

Rebecca Jean Kenyon, Psy.D, MFT

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Licenses

Licensed Clinical Psychologist in California (PSY 24338)
Licensed Marriage and Family Therapist in California (MFC #40848)

Education

2006 **California School of Professional Psychology at Alliant International University** San Diego CA
Psy.D. in Marital and Family Therapy

Dissertation: "A Grounded Theory of the Relationship Between Eating Disorders and Marital Relationships: The Role of Emotional Accessibility"

Outstanding Doctor of Psychology in Marital and Family Therapy Award

2001 **United States International University** San Diego CA
MA in Marital and Family Therapy

Outstanding Master's of Arts in Marital and Family Therapy Award

1998 **San Diego State University** San Diego CA
BA in Psychology

Summa Cum Laude

Clinical Experience

July 2004 to Present **Private Practice of Rebecca J. Kenyon, Psy.D, MFT** San Diego CA
Licensed Clinical Psychologist and Licensed Marriage and Family Therapist

- Provide psychotherapy for adolescents, adults, couples, families, and groups in a private practice setting using cognitive-behavioral and family systems perspectives.
- Specialties include: eating disorders, depression, anxiety, life transitions, anger management, assertiveness training, parenting psychoeducation, and couples communication.
- Directly supervised a Registered Marriage and Family Therapist Intern
- Provide trainings and presentations on eating disorder prevention and treatment for professionals, schools, and families.
- Collaborate with outside practitioners, treatment facilities, hospitals, social service organizations and families to coordinate comprehensive client care.

May 2005 to **San Diego Psychotherapy Group** San Diego CA
Apr 2008 *Registered Psychological Assistant*

- Provided individual, couple, family, and group psychotherapy in a group private practice setting as part of a predoctoral and postdoctoral internship.
- Actively participated in various networking events and treatment team consultations.

May 2005 to **Oak Knoll Family Therapy Center** San Diego CA
Dec 2006 *Registered Psychological Assistant*

- Provided individual, couple, family, and group psychotherapy for an intensive outpatient program for eating disorders as part of a predoctoral internship.
- Facilitated multifamily support groups for families of those struggling with eating disorders.
- Participated in case utilization reviews and completed all required documentation for insurance purposes.

Jan 2005 to **Puente de Vida** San Diego CA
May 2005 *Registered Psychological Assistant*

- Provided psychotherapy for patients with eating disorders at a residential treatment facility as part of a predoctoral internship.
- Conducted individual, group, couple and family therapy sessions using a variety of therapeutic approaches, including cognitive-behavioral, family systems, psychoeducational, relapse prevention and mindfulness.
- Provided meal support to residents and supervised patient activities in a therapeutic milieu setting.
- Participated as an active member of a multidisciplinary treatment team composed of licensed therapists, physicians, dietitians, nurses, and psychiatrists.
- Maintained required documentation and reviews of patient charts, prepared treatment and discharge plans, and fulfilled all insurance requirements.

June 2001 to **Trish Stanley and Associates** San Diego CA
July 2004 *Registered Marriage and Family Therapist Intern*

- Provided psychotherapy for adolescents, adults, couples, and families in a private practice setting.
- Facilitated an eating disorder group for adolescents.

Aug 2001 to **Schneider Family Services** San Diego CA
July 2004 *Registered Marriage and Family Therapist Intern*

- Provided psychotherapy for adolescents, adults, couples, and families in a private practice setting.
- Facilitated anger management classes and assertive communication workshops.

June 2001 to June 2002 **Teen Eating Disorder Solutions** San Diego CA
Registered Marriage and Family Therapist Intern

- Provided psychotherapy for adolescents with eating disorders and their families in a non-profit setting.
- Presented eating disorder prevention and intervention trainings to schools, non-profits, and the general community.
- Participated in case utilization reviews and completed all required documentation for insurance and grant purposes.

May 2000 to May 2001 **Harmonium, Inc.** San Diego CA
Marriage and Family Therapist Trainee

- Provided psychotherapy for children, adolescents, adults, couples, and families in a non-profit agency.
- Facilitated children and adolescent social skills groups; parenting psychoeducation classes; and a Wraparound team.
- Provided psychotherapy for Cornerstone, an adolescent substance abuse treatment program.

June 1996 to Oct 1997 **VA Hospital** La Jolla CA
Psychiatric Research Volunteer

- Conducted over 150 hours of psychiatric research.
- Collected data and conducted data entry and analysis on various psychological assessment instruments.

Teaching/Supervision Experience

Jan 2009 to Present **Azusa Pacific University-San Diego Regional Center** San Diego CA
 Director of Clinical Training for the MA in Clinical Psychology Program

- Establish and maintain clinical training relationships between the University and MFT practicum placement sites, including conducting site visits and handling and resolving any problem situations
- Oversee and facilitate site approval process and affiliation agreements in order to assure site compliance with BBS and University requirements
- Plan and organize the University's annual practicum fair
- Provide supervision and guidance for MA in Clinical Psychology students prior to and during their practicum placement experiences
- Represent APU as a member of the San Diego MFT Consortium

Sept 2009 to Present **Azusa Pacific University-San Diego Regional Center** San Diego CA
 Assistant Professor for the MA in Clinical Psychology Program

- Teach Clinical Placement I, Clinical Placement II, Clinical Consultation and Advanced Clinical Placement courses

- Provide feedback on student clinical cases and review clinical sessions of MFT trainees

*Sept 2001 to
May 2002* **California School of Professional Psychology at Alliant International
University** San Diego CA

Adjunct Professor for the MA in Marital and Family Therapy Program

- Courses taught in the Marital and Family Therapy Department included “Interviewing Techniques Lab” (2001) and “Family Therapy Techniques Lab” (2002).
- Supervised student role-plays and exercises and assisted students in formulating and implementing systemic treatment.
- Developed participation log sheet for students to reflect on simulated therapeutic treatment exercises and evaluate use of systemic hypotheses.

