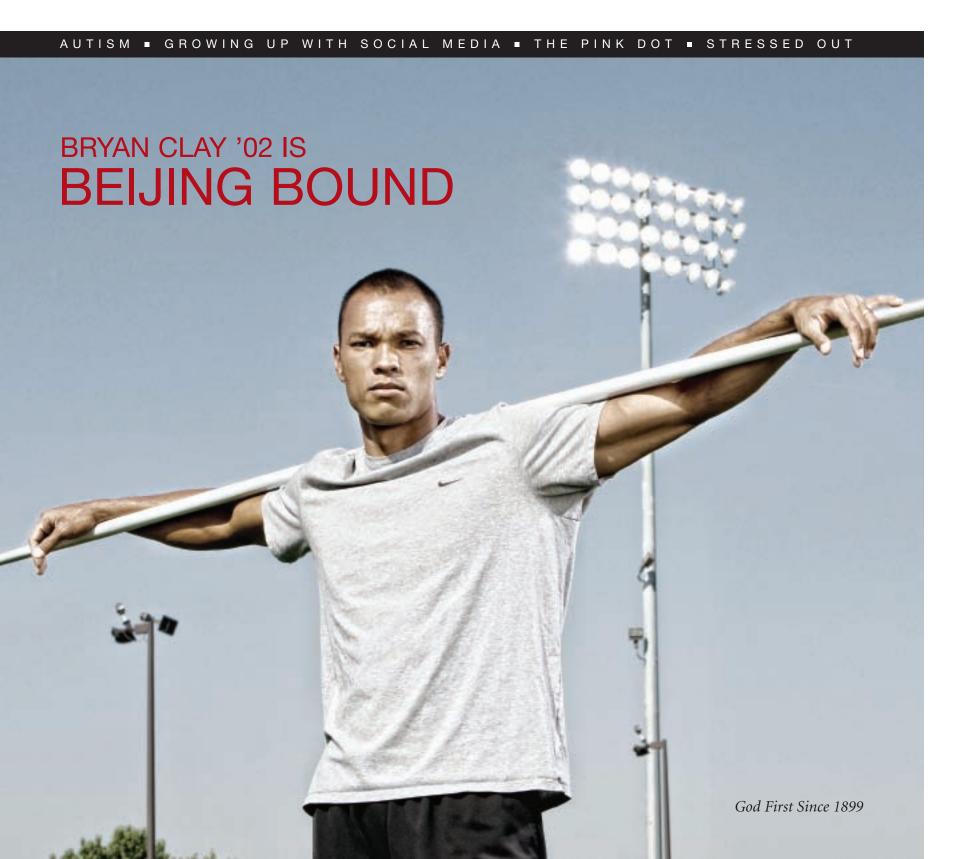
APULIFE

AZUSA PACIFIC UNIVERSITY MAGAZINE Summer 2008 | Volume 21 | Number 2



OFFICE OF THE PRESIDENT

Chair, Board of Trustees David C. LeShana, Ph.D.

President

Jon R. Wallace '76, MBA '78, DBA

Chief of Staff

Deana L. Porterfield '88, M.A. '96

Executive Vice Presidents David E. Bixby '78, M.A. '82, Ed.D. John C. Reynolds, NH Dip: Comp Sys

Michael M. Whyte, Ph.D.

Senior Vice President

Terry A. Franson, Ph.D.

Vice Presidents Mark S. Dickerson, JD, Ph.D. Robert L. Johansen Gary L. Lemaster, Ph.D.

MAGAZINE STAFF

Associate Vice President for University Relations David Peck '91, MBA '02

Senior Director of Strategic Communication Maureen (Riegert '90, M.A. '00) Taylor

Director of Operations Carmen Gustin

Director of Marketing Rafi Maljian '98, MBA '01

Creative Director Christian Brazo '95, M.A. '01

Art Director

Jason Flicker

Bible auotations used in APU Life, unless otherwise noted, are taken from the HOLY BIBLE, NEW INTERNATIONAL VERSION. Copyright @ 1978-88, International Bible Society. APU Life (ISSN 0895-5433) is published quarterly by Azusa

Pacific University, 901 E. Alosta Ave., PO Box 7000, Azusa, CA 91702-7000, www.apu.edu, (626) 969-3434. Periodicals class postage paid at Azusa, CA 91702 and additional

mailing offices. POSTMASTER: Send address changes to: APU Life, Azusa Pacific University, ATTN: Office of University Advancement PO Box 7000, Azusa, CA 91702-7000.

Azusa Pacific University, in compliance with federal laws and regulations, does not discriminate on the basis of race, color, gender, age, disability, national origin, or status as a veteran in any of its

apulife@apu.edu











PRESIDENT'S LETTER



I grew up on a farm, far from the nearest city or town. My older brother, Mark, and I would often start the day riding alongside our father, crowded together in his dusty green pickup truck. Days overflowed with the adventures common to boys and dads who for generations have shared the seasonal tasks of farming.

