



# SIGMA THETA TAU INTERNATIONAL

## The Honor Society of Nursing Iota Sigma Chapter Newsletter

Summer 2012

### Chapter Officers and Leaders

President:	Alison Riggs, MSN, RN
President Elect:	Jennifer Ewell, MSN, RN
Vice President:	Patricia Perry, MSN, RN, CNS, CNE, OCN
Secretary:	Lidia Pusnik, BSN, RN
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Governance Chair / Counselor:	Rose Liegler, PhD, RN
Leadership Succession Chair:	Marilyn Klakovich, DNSc., RN, NEA, BC
Fund Raising Chair:	Kathleen Van Allen MSN, RN, CPN
Immediate Past President:	Lourdes Salandanan, MSN, RN-BC, FNP
Graduate Student Intern:	Marcia Harris Luna, MSN, PNP
Student Leadership Intern:	Lauren Warner
Newsletter:	Vicky Bowden & Cathy McPhee
Webmaster:	Cathy McPhee

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### PRESIDENT'S REPORT

Summer 2012

By Alison Riggs MSN RN ONC

The first year of my term as President of Iota Sigma Chapter has been a busy and productive one and I am very grateful to our very excellent Board and Iota Sigma members who have participated in many ways. My term has been made so much easier due to the wisdom and experience of our past presidents and present Board members, Lourdes Salandanan and Marilyn Klakovich. Also, I am indebted to Rose Liegler, Governance Chair and Faculty Counselor and Patricia Perry, Vice President, for their diligent attention to our Inductions of new members and coordination with STTI International. Annie Odell, our Treasurer for the past two years is leaving the Board and Pam Cone will once again take on the Treasurer's role but we are very indebted to Annie for the wonderful job she has done to make our budget process smooth and we will be using her expertise from time to time we are sure. We are also pleased that Lidia Pusnik will be continuing as Secretary for another term. Our President elect, Jennifer Ewell, is continuing the learning process for the next year and the Board is happy to help. As the year concludes I want to salute two other members of the Board who will be leaving us. Kathy Van Allen has been Fundraising Chair for several years and has made our Silent Auctions and various other endeavors great sources of extra income for the Chapter that help us give more scholarships each year. We hope she will continue to assist if her job permits. Erin Warner has been our undergraduate student intern for the past year and has more than fulfilled our expectations by being active and engaged. We wish her all the best as she graduates!

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## PRESIDENT'S REPORT, CONTINUED FROM PAGE 1

Iota Sigma looks forward to another year now and we know that we would like to continue to engage more members. This year we had a member reunion with networking and food one evening and since we got positive feedback want to repeat that next year and hope many of you will attend. We have also been pleased with our members' attendance at the APU Annual Research Symposium in April and at the Odyssey Research Conference in November. At the conclusion of the Research Symposium the Western Conservancy of Nursing History held a tea and display of their collection of historical nursing artifacts that was a great hit! Please watch for our emails for upcoming events so you can continue your professional journey in nursing.

I hope you have a wonderful and relaxing summer and we look forward to seeing many of you this fall and in 2013!

In the news.....

This newsletter contains the following articles:

- Annual Research Symposium
- Spring Induction and Member Reunion
- Odyssey Research
- Faith Community
- Hospice and Palliative Care Workshop
- University of Philippines Induction
- Graduate Student Perspective on DNP
- Members in the News
- 2012-2013 Iota Sigma Calendar

## APU SCHOOL OF NURSING 8TH ANNUAL RESEARCH SYMPOSIUM

By: Dr. Marilyn Klakovich, Chair, Annual School of Nursing Symposium Planning Committee

Each year, the School of Nursing and Iota Sigma cosponsor a Research Symposium to

- Provide an avenue for dissemination of evidence-based research and linkages to clinical applications.
- Utilize researchers as role models to encourage excellence in students and colleagues.
- Provide networking opportunities and promote collegiality among students and nursing professionals.
- Provide a forum for students and nurses from the community to present their work.

