



Academic Map
BACHELOR OF SCIENCE IN KINESIOLOGY-APPLIED EXERCISE SCIENCE
2021-22 Catalog

YEAR	X/1P/Term	FALL SEMESTER	X/1P/Term	SPRING SEMESTER	Advising Notes
ONE		KIN 102 Foundations of Kinesiology 2		BIOL 230 Anatomy and Physiology I 4	
		*Writing 1: WRIT 110 The Art and Craft of Writing 3		KIN 270 Human Motor Control, Learning, and Development 3	
		*GE 100 First Year Seminar (Kinesiology Topic) 3		*Social Sciences: PSYC 110 OR PSYC 290 3	
		*MIN 108 Christian, Life, Faith & Ministry 3		*PE/Fitness for Life/Varsity Sport: FFL 131 Kinesiology 1	
		*Quantitative Literacy (Math 110 or 130 recommended) 3		*UBBL 100 Exodus/Deuteronomy 3	
		UNITS = 14		UNITS = 14	
TWO		*Natural Science: BIOL 231 Anatomy and Physiology II 4		KIN 242 Fundamental Principles of Fitness 3	
		KIN 275 Biomechanics of Human Movement 3		*Writing 2: WRIT 241 Physical Activity & Health Promotion 3	
		*UBBL 230 Luke/Acts 3		*†Foreign Language 2 3	
		*†Foreign Language 1 3		*Philosophy 3	
				*Oral Communication 3	
		UNITS = 13		UNITS = 15	
THREE		KIN 363 Physiology of Exercise 4		(Select one) KIN 366, 372, KIN 380 OR KIN 473 3	
		KIN 364 Kinesiology 4		KIN 360 Nutrition for Exercise and Sport 3	
		KIN 395 Fitness Management 3		KIN 306 OR PSYC 330 3	
		*Upper Division Bible Course 3		*Humanities: Literature 3	
				*Theology 3	
		UNITS = 14		UNITS = 15	
FOUR		*Writing 3: KIN 490 Research Methods in Kinesiology 3		KIN 478 Senior Prep in Kinesiology 2	
		*Integrative & Applied Learning: KIN 495 Internship 2		*Humanities: History 3	
		*Humanities: Fine Arts 3		*Intercultural Competence 3	
		*Civic Knowledge & Engagement 3			
		UNITS = 11		UNITS = 8	

*Students must earn a C-, or better, in all bolded courses to progress in the degree and must maintain a cumulative GPA of 2.0

*BIOL 250/251 are approved for Anatomy and Physiology program requirements (Note: Additional pre-reqs are needed)

*For undergraduate students, the minimum requirement for the Bachelor of Science degree is 120 units