

LAUREN M. LO, NP-C

1221 Joshua Tree Rd. Calimesa, CA 92320 | (951) 233-6858 | Laurenmlo525@gmail.com

PROFESSIONAL SUMMARY

Compassionate and dedicated Family Nurse Practitioner and Educator seeking a position in a patient-centered facility that values health education, emphasizes preventive care, and promotes evidence-based clinical practices. Committed to delivering high-quality, holistic care while empowering patients through education and support.

SKILLS

- Laboratory Interpretation
- Diagnostic Screening
- Excellent Communication Skills HIPAA Compliant
- Precepted graduate nursing students
- Teaching Experience
- Treatment Planning
- Women's Health Screenings
- · Provide clinical education and mentorship

EXPERIENCE

Family Nurse Practitioner

August 2021 - Current

Kaiser Permanente, Retail Clinic | Fontana, CA

- Providing primary healthcare from children to geriatrics.
- Assess, diagnosis, and prescribe medications under the guidance of a physician with emphasis on patient centered care.
- Devised treatment protocols to fit the individual patient's needs, factoring in evidence-based approaches, guidelines, and routine standards of care.
- Consulted with specialists and coordinated referrals to provide the best possible patient care.
- Educated patients on disease prevention and health maintenance, providing informational handouts or referrals to learning resources.
- Adhered to privacy and confidentiality policies and HIPAA protocols.

May 2018 - Current **Adjunct Faculty**

Azusa Pacific University, IERC Campus | San Bernardino, CA

- Assist in the development of the graduate student's assessment skills, documentation, and management of acute and chronic diseases, focusing on the promotion of health in individuals across the age range.
- Educating students on medically focused medical history taking and physical assessment while incorporating evidence-based practice for common episodic complaints and chronic health conditions.
- Provide performance feedback regarding clinical skills.
- Debriefing and evaluation of student documentation and clinical practice.



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Family Nurse Practitioner

October, 2023-March 2025

Crossover Health | San Bernardino, CA

- Providing primary healthcare from infants to geriatrics.
- Assess, diagnosis, and prescribe medications under the guidance of a physician with emphasis on patient centered care.
- Devised treatment protocols to fit the individual patient's needs, factoring in evidence-based approaches, guidelines, and routine standards of care.
- Consulted with specialists and coordinated referrals to provide the best possible patient care.
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- Adhered to privacy and confidentiality policies and HIPAA protocols.

Family Nurse Practitioner

September 2016 – February 2023

Redlands Community Hospital, Redlands and Yucaipa Family Clinic | Redlands, CA

- Providing care to the underserved population from newborn to geriatrics.
- Assess, diagnosis, and prescribe medications under the guidance of a physician with emphasis on patient centered care.
- Incorporating the use of government programs that provides access to care for screening, diagnosis, and treatment of cancers.
- Devised treatment protocols to fit the individual patient's needs, factoring in evidence-based approaches and routine standards of care.
- Consulted with specialists and coordinated referrals to provide the best possible patient care.
- Educated patients on disease prevention and health maintenance, providing informational handouts or referrals to learning resources.
- Adhered to privacy and confidentiality policies and HIPAA protocols.
- Created and implemented the standard practice for patient outreach communication and documentation for the P4P program that allowed for increased preventative screenings for high-risk population.
- Assisted and completed in clinic CQI audits.
- Trained Superuser for EMR system, responsible for training providers and clinic staff to implement EMR system into the clinic processes.



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Family Nurse Practitioner

May 2015 - August 2016

RANCHO PASEO MEDICAL GROUP | Banning, CA

- Provided care to patients from newborn to geriatric.
- Assessed, diagnosed, and prescribed medication under the guidance of an MD with emphasis on patient education.

Registered Nurse August 2009 - May 2015

ST. BERNARDINE MEDICAL CENTER | San Bernardino, CA

- Provided care to patients with serious, complex, and acute illnesses or injuries that require very close monitoring and extensive medication protocols and therapies.
- Specialties: Open Heart Trained, 2010, Balloon-Pump Trained, 2011, Out-Patient Surgery Nurse 2013, GI Nurse.

EDUCATION

Master of Science in Nursing - Azusa Pacific University, Azusa, CA

December 2014

Bachelor of Science in Nursing – Loma Linda University

January 2009

CERTIFICATIONS

Nurse Practitioner Licensure #95002205 current through June 2026

AANP Board Certification #F0415284, current through April 21, 2030

Furnishing Number current through June 2026

DEA License current through March 31, 2026

Nexplanon training completed January 22, 2016

Registered Nurse Licensure #750621 current through June 30, 2026

BLS License current through January, 2027

AFFILIATIONS

American Association of Nurse Practitioners March 2015- Current Honor Society of Nursing, Sigma Theta Tau, Iota Sigma Chapter