Almost 900 nurses, students and faculty attended our 2012 event. Our keynote speakers included **Francine R. Kaufman, M.D.**, Chief Medical Officer and Vice President Global Medical, Clinical & Health Affairs, Medtronic Diabetes who presented on “**Diabetes - Across the Ages**” and **Patricia M. Davidson, RN, BA, MEd, PhD, FRCNA**, Professor of Cardiovascular & Chronic Care Professor of Cardiovascular Nursing Research, St Vincent’s Hospital, Sydney, Australia. Dr. Davidson’s presentation was titled “**Improving Symptom Management through Creating an Interface Between Policy, Practice, Education And Research.**”

A special session featured faculty, graduate and doctoral students who presented their research. Special Session topics included *Utilizing Patient Data from Mobile Clinics to Enhance Evidence-Based Practice in Haiti* ~Pamela Cone, Janice Haley, Shannon Fernando, Marjorie West; *Risk Factors of Hypertension and Diabetes Mellitus in Armenian Americans Living In Los Angeles* ~Zarmine Naccashian, Felicitas dela Cruz; *Stigma Perceptions as a Way of Knowing for Better Symptom Management in Patient Care* ~Rosemary Mwangi; and *Opioids for Management of Acute and Chronic Pain* ~Leslie VanDover, Christa Krellwitz, Marie McRath.

A poster session featured 28 posters submitted by faculty, students and nurses in the community and awards were presented to the following winners:

- **ELM Students:** Catherine Graham, Katie Koll, Shanon Sorbello, Uyen Nguyen  
“*The Benefits of Pet Therapy in Children with Disabilities*”
- **PhD Student:** Patricia Radovich “*Risk Perception Among International College Students Regarding Non-sexually Transmitted Communicable Diseases*”
- **Community:** Nhu Tran “*Is There a Difference Between Calf and Brachial Blood Pressures?*”  
Children’s Hospital, Los Angeles

Iota Sigma members participated as speakers, poster presenters, poster judges, representatives on the planning committee and volunteers who assisted the day of the event. The planning committee was

## APU SCHOOL OF NURSING 8TH ANNUAL RESEARCH SYMPOSIUM, CONTINUED FROM PAGE 3

comprised of Iota Sigma members (Renee Johnson, Jennifer Ewell), faculty (Vivien Dee, Linda Hansen-Kyle, Patricia Perry, Marilyn Klakovich, Catherine Heinlein, Jane Pfeiffer, Bulaporn Natipagon-Shah, and students (Lauren Warner, Gladys Njuguna). Additionally, a team of senior BSN leadership students did special projects for the event. Thanks to all involved for making the day a big success!



The annual Research Symposium stands as an important outreach event for the School of Nursing targeting Iota Sigma members, preceptors, nurses in collaborating healthcare facilities, and alumni as well as students and faculty. Please stay tuned for announcements about our 9th Annual Research Symposium to be held April 4, 2013 and plan to attend this exciting event. If you have any questions, contact Marilyn Klakovich, [mklakovich@apu.edu](mailto:mklakovich@apu.edu), Chair, Annual School of Nursing Symposium Planning Committee.



## MEMBER CONNECTION REUNION MARCH 2012 AND SPRING 2012 INDUCTION

By: Patricia Perry, Vice President Kathy Van Allen, Fundraising Chair

### ***Member Connection***

About 15 members gathered for an informal dinner meeting of the minds in March 2012 with a goal of connecting and networking. Members provided updates on their professional and volunteer endeavors. The event was well-received and we plan to continue with regular Member Networking Reunions in the future.

### ***Spring Induction***

The Iota Sigma Chapter held its Spring Induction in conjunction with our always anticipated Silent Auction on April 28, 2012. We inducted 64 students of varying programs and regional sites along with two community leaders: Donna Brotman and Bulaporn Natipagon-Shah.

- Donna Brotman has been the Director of Nursing for Citrus Valley Medical Center's Neonatal Intensive Care Unit since 2006. Prior to that, she was a charge nurse for quite a few years and was involved in precepting new staff and charge nurses. As the NICU Director, she is responsible for the administrative management of a 40 bed NICU, including a transport team and neonatal resuscitation team and approximately 120 employees. She recently completed her BSN degree from the University of Phoenix.
- Bulaporn Natipagon-Shah is an Assistant Professor at APU San Diego Regional location. Dr. Natipagon-Shah earned her PhD from University of San Diego and has experience in OB-GYN and MedSurg teaching. In 2006 Dr. Natipagon-Shah received a \$175,000 CA Breast Cancer Research Grant to conduct a study on factors influencing breast cancer screening among older Thai Women. In 2010 she received the EPA grant to conduct lead poisoning prevention program in Thai children.

