



SIGMA THETA TAU INTERNATIONAL: IOTA SIGMA CHAPTER NEWSLETTER

SPRING NEWSLETTER | APRIL 2019

Look for us online!

APU Chapter Website: <https://www.apu.edu/iotasigma/>



Newsletter Editor:

Jenny Chuang | RN BSN | Co-Vice President of STTI Iota Sigma Chapter

About the Chapter |

We are Iota Sigma Chapter #232 of Sigma Theta Tau International Honor Society of Nursing.

The mission of the Honor Society of Nursing, Sigma Theta Tau International, is advancing world health and celebrating nursing excellence in scholarship, leadership, and service.

The Iota Sigma Chapter of Sigma Theta Tau International established its charter at Azusa Pacific University in 1988. It was preceded in 1980 by the Nursing Honor Society of Azusa Pacific College. The chapter currently includes approximately 1538 members.

Message from the President

Greetings Iota Sigma Members!

It was so great to meet many of you at our induction ceremony! Congratulations to our newest members. We are so excited to have you be a part of our chapter. We encourage you to volunteer and get involved. If you are interested in becoming a chapter volunteer or student intern, please send me an email:

tmontes@apu.edu

I would like to proudly announce that our chapter was the recipient of three prestigious awards in the Showcase of Regional Excellence (SRE). The SRE is “designed to recognize the good work of chapters in relation to the Presidential Call to Action. Recognition is given at the regional level and spans the course of the biennium” (Sigma, 2019).

Our chapter has received three certificates which can be found in our chapter display case in the SON office. We will also have our chapter name posted on the Sigma website and be recognized during regional meetings at Sigma's 45th Biennial Convention in November 2019! I am so proud of our chapter and want to also give a big **THANK YOU**, to all our board members who have worked so hard to earn this prestige!

This July 2019, marks my two-year anniversary as your chapter president, the exceptional Dr. Patricia Esslin will be your new president beginning July 1, 2019. I am so excited to see what she has in store for us! I know she will do an amazing job. I want to take this time to say how honored and grateful I am to have been given the opportunity to be your president. I have grown personally, professionally, and spiritually. It was the members of our board who have inspired and encouraged me to advance my career further. I truly feel that they were a catalyst in my decision to enroll in APU's MSN-FNP program. I could not have asked for a better group of leaders, role models, and friends. I want to personally thank each one of you:

Dr. Patricia Esslin, Dr. Marilyn Klakovich, Dr. Lynda Reed, Dr. Rose Liegler, Viann Duncan, and Dr. Anita Boling: you all played a crucial part in my professional development. Thank you so much for believing in me and allowing me to lead our chapter, and for providing never-ending support and kindness during my presidency.

Sincerely Your President,

Tiffany Montes, BSN, RN

Iota Sigma members – Annual Chapter Challenge: Donate to *Sigma Foundation for Nursing*

by Dr. Patricia Esslin PhD., APRN-CNS, CNE

President-elect ('17-19)

Once again, a reminder of Dr. P. Palmieri's (Sigma Foundation for Nursing, Board Chair) message, donors and the Sigma Foundation for Nursing "empowers nurses to contribute to our shared global agenda to increase access to high-quality and cost-effective health services." Your donations fund grants and critical resources that make it possible to improve lives and that is what we, as nurses do, improve lives!

Mother Teresa wisely reflected, "we ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop." Let's do more to celebrate nursing and ensure nurses have the tools they need to make a positive impact (Palmieri, 2019).

As we approach 2019 International Nurse's Day, I would like to encourage you to match my personal donation of **\$75** to the Sigma Foundation for Nursing by May 12, 2019, International Nurse's Day. Let's see how much our chapter membership can help the cause this year. You will be recognized as an International Nurses Day Donor by Sigma President Beth Tigges. Make a second donation during the current biennium (2017-2019) and you will be recognized in the President's Circle.

Direct link to Donate today: [Sigma Nursing-Donate Link](#)

(Or <https://www.sigmanursing.org/why-sigma/sigma-foundation-for-nursing/make-a-gift>)

Yet it is more about humans, our patients, our nursing brothers and sisters globally, than personal recognition. It is about health as a human right. The theme of International Nurse's Day 2019 is "Health for all". Nurses are essential in transforming health care and health systems so that no person is left behind. Nurses are a voice to lead and are leading by improving access to care; enabling a people-centered approach to health; and by ensuring their voices are heard in influencing health policy, planning and provision.