As varied as our days were, our nights held a common theme. After leaving the day's dirt and grime behind, and following dinner, the evening ended with Pop tucking us into bed. As most parents do, our father included small rituals. Our favorite, requested every night, was that he sing to us "I See the Moon." Those of you who know the song recognize in its simplicity the reminder that the moon's reach includes loved ones separated by time and distance.

So every night, just before our prayers, Pop would sing:

I see the moon

And the moon sees me

And the moon sees someone I'd like to see

So God bless the moon

And God bless me

And God bless someone I'd like to see

Today, more than 50 years after first falling in love with that nighttime ritual, I still envision watching the moon move through its orbit in the night sky. Of course, Pop has made the short leap from the path of the moon that encircles our earth to an all-powerful, all-knowing, all-loving, and ever-present Heavenly Father.

It's as easy for me today as it was then to be reminded of God's reach into the lives of people who matter to me and to the mission of this university—in my neighborhood, across this great nation, and around the world.

That's a big part of what I feel when sitting on the patio under the same summer moon that passes over each of you. I am deeply thankful for those who have been a part of our past and present. I think about who you are as parents, students, alumni, and friends, and how privileged we are at APU to be a part of your journey. I also think about that moon passing over those who we'll soon know, mostly future students. It's that picture of who we'll serve in the days to come that motivates my faithfulness and the faithfulness of APU to our Christ-centered mission.

Here's your summer assignment: In whatever time zone, state, or country you receive APU Life, on a summer evening just after sunset, would you please find the moon? When you do, consider the God who placed it there, His redemptive plan for this lost world, and the love He has for every person under every moonlit sky. Would you also consider the Azusa Pacific University community and the expression of our mission in Azusa, throughout Southern California, and around the world? And finally, would you please pray for our efforts as we work to accomplish our Christ-centered educational mission?

I pray God's blessing on your summer days and nights,

Moon and Mission Minded

APULIFE

Summer 2008 | Volume 21 | Number 2









FEATURES

- **Autism:** The Spectrum of Hope by Cynndie Hoff
- Growing Up with Social Media: Youth and Technology by David Peck
- **The Pink Dot: The Truth Behind Organ Donation** *by Caitlin Gipson*

APU Nurse Takes on the Hepatitus C Virus by Renee Pozza

- 20 Stressed Out
 - by Marshall LeMoine and Michael Wong
- **Total Immersion** *by Christopher Martin*

On the Cover: Bryan Clay '02 stands ready to compete with the world's best at the XXIX Olympiad. With purpose and focus, he readies himself for the challenge to be the world's best athlete. See page 10.

Cover photo by evokephotography.com

DEPARTMENTS

- 2 President's Letter
- 6 Campus Close Up
- 24 Alumni News
- **25** Alumni Spotlight Darlene in Real Life
- 26 Alumni Spotlight

 Keeping the Spark in Your

 Marriage Alive
- 28 Class Notes
- 30 Alumni Interview
- Where in the World
- 34 Archived
- 35 Calendar





5 FORMATS. 3 LOCATIONS. 1 GOAL.
APU UNDERGRADUATE STUDENTS CONSIDER CHAPEL TO BE A FUNDAMENTAL PART OF THEIR COLLEGE
JOURNEY. WITH CHOICES OF FORMAT AND LOCATION, ONE GOAL REMAINS: TO PLACE GOD FIRST!

4 Azusa Pacific University

IN BRIEF

University Library Garners Significant Grant

The Institute of Museum and Library Services (IMLS) and the American Association of State and Local History awarded Azusa Pacific University the Connecting to Collections grant, sponsored by the Getty Museum Trust, Henry Luce Foundation, and the Samuel H. Kress Foundation. APU is 1 of 3 university

Space Grant Opens Door

The leadership and connections of

Leslie Wickman, Ph.D., and Richard

California Space Grant Consortium

(CaSGC) to honor APU as an affiliate,

with the scholars serving as director

and co-director. Their responsibilities

include assisting in identifying talented

students/mentors to participate in

CaSGC student/mentor projects and

coordinating APU's involvement in

those projects.

Markley, Ph.D., prompted the

libraries in California to receive the grant, and 1 of 236 university recipients nationwide.

