



# Megan Collins, LMFT

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## SUMMARY OF QUALIFICATIONS

- LICENSED MARRIAGE AND FAMILY THERAPIST, #97307
- LICENSED MFTT AND MFTI CLINICAL SUPERVISOR
- EATING DISORDER TREATMENT SPECIALIST
- CHILD AND ADOLESCENT PSYCHOLOGY
- TRAUMA INFORMED CARE CHILD AND ADOLESCENT
  
- CRISIS INTERVENTION THEORY
- DIALECTICAL BEHAVIORAL THERAPY
- LAW AND ETHICS
- CHILD ABUSE AND FAMILY VIOLENCE
- FAMILY SYSTEMS THERAPY
- COUPLES THERAPY
- PLAY THERAPY
  
- CROSS CULTURAL COUNSELING
- COGNITIVE BEHAVIORAL THERAPY
- RELIGION AND MARRIAGE
- SOCIAL ECOLOGY
- HUMAN SEXUALITY
- PARENTING

## EDUCATION

**Master of Arts in Psychology**, Chapman University, Orange, CA, 2011, 4.0 GPA. Courses: Psychological Assessment, Counseling Process, Advanced Psychopathology and Diagnosis, Advanced Individual Counseling, Ethical and Professional Issues, Clinical Theories and Techniques of Marriage and Family Therapy.

**Bachelor of Arts in Organizational Leadership**, Chapman University, Orange, CA, 2009 4.0 GPA

**High School Diploma**, Sultana High School, Hesperia, CA, 2002

## PROFESSIONAL EXPERIENCE

### Adjunct Professor

**Azusa Pacific University**

**August 2020-present**

- Facilitated the following courses, including but not limited to preparing all lecture and assignment materials, facilitating lectures and group work, transitioning from in-person to online learning, and responding to student needs:

- Multicultural Psychology (PSYC 400)
- Group Counseling with Children and Youth (PSYC 529)
- Child and Adolescent Psychology (PPSY 561)

### Psych Social Worker

**Kaiser Permanente**

**June 2019-present**

- Timely and appropriate assessment, diagnosis, treatment planning and treatment intervention of members
- Appropriate selection of treatment modality to member's presenting problem

- Is an effective communicator of clinical material to member and clinical staff
- Provides high internal and external customer/patient satisfaction
- Demonstrates expertise in a variety of treatment methodologies
- Provides appropriate and timely documentation of clinical encounters in member's charts
- Is knowledgeable of KP and community resources
- Adheres to all mandated guidelines for patient's clinical care and license
- Maintains license Conduct initial interview with Members by eliciting and interpreting the psychological and social meaning of complaints
- Determines urgency of member's need
- Provides a professional interpretation of member's presentation and recommends a course of therapeutic action, selects appropriate treatment modality
- Provides treatment to adults, adolescents and children
- Renders appropriate and immediate guidance & therapy for members in crisis or in need of clinical services
- Maintains written record of therapy, prepares reports and letter; phones, writes and visits (with member permission) social agencies, schools relatives, friends to obtain pertinent information
- Provides clinical consultation in an integrated health care environment regarding family interactions, sociocultural determinants and community resources
- Provides telephone assessment, counseling, resource information and referrals
- Proficient in identifying and treating the span of developmental stages
- Proficient in various treatment modalities including, but not limited to individual, group family & child therapy
- Complies with organizational, departmental, state/federal guidelines & all regulatory agency policies and procedures
- Participates in QM&CQI activities

**Clinical Director  
Serenity Lodge**

**October 2017-June 2019**

Provides therapeutic services to patients at the Inpatient and PHP levels of care  
Supervises Clinical staff and coordinates caseloads