In 2019 it is now time to stand together and speak as one. We must speak louder. We need to speak clearer. With the resources that we currently have available to us, it is no longer acceptable to deny any human the right to health care. Make 2019 your year to be a voice to lead for "health for all".

IF 10 individuals meet my initial \$75 donation, we will have a Nurse Week opportunity drawing for a \$25 gift card (provided by me) among the Chapter Member donors; and I will personally donate an additional \$50 donation to the Foundation. Note: Must provide evidence of current donation by May 12, 2019 (Forward your acknowledgement email from Sigma). That would be \$875 total coming from Iota Sigma members! Such an achievable Chapter Challenge goal. Let's do this!

Nurses Are Always Advocating!

Kathy Falco

Nurses are always advocating! Sometimes a nurse advocating for a patient can make the news. In 2017, a nurse in Utah made headlines when she advocated on behalf of an unconscious patient by refusing to let blood be taken from the patient. Alex Wubbles was arrested and dragged out of her workplace in handcuffs. For most nurses, however, advocacy work is often unnoticed or is noticed only by the person it is intended for - the patient.

But as the health care system expands its focus on patient advocacy, nurses need to bring their own advocacy work to the forefront and also lead teams who are advocates for the patient too. When patient advocacy is understood as *an ever-advancing skill set* and not a task to be done, it becomes teachable and actionable.

An advocacy skill set helps to create a connection with patients, often through communication, and many times is learned in the presence of the patient. Many variables play a role in what advocacy actually is for each patient. For example, cultural and language preferences are respected, the patient's perspective on the care received is honored; information is shared timely, and all follow-up needs are addressed especially when there is a delay. Advocacy stands on a foundation of patient safety, ethics, compassion, and can help to improve patient outcomes and the patient experience.

Private patient advocacy is a growing profession. Many advocates are not nurses but individuals whose own health journey, or a loved one's care experience, taught them the deeper challenges of being a patient. In addition, non-clinical and clinical navigator positions are now recognized within hospital systems to help guide and advocate for patients through the numerous departments, procedures, surgeries, etc.

As always, nurses are uniquely positioned to make a difference! Go bigger with your advocacy efforts to serve as a role model and to inspire your team to similarly connect with patients. Keep developing your skill set because ultimately you'll be easing the health care journey and bringing peace of mind each day for someone's mother, brother, daughter, or loved one.

Kathy Falco, MSN, RN '08 was the guest speaker for STTI's induction ceremony held last month. Kathy's previous role as a nurse navigator and now in her own business focuses on patient advocacy.

Sigma's Events Recap

Iota Sigma Chapter Fall 18 Induction - Recap

Iota Sigma held our Fall Iota Sigma Induction Dessert Affair on Friday, November 30th, 2018. We had a well-attended event with 44 out of 107 accepted inductees participating in the special event along with 121 guests, community members (board members/faculty) for a total estimated 209 in attendance. Our event speaker was newly retired Dr. Patricia Frohock Hanes, PhD, MSN, MAED, MS-DPEM, RN, CNE, NEMAA, CSSGB speaking on "Inspiration from our Nursing Heroes". An enlightening topic dear to our hearts. We were also able to induct eight community leaders practicing in the Philippines into our Iota Sigma chapter.

Our Fall '18 fundraising effort was our new Opportunity Drawing in which we raised \$417 for our scholarship program and towards scholarships that are provided to promising students pursuing their nursing education. We also sold some beautiful orchid centerpieces for an additional \$45 towards scholarship. We awarded our annual Phyllis Esslinger Scholarship to a well-deserving High Desert 2+2 BSN nursing student, Adelina Alejos Rivera in the amount of \$1000. As always, congratulations to our newest members! We look forward to having you a be an active part of your vital chapter.

Iota Sigma Chapter: Information/Welcome session February 2019

Iota Sigma held our annual Information/Welcome session on February 13, 2019 in the APU President's Dining Room with 4 Inland Empire LVN-BSN students and 2 BSN students in attendance. These students were eager to hear about the chapter. The purpose of this annual gathering is for an informal meeting of the minds with a goal of connecting and networking. Iota Sigma Chapter Interns and BSN Senior students Jemimah Degala and Lauren Gras shared their message "*Survive, thrive and keep heart*" in nursing school. Attendees were able to ask questions of the board members and our representing student members on many topics. As a bonus, we received great ideas from our guests in attendance.

