

Misti Lindquist, M.S., CCLS
(909) 317-7845

EDUCATION

Capella University
M.S. Human Behavior
March 2019

California State University Northridge
B.A. Child Development-Minor Psychology
May 2003

CERTIFICATION

Certified Child Life Specialist 2018-2023
BLS Expires 7/2021

PROFESSIONAL EXPERIENCE

In-Service Training

Kaiser Permanente LAMC, MOB

- Bereavement
- Buzzy
- Child Life Nursing Collaboration
- Child Life Social Work Collaboration
- Developmentally appropriate ways to support children
- One Voice

Certified Child Life Specialist/Coordinator

September 2008 - Present

Kaiser Permanente LAMC, Los Angeles CA

- Assess patients and families coping and adjustment to develop effective patient care plans to address psychosocial needs in Pediatric Intensive Care, Hematology/Oncology, Infectious Disease, Pulmonology, General Pediatrics, Gastroenterology, Neurology, Surgery, Neurosurgery, Plastics, Orthopedics, and NICU on referral basis
- Utilize developmentally appropriate language to psychologically prepare children, siblings and parents for procedures and surgeries
- Support patients and families coping and adjustment during intrusive procedures to alleviate and or decrease stress and fears
- Support children's coping and understanding of hospitalized adult patients
- Facilitate Grief and Bereavement support to patients and families, maintain grief packets
- Advocate on behalf patients and family's care needs
- Provide developmental understanding to families of children's reactions to illness and hospitalization, including the effects of hospitalization on development
- Participate in Shared Governance/Unit Based Team to identify ways to enhance care and workflow for PICU and Pediatric units
- Attend and participate in monthly Pediatric Intensive Care Quality and Management meetings
- Participate in weekly interdisciplinary rounds in both PICU and Pediatrics
- Provide a safe and therapeutic environment for patients and families through ongoing assessment of patient care areas to implement developmentally appropriate therapeutic activities at bedside and in the playroom setting providing an opportunity for consistency, normalcy, socialization, and expression of feelings
- Document assessments and implementation of Child Life services in interdisciplinary health connect
- Supervise and mentor new hires, students and volunteers
- Developed volunteer orientation packet

- Educate residence and nursing students on Child Life role through shadowing and observation
- Attend yearly conferences to enhance skills and knowledge of current practices within Child Life and related fields
- Program management; referrals, ordering, storage/organization of materials, distribution, program development
- Attend and participate in family meetings
- Manage donors and donations; Dec my room, Disney, Jessie Reese Foundation, Peaches Neat Feet, Make-a-Wish, Kids Wish Network, Gift in kind donations, Starlight, Lollipop, Dynasty Ryder motorcycle club, Oscar Witlock Foundation
- Organize special events; Halloween, Christmas, Sheriff visits, Lollipop theatre and guests, Special guest visits
- Children's Hospital Planning Committee
- Pediatric Acute Pain Team Committee
- Same Day Surgery Pectus Committee
- Developed Practicum/Internship Program

Adjunct Professor - Child Life Masters - Psychology Department

August 2019 - Present

Azusa Pacific University, Azusa CA

- Family Systems
- Introduction to Child Life
- Preparation, Assessment, and Documentation Spring 2020
- Multicultural Psychology Spring 2020
- Psychosocial Intervention in Pediatrics Spring 2020
- Develop and implement lecture materials and assignments to undergrad and masters level students
- Synchronous remote instruction, face-to-face instruction
- Participate in webinars to enhance teaching skills
- Canvas

Certified Child Life Specialist

June 2003 – March 2009

Childrens Hospital Los Angeles, Los Angeles CA

- Provided support to patients and families to alleviate stress and fears
- Serviced patients on Hematology/Oncology, Bone Marrow Transplant, Sub-Specialty Unit, Infectious Disease, Pulmonology, General Pediatrics, PICU, NICU, Rehab
- Provided Grief and Bereavement support to patients and families
- Provided Developmental explanation to families of children's reactions to illness and hospitalization, including the effects of hospitalization on development
- Implemented procedural preparation, support and distraction during invasive procedures to help children cope
- Implemented developmentally appropriate therapeutic activities at bedside and in the playroom setting, providing an opportunity for consistency, normalcy, socialization, and expression of feelings
- Advocated on behalf patients and families
- Coordinated and Chaired special events: Disneyland/Merriday Fun Club, Halloween, Child Life Month
- Supervised and mentored interns, students, and volunteers
- Provided in-service for medical staff and new hires on Child Life

PRESENTATIONS

Role of Child Life in Collaboration with Medical Team

Annually

Pediatric Residence, Kaiser Permanente LAMC

- Presented to 15 team members

The Child Life Profession **Annually**
Summer Youth Students, Kaiser Permanente LAMC
● Presented to 50 participants

Developmental Impact of hospitalized children **May 2018**
Physical Therapy Department, Kaiser Permanente LAMC
● Presented to 70 team members

Child Life Profession **May 2018**
West LA College: Child Development Department/STEM
● Presented to 25 students and staff

Launching Child Life in Radiology **April 2017**
Radiology Department Leads, Kaiser Permanente LAMC
● Presented to 8 participants

Collaboration: Grief and Bereavement Support for patients and families **August 2012**
Palliative Care Team, Kaiser Permanente LAMC
● Presented to 6 participants

ADDITIONAL SKILLS:

Abilities: Strong interpersonal, organizational, multi-tasking, assessing needs of the department, accepting of constructive feedback to help professional growth and development, strong problem solving, ability to take accountability and responsibility for self and actions

Computer: Health Connect, Data Entry, Microsoft Office Applications, Canvas, Zoom, Microsoft teams

PROFESSIONAL ORGANIZATION

- Association of Child Life Professionals

VOLUNTEER EXPERIENCE

Kaiser Permanente Christmas Day: **Annually**
● Distribute toys to hospitalized children

Comfort Zone Grief Camp: **2011-2015**
● Intake coordinator who gathers detailed information on potential campers.
● Attend comfort zone weekend camp as a Big Buddy providing support for grieving children