

# **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

Lomita, CA 90015  
[Jtran1225@gmail.com](mailto:Jtran1225@gmail.com)

## **EDUCATION**

**Addiction Medicine – Train New Trainers (TNT) Fellowship**      **March 2026-present (March 2027)**  
University of California Irvine / Irvine, CA

**Post-Master Adult-Gerontology Acute Care Nurse Practitioner**      **1/2025 - present (12/2027)**  
University of Pennsylvania / Philadelphia, PA

**Post-Master Psychiatric Mental Health Nurse Practitioner, 8/2023-1/1/2025; Summa Cum Laude**  
Spring Arbor University / Spring Arbor, MI

**Doctor of Philosophy in Nursing (PhD), October 2022, Cum Laude**

Azusa Pacific University / Azusa, CA

*Dissertation Topic: Exploring the Pathways of How Homeless Female Veterans Leaving Homelessness: A Grounded Theory Study*

**Post-Master Family Nurse Practitioner Certificate, 2015, Cum Laude**

Azusa Pacific University / Azusa, CA

**Nursing Education Certification Program, 2015, Cum Laude**

Azusa Pacific University / Azusa, CA

**Master of Science in Nursing, Adult Clinical Nurse Specialist, 2013, Cum Laude**

Azusa Pacific University / Azusa, CA

**Bachelor of Science in Nursing – Early Entry into Nursing & Advanced Practice (EENAP), 2009**

Azusa Pacific University / Azusa, CA

**Bachelor of Arts, Psychology, 2007, Cum Laude**

National University, San Diego, CA

**Associate of Science, General Education, 2005, Magna Cum Laude**

Vincennes University, Vincennes, IN

## **FAMILY NURSE PRACTITIONER EXPERIENCES**

### **ADDICTION MEDICINE (DETOX IOP)**

**Mindful Medicine NP**

2025-present

- Provide advanced clinical consultation for detoxification and intensive outpatient programs (IOP), supporting evidence-based management of alcohol, opioid, stimulant, and polysubstance use disorders in-person and via telehealth
- Advise interdisciplinary teams on withdrawal management, medication-assisted treatment (MAT), and stabilization across levels of care
- Support safe initiation, continuation, and monitoring of medications including buprenorphine, naltrexone, and adjunctive detox therapies
- Review complex and high-risk cases, offering clinical recommendations to optimize safety, outcomes, and continuity of care

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Collaborate with medical, nursing, behavioral health, and case management teams to deliver integrated, trauma-informed, recovery-oriented care
- Contribute to development, review, and optimization of detox and IOP clinical protocols, standing orders, and treatment pathways
- Support quality improvement initiatives, including chart reviews, documentation standards, and clinical outcomes monitoring
- Ensure alignment with regulatory and accreditation requirements (e.g., SAMHSA, Joint Commission, CARF, state licensing standards)
- Provide clinical education and mentoring to nursing and clinical staff on addiction medicine best practices and withdrawal protocols
- Utilize Kipu EHR for clinical documentation review, care coordination, chart audits, and program quality support

### **URGENT CARE**

<b>Kaiser Permanente Targe Clinic (Urgent Care/Retail Medicine) Per-Diem</b>	2018-present
<b>Memorial Care Urgent Care (Costa Mesa/Irvine, CA)</b>	2017-present
<b>Providence ExpressCare (Float-Primary care and Urgent care)-Full-Time</b>	2019-2022
<b>Optum Group Urgent Care, Pasadena, per-diem</b>	2019-2021

- Provide urgent care services to patients of all ages, including infants aged 3 months and older.
- Obtain and document comprehensive medical histories, including chief complaints, present conditions, personal and family histories.
- Perform detailed physical examinations, encompassing systems such as circulatory, nervous, and reproductive, as well as focused assessments of head, eyes, ears, nose, throat, abdomen, and more.
- Analyze diagnostic test results and physical examination findings to assess medical conditions, diagnose injuries or illnesses, and formulate prognoses.
- Diagnose and treat a wide range of acute and chronic conditions.
- Perform various procedures, including suturing, laceration repair, incision and drainage of abscesses, nasal packing, foreign body removal, digital blocks, cautery, epidermal cyst removal, splinting fractures, joint injections, wound packing, and dressing changes.
- Communicate effectively with patients, families, and healthcare staff to manage care plans and ensure optimal outcomes.
- Refer patients to specialists or other healthcare resources as necessary.
- Prescribe medications and treatments, providing guidance on physical activity, diet, hygiene, and disease prevention.
- Develop and implement treatment plans, including ordering and interpreting laboratory tests and diagnostic imaging.
- Perform and supervise clinical procedures within the scope of Nurse Practitioner Standardized Procedures, including administering injections, inoculations, and vaccinations.
- Maintain thorough and compliant documentation of patient care, ensuring adherence to Federal and State regulations.
- Supervise medical assistants and other healthcare personnel, addressing patient care, resolving concerns, and managing workflow.