Spring 2019 Induction – Recap

Azusa Pacific University’s Iota Sigma Chapter held our Spring 2019 Induction on Saturday, March 23rd, 2019 from 10am to noon in Upper Turner Campus Center with a well-attended brunch buffet. Attendance was up from our prior fall induction with 66 inductees of 92 accepted present along with their guests, faculty, board members, and community members for 243 total in attendance. We were honored to induct one of our own, as a community leader, Angel Coaston, RN, MSN, FNP, PHN, Site Director and Assistant Professor in our MSN program at our Inland Empire Regional Campus. Our event speaker was Kathy Falco, MSN, RN, speaking on “Nurses are Always Advocating”. Truly a vital aspect of nursing today.

We held the Induction in conjunction with our annual highly anticipated Silent Auction and



Opportunity Drawing. The purpose of these two components is fundraising for scholarships. The Opportunity Drawing seems to be a hit with attendees! It is always fun to see the wonderful Silent Auction items and strategize your bids. Grand total raised through combined efforts was \$1571. These monies go towards our scholarship program and towards scholarships that will be provided to promising students who are pursuing their nursing education.

Four individual \$1000 scholarships were awarded at our Azusa Spring '19 Induction to the following qualified individuals: 1) Dementeidei Lisa Adegbe (ELM MSN IERC),

2) Nicole Cressy (FNP, MSN), 3) Karen Dahlia (BSN-Azusa), and 4) Karen Vuong (FNP, MSN)



Figure 4: Nicole Cressy
(FNP, MSN)



Figure 2: Dementeidei Lisa
Adegbe (ELM MSN IERC)



Figure 3: Karen
Vuong (FNP, MSN)



Figure 1: Karen Dahlia
(BSN-Azusa)

Respectfully submitted:

Patricia Esslin, President-elect

Debbie Clausen, Co-Vice-President

Kathy Van Allen, Fundraising Chair

Why Sigma?

Jenny Chuang, RN BSN

Co-Vice-President

I had the honor to be inducted into Sigma Theta Tau International Honor Society in my fourth semester in the High Desert Regional 2+2 BSN accelerated nursing program.

At the time, I had completed 50% of the nursing program and was \$35,000+ in debt – the main concern that popped into my head after seeing the invitation was – why sigma? And is it worth it?

I did not know much about this honor society, nor did I know the impact it would have on me a year later. Paying \$130 into a membership I had yet to know much about seemed expensive for a student. However, after speaking with various upperclassmen, mentors and professors, I took the chance and joined. I can say up to today, it was one of the best decisions I have ever made in my life and let me tell you why.

During the induction ceremony, you are introduced to what the organization is all about, and at the same time, you are honored by the organization for your academic achievement. This organization recognizes the hard work you have put in and created a community to recognize those individuals. At the same time, there are various activities you can join, leadership roles you can take a part of, scholarships you can apply for, research articles that you have access to, and more! – all thanks to Sigma!

These may come in handy during your last few semesters in nursing school when you are required to do posters for evidence-based practice projects, APA papers, and the research symposium.

In addition, Sigma helped me obtain my job today! A year ago, I was elected to be the Vice President of Iota Sigma with the hope to be more involved with my community and give back. Throughout the year, I was able to learn a great deal from everyone in the leadership role. Furthermore, throughout my interviews post nursing program, two of the most common questions asked during my interviews were –



-“how have you demonstrated leadership in the nursing aspect?” and

-“what is your involvement with professional nursing organizations?”

I was able to proudly introduce my fellow interviewers what Sigma is, and my role in the chapter. With Sigma being one of the most known organizations in the nursing world, directors and managers generally respond positively when you mention your involvement with Sigma. It makes Sigma a great stepping stone and resource against your competitors.

In addition, there are various sponsorships, scholarships and more that Sigma offers for all their members. The best part is, once you are in Sigma, you are in it for life!

Thus, I highly recommend that all of you encourage your fellow underclassmen, coworkers, classmates, students and friends to join Sigma, if invited. And how impactful it can be to anyone, and everyone.

