

Applying Individualization Talents in Academics

These insights and action ideas can help you apply Individualization talents to achieve in various aspects of your academic life.

General Academic Life

- Build on your curiosity about people by observing the different ways in which people learn and process information.
- Read, read, read about people. Their uniqueness fascinates you.
- Constantly observe those around you, seeing how your talents make you similar to each other, yet different.
- Study various cultures. Their uniqueness will intrigue you.

Study Techniques

- Establish a study group with people who possess a wide variety of talents and perspectives, thereby expanding your own horizons and viewpoints.
- As you read a novel, take notes about how the author vividly sets up the uniqueness of each character.
- Note how your style of learning, studying, writing papers, and taking tests compares to others. You will learn about some of the natural differences between people.
- As you read about well-known people, make a chart listing specific differences among them. This will hone your observation talents.

Relationships

- See the great talents in people, and encourage people to follow their own dreams. Help them understand and maximize the power of their talents.
- Help your friends and classmates see and appreciate the similarities and uniqueness in each other.
- Create small support systems, using your Individualization talents to determine who might benefit from another's insights.

Class Selection

- Enroll in classes about people, such as literature, sociology, and psychology.
- Choose classes that promote discussion, bringing out varying beliefs from students.
- Choose professors who allow students to make choices regarding their own learning.

Extracurricular Activities

- Be a mentor. You will pinpoint people's unique qualities and encourage them to follow their own paths.
- Seek peer-counseling opportunities that make use of your ability to know each person as an individual.
- Keep a journal that includes specific observations about individual people. Write some feature articles about people on campus for the school newspaper.

Copyright © 2010 Gallup, Inc. All rights reserved.



StrengthsQuest™