

Sue Hebel

1993 – ACSM Health/Fitness Specialist Certification

1985 – National Athletic Trainer Certification

1983 – Ed.D. Brigham Young University (Analysis of Human Motions), Phi
Kappa Phi

1977 – M.A. Cal State University at Long Beach, Summa Cum Laude

1976 – B.A. Biola University (Physical Education), Magna Cum Laude

Professional Experience:

1977 – Azusa Pacific University
Professor of Exercise and Sport Science
1977-1993 Women's Basketball Coach, Azusa Pacific University

Presentations:

Christian Society for Kinesiology and Leisure Studies Presentations

2002 Learning through Serving

2003 Comparison of Upper and Lower Body Bioelectrical
Impedance to Jackson and Pollock's three-site skinfold
Equation on College Students

2005 Dynamic Flexibility Routines

Hawaii International Conference on Education

2006 Learning through Serving: A Higher Education
Perspective of Merging Content, Pedagogy, and
Citizenship Utilizing Service-Learning in your Physical
Education Course

CAHPERD State Conference

2006 Incorporating Dynamic Flexibility Routines in Physical
Education

CAHPERD State Conference

2007 *Strategies for implementing a standards-based
curriculum*

AAHPERD National Conference

The Effects of a 11-Week Plyometric Program on
Bone Metabolism in College-Aged Students

2009

Common Day of Learning Mentor:

2003 Comparison of Three Body Composition Analyzers

2004 Nurturing (Refueling) the Body: Postexercise

Nutritional Strategies

2005 Learning through Serving

Published

Tanis, C. & Hebel, S. (2014, in press). Emergency action plans in physical education.
Strategies: A Journal for Physical and Sport Educators. 29(4), 3-7.

Tanis, C. & Hebel, S. (2010, Summer). Developing an emergency action plan for the physical education class. *CAHPERD*, 73(1), 28-30.