

Kathleen McGinnis PT, DPT, OCS
Physical Therapist
kmcginnis@apu.edu

Education:

PhD in Rehabilitation and Movement Science
Azusa Pacific University
Azusa, Ca
September 2020-present

Physical Therapy Orthopedic Residency
Kaiser Permanente Baldwin Park
Baldwin Park, Ca
February 2018- February 2019

Doctor of Physical Therapy
Azusa Pacific University
Azusa, Ca
January 2015- December 2017

Bachelors of Science- Physiological Science
University of California, Los Angeles
Los Angeles, Ca
September 2010- June 2014

Licensure:

Licensed Physical Therapist: California License No.294460; valid through January 30, 2026.

Board Certified Orthopedic Specialist, American Board of Physical Therapy Specialties. Cert. July 2019.

Work Experience

Assistant Professor
Azusa Pacific University, Department of Physical Therapy
Azusa, Ca
April 2025-present

Staff Physical Therapist
Casa Colina Hospital and Centers for Healthcare
Pomona, Ca
December 2020- present

Staff Physical Therapist
Kaiser Permanente Panorama City
Panorama City, Ca
February 2020- December 2020

Adjunct Faculty
Azusa Pacific University, Department of Physical Therapy
Azusa, CA
September 2019-2025

Adjunct Faculty
Azusa Pacific University, Department of Kinesiology
Azusa, CA
January 2019-December 2019

Physical Therapist
Kaiser Permanente Baldwin Park
Baldwin Park, Ca
February 2019- February 2020

Physical Therapy Clinical Specialist Resident
Kaiser Permanente Baldwin Park
Baldwin Park, Ca
February 2018- February 2019

Professional Memberships

Member of the International Association of Dance Medicine and Science, 2023-present

Presentations

McGinnis K. Physical therapy considerations for pregnancy and labor and delivery. Casa Colina Hospital and Centers for Healthcare. March 13, 2025.

Humphrey A, McGinnis K, Karim A. *Irish dance screening tools: A systematic review*. International Association of Dance Medicine and Science. Columbus, OH. October 13, 2023.

McGinnis K, Bibb R, Peterson N, Shito T, Hanna M. *The effect of gluteus medius activation on the technique and performance of a one repetition maximum deadlift*. Kaiser Permanente. February 2, 2019.

Walsh K. *Watch your step: Balance retraining in an Irish dancer with chronic ankle instability*. Azusa Pacific University. May 31, 2017.

Courses

Azusa Pacific University- Doctor of Physical Therapy

PT 701- Human Anatomy (Spring 2019, Spring 2021, Spring 2023)

PT 703- Clinical Neuroscience (Fall 2019, Fall 2020)

PT 572- Pharmacology (Summer 2020)

PT 774- Capstone I (Spring 2023, Fall 2023, Fall 2024)

PT776- Capstone II (Spring 2023, Fall 2023, Fall 2024)

Azusa Pacific University- Department of Kinesiology

BIOL 230- Human Anatomy and Physiology (Spring 2019, Fall 2019)