Graduate Student Assistantship
December 15, 2018
Feb 2018 - Dec 2018
- Azusa Pacific University - B.S. in Applied Exercise Science
May 2013

CREDENTIALS AND CERTIFICATIONS

- Licensed Physical Therapist - California
License #: PT296249
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
Completed: May 10, 2021
- Orthopedic Clinical Specialist
Completed: July 1, 2020
- Certified Strength and Conditioning Specialist
Certification #: 7248091938
- Performance Enhancement Specialist
Certification #: 1467450
- Corrective Exercise Specialist
Certification #: 1445865
- Certified Personal Trainer
Certification #: 1170102039
- USA Weightlifting Level 1 Certification
Completed: Oct 21, 2018
- Fascial Movement Taping Basic Certification
Completed: April 7, 2018
- American Heart Association CPR and AED Certified
Expires: April 2026

CONTINUING EDUCATION

- Neurodynamic Solutions UQ/LG Level 2
- Dynamic Neuromuscular Stabilization Level B
- Neurodynamic Solutions UQ/LQ Level 1
- APTA CPI 3.0 - CI/SCCE Training
- The Janda Approach to Musculoskeletal Pain Syndromes
- Movement Links Course Series
- Owens Recovery Science Blood Flow Restriction Course
- Kaiser Permanente Southern California Orthopaedic & Sport Fellowship
- Kaiser Permanente Southern California Orthopaedic Residency Program
- Southcoast Seminars ACL Study Day at UCLA
- Dynamic Neuromuscular Stabilization Level A
- Interprofessional Immersion Training
- Spinal HVLA: Clinical Application & Skills Development Course

Completed: Sept 21, 2025
 Completed: October 13, 2024
 Completed: October 2, 2023
 Completed: June 22, 2023
 Completed: April 3, 2023
 Completed: December 5, 2021
 Completed: October 23, 2021
 Completed: February 25, 2021
 Completed: February 25, 2020
 Completed: August 3, 2019
 Completed: Sept 23, 2018
 Completed: March 23, 2018
 Completed: November 4, 2017

PROFESSIONAL MEMBERSHIPS

- American Academy of Orthopaedic Manual Physical Therapists
- National Strength and Conditioning Association
- American Physical Therapy Association
 - California Chapter
 - Orthopedic Section
- Alpha Chi Honors Society

May 2021 - Present
 August 2017 - Present
 February 2016 - Present

 January 2013 - Present

HONORS/AWARDS

- San Antonio Regional Hospital Leaf Award Nominee x2
- Azusa Pacific University Dean's List
- Alpha Chi Honors Society Inductee

Present
 2011 - 2013
 January 2013

VOLUNTEER EXPERIENCE

- **Mesa Verde Member/Guest Golf Tournaments**
 - Pro-bono golf tournament PT assessment and treatments
- **Venice Family Clinic/Simms Mann Health & Wellness Center**
 - Performed evaluations in a pro-bono hospital
 - Assisted patients in attaining functional independence through exercise
 - Provided both onsite and telehealth treatment sessions
- **Huntington Hospital Outpatient Physical Therapy**
 - Performed neuromusculoskeletal evaluations
 - Provided treatment and home exercise programs
- **Azusa Pacific University Preview Day**
 - Assisted with set up of Physical Therapy Department presentation
 - Guided student campus touring
 - Participated in student Q&A
- **Triumph Foundation Wheelchair Sports Festival**
 - Assisted with set up of sponsor booths
 - Performed participant wheelchair transfers
 - Participated in sporting events
- **Up & Running Again**
 - Performed fitness evaluations
 - Provided on-site treatment followed by home exercise program prescription
- **National Multiple Sclerosis Society Bike Ride**
 - Assisted with resting booth set up
 - Provided nourishment for participants
- **Rock Steady Boxing**
 - Assisted trainers with class implementation
 - Conducted, circuit training, boxing, and suspension training
- **Parkinson's Explorers**
 - Aided the program director and guest speak with set-up of presentation
 - Spoke with members about their experience with symptom management

Newport Beach, CA
 June 2022 - Sept 2023
 Santa Monica, CA
 Feb 2019 - Feb 2021

Pasadena, CA
 June 20, 2018

Azusa, CA
 June 8, 2018

Santa Clarita, CA
 April 20, 2018
 April 30, 2016

Long Beach, CA
 October 7, 2017

Pasadena, CA
 March 25, 2017

Monrovia, CA
 February 11, 2017

Claremont, CA
 November 12, 2016

PEER REVIEWED SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

- **Title:** Improved Outcomes Following Mobilization in Chronic Neck Pain with Conditioned Pain modulation
Description
 - **Presenter(s):** Yung, E., Wong, M., Oh, C., Grimes, J., Yates, S., Cossin, J., Siedentopp, T.
 - **Occasion:** American Physical Therapy Association Combined Sections Meeting – Houston, TX 2025
 - **Date:** February 13-15, 2025
- **Title:** Shoulder Proprioception Difference in Overhead Athletes with and without Shoulder Pain
 - **Presenter(s):** Cossin, J., Dang, K., McCabe, S., Murata, E., Paicely, A.
 - **Occasion:** CEU Course for the State of California – Kaiser Permanente, West Los Angeles
 - **Date:** February 19, 2020

REFERENCES

- Available upon request