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Deliver patient care via virtual and telemedicine platforms, ensuring accessibility and continuity of care.

### **STREET MEDICINE**

**Healthcare In Action, Medical Group, Long Beach, CA (part-time)**

3/2025-present

**Serve The People Community Health Center Santa Ana, CA (part-time)**

2023-2024

**Street Medicine Provider/Mobile Provider**

- Provided comprehensive primary and urgent care services to individuals experiencing homelessness in street and urban settings.
- Conducted detailed assessments, including medical histories, physical exams, and mental health evaluations, to diagnose and manage acute and chronic conditions, wound care, mental health, substance abuse.
- Performed wound care, administered medications, and managed treatment plans for substance use disorders and co-occurring conditions.
- Collaborated with interdisciplinary teams, including social workers, mental health providers, and housing advocates, to ensure holistic patient care.
- Educated patients on disease prevention, hygiene, and self-care strategies tailored to their living conditions.
- Maintained accurate and thorough documentation, adhering to federal, state, and organizational regulations.
- Delivered compassionate, patient-centered care, addressing barriers to healthcare access and connecting patients to essential community resources.

### **PRIMARY CARE/INTERNAL MEDICINE**

**Sierra Madre Community Medical Group- Full-time**

2015-2021

- Deliver comprehensive primary care to patients aged 13 and older, providing preventive, acute, and chronic care management.
- Independently assess, diagnose, and treat a broad spectrum of conditions, including illnesses, injuries, and accidents.
- Administer primary preventive care, including vaccinations and disease prevention strategies across the lifespan.
- Conduct thorough physical examinations, patient assessments, and medical history reviews to inform care decisions.
- Order and interpret diagnostic tests, such as laboratory studies, for accurate diagnosis, screening, and therapeutic intervention.
- Develop and implement individualized treatment plans, prescribing medications and therapeutic regimens as needed.
- Monitor patient progress, detect changes in health status, and adjust care plans to optimize outcomes.
- Collaborate with physicians and interdisciplinary specialists to deliver holistic, patient- and family-centered care.
- Educate patients and their families on managing and preventing illness and injury, emphasizing anticipatory guidance.
- Perform specialized exams, including well-woman evaluations, and deliver care via telemedicine platforms.

**ICU REGISTERED NURSE EXPERIENCES**

**Kaiser Permanente, West Los Angeles, CA**

2014 - 2015

- Deliver advanced care in a 38-bed intensive care unit, managing hemodynamically unstable patients with complex diagnoses, including acute myocardial infarction, stroke, gastrointestinal bleed, respiratory failure, cardiac arrest, and sepsis.
- Perform critical interventions such as dysrhythmia recognition and management, administration of anti-dysrhythmic drips, continuous cardiac monitoring, and mechanical ventilation.
- Provide specialized care including wound management, tube feedings, fluid and electrolyte balance, and meticulous documentation.
- Successfully completed unit-specific orientation, demonstrating proficiency in ICU protocols and standards.
- Float to step-down and medical-surgical units based on patient census and hospital needs, ensuring seamless patient care across departments.
- Oriented new staff members and precepted nursing students, fostering knowledge transfer and professional growth.

**Providence Little Company of Mary, Torrance, CA**

2013 - 2014

- Deliver expert care in a 40-bed medical intensive care unit, managing critically ill, hemodynamically unstable patients with complex conditions such as acute myocardial infarction, stroke, gastrointestinal bleed, respiratory failure, sudden cardiac arrest, and post-operative recovery from open-heart procedures.
- Perform critical interventions including dysrhythmia recognition and management, administration of anti-dysrhythmic drips, continuous cardiac monitoring, mechanical ventilation, wound care, tube feedings, and fluid management.
- Successfully completed rigorous unit-specific orientation, demonstrating proficiency in MICU protocols and patient care standards.
- Provide seamless care during float assignments to emergency room and telemetry units, adapting to diverse clinical settings and patient needs.
- Oriented and mentored new staff members and precepted nursing students, fostering skill development and professional growth.