As part of a strategic initiative, *Connecting to Collections: A Call to Action*, the grant identifies libraries and museums that are active participants in the preservation and management of books and other resources. As a selected university, APU receives a collection of books, DVDs, online resources, and various other items related to preservation for museums, archives, and libraries. Currently,

This affiliation opens a number

of opportunities to join with other

California universities and colleges

related research, education, training,

and outreach programs. The grant

important link to national aerospace

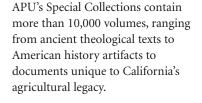
programs initiated by NASA and the

not only provides an interface to

statewide activities, but also an

other 51 Space Grant Consortia.

in the promotion of aerospace-



APU Launches the Eiro Project

Named for the Greek term that means "to join or connect," the *Eiro* (pronounced ār'ō) Project involves the adoption of a new Web-based administrative system designed to strengthen relationships between APU community members and facilitate the management and sharing of information.

This new Oracle-PeopleSoft system serves APU's people-centered needs, while offering the university the advantage of operating with cutting-edge technology. The software not only supports the core functions of the university, such as finance, human resources, student administration, and customer relationship management, but also allows departments to work together more closely to serve students. In addition, the software provides a new, updated portal, easing external and internal communication.

Now, nearly nine months into the first phase of the *Eiro* Project, the project team has recently completed its first major milestone with the July 1 launch of the finance portion of the software, helping users better manage business systems and information with convenient tools such as online budget reporting.

The *Eiro* Project allows the university to focus on what it values most—people. Oracle-PeopleSoft offers numerous features that promote growth throughout the APU community by creating better connections with alumni; university friends; current

faculty, staff, and students; and prospective students.

In the next few months, the project's focus remains on the human resources and student administration modules in preparation for their January 1 and March 1, 2009 launches. For more information on *Eiro*, visit www.apu.edu/eiro/.

Alumnus Named Lilly Fellow

Nathan Kilpatrick '04, client services coordinator at APU's Ventura Regional Center, recently accepted a prestigious invitation to the Lilly Graduate Fellows Program. Each year, Lilly selects a cohort of 15 graduate students nationwide who have expressed interest in eventually teaching at a Christian university.

Kilpatrick made the final 24 in March and was chosen as a fellow in April. For three years, the cohort members will receive individual mentoring designed by Lilly; attend four conferences to collaborate with each other and senior scholars and luminaries who integrate research, teaching, vocation, and an interest in Protestant and Catholic higher education; participate in ongoing group readings and online discussions; and receive three annual \$3,000 stipends for use at the fellows' discretion.

"This is a rare opportunity to enter into graduate studies already connected to a community of scholars who, while great in their respective academic fields, are also intentional about honoring God through their scholarship," said Kilpatrick.

El Centro Hispano Debuts

After 20 years, C.P. Haggard Graduate School of Theology's Spanish language programs move into a new home in the Duke Academic Complex. Now called *El Centro* Hispano, the former TELACU
Hispanic Center's move also reflects
a redefined and revitalized vision
developed by the team of directors:
Enrique Zone, Ed.D.; Arlene SanchezWalsh, Ph.D.; Ismari Villa; and Carmeli
Silva. The program encompasses the
field of Hispanic church studies,
includes special course offerings, and
serves Hispanic students desiring
to study in their language within
a context that meets their unique
ministerial and educational needs.

Generous supporters pledged \$35,000 to remodel the meeting space and help with curricula development, student scholarships, and program marketing. Ultimately, *El Centro Hispano* will serve as a clearinghouse for international speakers, original research, contemporary scholarship, and culturally relevant programs that will allow Hispanic church studies to take root and flourish.

APU Professor Participates in Acclaimed Institute



The Venice Institute for Science and Religion invited John Culp, Ph.D., professor of theology and philosophy, to participate in its

prestigious annual conference investigating themes in science and religion in May. The institute, which facilitates some of today's most important interdisciplinary conversations, featured renowned lecturers Sir John Polkinghorne, Owen Gingerich, and Paul Davies.

Culp worked with Davies, a theoretical physicist, cosmologist, and astrobiologist, focusing on the general statements both science and theology make about the laws of nature and understanding God. Davies suggests that viewing the laws of nature as unchanging, externally based statements fails to recognize that laws develop precision as the universe grows. Culp suggests that God's relationship to the world brings increasing precision in the ways that He interacts with the

universe according to His meta-law of love. Theology then challenges any radically mechanistic understanding of natural order that closes off the possibility of novel occurrences.

Through discussions like these, the Venice Institute provides a key venue for expanding and deepening the scholarship of promising graduate students and young scholars, while also guiding established scholars interested in contributing to these critical issues.

Barnes & Noble Book Signing



APU authors rubbed elbows with avid readers throughout the San Gabriel Valley at a Barnes & Noble book signing in Glendora in April. The showcase included: Dennis Okholm, Ph.D., author of Monk Habits for Everday People: Benedictine Spirituality for Protestants; Maria Pacino, Ed.D., author of Reflections on Equity, Diversity, and Schooling; Jennifer Walsh, Ph.D., author of Three Strikes Laws; and Jim Willis, Ph.D., author of The Media Effect: How News Influences Politics and Government. Attendees listened as the authors read excerpts from their work or talked about the focus of the book, then interacted one-on-one as the authors autographed their books.