The Mexican feast (including chocolate flan!) luncheon event was held on a Saturday in hopes of increasing attendance from regional sites. While this was not quite evident, we will continue to strive to meet the needs of our outlying areas. The undergraduate student speakers were Erin Henry and Kelsey Houston. These ladies were wonderful with their shared reports of International Nursing service to both Haiti and South Africa. Shannon Fernando was the master's student speaker. Shannon shared her mission of International Nursing service with her Alabaster Mobile Clinic serving in Kenya. Additionally, the spring event is particularly special as the chapter awards student scholarships. This year we were able to award four student scholarships of \$1000 to Gilbert Bookye, Kelly Beck, Marcia Harris-Luna and Ursula Alder. Shannon Fernando received the Community Award of \$1000 for her Alabaster Mobile Clinic and Anita Boling received the Research Award of \$1000 for her work with Village Network Africa (ViNA). The Education Award for excellence was given to Nahid Meshkin of Citrus Valley Medical Center.

### ***Silent Auction***

The chapter offers many thanks to the Iota Sigma members and community organizations who were able to donate items for the silent auction and raffle. We are grateful for the auction bids and raffle ticket purchases that helped us raise a total of \$2,045 (\$1,717 from our silent auction and \$328 from our raffle). All of the money raised will go toward funding nursing scholarships. Thank you again for making our fundraising efforts a success and for allowing our chapter to be able to assist worthy students with their education.



# SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING ODYSSEY 2012 CONFERENCE



**“GIVE BACK TO MOVE FORWARD: A CALL TO ACTION”**

**November 1 & 2, 2012 • Ontario, California**

Gamma Gamma

Iota Sigma

Omicron Delta

Rho Beta

Nu MU

Gamma Tau at Large



Gamma Alpha

Iota Eta

Upsilon Beta

Zeta Mu at Large

Phi Alpha

Phi Theta

Phi Lambda

## PROGRAM

*Research and Innovative Sessions: Speakers identified after abstracts reviewed*

### THURSDAY PROGRAM 11/1/12

- 7:30-8:30 Registration & Continental Breakfast  
Exhibits & Posters
- 8:30-8:45 Welcome
- 8:45-9:45 KEYNOTE –Suzanne Prevost, PhD, RN, COI,  
President STTI
- 9:45-10:15 Break (Exhibits, Posters & Refreshments)
- 10:15-11:45 Breakout Session I  
A. Research Session  
B. Innovation Session
- 12:00-1:00 Lunch (Exhibitors & Posters)
- 1:00-2:30 Breakout Session II  
A. Research Session  
B. Innovation Session
- 2:30-3:00 Exhibits, Posters & Refreshments
- 3:15-4:00 Speaker: Deborah Velez, GNP, MN, PACT  
Coordinator, VA San Diego
- 4:00-4:30 Debrief the Day, Raffle

### FRIDAY PROGRAM 11/2/12

- 7:30-8:30 Registration & Continental Breakfast  
Exhibits & Posters
- 8:30-8:45 Welcome
- 8:45-9:45 KEYNOTE – Linnea Axman, DrPH, FAANP,  
CSU San Marcos
- 9:45-9:55 Poster Awards
- 9:55-10:15 Break (Exhibits, Posters & Refreshments)
- 10:15-11:45 Breakout Session I  
A. Research Session  
B. Innovation Session
- 12:00-1:00 Lunch (Exhibitors & Posters)
- 1:00-2:30 Breakout Session II  
A. Research Session  
B. Innovation Session
- 2:30-3:00 Exhibits, Posters & Refreshments
- 3:15-4:00 Speaker: Kathy Dunn, CNS, RN, SCI  
Rehabilitation Case Manager, VA San Diego
- 4:00-4:30 Summation and Raffle

## “ Give Back To Move Forward: A Call to Action”

NOVEMBER 1 & 2, 2012

### Conference Objectives:

1. Promote the goals of the society, to increase nurse leaders and scholars.
2. Provide an avenue for dissemination of research, clinical, and educational topics.
3. Utilize role models to encourage excellence in students and colleagues of nursing.
4. Increase networking opportunities and promote collegiality among local chapters.
5. Encourage nurses to spread their influence globally to effect positive health care change.