If anyone has further questions, or would like to talk more about Sigma, feel free to email me at jchuang15@apu.edu

[If you have a story of your own that you'd like to share, please send an email to jchuang15@apu.edu as well.](mailto:jchuang15@apu.edu)

Research Symposium

15th Annual Nursing Research Symposium



In the conference app for the 15th Annual Nursing Research Symposium, *Transforming Nursing through Research*, Dean Aja Lesh noted “Today, however, we are focused on patient care, not directly but indirectly, as we look through a lens that emphasizes the

process of care delivery in the hospital. Nurses have always known the importance of paying attention to the environment in which care is provided. Florence Nightingale, the founder of modern nursing, who served as a manager and trainer of nurses during the Crimean War, addressed the process of care delivery when she said “*Let whoever is in charge keep this simple question in her head (not, how can I always do this right thing myself, but) how can I provide for this right thing to be always done?*” It pays attention to the environment and the systems in which care is delivered. .”



The Research Symposium was established 15 years ago as an ongoing commitment to integrating research into practice. It serves to prepare students and clinicians for the challenges they will face in their careers as nurses. It also creates a wonderful opportunity to encourage both students and clinicians to develop new ways to improve their practice and to work together to share evidence to improve patient care. The Research Symposium stands as an important

annual outreach event for the School of Nursing and is co-sponsored by Iota Sigma. Guests include preceptors, nurses in collaborating health care facilities, and APU students, faculty, and alumni. This year, over 950 students and nurses attended our symposium.



Our keynote speaker was Dr. Kathleen R. Stevens. Her topic was “Operational Failures Experienced by Frontline Medical-surgical Nurses.” Dr. Stevens is well known for her research in the area of utilizing evidence-based interventions for workforce preparation and to improve the quality and safety of patient care. Following her presentation, leading CNO’s from major hospitals in the surrounding area (Deborah McCoy: Methodist Hospital of Southern California, Carol Howland: Kaiser Permanente Baldwin Park Medical Center, Melissa Howard: Citrus Valley Health Partners) reflected on the role of nurse leaders as they deal with the daily challenges of working in a complex healthcare environment. Panel Moderator Dean Aja Lesh asked, “How are their hospitals addressing

process improvement, patient safety, and quality of health care? And how can frontline nurses partner with them to increase the awareness of system failures and improve operational efficiency.”

Other featured speakers included one of our PhD alumni, Dr. Nancy Loos who spoke about listening as a way to enhance quality and safety in the clinical environment and Teri Hollingsworth, vice president for human resources and education at the Hospital Association of Southern California (HASC), who addressed the need for nurses and workforce issues.

A special community award was presented to Dr. Edward Paul Hernández who previously served in the 22nd District of the California State Senate. He chaired the Health Committee and his main legislative priorities were to provide quality and affordable health care to residents in California, increasing access to health care for all Californians, and to expand the role of the nurse in health care. Azusa Pacific University School of Nursing is



Figure 5: Rachel Jensen and Kristen Allstott

grateful to Dr. Hernandez for his many years of community service and his invaluable contributions to improving health care in California.

Patricia Esslin (President-Elect) and Marilyn Klakovich (Research Chair) presented the poster awards. Congratulations to the **Poster Session Award Winners**.

Community Research Category	Hazel M. Ada, RN, PhD-c, Director of Education & Training and Simulation Center Adventist Health White Memorial; adahm@ah.org Ellen D’Errico, RN, PhD, Professor Loma Linda University School of Nursing; Elizabeth Johnston Taylor, RN, PhD, Professor Loma Linda University School of Nursing;	<i>Impact of Nurses’ Sanctification of Work on Work-Related Outcomes and Patient Satisfaction</i>
Community Innovative Category	Sharon Bergeron, RN, BSN CPON sbergeron@choc.org Kara Noskoff, BS, CLS knoskoff@choc.org CHOC Children’s of Orange County	<i>Building the Ideal Adolescent and Young Adult (AYA) Program Model to Empower AYA Cancer Patients to Succeed, Lead and Thrive</i>
PhD	Jessica Weidner, MSN, FNP-BC, WCC, RN jweidner14@apu.edu Marie N. Fongwa, PhD, RN; Vivien Dee, PhD, RN; John Doyle, PhD	<i>Health Perceptions about Hepatitis B Virus Infection Among Young Cambodian American Women</i>
MSN	Diana Escobar, BSN, BA, RN Descobar@apu.edu	<i>The Implementation of Bridge Orders for Admitted patients in the Emergency Room</i>
ELM	Noelle Chiang, ELM Monrovia Student, BS nchiang12@apu.edu Megan Herrera, ELM Monrovia Student, BS meganherrera17@apu.edu Adriana Rego, ELM Monrovia Student, BA arego15@apu.edu Jordan Royer, ELM Monrovia Student, BA jroyer17@apu.edu	<i>Advance Directives at the Department of Motor Vehicles: Lessening the Burden of Families and Honoring the Autonomy of Young Adults in Motor Vehicle Accidents</i>
BSN	Alejandra Barbosa abarbosa16@apu.edu Tania Gomez tgomez16@apu.edu Alejandrina Sandoval asandoval16@apu.edu	<i>Father-Infant-Skin-to-Skin-Benefits</i>

Following the poster awards, Marilyn Klakovich closed the day by inviting practicing nurses to join her on stage to illustrate those who are Transformers of Nursing.