"Our faculty don't simply contribute to academic journals; they write books that change people's lives," said Michael Whyte, Ph.D., provost. With each purchase, guests supported the literary community. Throughout the weekend, 10 percent of sales went to the APU Faculty Writers' Retreat that draws faculty from a variety of disciplines for a weekend devoted to research, book projects, and collaboration.

Mark your calendars now for the fall book signing, slated for Thursday, November 13.



APU Captures Fourth-Straight Directors' Cup

Azusa Pacific University remains a powerhouse in athletics and is arguably stronger than ever. June 11 marked the fourth consecutive Directors' Cup win for APU Athletics, recognizing the 16-sport Cougar Athletics Program as the best in the National Association of Intercollegiate Athletics (NAIA) during the 2007–08 season.

For this campaign, Azusa Pacific scored 947 points, out-distancing second-place Simon Fraser University by 129 points to win the NAIA title and become the sixth school ever to win four-straight Directors' cups. The Cougars scored cup points in 14 sports but, based on program rules, could only count 12 of them (6 men's and 6 women's teams). The point total is the second highest winning score in NAIA history, trailing only the 978.25 points the Cougars tallied in winning last year's title.

"We don't take lightly winning consecutive Directors' cups," said Bill Odell, APU athletic director. "This year's cup is just as rewarding as the first one in 2005. The whole cup program has become a healthy

source of pride and motivation for our coaches, athletes, students, alumni, and fans throughout the entire year. The campus-wide interest in the pursuit of the cup continues to grow each year."

To solidify this Directors' Cup victory, APU demonstrated excellence by acquiring three NAIA Championship titles. Men's soccer earned their first NAIA national championship, while men's track and field took both the NAIA Indoor and Outdoor Track and Field Championship titles, a feat no other school had accomplished since APU held both titles in 2002.

Also finishing strong were APU's women's soccer and women's track and field, coming in second in their divisions. The women's track and field team missed the top spot in the NAIA Indoor Track and Field by just one point, the second closest finish in NAIA history. Other APU teams that landed in the top five include: men's tennis (third), women's tennis (fifth), men's basketball (fifth), and women's outdoor track and field (fourth).

6 Azusa Pacific University

CAMPUS CLOSE UP CAMPUS CLOSE UP

Alumnus Receives Coveted Award



John O'Neill, M.Ed. '93, won the Milken Family Foundation Educator Award and \$25,000 last April for his

as principal of Forest Grove High School in Forest Grove, Oregon. As just 1 of 75 national nominees, O'Neill was honored for transforming his school's academic environment, implementing a School Improvement Plan with a data-driven instructional and decision-making model, creating

a program that helps incoming ninth graders make the transition to high school, and introducing an advisory program in which teachers provide small student groups with support on issues related to high school success.

O'Neill expanded the number

of Advanced Placement classes offered at Forest Grove and led the implementation of academies in six career- interest areas to help juniors and seniors make better-informed college and career decisions. He also instituted a policy in which all students who have yet to meet state benchmarks in math and reading are required to

take electives in these subjects in addition to their regular math and language arts classes. As a result of such strategies, the percentage of students who meet or exceed state benchmarks in reading and math has risen dramatically during O'Neill's tenure.

APU SIFE Team Wins Regional Competition

After presenting their year-long community outreach projects to a panel of business leaders, APU's Students in Free Enterprise (SIFE) team emerged as a SIFE USA

university's mission to advance the

"I feel fortunate to be chosen for

The year-long process ultimately produced a tapestry displayed in four panels on a two-story wall at the entrance of the building. "I appreciate Rachel's creativity in completing this very difficult project," said Richard L. Stack, Darling trustee. "The tapestries are a magnificent addition to the Duke Academic Complex and a great honor for the Darling Foundation. I am impressed that APU's support

Angeles regional competition on April 7. APU defeated the University of La Verne, Chapman University, Mt. San Antonio College, and Whittier College, among others. "Listening to my team as we

Regional Champion at the Los

presented the impact of our 7 projects, which affected 2,000 lives and represents more than 1,700 hours of work, was one of the most satisfying experiences of my life," said SIFE president and marketing major Jeffery Ernest '08.

This year's team projects included coordinating the Azusa United Soccer League with more than 120 participants, partnering with 2 local business owners to develop their business models, and offering credit counseling sessions with nearly 175 community members.