### HOTEL INFORMATION:

**Double Tree by Hilton Ontario Airport**  
**222 North Vineyard Avenue, Ontario, California 91764**

For reservations, call 1-866-445-4454 to book, modify, or cancel a reservation. You may also book your reservation online at [Hilton.com](http://Hilton.com) or the website at <http://doubletree3.hilton.com>. The convention room rate is \$109.00 plus tax. Group Convention Cue is SIG. If room block is sold out contact [marlene.s.ruiz@kp.org](mailto:marlene.s.ruiz@kp.org) to investigate increasing the size of the room block.

**Note: Dress is Business casual. Due to the lack of control for the ambient temperature, we recommend you bring a light sweater or jacket for your comfort.**

**REGISTRATION:** Tear off and return this section with registration fee. Everyone who registers with a postmark by October 5, 2012 will get their name entered into a contest drawing. The winner will get their registration fees reimbursed. Make checks payable to: So. Ca. STT Research Fund. Mail to Marlene Ruiz, 1574 Penasco Rd., El Cajon, CA 92019. FOR SAME-DAY REGISTRATION, ADD \$25.00 PER DAY FOR REGISTRATION FEES.

For more information about the conference check web page <http://gammagamma.sdsu.edu/> or <http://www.omicrondelta.net/> or e-mail: [marlene.s.ruiz@kp.org](mailto:marlene.s.ruiz@kp.org)

Cancellation Policy: No refunds for cancellations after October 18, 2012.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: Home ( \_\_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail: \_\_\_\_\_

STTI Member  Yes  No Chapter \_\_\_\_\_

If student, identify school:

Check one:	Thursday	Friday	Both days
RN	<input type="checkbox"/> \$150	<input type="checkbox"/> \$150	<input type="checkbox"/> \$275
Student	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75	<input type="checkbox"/> \$140
Retired RN (Non-working)	<input type="checkbox"/> \$80	<input type="checkbox"/> \$80	<input type="checkbox"/> \$150

*Includes program proceedings, continental breakfast, lunch, breaks and contact hours.*

*Provider approved by the California Board of Registered Nursing, Provider #00788 for 7.5 contact hours/day*

Vegetarian Meal Please  First time attendee?  Yes  No

How did you hear about Odyssey 2012?  E-mail  Chapter Website  STTI Website  Flyer

## AZUSA PACIFIC UNIVERSITY DEDICATES EIGHT FAITH COMMUNITY NURSES

By: Deborah Ringen MSN, RN, FCN

Following the traditions of religious women such as Phoebe, Fabiola and Florence Nightingale who cared for the sick, and downtrodden with love and compassion, eight nurses were dedicated as Faith Community Nurses March 26, 2012! The dedication was the culmination of an eleven-week continuing education course offered by Azusa Pacific University (APU). The Foundations of Faith Community Nursing, a curriculum of the International Parish Nurse Resource Center, was taught by Deborah Ringen MSN, RN, FCN at the APU Ventura County Regional Center in Oxnard, CA. St. John's Regional Medical Center (SJRMC) hosted the dedication ceremony and dinner. Iota Sigma generously donated funds to help with the decorations, flowers and pins for the dedication. All who participated in the class are grateful for the generosity offered by Iota Sigma and SJRMC and the support of APU!

Laurie Eberst, President & CEO of St. John's Hospitals and George West, Vice President, Mission Integration for St. John's Hospitals congratulated the nurses on their achievement and encouraged efforts to expand the practice of faith community nursing in Ventura County. Fr. Calin Tamian, Manager of Spiritual Care at St. John's, offered each new faith community nurse, and other faith community nurses in attendance, the Blessing of the Hands followed by a beautiful prayer. Sue Meagher BSN, RN, FCN, a previous parish nurse student at APU, and Deborah Ringen, awarded the nurses their Faith Community Nurse pin and certificate in the sacred setting of the SJRMC Chapel. All in attendance were treated to a beautiful hymn titled, "Spirit of St. Francis" composed and sung by Jan Ingram BSN, RN, FCN Coordinator for Cottage Hospital Santa Barbara.