Please plan to attend our 16th Annual Research Symposium in April, 2020!

Submitted by, Marilyn Klakovich, DNSc., RN, NEA-BC

Community Events

Spring 2019 has been a busy time of year for the High Desert Students. Some events that are currently underway is the March for Babies fundraiser. The March of Dimes has a national research study underway in the High Desert and the students are busy raising money for the continued research as to the high mortality rate and morbidity rate for African American babies. For 2016 infant mortality rate for San Bernardino County was 6.4% for all ethnicity and 14.9% for African-Americans. Pre-term (2016) was 9.3% for all ethnicity and 13.1% for African-Americans. Low-birth rate was 7.3% for all ethnicity and 12.3% for African-American babies. So our job is big but together as a community we can make a difference.



Students as well participated in a blood pressure screening at a local Faith-based church. Nursing students were able to work along side a Faith-based nurse, community nurses and a case manager to identify individuals with elevated blood pressure readings. The RNs directed the nursing students and provided an educational experience to the clients in medical follow-up, nutritional guidance and spiritual support.

Another project that the HD

nursing students are involved with is being on the ground floor of developing a community garden with community leaders. The community garden will be built and funded by grants that the students were able to provide data and insight to the importance of food accessibility to the homelessness and to those who need assistance with food accessibility.

Our summer session will be involved with our annual Socks, Shoes and Salvation Foot washing. We are in partnership with community leaders and



are in the process of collecting shoes. If you have gently worn (athletic) shoes, please send your donation to the HD desert campus.

On the 16th of April the HD nursing students will be at the Burning Bush church to participate in a Baby Shower for African American mothers and any other mother who is interested in knowing how to keep themselves healthy along with their babies. Topics include health care access and post partum depression.

Lydia Garcia-Usry RN,DNP (c),PHN
School of Nursing-Instructor
Undergraduate Professional Programs
High Desert Regional Center

News from Inland Empire Regional Center:

The 2nd Annual Community Outreach was held on April 5th, 2019 under the direction of Angel Coaston RN, MSN, FNP, PHN, Site director and Assistant Professor of the APU Inland Empire Regional Campus. Students, staff and faculty from APU IERC School of Nursing joined together to serve the homeless in San Bernardino. We partnered with Frazee Center and provided a Community Foot Washing. 30 Students, 4 Staff and 9 Faculty from APU IERC SON served 77 homeless patrons. We had vendors present such as Mary's Table, Salvation Army, San Bernardino County Public Health Department, and Well of Healing Mobile Medical Clinic to name a few. Patrons received select services identified as needed on that day.

Overall, the students expressed having an "eye opening" experience serving the poor. They served by giving out hygiene kits, socks, shoes, mylar blankets, and food. Some students served on the mobile medical clinic, taking vital signs and providing education about hypertension, skin care and diabetes.



Below are a few pictures that captured this amazing event.



Members' Spotlight

An article written by [Dr. Diana Lynn Woods](#), School of Nursing, and a colleague was published in a journal.

Woods, D. L., & Buckwalter, K. (2018, October). Taking another look: Thoughts on behavioral symptoms in dementia and their measurement. *Healthcare*, 6(4), 126.
doi.org/10.3390/healthcare6040126

Abstract: This article proposes taking another look at behavioral symptoms of dementia (BSDs) both from a theoretical perspective that informs research and practice and from a measurement perspective. We discuss why this rethinking of behaviors impacts current models of care and our ability to better detect outcomes from interventions.

We propose that BSDs be viewed from a pattern perspective and provide some suggestions for how to identify and measure these patterns that can influence the timing and type of intervention. Evidence suggests that BSDs are complex, sequential, patterned clusters of behavior recurring repeatedly in the same individual and escalate significantly without timely intervention. However, BSDs are frequently viewed as separate behaviors rather than patterns or clusters of behaviors, a view that affects current research questions as well as the choice, timing, and outcomes of interventions. These symptoms cause immense distress to persons with the disease and their caregivers, trigger hospitalizations and nursing home placement, and are associated with increased care costs. Despite their universality and that symptoms manifest across disease etiologies and stages, behaviors tend to be under recognized, undertreated, and overmanaged by pharmacological treatments that may pose more harm than benefit.