"I am extremely proud of the students who not only participated in the actual competition, but also all of those who assisted in developing, implementing, and sustaining the programs," said Ilene Smith-Bezjian, DBA, dean of the School of Business and Management. "This opportunity enables students to apply academic knowledge in a real-world business environment and then sell what they have created against the competition."

The team advanced to the national level at the SIFE USA National Exposition May 13-15 in Chicago, where they competed with 30 schools including La Sierra University (2007 National and World Champion), Northern Arizona University, and D'Youville College. APU completed the first round of the national competition.

SIFE is an international nonprofit organization active on more than 1,400 university campuses in 48 countries. SIFE teams create economic opportunities in their communities by organizing outreach projects that focus on market economics, entrepreneurship, personal financial success skills, and business ethics.

NCATE Board of Examiners Takes Lesson from APU

On July 15, Azusa Pacific hosted more than 50 academicians from across the nation representing the National Council for Accreditation of Teacher Education (NCATE) Board of Examiners. As a result of its reputation for excellence, APU was selected by NCATE for this rare opportunity to serve as a model for the accreditation process.

Last year, APU's School of Education was recognized with 100 percent approval by NCATE, gaining a seven-year reaccreditation, the maximum number of years possible. Vice president of NCATE's unit accreditation Antoinette Mitchell said she heard "excellent reports" about the quality of APU's assessment system, and called APU's institutional report "outstanding." NCATE is the premiere accreditation organization for schools of education in the United States.

During their visit, as part of a week-long training session to become

Board of Examiners members, the guests learned about the accreditation process by observing a recreation of APU's presentation. The simulated team visit included interviews with School of Education faculty and reviews of the school's displayed materials.

"Azusa Pacific is uniquely positioned to influence the dialogue and reform on education," said Helen Easterling Williams, Ed.D., dean of the School of Education. "Already, California is considered the 'hot spot' for this conversation. By having NCATE on campus, we have the ability to influence those who will impact education for decades to come. The acknowledgement of our excellence carries with it great responsibility to continue to train teachers, counselors, coaches, and administrators to transform education."

In Brief compiled by Allison Oster '01, M.A. '04, and Cynndie Hoff, with Kelly Fladager '08, Shannon Linton '07, Michelle Park '08, and Tracy Prounty '09.



1,200 Graduate at Spring Commencement

Family and friends filled the stands at Cougar Stadium as Azusa Pacific University celebrated alongside another set of exceptional undergraduate and graduate students on Saturday, May 3. More than 1,200 students participated in Spring Commencement during the two outdoor ceremonies. The graduating classes included a total of 719 bachelor's degrees, 414 master's degrees, 143 degree completion, and 13 doctoral degree recepients. President Jon R. Wallace, DBA, personally presented the graduating

students with their diplomas as they crossed the stage.

Chaplain Major Warren A. Watties, M.Div. '92, senior Protestant chaplain at the Los Angeles Air Force Base and 2004 Air Force Chaplain of the Year, served as the keynote speaker for the undergraduate ceremony. Marianne Hattar-Pollara, DNSc, FAAN, RN, professor and associate dean for research and graduate programs in APU's School of Nursing, offered the keynote address for the morning graduate ceremony.

Darling Foundation Honor Wall

With grateful appreciation to the Hugh and Hazel for its commitment to the university and supr

Universities and foundations often form successful partnerships, joining like-minded missions and values in shared purpose. When the framework of that affiliation calls people together in life-changing work, as Azusa Pacific University's 15-year-long tie with the Hugh and Hazel Darling Foundation does, then the connection itself is transformed from working relationship to cherished friendship.

To honor that bond, the more than \$3.5 million in total giving, and its impact on scholarship, APU announced an art competition open to all students. The winner would design and create a mural for the Duke Academic Complex Phase II honoring the Darling Foundation's contribution to that project and the many that preceded it. The winner

truly resonated both the mission and purpose of APU as well as the heart and soul of the Darling legacy.

Senior art student Rachel Koukal '08 proposed something classical, yet contemporary. Inspired by the Vatican Museum in Italy, she based the concept on the ceiling frescoes in Raphael's room in the museum. The frescoes, which were painted between 1508-11, represent the three greatest categories of the human spirit—Truth, Goodness, and Beauty: supernatural truth illustrated by Theology, rational truth by Philosophy, goodness expressed in Justice, and beauty represented in Poetry.

The four figures allude to the faculties of the human spirit that are representative of the students at Azusa Pacific University and the

work of God in the world through academic excellence.

the Darling Foundation mural project," said Koukal. "Public art is always a challenge because the purpose is to create something timeless and enjoyable for a large audience, while still honoring the Darling Foundation and the school's mission statement. I chose a theme inspired by my time abroad in Italy studying Renaissance art. I felt it appropriate since it was a time of flourishing ideas and cultural growth, which I think reflects APU students' passion for learning and drive to impact society. I'm appreciative of the Darling Foundation for selecting a student to represent their legacy at the university. It was an exciting and rewarding experience."

throughout reflects the character of the university and its dedication to its students."