The Faith Community Nurse is a registered nurse who facilitates the whole person health of a congregation and in so doing reclaims the healing ministry of the church or synagogue. The Foundations of Faith Community Nursing introduces participants to the four major concepts of faith community nursing: the spiritual dimension, professionalism, wholistic health, and community. The participants in this class came from a variety of nursing backgrounds including: home health, hospice, family nurse practitioner practice, emergency room, mental health and faith community nursing at local hospitals. The faith traditions represented included Unitarian Universalist; Center for Spiritual Living; Catholic, United Church of Christ; Real Life Church and Bible Fellowship Church. Each nurse had the opportunity to offer the weekly devotional involving the class in traditions of various faith communities. Many appreciated learning more about the traditions of their peers.

Modules on the history and philosophy of faith community nursing, prayer, self care, healing and wholeness, ethics, legal issues, ways to begin your ministry, communication, collaboration, health promotion, family violence, suffering grief and loss, community assessment, resources, advocacy and care coordination provided a rich variety of learning experiences and opportunities to learn and grow together through sharing. One nurse commented that coming to the class each night felt like a weekly retreat! Others marveled in the opportunity for personal growth and development of a stronger sense of her spirituality and faith.

The Foundations of Faith Community Nursing will be offered again soon. If you are interested, and would like further information please contact Deborah Ringen at [dringen@lmvna.org](mailto:dringen@lmvna.org) or Marilyn Klakovich, Director of Continuing Education at [MKlakovich@apu.edu](mailto:MKlakovich@apu.edu).



## AZUSA PACIFIC UNIVERSITY DEDICATES EIGHT FAITH COMMUNITY NURSES, CONTINUED FROM PAGE 8



*Pictured Left to right: Deborah Ringen, Denice Barr, Elly Walters-Bible, Rheina Rogart, Karen Hillman, Anneka Stickers-Veras, Wendy Amaro. Not pictured: Jill Forman, Michele Cooke.*



*Fr. Calin blesses the hands of Rheina Rogart.*



*FCN Class Jan.-March 2012*

*Top row, left to right: Wendy Amaro, Michele Cooke, Jill Forman, Denice Barr, Karen Hillman.  
Front row: Rheina Rogart, Elly Walters-Bible, Anneka Stickers-Veras*

## HOSPICE AND PALLIATIVE NURSE ASSOCIATION MEETING (HPNA)

By: Michelle Becker RN MSN AND CHPN, Iota Sigma Member

HPNA is a nationally recognized organization that provides individual membership for nurses working in the specialty of palliative nursing across the life span continuum. Membership provides resources, support, and encourages certification for advanced practice nurses (APN), registered nurses (RN), licensed practical nurses (LPN), and nursing assistants (NA) caring for chronically critically and terminally ill patients and families. In fact, this is the only nursing organization that promotes specialty certification from the nursing assistant to the APN.

The Los Angeles Regional Chapter (LARC) of HPNA held its quarterly meeting at Azusa Pacific University on March 27 2012. The focus of this meeting was to discuss the Institute of Medicine's (IOM) recommendation for nursing education and dialogue how palliative nurses can be an integral part of health care reform. Due to the vast number of Americans aging daily, palliative nurses were encouraged to continue their education, receive advanced degrees, and increase the visibility of palliative nursing research. LARC-HPNA is diligently working to encourage membership and networking through leadership development and education. Each quarterly meeting focuses on a specific topic that promotes clinical competence or engages the membership to think of positive ways to influence health care practices. LARC-HPNA is grateful to Iota Sigma and APU for supporting and sponsoring their March meeting.



## UNIVERSITY OF THE PHILIPPINES (UP) HONOR SOCIETY OF NURSING HOLDS COLLOQUIUM ON ADVANCED PRACTICE NURSING (APN) AND INDUCTS NEW MEMBERS

The University of the Philippines Honor Society of Nursing (UP HSN), in collaboration with the UP College of Nursing (UPCN), hosted a colloquium entitled, “Paving the Way for Advanced Practice Nursing in the Philippines”, on March 14, 2012 at the JV Sotejo Hall Seminar Room. The colloquium was well-attended by nursing leaders in the Philippines including Ms. Kathleen Fritsch, WHO-WPRO Regional Adviser for Nursing, and members of the Board of Nursing, deans and faculty of nursing schools. It featured the presentation, “Current Status and Strategic Directions for Advanced Practice Nursing in the Philippines”, by Vanessa Manila, assistant professor at UPCN and member of UP HSN.