An article written by [Dr. Janice Haley](#), School of Nursing, was published in a journal.

Haley, J. (2019, January). Parental strengths in caring for their dying child: Long-term follow-up in Kenya. *Journal of Hospice & Palliative Nursing*, 21(1).

Abstract: Research conducted using the Haley Transcultural Strengths Assessment Interview Guide used in several studies has identified eleven sources of strength routinely utilized by parents caring for their child with intensive needs and child in hospice/palliative care. Results of past studies demonstrated this Strengths Guide (SG) interview to be an intervention bringing a heightened realization of the importance and utilization of one's inner strengths. The purpose of this study was to

assess the long-term impact of this SG with a population of parents who participated in a previous study using the SG. This descriptive study was conducted using a quantitative tool, the Personal Strength Rating Scale, comparing the Post-SG interview results with those results obtained 3 years later. Participants in this study were parents caring for a child receiving palliative/hospice care at home in Kenya. Results revealed the long-term retention of strengths following the SG interview 3 years previously was for most sources of strength, equal to or greater than those obtained immediately following the SG.

An article written by **Dr. Sharon Titus**, RN, School of Nursing, and a colleague was published in a journal. Titus, S., & Kataoka-Yahiro, M. (2018, November). A systematic review of barriers to access to care in Hispanics with type 2 diabetes. *Journal of Transcultural Nursing*. Retrieved from <https://journals.sagepub.com/doi/10.1177/1043659618810120#>

Abstract

Introduction: A systematic review was conducted to highlight current barriers to access-to-care for Hispanics with type 2 diabetes (T2D). **Method:** PubMed and CINAHL databases (2010-2015) using PRISMA guidelines. 84 studies were identified, 12 quantitative studies were selected for review remained based on inclusion/exclusion criteria. There were five research questions: (1) What samples/settings were included? (2) What theories guided each study? (3) What were the study aims and (4) designs? (5) What barriers of access-to-care were identified? Barriers were placed into three categories set *a priori*. **Results:** The word “barrier” was in one study aim. Barriers of *self* (92%), *provider* (50%), and *environment* (25%) were identified. Self-care behaviors (diet and exercise), individual resources (cost factors), lack of providers specializing in T2D, and environmental factors affect Hispanics with T2D access-to-care. **Discussion:** These barriers to access underscore current importance to Hispanics with T2D. A follow-up review should be conducted as new barriers are expected to emerge.

A presentation by Dr. Christina Bivona-Tellez, Dr. Elaine Goehner, Karen Soikkeli, MSN, and Casey Wenner, MSN, School of Nursing, was shared at a regional conference.

Bivona-Tellez, C., Goehner, E., Soikkeli, K., & Wenner, C. (2018, June). Challenging the status Quo: ELM nursing students in ambulatory care settings. Poster presented at the Innovations in Ambulatory Care Conference, San Bernardino, CA.

Abstract:

Challenging the Status Quo: ELM Students in Ambulatory Care Setting' Soikkeli, K. (Author & Presenter), Bivona-Tellez, C. (Author & Presenter), Goehner, E. (Chair), Wenner, C. (Author) 11th Annual Ambulatory Symposium: The Power of RE - Kaiser - Garden Grove, CA Placement of Community Health RN students in primary care settings. Re-designed healthcare systems require RN roles to change and be practiced at the top of their scope of practice with an emphasis on population health and prevention in non-acute settings. Improved health outcomes with decreased healthcare costs.

A presentation by Dr. Christina Bivona-Tellez, School of Nursing, and Dr. Kimberly Setterlund, Director of MSW Program, Department of Social Work, was shared at a national conference.

Bivona-Tellez, C., & Setterlund, K. (2019, March). Balancing compassion with ethics: An interprofessional endeavor. Presented at the 6th National Nursing Ethics Conference, UCLA, Los Angeles, CA.

Abstract:

Graduate students from nursing and social work joined members of a mock bioethics committee to observe the functions of an ethics committee, using case-based discussion and application of an ethical framework in decision-making. This interprofessional education (IPE) activity provided

students with an opportunity to learn and apply ethical tools and principles, as well as enhance their understanding of another profession's role, ethics, and responsibilities. Following the committee meeting, students debriefed the IPE activity, and rated their experience as well as its impact on professional practice preparation in health care settings.

