



**Academic Map**  
**BACHELOR OF SCIENCE IN KINESIOLOGY-HEALTH PROFESSIONS**  
**2021-22 Catalog**

YEAR	X/JP/Term	FALL SEMESTER	X/JP/Term	SPRING SEMESTER	Advising Notes
<b>ONE</b>		<b>KIN 102 Foundations of Kinesiology</b> 2		<b>*Social Sciences: PSYC 110 OR PSYC 290</b> 3	
		<b>BIOL 101 or BIOL 151</b> 4		<b>Elective Science (1 of 2)</b> 4	
		<b>*Quantitative Literacy: MATH 130 Intro to Statistics</b> 3		<b>*PE/Fitness for Life/Varsity Sport: FFL 131 Kinesiology</b> 1	
		<b>*MIN 108 Christian, Life, Faith &amp; Ministry</b> 3		<b>*Writing 1: WRIT 110 The Art and Craft of Writing</b> 3	
		<b>*GE 100 First Year Seminar (Kinesiology Topic)</b> 3		<b>*UBBL 100 Exodus/Deuteronomy</b> 3	
		<b>UNITS = 15</b>		<b>UNITS = 14</b>	
<b>TWO</b>		<b>BIOL 230 Anatomy and Physiology I</b> 4		<b>*Natural Science: BIOL 231 Anatomy and Physiology II</b> 4	
		<b>KIN 270 Human Motor Control, Learning, and Development</b> 3		<b>KIN 275 Biomechanics of Human Movement</b> 3	
		<b>*†Foreign Language 1</b> 3		<b>*Writing 2: WRIT 241 Physical Activity &amp; Health Promotion</b> 3	
		<b>*UBBL 230 Luke/Acts</b> 3		<b>*†Foreign Language 2</b> 3	
		<b>*Oral Communication</b> 3			
		<b>UNITS = 16</b>		<b>UNITS = 13</b>	
<b>THREE</b>		<b>KIN 363 Physiology of Exercise</b> 4		<b>(Select one) KIN 366, 372, KIN 380</b> 3	
		<b>KIN 364 Kinesiology</b> 4		<b>KIN 360 Nutrition for Exercise and Sport</b> 3	
		<b>KIN 306, PSYC 330 or PSYC 360</b> 3		<b>*Theology</b> 3	
		<b>*Upper Division Bible Course</b> 3		<b>*Humanities: Literature</b> 3	
		<b>*Intercultural Competence</b> 3		<b>*Philosophy</b> 3	
		<b>UNITS = 17</b>		<b>UNITS = 15</b>	
<b>FOUR</b>		<b>KIN 473 Fitness and Exercise Prescription</b> 4		<b>KIN 478 Senior Prep in Kinesiology</b> 2	
		<b>*Writing 3: KIN 490 Research Methods in Kinesiology</b> 3		<b>Elective Science (2 of 2)</b> 4	
		<b>*Integrative &amp; Applied Learning: KIN 495 Internship</b> 2		<b>*Civic Knowledge &amp; Engagement</b> 3	
		<b>CHEM 101 or 151</b> 4		<b>*Humanities: History</b> 3	
		<b>*Humanities: Fine Arts</b> 3			
		<b>UNITS = 16</b>		<b>UNITS = 12</b>	

\*Students must earn a C-, or better, in all bolded courses to progress in the degree and must maintain a cumulative GPA of 2.0

\*BIOL 101 and CHEM 101 are approved for BIOL and CHEM program requirements

\*BIOL 250/251 are approved for Anatomy and Physiology program requirements (Note: Additional pre-reqs are needed)

\*Elective Sciences: CHEM 123, BIOL 151, BIOL 152, CHEM 151, CHEM 152, PHYC 151, PHYC 152, CHEM 251, CHEM 252, BIOL 220. The first college-level Biology and Chemistry courses taken cannot be used for this category. However, a student can take a higher level course in the same area of study. Example #1: BIOL 151 in first year and BIOL 152 as elective. Example #2: CHEM 151 in first year and CHEM 152 as elective.

\*For undergraduate students, the minimum requirement for the Bachelor of Science degree is 120 units