The Philippine Nursing Law (R.A. No. 9173) and related Board of Nursing resolutions have general and specific stipulations which permit elements of Advanced Practice Nursing (APN) to exist in the country. While these policies launched the system on how a clinical specialty certificate can be acquired, gaps remain in terms of roles and scope of practice. Different institutions implement varying practice policies, career tracks, and recognition of roles. Asst. Prof. Manila presented three studies which provided a global overview of APN, local application of policies, and evaluation of actual nurses in practice and related factors. This was followed by her analysis on the gaps between the local scenario vis-à-vis the common global practices. She then outlined the critical factors identified and ended her presentation with the recommended strategic directions for a full application of Advanced Practice Nursing in the Philippines.

The presentation served as the take-off point for a substantial discussion on advanced practice nursing moderated by the UP HSN President Dr. Josefina Tuazon. It became not just a venue for exchange of ideas to promote and strengthen evidence-based practice in nursing but also to engage collaboration among nursing specialty organizations to facilitate nursing research and development in the country. It also paved the way to the drafting of a “Position Paper on Advanced Practice Nursing in the Philippines” forwarded to the Board of Nursing and the Philippine Congress wherein revisions of the Philippine Nursing Law are being deliberated.

After the colloquium, the Honor Society then inducted 15 new members in a ceremony led by UPM Chancellor Manuel B. Agulto. The induction ceremony included a welcome message from Dr. Josefina Tuazon, a brief presentation on the UP HSN milestones as a pre-chapter of STTI, and inspirational message from the Chancellor. It was followed by the Honor Society Business Meeting that culminated in the adoption of Honor Society Bylaws.

The UP HSN was established on July 16, 2008 with the assistance and ambassadorship of Lourdes Salandanan of Iota Sigma Chapter of Sigma Theta Tau International. It aims to provide global opportunities for professional advancement, leadership, scholarship and networking. Membership to UP HSN adheres to Sigma Theta Tau International (STTI) standards. Dr. Josefina A. Tuazon was elected

## HPSN COLLOQUIUM INDUCTS NEW MEMBERS, CONTINUED FROM PAGE 11

founding President with Dr. Cora A. Añonuevo, Dr. Lourdes Marie S. Tejero, Prof. Lydia T. Manahan, Dr. Araceli O. Balabagno, and Dr. Bethel Buena P. Villarta as Board of Directors. Dr. Tejero was also elected President Elect.

The Honor Society was accepted as a pre-chapter of STTI. If successful, it will be the first STTI chapter in the Philippines. Lourdes Salandanan and Iota Sigma Chapter continue to mentor and support the journey of this new chapter.



HPHSN COLLOQUIUM INDUCTS NEW MEMBERS, CONTINUED FROM PAGE 12



## DNP PROGRAM AT AZUSA PACIFIC UNIVERSITY

By: Marcia Harris-Luna, FNP-C, CPNP, IBCLC, DNP Student

The American Association of Colleges of Nursing (AACN) is a governing board that sets the standards for advanced nursing practice education and the AACN has adopted the position that by 2015, all advanced practice nurses (APNs) will be prepared at the doctoral level. The Doctorate in Nursing Practice (DNP) has become the terminal degree for nursing clinical practice. However, APNs may choose to pursue a PhD or other nursing doctoral degrees as well. The AACN realizes that with the complexity of our patient population, APNs should have the highest level of practice expertise and scientific knowledge in order to meet the needs of our patients. The purpose of the DNP program is to prepare the advanced practice nurse to translate research into practice; to evaluate evidence-based research, to assess the needs of specific populations, and to make decisions in the clinical practice setting and community that directly affect patient care and outcomes.