Fulbright Scholars

Fulbright Scholars to Teach Around the World

For the sixth consecutive year, Azusa Pacific alumni reach out to the world through Fulbright Scholarships. Recent recipients Jonathan Berk '05, Colby Carter '08, and Brooke Pearson '08 bring the total count of alumni scholars to 13.

Berk spent a year teaching English in Chengdu, China after earning a degree in philosophy from APU. As a Fulbright Student Scholar, he will travel to Slovakia to teach English and cultural studies at Comenius University in Bratislava. "I hope I will impart a greater understanding of the English language and American culture," he said.

Before graduating in May with a degree in sociology, Carter studied abroad at Yonsei University in Seoul, South Korea, where his passion

and desire for the Korean culture blossomed. His Fulbright Scholarship will take him back to South Korea for an English teaching assistantship with junior and high school students. "I want to inspire and encourage a love for learning in cross-cultural education," he said.

After graduating with a degree in communication studies in May, Pearson will use her scholarship to teach English at the Macau University of Science and Technology in Macau, China. "My greatest hope is that my students will not only become English speakers, but also adopt a positive view of a cross-cultural exchange of ideas and worldviews," she said.

Professor of Nursing Receives Faculty Fulbright Scholarship

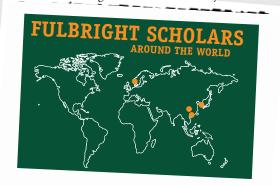
Assistant professor of nursing Pamela Cone, Ph.D., RN, CNS, received a

prestigious Fulbright Scholarship to teach and conduct research at the University of Bergen in Norway for six months, beginning in August 2008. She represents the third APU faculty member to receive this award and the second from the School of Nursing.

Cone will teach qualitative methods of research with a focus on grounded theory, and serve as a methodologist for doctoral students in the university's

nursing school, where she served as an assistant and keynote speaker in 2006. Her primary research involves a study of nursing students, faculty, and alumni, exploring the preparation for spiritual caregiving that nurses believe they receive during their nursing education.

"The Faculty Fulbright Scholarship testifies to Dr. Cone's skills and expertise, as well as a vote of confidence in her ability to carry out this international award as a top American researcher," said Diane Guido, Ph.D., vice provost for undergraduate programs and Fulbright program advisor. "Not only is it an honor for Dr. Cone, but the award also reflects well on the high caliber of our faculty at APU."



CAMPUS CLOSE UP CAMPUS CLOSE UP









Count Down to the XXIX Olympiad

We followed the path of the Olympic torch as it moved from Athens to Beijing for the Summer Games, bringing both excitement and controversy. Now we look forward to which Azusa Pacific University athletes will secure places on their nation's teams. Whether they represent Nigeria, Canada, or the USA, all will represent the APU mission.

The Favorites and the Hopefuls

Azusa Pacific alumnus Bryan Clay '02 (USA) may be best known as the Olympic trials come-back kid, turning a disappointing day-one performance into a history-making first-place finish on June 30. He not only secured a coveted spot on the U.S. decathlon team, but also set a new Olympic trials record with 8,832 points, a personal record, and the best mark in the United States in 16 years and best in the world in the last 4. The August Games mark Clay's second Olympic appearance, following his silver-medal win at the 2004 Olympic Games in Athens.

Clay overcame a tough first day, capturing a 22-point lead by day's end and appearing strong in the 100m (10.39, personal best) and high jump (2.08m/6-9.75). On day two, he took first in the discus (52.7m [173-0]) and javelin (70.55m [231-05]). Clay clinched the win by nearly 300 points over competitors Trey Hardee and Tom Pappas, who will join him in Beijing.

Vivian Chukwuemeka '06 (Nigeria) and Stephanie McCann '00 (Canada) are primed for the Olympic trials of their respective home countries. McCann is a four-time Canadian pole vault champion, breaking the Canadian record eight times and finishing 10th in Athens. Chukwuemeka (shot put) looks to add another Olympic Games to her career. She finished 14th in at the 2000 Summer Olympic Games in Sydney. Julie (Swail, M.Ed. '99) Ertel (USA), a silver medalist in water polo at the 2000 Olympics, earned a spot in Beijing, but this time as a triathlete. American Vanessa Wilhelm '02 (hammer) may qualify as well.

COUGAR SPORTS ROUNDUP

Azusa Pacific made back-to-back appearances in the NAIA World Series. The Cougars won their second-straight Golden State Athletic Conference (GSAC) championship and were ranked in the NAIA Top 10 all season, earning a berth into the World Series. Led by GSAC Player of the Year Matt Venegas, and All-American Kirk Nieuwenhuis, the Cougars featured one of the best offenses in the nation. In the past two seasons, Azusa Pacific has gone 97-12, the best two-year record in program history.

