Applying Restorative Talents in Academics

These insights and action ideas can help you apply Restorative talents to achieve in various aspects of your academic life.

General Academic Life

- Read the syllabus when you get it, and attack assignments or areas that you consider problematic.
- Do not let an unexpectedly low grade defeat your spirits. Learn how to more effectively apply your greatest talents.
- Think about school as a way to improve yourself. You will increase your motivation, particularly
 if you reflect on your progress.

Study Techniques

- Make a list of ways in which you can apply your most powerful talents to improve in each class.
- Ask your professors what your weaknesses are, and create support systems or complementary partnerships through which you can manage them.
- Research every missed test question to determine your gaps in knowledge, and fill those gaps.

Relationships

- Let others know that you enjoy fixing their problems.
- Ask friends for honest feedback about your weaknesses.
- Build relationships with people who appreciate your ability to help them identify problems.

Class Selection

- Select classes that emphasize case solutions.
- Select classes in which you learn to solve problems.
- Choose classes led by a professor who wants to fix things.

Extracurricular Activities

- Raise money for the disadvantaged.
- Organize a club that tackles and solves social issues on campus.
- Join an organization in which you can restore something to its original condition.

Copyright © 2010 Gallup, Inc. All rights reserved.