As a DNP student at Azusa Pacific University (APU), and as part of the first DNP cohort, I am very proud to be part of this evolution in nursing practice. The faculty at APU is amazing! We are learning from faculty who are scholars and experts in their fields, and yet we know that the faculty are invested in our success and support us tremendously. The DNP program is challenging, but absolutely manageable—even with a full-time job and family. I have found that keeping God in the center of my life and maintaining a balanced life with my family and friends has made this program a blessing in my life instead of enveloping my life. I would highly recommend the DNP program at APU to any advanced practice nurse who wishes to earn this valuable degree in a spiritual, scholarly, and supportive environment.

## MEMBERS “IN THE NEWS”

### PUBLICATIONS

**An article written by Dr. Shyang-Yun Pamela K Shiao, School of Nursing, and colleagues, was published in an international journal.**

**Shiao, S.P.K.,** Hutto, N.N., Andrews, C.M., & Lucke, K.T. (2011). Creating a healthy work environment for nursing practice and education: Leadership impact on nursing and healthcare work environment. *International Journal of Work Organisation and Emotion*, 4(3/4), 301-321.

Abstract of the article from the journal’s publisher in England.

“Leadership and management of ethical dilemmas set the overall tone of the organisation where nurses and healthcare members work. Numerous reports cite the nursing profession is facing leadership and management crisis related to healthy work environment. In this paper, we will examine the impact of ethical leadership on work environment. Problematic leadership behaviours are analysed in relation to the health of the individuals and the workplaces. Different leadership styles are reviewed in relation to the outcomes of healthy and productive workplaces. Practical suggestions will be made, connecting learning environment for the next generations of nurses and healthcare members.”

**An article written by Dr. Sheryl Tyson, School of Nursing, was published in a journal. The research on which the article was based was funded by a national grant.**

**Tyson, S.Y.,** (2012). Developmental and ethnic issues experienced by emerging adult African American women related to developing a mature love relationship. *Issues in Mental Health Nursing*, 33:39-51. doi:10.3109/01612840.2011.62081

Abstract

This qualitative study explored perspectives of emerging adult African American women on the development of mature love relationships. Inductive analysis of focus group interviews, conducted with a purposive sample of 31 African American women, yielded themes related to relationship goals and characteristics, and interpersonal and societal challenges to finding the right partner and developing a mature love relationship. Core categories that emerged from analysis of the discussions were (1) age and relationship goal differences within the emerging adult group, (2) mature love relationship goals and characteristics, (3) interpersonal obstacles to finding the right partner, and (4) societal obstacles to finding the right partner. Two approaches – black womanist/feminist thought (Collins, 2000; Walker, 1983) and relationship maturity theory (Paul & White, 1990) – were then combined to explain the influence of historic and contemporary interpersonal and societal factors on developmental and ethnic issues that challenge positive gender identity

## MEMBERS IN THE NEWS, CONTINUED FROM PAGE 15

formation, hasten intimacy maturity, and hinder the development of mature love relationships among emerging adult African American women. For these women, premature responsibility, especially early caregiver burden, was related to the early development of intimacy capacity and the desire for a mature love relationship, to be protected, and to have someone to help carry the load. Interracial dating, negative stereotypic images of African American women, and even positive images of enduring black love relationships posed difficult challenges to positive identity formation and intimacy maturity. A primary challenge was to counteract negative stereotypic images, so that they could develop their own self-identities as women and as relationship partners. This research was supported by the National Institutes of Health, National Institute of Nursing Research grant #K01NR008666.

\* \* \*

## PRESENTATIONS

**A paper and a keynote address were presented by Dr. Vicky Bowden, School of Nursing, at a state conference.**

**Bowden, V.**, (2012, May). Balancing reality and research: *Where does evidence-based practice fit in?* Paper and keynote address presented at the 26th annual conference of the Southern California Chapter of the Association of Pediatric Hematology/Oncology Nurses. Indian Wells, CA.

**A poster prepared by Professor Julie Pusztai, School of Nursing, was presented at a convention and was recognized with a reward.**

**Pusztai, J.**, (2012, March). *Tug-of-War: Placement decision-making for family members with Alzheimer's*. Poster presentation at the Annual Postgraduate Convention of Loma Linda School of Medicine, Loma Linda University. Awarded second place in 'Clinic (Other)' category. Loma Linda, CA.

