Curriculum Vitae

Karen D. French, DNP, FNP-C, RN

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SUMMARY

- Family Nurse Practitioner, working for Southern California GI & Liver Centers in San Clemente.
- Current Chair and Associate Professor for MSN Programs at Azusa Pacific University. I teach both in the Academic Core, GNRS513 Advanced Practice Nursing Role, and in the clinical courses GNRS 589 Adolescent Health Care, GNRS 592A Primary Health Care of the Adult & Aging, and GNRS 592B Primary Health Care Clinical Practicum.
- FNP for over 15 years, working in internal medicine and family practices in the Inland Empire.
- DNP Degree: May 2019. Scholarly Project: Osteoporosis: Increasing Screening and Treatment for the Postmenopausal Woman.
- MSN Degree: Family Nurse Practitioner specialty.
- As the Assistant Director at the San Bernardino Regional Center for Azusa Pacific University and Assistant Professor in the School of Nursing, I started the FNP program and grew it from inception to 130+ students
- RN experience: Critical Care experience at Huntington Memorial Hospital and San Antonio Community Hospital School Nursing experience with Claremont Unified School District, experience with Infant Family Project in Covina and teaching in undergraduate nursing program at Azusa Pacific University in Community Health and in the accelerated degree program, teaching Pathophysiology.

EDUCATION

WESTERN UNIVERSITY OF HEALTH SCIENCES Pomona, CA <u>Doctor of Nursing Practice</u> May 2019 Recipient of Excellence in Scholarship Award

AZUSA PACIFIC UNIVERSITY Azusa, CA <u>Master of Science Degree in Nursing</u> <u>Family Nurse Practitioner</u> GPA 3.977 Third Year Outstanding Graduate Student Award Member of Sigma Theta Tau

AZUSA PACIFIC UNIVERSITY Azusa, CA

<u>Bachelor of Science Degree in Nursing</u>

Summa Cum Laude

President of the Student Nurses of Azusa Pacific

Member of Sigma Theta Tau

EXPERIENCE

<u>Chair of APRN MSN department, Associate Professor – Azusa Pacific</u> University 6/2023- present

- Focusing on faculty issues across all MSN programs
- Program planning and working on transitioning curriculum from MSN to a BSN to DNP degree.
- Teaching course GNRS 592A, PHC Adult & Aging Population. This
 course covers chronic disease management for the primary care
 setting and acute illness management in the outpatient setting.
- Teaching GNRS 589 Adolescent Health, with an emphasis on physical health and social issues impacting adolescents.

FNP-C Dr. Tarek Hassanein, San Clemente, CA

5/2021 – present

- Providing consultation and treatment for hepatology patients, including Hepatitis B & C, Hepatic Cellular Carcinoma, Fatty liver, and other GI conditions.
- Asked to develop standardized procedures for both NPs and physicians to follow for addressing osteoporosis in the hepatology patient.

FNP-C Dr. Louis Brenner, Upland, CA

1/2020- 10/2020

- Providing Compassionate, Comprehensive Primary care for patients ranging from adolescents to geriatrics, with an emphasis on patients with numerous co-morbidities
- Primary health issues include but are not limited to: Diabetes, Cardiovascular Management, Respiratory dysfunction, Women's health care, orthopedics and Well child care, including preventative health measures.

<u>FNP-C Benacare Medical Center, Inc. Dr. Michael Benevidez, Rancho Cucamonga, CA</u>

12/2009-9/2019

- Providing true Family Primary care for patients ranging from infants to geriatrics, with an emphasis on patients with numerous comorbidities
- Primary health issues include: Diabetes, Thyroiditis, Weight management, Fibromyalgia, Cardiovascular Management, Respiratory dysfunction, Women's health care, orthopedics and Well child care, including preventative health measures.

<u>Director Family Nurse Practitioner Programs- Azusa Pacific University</u> 11/2016 – present

- Associate Professor rank, promotion June 2021
- Teaching course GNRS 592A, PHC Adult & Aging Population. This
 course covers chronic disease management for the primary care
 setting and acute illness management in the outpatient setting.
- Teaching GNRS 589 Adolescent Health, with an emphasis on physical health and social issues impacting adolescents.
- Teaching GNRS 513 Advanced Practice Role, which discusses the four Advanced Practice roles and the legal, ethical and practice for the APN.
- Teaching course GNRS 592B, PHC Clinical Practicum. This course reviews chronic disease management for the primary care setting and acute illness management in the outpatient setting, as the final course in the FNP certification.
- Elected member of the university wide Workload and Compensation Committee, making recommendations to Faculty Senate & Provost regarding salary structure with comparative and aspirational institutions to ensure faculty satisfaction

<u>Chaparral Medical Group, Endocrinology, Dr. Ewa Konca, Pomona, CA</u> 10/2012-1/2013

- Part time position
- Management of a wide variety of endocrinology presentations: diabetes, hypothyroidism, hypogonadism, and Addisons.

Assistant Director of San Bernardino Regional Center of Azusa Pacific University 5/2011- 12/2014

- Full time Assistant Professor rank
- Developed a new Family Nurse Practitioner program. The program after 3 ½ years had over 130 active Nurse Practitioner students.
- Professor of both clinical and core courses for the Masters of Science in Nursing, within the Family Nurse Practitioner tract.