**Beverly Hospital, Montebello, CA**

2009 - 2015

- Provide expert care in a 24-bed medical intensive care unit, managing critically ill, hemodynamically unstable patients with complex conditions, including acute myocardial infarction, stroke, gastrointestinal bleed, respiratory failure, sudden cardiac arrest, and post-operative open-heart procedures.
- Perform advanced interventions such as dysrhythmia recognition and management, administration of anti-dysrhythmic drips, continuous cardiac monitoring, mechanical ventilation, wound care, tube feedings, and fluid management.
- Successfully completed comprehensive unit-specific orientation, ensuring proficiency in MICU protocols and evidence-based practices.
- Adapt to diverse clinical settings through float assignments to emergency room and telemetry units, providing seamless, high-quality patient care.
- Mentor and support team development by orienting new staff and precepting nursing students, fostering clinical excellence and professional growth.

# **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

## **TEACHING EXPERIENCES**

**Assistant Professor/Clinical Nurse Specialist Program Director** 2023-present

**Adjunct MSN Faculty** 2017-2023

*Azusa Pacific University (APU), Azusa, CA*

- Coordinated clinical placements for Adult-Gerontology Nurse Practitioner (AGNP) and Family Nurse Practitioner (FNP) students, ensuring alignment with educational objectives.
- Designed and prepared syllabi and teaching curricula to meet the goals and standards of the Nursing Department.
- Facilitated skills lab sessions, including demonstrations, practice, and competency testing for students.
- Provided timely, accurate, and constructive feedback to support student development.
- Monitored clinical hours using Medatrax and maintained effective communication with preceptors to track and discuss student progress.
- Collaborated with the Lead Instructor to align clinical and academic objectives.
- Precepted FNP students, mentoring them to develop clinical competence and professional skills.
- Courses:
  - GNRS 503 Cultural Competency in Healthcare (Lead Instructor)
  - GNRS 520 Theory and Practice of the Clinical Nurse Specialist in Nursing Care of Adult-Gerontology Patients (Didactic & Clinical) (Lead Instructor)
  - GNRS 521 Clinical Specializations in the Care of Adult-Gerontology Patients (Didactic & Clinical) (Lead Instructor)
  - GNRS 543 Transitions Across the Care Continuum (Didactic & Clinical) (Lead Instructor)
  - GNRS 548 Health Promotion Across the Lifespan (Lead Instructor)
  - GNRS 592A Primary Health Care Adult and Aging Populations (Clinical)
  - GNRS 592B Primary Health Care Clinical Practicum (Clinical)
  - GNRS 593 Psychosocial Primary Health Care of the Mature and Aging Family (Didactic & Clinical) (Lead Instructor)
  - GNRS 597 Comprehensive Exam Directed Study (Lead Instructor)
  - GNRS 612 Advanced Health Assessment and Diagnostic Reasoning Lab
  - GNRS 602 Primary Health Care II: Population-based Health Interventions

**Teaching Assistant Professor (Full-Time)** 8/2022-12/2023

**MSN Adjunct Nursing Lecturer (part-time)** 8/2018-present

*University of Southern California (USC), Los Angeles, CA*

- Facilitated and customized synchronous online learning sessions via CANVAS to optimize student engagement and comprehension.
- Developed and implemented innovative, interactive learning tools rooted in evidence-based practice and nursing research to enhance understanding of course materials.
- Provided constructive feedback and corrective action plans to support student success and professional growth.
- Monitored clinical hours using Typhon and maintained clear, effective communication with preceptors to assess and report student progress.