COUGARS DRAFTED TO MLB

Junior centerfielder Kirk Nieuwenhuis was drafted in round three by the Mets, the 100th overall pick on day one of MLB's draft. This marks the thirdhighest draft choice in APU history. On days two and three, two pitchers were selected: Jonny Bravo, a lefthander, taken by the St. Louis Cardinals in round 23, the 695th pick overall. Andrew Shive, a righthander, was selected by the New York Yankees in the 35th round, the 1070th overall pick.

Nieuwenhuis started his career in the Class A Short-Season New York-Penn League with the Brooklyn Cyclones, and Shive plays in the same league, with the Staten Island Yankees. In fact, Nieuwenhuis got his first professional hit on June 17 off Shive, as both made their professional debuts. Bravo opens the season in Rookie League, playing for the Johnson City Cardinals of the Appalachian League.

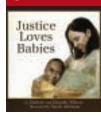
<mark>vzusa racine won us</mark> first-ever NAIA Men's Outdoor Track and Field Championship 25 years ago, ushering in one of the greatest dynasties in association history. The Cougars won 11 of the next 13 national championships, including an unprecedented 7 straight. Yet, it's been six years since they have won an outdoor title, and though their NAIA supremacy has continued with five indoor track titles since 2002, none of the current Cougars have ever worn an outdoor crown—until now. For only the second time in program history, the Cougar men swept the NAIA indoor and outdoor championships. Junior Aron Rono was named the meet's Most Outstanding Male Performer after making collegiate track and field history by becoming the first athlete ever to win the 1,500-, 5,000-, and 10,000-meter races in the same championship meet. The Cougar women finished fourth for the 10th straight Top-5 finish at the NAIA national championship meet.

TENNIS ALL AMERICANS

Men's and women's tennis teams scored five NAIA All-American honors this year. Both teams turned in exceptional performances with the men tallying their sixth consecutive 20-win season and the women posting their programbest fifth-straight winning campaign. Both teams advanced to their respective NAIA Championship Tournament, where the men finished third and the women tied for fifth.

OFF THE PRESS

FACULTY AND ALUMNI BOOKS



JUSTICE LOVES BABIES (International House of Prayer, 2007) by Darlene '06 and Danielle Wibeto '06

Justice eagerly awaits the birth of his sister, Destiny. After her arrival, he dreams about other babies who were not allowed to be born. This story emphasizes the worth of life and the impact of prayer. Justice Loves Babies will change the way children treasure life by helping them understand that a life begins in the mother's womb. Like Justice, they can pray for Destinies to be born everywhere.



THE MOMMY DIARIES: FINDING YOURSELF IN THE DAILY ADVENTURE (Revell, 2008) edited by Tally (French '00) Flint, M.A. '05

Mothering is not only about the kids, it's also an adventure in personal growth. *The Mommy Diaries* helps women discover their own growth in the midst of growing their children. With contributions from a variety of authors and speakers familiar to today's moms, as well as insights from fresh new voices, this book encourages women to catch a fresh glimpse of who they are and how they can grow right along with the mothering process. Organized into six sections, each focused on a particular aspect of personal growth as a mom, the book points moms to the lessons and insights that can be found in their experiences.



EXCAVATIONS AT TEL BETH-SHEAN, 1989-1996. VOLUME II. THE MIDDLE AND LATE BRONZE AGE STRATA IN AREA R (Jerusalem: Israel Exploration Society and Hebrew University of Jerusalem, 2007) edited by Amihai Mazar, Ph.D., professor and Eliezer Sukenik Chair in Biblical Archaeology, Hebrew University of Jerusalem, and Robert A. Mullins, Ph.D., assistant professor of biblical studies, Azusa Pacific University

Drawing on years of experience in Israel and several archaeological excavations, this book offers in-depth discussions of the stratigraphy, rich pottery assemblages, and architectural remains of Beth-Shean, including the Middle Bronze Age town (1650–1550 BC), a Canaanite temple from the Late Bronze Age I (1550–1450 BC), and an Egyptian garrison from the Amarna period (1400–1300 BC) when famous Pharaohs like Akhenaten and Tutankhamen ruled. From earliest times, this region has been a strategic crossroads linking Egypt with the Syro-Mesopotamian world, and the Mediterranean coast with Transjordan. According to 1 Samuel 31, the Philistines hung the bodies of King Saul and his sons on the city walls of Beth-Shean. Specialists agree that this publication will significantly enhance our understanding of the Canaanite cultural world during the second millennium BC.