 Oversight of clinical experiences, preceptor orientations, assessment, accreditation & evaluation responsibilities, ensuring excellence in the delivery of graduate education.

<u>FNP-C Upland Family Practice Associates, Dr. Louis Brenner and Dr. Richard Armour,</u>

Upland, CA and <u>Benacare Medical Center, Inc., Dr. Michael Benevidez,</u> Upland, CA

shared full time position 12/2009-5/2011

- Primary care for patients ranging from infants to geriatrics, with an emphasis on patients with numerous co-morbidities
- Primary health issues include but are not limited to: Diabetes, Cardiovascular Management, Respiratory dysfunction, Women's health care, orthopedics and Well child care, including preventative health measures.

<u>FNP-C Internal Medicine Practice for Dr. Jason Boutros</u>, M.D. Pasadena, CA

12/2008- 12/2009

- Primary care for patients ranging from infants to geriatrics, with an emphasis on patients with numerous co-morbidities.
- Primary health issues include but are not limited to: Diabetes,
 Cardiovascular management, Hepatitis, Respiratory dysfunction and Women's health care issues.

Adjunct Faculty at Azusa Pacific University

1/2006-5/2011

- Taught Foundations of Nursing 101
- Taught Community Health Nursing 410: Administrative duties to acquire clinical sites, assign students and collaborate with multiple sites and programs.
- Taught Pathophysiology in Accelerated Degree Program at Azusa Pacific University

Registered Nurse with High Risk Infant Project, Covina, CA

- At home care of medically vulnerable high risk pre-term infants of very low birth weight.
- Acting as a Case Manager, I made the necessary referrals and coordination of care with other involved agencies and caregivers
- Promotion of wellness, prevention of disease and encouragement of reaching developmental milestones was a goal with the children and parents.

Registered Nurse Claremont Unified School District

 Primarily responsible for the health of students in 3 elementary schools and throughout the district on a rotating schedule. I conducted classes on preventative health care, safety issues, first aid, CPR and immunization updates.

Open Heart RN San Antonio Community Hospital, Upland, CA

 I was the primary care RN for open heart patients on their immediate post op days. I was responsible for assessing and diagnosing any untoward effects and implementing proper care and follow-up.

<u>Coronary Care Unit RN, CCRN Huntington Memorial Hospital</u>, Pasadena, CA

I worked with critically ill coronary patients both in CCU and ICU. I
was part of the Intra Aortic Balloon Pumping team and delivered
care to extremely fragile patients. CCRN certified

LICENSURE AND CERTIFICATION

California FNP License
AANP Certification
Furnishing Number
California RN License
Certified Public Health Nurse
DEA Certificate
Basic Life Support

PUBLISHED WORKS AND SPEAKING OPPORTUNITIES

French, K.D. (2023) Men's bones break too: Role of liver disease in cause of osteoporosis. *Clinical Advisor*. 26(3). May/June. 15-19.

Podium presentation at California Association of Nurse Practitioners April 2021 Osteoporosis: Time to Screen and Treat!

Poster presentation at California Association of Nurse Practitioners April 2021 Osteoporosis: Increasing Screening in the Postmenopausal Female

French, K.D. (2020). Education, screening, and treatment reduce toll of osteoporosis in women. *Clinical Advisor*. 20(9), 4-10.

Podium presentation at California Association of Nurse Practitioners March 2020. Osteoporosis: Time to Screen and Treat! – Conference cancelled due to COVID.

Poster presentation at California Association of Nurse Practitioners March 2020. Osteoporosis: Increasing Screening in the Postmenopausal Female – Conference cancelled due to COVID

Poster presentation at Azusa Pacific University-Annual Research Day April 2020. Osteoporosis: Increasing Screening in the Postmenopausal Female– Conference cancelled due to COVID

French, K. (Fall 2019). Abstract: Increasing Screening for Osteoporosis in Postmenopausal Women. Sigma Theta Tau Fall 2019 Newsletter.

French, K. & Emanuele, D. (2019). Osteoporosis: Increasing screening and treatment for postmenopausal women. *The Journal for Nurse Practitioners*, 15(5). 347-350.

Podium presentation at Sigma Theta Tau Educational conference October 2019. Increasing screening and treatment for postmenopausal women.

EXCELLENCE in Nursing publication: College of Graduate Nursing at Western University of Health Sciences. Honoree featured in the 10th edition (2019)

Barkley & Associates, Reviewer, chapter: Integumentary, December 2014

Jones Publishing, Reviewer **Advanced Practice Nursing: Contexts of Care**, Chapter: Managed Care and Reimbursement, June 2014

PROFESSIONAL AFFILIATIONS

California Association of Nurse Practitioners, past member American Academy of Nurse Practitioners, member Sigma Theta Tau International, Honor Society of Nursing, Treasurer Doctor of Nursing Practice Association, past student member Alpha Chi, Honor Society

VOLUNTEER WORK

Elected Treasurer Iota Sigma Tau Chapter Active at Calvary Chapel South OC United States Naval Academy Alumni Association Associate Member

Past Annapolis Parents' Club of Southern California
Past Parent Executive Committee Member Azusa Pacific University

Past Committee member of Young Life Past Booster member for various sporting clubs, including baseball, dance, football teams for Claremont High