

**Kelly Ann Havlin**  
**Licensed Marriage and Family Therapist 104473**

Experienced in teaching graduate level students culturally sensitive Psychology  
Passionate about teaching trauma informed care and reflective supervision to aspiring therapist  
Well versed in providing psycho-education seminars on the warning signs of potential death by suicide  
Well versed in culturally sensitive trauma informed work, specifically related to Traumatic Grief and Loss  
Specializing in EMDR to support reduction of trauma symptoms associated with PTSD and Complex Grief  
*Have a compassionate heart to walk alongside individuals pursuing growth in their reflective capacity and knowledge of self and others.*

**Clinical Experience**

**Pepperdine University**

Sept 2018- Present

*Adjunct Professor for Pepperdine Graduate Psychology Program, Digital*

*Courses Taught:*

- Individual and Family Treatment of Substance Use Disorders course
- Students in learning the Techniques of Counseling and Psychotherapy
- Physiological Psychology
- Clinical Practicum

**Didi Hirsch Suicide Prevention Center**

October 2018- Present (quarterly)

*Lead Group Facilitator for Bereavement Groups*

- Planned and executed 8 week groups for those suffering the loss of a loved one due to death by suicide
- Provided psycho-education regarding traumatic grief and loss
- Guided reflective discussion around the traumatic bereavement due to death by suicide
- Lead the group in regulatory coping skills

**Azusa Pacific University**

May

2018

*Guest Lecturer- Marriage and Family Therapist Course- Group Therapy*

- Taught on the ethical and legal concerns regarding groups
- Led in-vivo learning experience of group work with children
- Guided reflective discussion around countertransference when working with groups

**Greenhouse Therapy Center**

February 2018-Present

*Licensed Marriage and Family Therapist 104473, Pasadena, CA*

- Provide individual, child and family therapy for trauma victims- utilizing EMDR & trauma informed care
- Develop comprehensive treatment plan, based on clients' symptoms, clinical assessment and history
- Support clients in increasing their emotional regulation skills and distress tolerance
- Utilize the therapeutic relationship (attachment work) to support the sharing of trauma narrative and reduction of shame
- Collaborate with caregivers, teachers and psychiatrist to support client and their family system

**Greenhouse Therapy Center**

July 2017-Present

*Training Director for Floortime, Pasadena, CA*

- Develop and implement processes related to hiring and training a staff of 25-30
- Create policy and training documents, facilitate weekly staff meetings, plan and execute quarterly staff trainings
- Train all new staff on DIR Floortime Model
- Implement trainings for reflective supervision, create didactics to promote deeper reflection in supervision
- Supervise Training Associate and Training Administrator

**Greenhouse Therapy Center**

October 2013-February 2018

*Marriage and Family Therapist Intern 77053, Pasadena, CA*

- Provided individual, family and group therapy
- Supported families in crisis management
- Empathetically supported clients process their grief & loss narrative through narrative therapy interventions

**Greenhouse Therapy Center**

*Field Supervisor for Floortime, Pasadena, CA*

April 2013-Present

- Responsible for providing field supervision for six-floortime specialist working with children on the Autism Spectrum
- Provided modeling, coaching and education to help support the specialist in improving their practice
- Educated parents, teachers and floortime specialist on the DIR FLOORTIME model

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**Trauma & Bereavement Counseling in Kenya**

May-July 2012,2013,2014,2015

*TF-CBT & Bereavement Counselor, Group Leader, Nairobi, Kenya*

Provided 300 hours of Trauma Focused Cognitive Behavioral Therapy to orphans in Kenya

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Co-created/co-led bereavement groups for grieving children ages 5-17  
Participated in community outreach  
Provided peer supervision of 4 2<sup>nd</sup> year practicum trainees  
Led parent education groups on grief & loss and how it impacts children  
Taught culturally sensitive trauma informed care  
Provided reflective supervision of Marriage and Family Therapist students

**Five Aces- Community/School Based**

July 2013- December 2015

*Clinical Internship, El Monte, CA*

Executed assessments, case planning, treatment and case management for children and families 3-17  
Provided individual and family therapy  
Utilized all aspects of Department of Mental Health paperwork  
Acted as a liaison between school, parents and agency to best support the client's growth  
Supported families in crisis management  
Performed community outreach and mental health presentation

**Reeds Brook Middle School**

*Reeds Brook Middle School Teacher, Hampden, ME*

Fall 2005- 2008

Planned and executed numerous lessons for developmentally diverse middle school population  
Worked with students with Autism, Asperger's Syndrome, Fragile X and Anxiety Disorders  
Practiced Cognitive Behavioral Therapy with a student who had Asperger's Syndrome  
Participated in Pupil Evaluation Team meetings to form Individualized Educational Plans  
Co-created/co-led a group for At Risk Youth- revolving around coping skills and building self esteem

**Clinical Volunteer Experiences**

**Didi Hirsch Mental Health Services**

*Outreach Suicide Education Volunteer, Culver City, CA*

Fall 2011- 2014 Educated

the community about mental illness and suicidology

Outreach at Community College for suicide prevention  
Promoted mental health

**Comfort Zone Camp**

*Comfort Zone California Bereavement Volunteer, Torrance, CA*

Fall 2010- Present

Mentored one on one assigned child experiencing grief due to loss of parent or sibling  
Assisted in confidence-building programs and age-based support groups for children  
Interacted with surviving caregiver of child to help guide them in ways to support their child's grief journey

**United Friends of the Children**

*Facilitator of Bereavement Group & Suicide Awareness Educator, University of Southern California*

Provided education for caregivers of foster youth: warning signs depression & suicide

Spring 2015

**Education**

**Master of Arts, Clinical Psychology; Marriage & Family Therapy**

Completed

Azusa Pacific University, Azusa, CA

July 2013

GPA: 4.0

**Bereavement Group Facilitator Certification**

Glendale Adventist, Glendale, CA

2011

Facilitator: Rev. Alice Zuile

**EMDR Level 1 and Level 2 Trained**

2013

**Bachelor of Sciences, Elementary Education; K-8 Certified**

University of Maine, Orono, ME

May 2006

GPA: 3.77, Presidential Academic Award

**Professional Affiliations & Certifications**

**California Association of Marriage and Family Therapist**

Member

2011- Present

**Board of Behavioral Sciences**

Licensed Marriage and Family Therapist

February 2018

**Leadership Experience**

**Out of the Darkness, American Foundation for Suicide Prevention: 18-Mile Walk Fundraiser**

- Promoted awareness of the warning signs of suicide  
2017

Summer 2011/May

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- Raised money for suicide prevention and support for survivors of who have lost someone to suicide

**Marathon Fundraiser- NAMI**

- Organized and recruited people to run a marathon on behalf of giving mental illness a voice Spring 2010