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Collaborated with the Lead Instructor to ensure alignment with program goals and maintain academic standards.
- Courses:
  - NURS 502 Advanced Health Assessment Across the Life Span (Lead Instructor)
  - NURS 503 Theory: Clinical Management of Adult Patients
  - NURS 505 Clinical Practicum: Management of Adult Patients
  - NURS 601 Clinical Practicum: Management of Childbearing/Childrear
  - NURS 602 Research/Analytic Methods (Lead Instructor)
  - NURS 604 Clinical Practicum: Management of Adult with Complex Medical Issues
  - NURS 608 Clinical Practicum: Family Primary Care
  - Facilitate OCI Campus Intensive (OCI) 1 and 2 in:
    - Basic EKG
    - Diagnostic Tests
    - Head-to-toe examinations (H2T) and patient simulated visits (PSV)

### **MILITARY EXPERIENCES**

#### **United States Navy Reserve**

**Nurse Corps Officer: Officer in Charge (OIC) for NMRTC SD, NIC-1** 2024-present

- Served as Officer in Charge (OIC) with responsibility for unit operations, personnel leadership, and mission execution
- Supervised and mentored enlisted personnel and junior officers, ensuring readiness, accountability, and performance
- Directed daily operations in compliance with Navy policies, safety standards, and command directives
- Coordinated training, administrative, and operational activities to support mission objectives

**Nurse Corps Officer: Assistant Officer in Charge (AOIC) for NMRTC SD, NIC-1** 2023-2024

- Supported the Officer in Charge in daily operations, personnel supervision, and mission execution
- Assisted with training, scheduling, and administrative oversight to maintain unit readiness
- Helped supervise and mentor enlisted personnel, reinforcing standards, safety, and accountability
- Acted in the OIC role as required to ensure continuity of operations

**Nurse Corps Officer: Family Nurse Practitioner,** 2020 - present

- Conducted comprehensive medical records screenings and Periodic Health Assessments (PHA) to ensure mobilization readiness for sailors and marines.
- Performed annual electronic Periodic Health Assessments (ePHA), maintaining compliance with Navy health standards and operational requirements.
- Conducted physical examinations for Navy enlisted and officer candidates, supporting recruitment efforts at the Navy Officer Recruiting Station in Lake Forest, CA.
- Managed muster and pay processes as the Reserve Pay (RESPAY) Officer, ensuring accurate documentation and compensation for sailors.

**Navy Nurse Corps Officer: Critical Care Registered Nurse** 2014 - 2018

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Provided comprehensive medical care to sailors, marines, and their families, ensuring their health and well-being in clinical and field settings.
- Supervised enlisted personnel in their Physical Readiness Training Program, promoting fitness and operational readiness.
- Managed and coordinated Hospital Corpsman duties during drill weekends, ensuring clinic stations were properly manned and operational.
- Delivered a wide range of clinical services, including immunizations, laboratory tests, health screenings, hearing and vision examinations, and health promotion activities.
- Collaborated with physicians and dentists during Unit Spotlight's Annual Physical Examinations to ensure thorough assessments and care.
- Served as Health Promotion Coordinator/Educator, providing monthly educational sessions on diverse health topics to enhance the knowledge and well-being of military personnel.
- Certified Basic Life Support (BLS) instructor, training personnel in lifesaving techniques and emergency preparedness.

### **United States Navy**

2001 - 2007

#### **Hospital Corpsman: Medical Support, Medical Department Head, Physical Fitness Leader**

- Provided emergency medical treatment, disease prevention, and injury care for sailors, marines, and their families in clinical and field environments.
- Administered immunization programs and promoted health education, including first aid, self-aid, personal hygiene, and preventive medicine.
- Conducted preliminary physical examinations and facilitated transportation for sick and injured personnel.
- Performed medical administrative duties, including maintaining accurate treatment records, medical supply management, and accounting procedures.
- Supervised environmental sanitation and preventive medicine programs, ensuring compliance with air, water, food, and habitability standards.
- Operated sophisticated clinical laboratory equipment and performed diagnostic tests to support patient care.
- Assisted as an operating room technician for general and specialized surgical procedures.
- Conducted preventive maintenance and repairs on biomedical equipment to ensure operational readiness.
- Coordinated physical fitness programs, promoting wellness and readiness among personnel.
- Maintained a safe and secure environment for service members, their families, and staff.
- Communicated effectively with sailors and marines to address health concerns and operational requirements.
- Provided training in First Aid and CPR/AED to soldiers, enhancing their readiness for emergency situations.

### **OTHER JOB EXPERIENCES**

#### **Autism Comprehensive Education Services (ACES), Irvine, CA**

2008 - 2009

##### **Behavior Therapist**

- Empower children with disabilities by fostering their inclusion in opportunities that promote academic, spiritual, physical, and relational growth.