A poster presentation by Dr. Christina Bivona-Tellez, School of Nursing, was shared at a state conference.

Bivona-Tellez, C. (2018, February). Intelligent healthcare data: Enhancing capabilities to empower change. Poster presented at the Association of California Nurse Leaders Annual Meeting, Monterey Convention Center, Monterey, CA.

Abstract:

This presentation will provide an opportunity for nurse leaders to develop an understanding of BI and Data Visualization, learn current business intelligence (BI) tools and best practices applications in different healthcare settings. Communication of key information in a timely fashion throughout the organization is essential. Leveraging data visualization capitalizes on the brain's ability to process information and visually is significantly superior to reading reports and spreadsheets. The brain is hardwired to interpret visual information, perceive meaningful patterns, data relationships, structures, and outliers. Visually represented data contained in BI reports enables data sharing, and allows sharing insights regarding the data, collaborate on what further analysis may be needed, and what response is needed. Objectives of the presentation are to become familiar with the top BI and Data Visualization tools used in health care. Also to be familiar with how the compare and contrast with each other.

Nursing Tips



Tips to survive, thrive and keep heart in nursing school:



1. Don't rush through your time as a student
2. Organization can make a big difference
3. Take initiative for your own learning
4. Make self-care a priority
5. Take advantage of having professors who care
6. Find your study style and stick with it
7. Comparison is the thief of joy
8. You were put here for a purpose, don't lose heart



“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” Philippians 1:6

By: Lauren Gras (APU Nursing Student)

Chi Mu//California Baptist University

Gamma Alpha//Loma Linda University

Gamma Gamma//San Diego State University

Gamma Tau at Large//University of California,

Los Angeles & CSU, Northridge

Iota Eta//CSU, Long Beach

Iota Sigma//Azusa Pacific University

Nu Mu//CSU, Los Angeles

Omicron Delta//University of Phoenix

Phi Alpha//Western University of Health Sciences

Phi Theta//CSU, San Marcos

Psi Theta at Large//Concordia University & Vanguard University

Rho Beta//CSU, San Bernardino

Upsilon Beta //CSU, Fullerton

Xi Theta // CSU,Dominguez Hills

Zeta Mu// Point Loma Nazarene University &



SAVE THE DATE!

October 10 and 11, 2019

SIGMA THETA TAU INTERNATIONAL

LOCATION:

Double Tree by Hilton Ontario Airport

222 North Vineyard Avenue

CALL FOR ABSTRACT INFO:

DEADLINE TO SUBMIT

MAY 31, 2019

Grant Opportunities

7/1/2019	Nursing	Sigma Theta Tau International (STTI) – Doris Bloch Research Award. http://www.sigmanursing.org/advance-elevate/research/research-grants/doris-bloch-research-award	Registered Nurses	\$5,000
4/29/2019	Nursing	Rita and Alex Hillman Foundation – Hillman Emergent Innovation Program. http://www.rahf.org/grant-programs/emergent-innovation-program/RFP	Faculty	\$50,000
4/29/2019	Nursing	Rita and Alex Hillman Foundation – Hillman Serious Illness and End of Life Emergent Innovation. http://www.rahf.org/grant-programs/emergent-innovation-serious-illness-end-of-life/RFP	Faculty	\$50,000
5/1/2019	Nursing	Sigma Global Nursing Excellence (SGNE) - Sigma Foundation for Nursing/American Nurses Foundation Grant. https://www.sigmanursing.org/advance-elevate/research/research-grants/american-nurses'-foundation-grant-(anf)	Registered Nurse, Grad Student	\$7,5000

The Western Conservancy of Nursing History

cordially invites Iota Sigma members to

An Evening with Florence Nightingale

Thurs, May 9 at 7 pm, Monrovia Campus #117,

606 E Huntington Dr, Monrovia 91016

In celebration of Nurses' Week, the Western Conservancy of Nursing History (WCNH) will present a live reenactment of Florence Nightingale by Dr. Connie Brehm, APU School of Nursing Professor Emeritus. This one-woman drama replete with costume, props, and visuals carries the audience back to the 19th century to the life and times of Florence Nightingale, renowned for her heroic service in British Army Hospitals during the Crimean War where she was the first to apply principles of public health and statistics in a healthcare setting. Her strong commitment to high standards for nursing practice at St. Thomas Hospital of London and her founding of the Nightingale School of Nursing contributed to her reputation as the Mother of Modern Nursing. Dr. Brehm developed her characterization of Miss Nightingale as a volunteer storyteller for the American Association of University Women (AAUW) Tehachapi Mountain Branch during Women's History Month (March) leading to over a dozen performances for local schools and community groups.