\* \* \*

## GRANT

**A proposal written and submitted by Dr. Felicitas Dela Cruz, School of Nursing, was granted a significant fund to support a program in the School of Nursing.**

**Dela Cruz, F.** (2012, April) (Recipient). A grant of \$192,000 from the Office of Statewide Health Planning and Development, Song Bown Funds, was awarded to the School of Nursing for the support of the Entry Level Master's Program at the Azusa Campus.



## MEMBERS IN THE NEWS, CONTINUED FROM PAGE 16

**Julia Pusztai** was featured in the March, 2012 Research Reporter for APU faculty because she received \$7,500 from the Kaiser Permanente Community Benefit Grants Program. The funding will allow the NWC to continue providing primary prevention and health promotion services to the community of Azusa and residents of the surrounding communities.

\* \* \*

### ADVANCED DEGREES

Iota Sigma member, **James F. Martinez**, graduate of the APU RN to BSN program, was recently accepted into the Kaiser/CSUF Certified Registered Nurse Anesthetist (CRNA) program. He is one of 38 nurses selected out of a pool of 500 applicants.

## 2012-2013 IOTA SIGMA CALENDAR

JUNE '12						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**1**      **Transition Meeting**

JULY '12						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**4**      **Independence Day**  
**30-31**      **INRC, Brisbane, Australia**

AUGUST '12						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**20**      **ELM Mentorship Dinner TBD**  
**1-3**      **INRC, Brisbane, Australia**

SEPTEMBER '12						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**3**      **Labor Day**  
**10**      **Board Meeting**  
**20-22**      **Leadership Forum, Indianapolis**

OCTOBER '12						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**8**      **Board Meeting / Member Networking Dinner**

NOVEMBER '12						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**1-2**      **Odyssey Conference**  
**Ontario, CA**  
**11**      **Veterans Day**  
**12**      **Board Meeting**  
**14**      **Career Forum**  
**22-23**      **Thanksgiving Break**

DECEMBER '12						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**10**      **Board Meeting**  
**14**      **Induction / Pinning**  
**17-31**      **Winter Break**  
**31**      **New Year's Eve**

JANUARY '13						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**1**      **New Year's Day**  
**1-6**      **Winter Break**  
**14**      **Board Meeting**  
**21**      **M.L. King Jr. Day**

## 2012-2013 IOTA SIGMA CALENDAR

		FEB '13						
S	M	T	W	Th	F	S		
13	<b>Information Meeting &amp; Freshman Welcome + Board Meeting</b>						1	2
15	<b>Presidents Day</b>							
	3	4	5	6	7	8	9	
	10	11	12	13	14	15	16	
	17	18	19	20	21	22	23	
	24	25	26	27	28			

		MARCH '13								
S	M	T	W	Th	F	S				
					1	2		10	<b>Daylight Savings Time Begins</b>	
	3	4	5	6	7	8	9	11	<b>Board Meeting</b>	
	10	11	12	13	14	15	16	25-29	<b>Spring Break</b>	
	17	18	19	20	21	22	23	31	<b>Easter</b>	
	24	25	26	27	28	29	30			
	31									

		APRIL '13						
S	M	T	W	Th	F	S		
4	<b>Research Symposium &amp; Annual Meeting</b>						5	6
8	<b>Board Meeting</b>							
TBD	<b>Spring induction</b>							
		1	2	3	4			
	7	8	9	10	11	12	13	
	14	15	16	17	18	19	20	
	21	22	23	24	25	26	27	
	28	29	30					

		MAY '13								
S	M	T	W	Th	F	S				
			1	2	3	4		3	<b>Pinning</b>	
	5	6	7	8	9	10	11	13	<b>Board Meeting</b>	
	12	13	14	15	16	17	18	27	<b>Memorial Day</b>	
	19	20	21	22	23	24	25			
	26	27	28	29	30	31				

		JUNE '13						
S	M	T	W	Th	F	S		
TBD	<b>Transition Meeting</b>						1	
	2	3	4	5	6	7	8	
	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	
	23	24	25	26	27	28	29	
	30							

		JULY '13								
S	M	T	W	Th	F	S				
	1	2	3	4	5	6		4	<b>Independence Day</b>	
	7	8	9	10	11	12	13	TBD	<b>INRC</b>	
	14	15	16	17	18	19	20			
	21	22	23	24	25	26	27			
	28	29	30	31						