Oversees program development, including all groups and services provided

- Utilizes CBT and TF-CBT interventions in individual therapy setting
- Facilitates process-oriented psychotherapy groups
- Provides family therapy session weekly to each patient
- Coordinates care for each patient after discharge with case management and outpatient providers
- Coordinates individualized care for each patient with treatment team members
- Completes all daily documentation required, as well as weekly case management updates and treatment plan updates
- Reviews all documentation
- Monitors daily activities to ensure compliant with IBS and Joint Commission Accreditation

**Program Therapist  
Reasons Eating Disorder Center**

**August 2016-October 2017**

- Provides therapeutic services to patients at the Inpatient and PHP levels of care
- Utilizes CBT and TF-CBT interventions in individual therapy setting
- Facilitates process-oriented psychotherapy groups
- Provides family therapy session weekly to each patient
- Coordinates care for each patient after discharge with case management and outpatient providers
- Facilitates meal times and eats meal with patients to provide therapeutic support while patients develop intuitive eating skills
- Coordinates individualized care for each patient with treatment team members (RD, Psychiatrist ,Nursing staff)
- Completes all daily documentation required, as well as weekly case management updates and treatment plan updates

**Program Supervisor**  
**Mia's Homes Family Foster Agency**

**April 2015-May 2016**

- Performs supervisory duties including: selecting and training social workers and other supervisees
- Responsible for performance management (performance evaluations, disciplinary measures when necessary)
- Monitors supervisees cases and assignments associated with each case
- Facilitates monthly staff meetings and foster parent meetings
- Ensures consistency of care across case load
- Created and implemented Foster Parent Support Group to ensure therapeutic interventions are being utilized with children in the homes
- Ensures all charts//files comply with QA and COA standards
- Attend RFA and FFA Forum meetings on behalf of agency

**Marriage and Family Therapist Intern**  
Crittenton Services for Children and Families

**July 2014-April 2015**

- Completed 3,000 BBS required intern hours, eligible for licensure
- Performed one on one psychotherapy with adolescent clients
- Performed Family and Couples Therapy
- Performed play therapy
- Performed CORS Crisis Intervention and Recovery therapy
- Facilitated CFT Treatment meetings with families
- Coordinate with WRAP team to provide consistent client care
- Attend IEP/SST meetings on client behalf
- Organized and presented "Anger Management Group" for Pomona School District
- DMH documentation
- EXYM trained
- DMH-WRAP trained
- Attend Tele-psych meetings with psychiatrist

**Marriage and Family Therapist Intern**  
New Horizon's Counseling Center

**October 2012-October 2017**

- Performed one on one psychotherapy with adolescent clients
- Performed Family and Couples Therapy
- Performed play therapy
- Organized and presented "Self Esteem Support Group" for ages 12-18
- Organized and facilitated parenting class for DCS referrals

**Marriage and Family Therapist Trainee**  
Bilingual Family Counseling Center  
Counseling Center

**January 2011-January 2012**

- Performed one on one psychotherapy with adolescent clients
- Performed play therapy
- Organized and presented "Clinical Perspective" classes to high school peer counselors
- Organized and facilitated parenting class for DCS referrals
- Performed family therapy

- Worked with families and children with the Alta Loma School District
- Taught DCS parenting classes

## PROFESSIONAL DEVELOPMENT

### Conferences & Training

- Western Regional Honors Conference, 2006
- Psychology of Eating Disorders Revealed Seminar, 2011
- LA-DMH CORS Crisis Intervention and Recovery Certificate 2014
- Invisible String Attachment Training 2014
- LA-DMH WRAP Training 2014
- ACES Certification 2019
- Trauma-Informed Care 2019

### Computer Skills:

- EXYM, Microsoft XP, Microsoft Vista and Microsoft Office 2003 & 2007

## PROFESSIONAL AFFILIATIONS & RECOGNITIONS

- American Psychological Association, Member 2008-Present
- California Association of Marriage and Family Therapists Member 2010- Present
- American Association of Marriage and Family Therapists Member 2010- Present
- Chapman University Alumni, 2009- Present