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Support children in achieving their highest developmental potential, focusing on self-regulation, purposeful engagement, problem-solving, creative play, communication, and independent, logical thinking.
- Equip parents with practical tools and strategies to enhance their relationship with their child with special needs, fostering independence and reducing reliance on external services.

### **CERTIFICATION & LICENSES**

Family Nurse Practitioner (FNP-BC) certification, *American Nurses Credentialing Center*  
Family Nurse Practitioner, *California Board of Registered Nursing*  
Nurse Practitioner Furnishing Number, *California Board of Registered Nursing*  
Adult Clinical Nurse Specialist, *California Board of Registered Nursing*  
Nursing Education Certificate, *Azusa Pacific University*  
Registered Nurse, *California Board of Registered Nursing*  
Basic Life Support (BLS), *American Heart Association*  
Advanced Cardiovascular Life Support, *American Heart Association*  
Pediatric Advanced Life Support, *American Heart Association*

### **MEMBERSHIP/PROFESSIONAL ORGANIZATIONS/AWARDS**

HRSA Scholarship for the UCI TNT Program	2026
National League for Nursing Jonas Scholars	2021
Kaiser Permanente's Delores Jones Nursing Scholarship	2016
American Association of Nurse Practitioner (AANP), member	2015 - present
California Association for Nurse Practitioners (CANP), member	2015 - present
Society for the Advancement of Blood Management	2015 - present
American Nurse Association, member	2013 - present
Sigma Theta Tau National Nursing Honor Society, Iota Sigma Chapter	2013 - present
Navy and Marine Corps Achievement Medal	2005 & 2007
Navy Good Conduct Medal	2006
National Dean's List	2005 - 2006
Fletcher Jones Scholarship	2005
Phi Theta Kappa Honors Society	2005
Candidate for Military Woman of the Year	2004
Sailor of the Quarter	4 <sup>th</sup> quarter 2003, 3 <sup>rd</sup> quarter 2004, & 4 <sup>th</sup> quarter 2005
Global War on Terrorism Service Medal	2003
National Defense Service Medal	2001

### **PRESENTATIONS/REVIEWER/CONFERENCES**

- Tran, J. (April 2026). Transforming Homelessness with Relationship Centered Care: Voices of Female Veterans. *Western Institute of Nursing*, Poster presentation 2026
- Pacific College Inaugral Research Symposium, Speaker 2025
- *Azusa Pacific University Research Symposium*, Abstract Reviewer 2025, 2026
- Tran, J. (April, 2024). Exploring the Pathways for Female Veterans Leaving Homelessness: A Grounded Theory Study. *Western Institute of Nursing*, Poster presentation 2024

## **Jennifer Tran, PhD, FNP-BC, PMHNP-BC, CNS**

---

- Tran, J. (April, 2021). Exploring the Pathways for Female Veterans Leaving Homelessness: A Grounded Theory Study. *2021 Azusa Pacific University Virtual Research Symposium*, Poster presentation 2021
- *Sigma Theta Tau International – Nursing Odyssey*, Abstract Reviewer 2020, 2021, 2023
- *Sigma Theta Tau International-Nursing Odyssey*, Poster Board Judge 2021
- *American Academy of Nursing: Transforming Health, Driving Policy Conference*, Attendee 2018
- *Azusa Pacific University Research Symposium*, Poster Judge 2013, 2014, & 2016

### **PUBLISHING**

- Tran, J (Oct, 2022). Exploring the Pathways for Female Veterans Leaving Homelessness: A Grounded Theory Study. *ProQuest* 2022

### **COMMUNITY SERVICES**

- Medical Mission Adventures, Los Angeles County 2017 - 2021
- Azusa Pacific University Homeless Outreach Clinic 2015-2019
- Homeless Count volunteer 2018 - 2019
- Children’s Ministry Teacher’s assistant at Lake Avenue Church, Pasadena, CA 2015 - 2017
- Mentoring ELM (Entry-level Master’s student in Nursing) students 2015
- Sigma Theta Tau: Operation Christmas Child 2014
- St. Martha’s Catholic Church, Medical Support Volunteer 2012 - 2015
- Loma Linda Veteran Affairs Hospital, Health Fair, 2009
- White River Junction, VT Veteran Affairs, Oncology and Diabetes Clinic 2006
- Habitat for Humanity San Diego 2006
- San Diego Blood Bank 2005 - 2006