AAMFT-Approved Supervisor Candidate

- Completed “Supervision of MFT” course which meets requirements for AAMFT-Approved Supervisor supervision fundamentals course.
- Completed Philosophy of Supervision paper.
- Supervised a Registered Marriage and Family Therapist Intern in my private practice
- Provided peer supervision and consultation on cases at regularly scheduled network meetings.

Additional Related Experience and Skills

- Proficient computer skills, including Microsoft Word, Excel, Outlook, Publisher, PowerPoint, the Internet, and QuickBooks.
- Experience in creating and completing essential documents for psychotherapy practice; such as intake questionnaires, release forms, consent forms, treatment plans, admission and discharge summaries, and insurance documentation requirements.
- Administration skills include accounts receivable, accounts payable, payroll, and managing schedules.

Continuing Education

Current on all Clinical Psychologist and MFT licensing CEU requirements; including Law & Ethics, Domestic Violence, HIV/AIDS, and Aging and Long Term Care

Jan 2000 Treatment of Abusive Families. Jay Haley, MA, *San Diego, CA*

May 2000 Evolution of Psychotherapy: A Conference. *Anaheim, CA (5 days)*

Dec 2000 Emotionally Focused Therapy for Couples Externship. Sue Johnson, Ed.D., *San Diego, CA (5 days)*

Mar 2001 Using Play Therapy and the Expressive Arts to Help Grieving Children and Families. Laura Behm Dewan, LMFT, RPT-S, *San Diego, CA*

May 2002 Teen Depression and Suicide: Recognition and Treatment. Thomas

- Jensen, M.D., *San Diego, CA*
Sept 2002 National Eating Disorders Association Conference: Eliminating Eating Disorders through Prevention, Treatment, Research, and Advocacy. *Santa Monica, CA (3 days)*
Mar 2003 Bowen Theory and the Mind/Body Connection. Daniel Papero, Ph.D., *San Diego, CA (2 days)*
May 2003 Intensive Course in Family Therapy. Maurizio Andolfi, M.D., *Rome, Italy (8 days)*
Oct 2003 61st AAMFT Annual Conference: The State of Marriage and Family Therapy. *Long Beach, CA (4 days)*
May 2007 Hypnosis and Positive Psychology: Implications for Overcoming Depression. Michael Yapko, Ph.D., *San Diego, CA*
Oct 2007 National Eating Disorders Association Conference: Eating Disorders Come in All Shapes and Sizes. *San Diego, CA*
Oct 2007 65th AAMFT Annual Conference: Healing Fractured Relationships in the 21st Century. *Long Beach, CA (4 days)*
Feb 2008 Zen and the Art of Eating Disorders: The Interplay of the Medical, Psychological and Spiritual Dimensions of Eating Disorders. Richard Levine, M.D., *San Diego, CA*
Apr 2008 The Art of Understanding Body Image: A Holistic, Philosophical and Aesthetic Approach. Judith Greer Essex, MFT, REAT, *San Diego, CA*
Apr 2008 What's Mindfulness Got to Do with It?: Mindful Meditation. Julie Chippendale, RN, BSN, *San Diego, CA*
Jun 2008 Metaphorical Constructs of Hunger. Anita Johnston, Ph.D., *San Diego, CA*
Sept 2013 Using Ancient Wisdom & Modern Neuroscience to Treat Eating Disorders. Anita Johnston, Ph.D., *San Diego, CA*
Nov 2013 DSM-5 Workshop. Frank Ogle, Ph.D., MFT, *San Diego, CA*
Dec 2013 Reducing Anxiety in Sensory, Autism & ADHD. Bek Wiltbank, OTR/L, MOT, *San Diego, CA*
April 2014 Employment Options for MFTs. AAMFT-CA Division., *San Diego, CA*
April 2015 Road to Licensure. Cathy Atkins, J.D. *San Diego, CA*

Publications

- 2006 Dissertation "A Grounded Theory of the Relationship Between Eating Disorders and Marital Relationships: The Role of Emotional Accessibility"

Presentations

- Jan 2012 10th Annual Hawaii International Conference on Education: "Using Research-Based Positive Psychology Interventions to Maximize Emotional Well-being in K-12 Schools" co-presented with Dr. Stephen Cochrane and Dr. Aimee Vadnais
- Oct 2007 65th AAMFT Annual Conference: Healing Fractured Relationships in the 21st Century Presentation: "EATING DISORDERS TRACK: Couple Therapy for

Eating Disorders: Assessment and Treatment” co-presented with Dr. Scott Woolley

Oct 2007 65th AAMFT Annual Conference: Healing Fractured Relationships in the 21st Century Poster Presentation: “Systemic Nature of Eating Disorders and Marital Relationships”

Jul 2005 UCSD Faculty and Staff Assistance Program Learn at Lunch Lecture Series Presentation: “Assertive Communication”

Professional Affiliations

American Psychological Association-Clinical Member
American Association for Marriage and Family Therapy-Clinical Member
American Association for Marriage and Family Therapy-California Division
California Association of Marriage and Family Therapists-Clinical Member
San Diego Chapter of California Association of Marriage and Family Therapists
International Association of Eating Disorder Professionals
San Diego Chapter of International Association of Eating Disorder Professionals

References

Available upon request.