

B.S. in Kinesiology - Applied Exercise Science - 104 units
Revised for 2019-20 Catalog

Student Name _____

ID # _____

AES Semester 1	Total Units	14	AES Semester 2	Total Units	13
___ KIN 102 Foundations of Kinesiology		2	___ KIN 220 Emergency Care and Clinical Skills		3
___ WRIT 110 Writing 1: The Art and Craft of Writing		3	___ BIOL 230 Anatomy & Physiology 1		4
___ GE 100 First Year Seminar		3	___ PSYC 110 or 290 (Social Science)		3
___ MIN 108 CLFM		3	___ UBBL 100 Exodus/Deuteronomy		3
___ Quantitative Literacy (Math 110 or 130 recommended)		3			
AES Semester 3	Total Units	14	AES Semester 4	Total Units	15
___ BIOL 231 Anatomy & Physiology 2 (Natural Science)		4	___ KIN 242 Fundamental Principles of Fitness		3
___ FFL 131 Fitness for Life: Kinesiology (Phys Education)		1	___ KIN 290 Human Movement Science		3
___ UBBL 230 Luke/Acts		3	___ WRIT 241 Phys Act & Health Prom (Writing 2)		3
___ Foreign Language Proficiency 1		3	___ Foreign Language Proficiency 2		3
___ Oral Communication		3	___ Philosophy		3
AES Semester 5	Total Units	14	AES Semester 6	Total Units	15
___ KIN 363 Physiology of Exercise		4	___ KIN 366, KIN 372, KIN 380 or KIN 473		3-4
___ KIN 364 Kinesiology		4	___ KIN 360 Nutrition for Exercise & Sport		3
___ KIN 395 Fitness Management		3	___ KIN 306 or PSYC 330		3
___ UBBL*** Upper Division Bible		3	___ Humanities: Literature		3
			___ Theology		3
AES Semester 7	Total Units	11	AES Semester 8	Total Units	8
___ KIN 490 Research Methods in Kinesiology (Writing 3)		3	___ KIN 478 Senior Prep in Kinesiology		2
___ KIN 495 Internship (Integrative & Applied Learning)		2	___ Intercultural Competence		3
___ Humanities: Fine Arts		3	___ Humanities: History		3
___ Civic Knowledge & Engagement		3	___ Senior Seminar (old GE only)		3

*Revised GE Requirements beginning 2016-17 catalog year

*Students must earn a C-, or better, in all bolded courses to progress in the degree and must maintain a cumulative GPA of 2.5

*BIOL 250/251 are approved in place of BIOL 230/231 (Note: Additional pre-reqs are needed)

*For undergraduate students, the minimum requirement for the Bachelor of Science degree is 120 units

Academic Advising - Faculty Notes