In celebration of Nurses Week (May 6-12) and in recognition of Florence Nightingale's birthday (May 12) WCNH offers *An Evening with Florence Nightingale* to the APU Nursing Community on Thurs, May 9 at 7 pm at the School of Nursing Monrovia Campus #117 at 606 E. Huntington Drive, Monrovia, CA 91016. Admission is free and open to anyone with an interest in nursing history. No RSVP required. For more information call 626-815-5386.

Azusa Pacific University School of Nursing is an approved provider by the California Board of Registered Nursing. This event is provider approved for one (1) contact hour-- CEP# 02722.

		APRIL '19						
		S	M	T	W	Th	F	S
4 10	Research Symposium Board Meeting		1	2	3	4	5	6
		7	8	9	10	11	12	13
		14	15	16	17	18	19	20
		21	22	23	24	25	26	27
		28	29	30				

		MAY '19								
		S	M	T	W	Th	F	S		
					1	2	3	4		
8	Board Meeting	5	6	7	8	9	10	11		
		12	13	14	15	16	17	18		
		19	20	21	22	23	24	25		
		26	27	28	29	30	31			

		JUNE '19						
		S	M	T	W	Th	F	S
								1
14	Transition Meeting	2	3	4	5	6	7	8
		9	10	11	12	13	14	15
		16	17	18	19	20	21	22
		23	24	25	26	27	28	29
		30						

		JULY '19								
		S	M	T	W	Th	F	S		
			1	2	3	4	5	6		
4 25-29	Independence Day International Nursing Research Congress Calgary, Canada	7	8	9	10	11	12	13		
		14	15	16	17	18	19	20		
		21	22	23	24	25	26	27		
		28	29	30	31					

		AUGUST '19						
		S	M	T	W	Th	F	S
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		4	5	6	7	8	9	10
		11	12	13	14	15	16	17
		18	19	20	21	22	23	24
		25	26	27	28	29	30	31

		SEPTEMBER '19								
		S	M	T	W	Th	F	S		
		1	2	3	4	5	6	7		
TBD	Board Meeting	8	9	10	11	12	13	14		
		15	16	17	18	19	20	21		
		22	23	24	25	26	27	28		
		29	30							

		OCTOBER '19						
		S	M	T	W	Th	F	S
				1	2	3	4	5
TBD 10, 11	Board Meeting Odyssey Conference, Ontario, CA	6	7	8	9	10	11	12
		13	14	15	16	17	18	19
		20	21	22	23	24	25	26
		27	28	29	30	31		

		NOVEMBER '19								
		S	M	T	W	Th	F	S		
							1	2		
TBD 9 16-20	Board Meeting Fall Induction 45th Biennial Convention, Washington D.C.	3	4	5	6	7	8	9		
		10	11	12	13	14	15	16		
		17	18	19	20	21	22	23		
		24	25	26	27	28	29	30		

		DECEMBER '19						
		S	M	T	W	Th	F	S
		1	2	3	4	5	6	7
TBD	Board Meeting	8	9	10	11	12	13	14
		15	16	17	18	19	20	21
		22	23	24	25	26	27	28
		29	30	31				

		JANUARY '20								
		S	M	T	W	Th	F	S		
					1	2	3	4		
TBD	Board Meeting	5	6	7	8	9	10	11		
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		19	20	21	22	23	24	25		
		26	27	28	29	30	31			

		FEBRUARY '20						
		S	M	T	W	Th	F	S
TBD	Board Meeting Welcome/Information Meeting							1
TBD		2	3	4	5	6	7	8
		9	10	11	12	13	14	15
		16	17	18	19	20	21	22
		23	24	25	26	27	28	29

		MARCH '20						
		S	M	T	W	Th	F	S
	TBD TBD 26-28	1	2	3	4	5	6	7
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		15	16	17	18	19	20	21
		22	23	24	25	26	27	28
		29	30	31				

	Board Meeting
	Spring Induction
	Nursing Education
	Research Conference
	Washington D.C.

2019-2020 IOTA SIGMA CALENDAR