CULTURALLY PROFICIENT COACHING: SUPPORTING EDUCATORS TO CREATE EQUITABLE SCHOOLS (Corwin Press, 2007) by Richard S. Martinez, Ed.D.,

associate professor of education, et al.

This book carefully develops and combines cognitive coaching and cultural proficiency models, and integrates five states of mind of cognitive coaching with five essential elements of cultural proficiency. Through real-life scenarios, the authors assist teachers and those who guide them to mature in cultural awareness and act on their growing wisdom so that justice is enacted in American classrooms. Although the text primarily targets school personnel, it helps anyone seeking cultural awareness and compassionate understanding of those with diverse backgrounds.

WHILE I WAS AWAY

FACULTY SABBATICALS



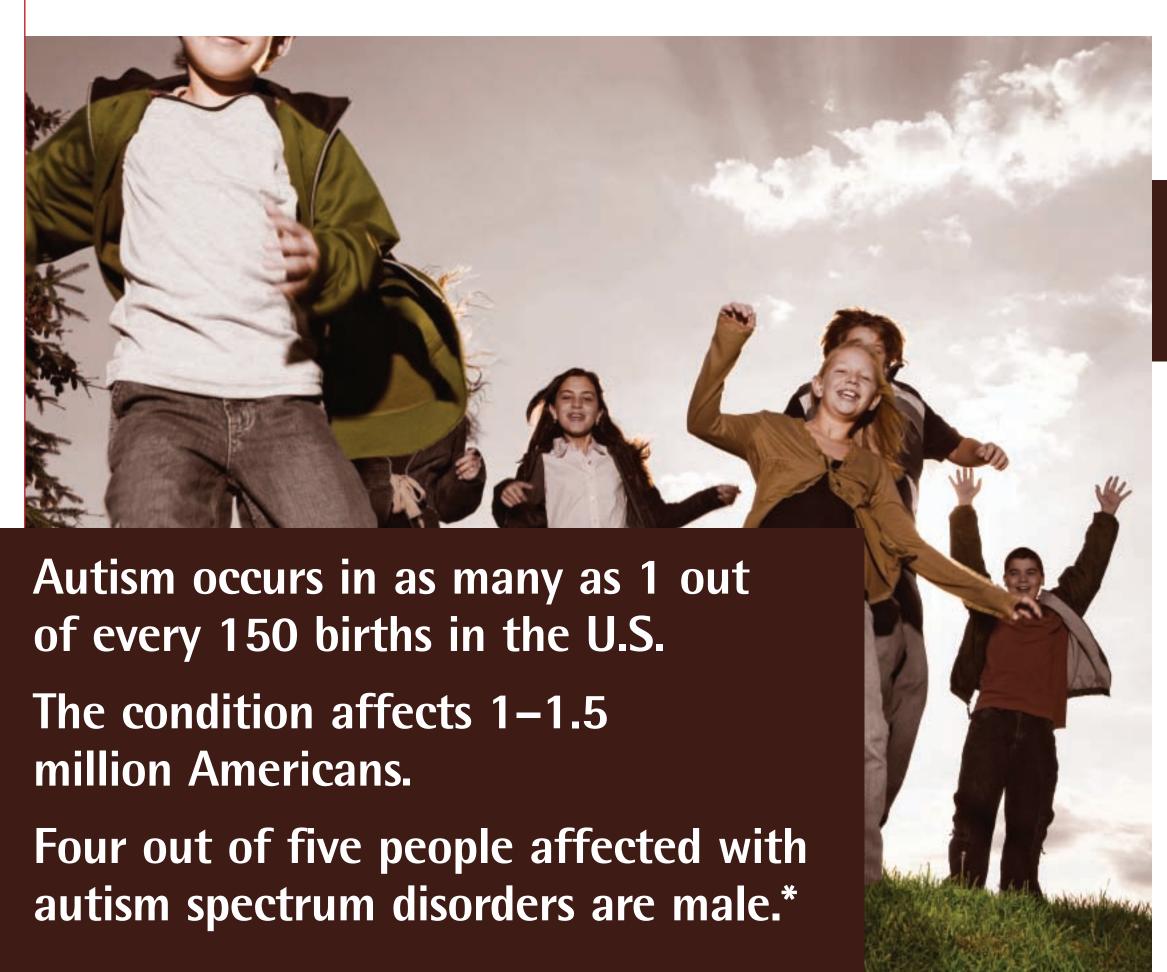
FLIGHT SIMULATOR Lyle Reibling, Ph.D., professor of computer science

Drawing upon his experience in modeling and simulation in the aerospace and defense industries, Reibling sought to enhance his students' learning environment, advance APU's instructional techniques, and improve technology education using a simulator-based facility. His FLITESIM (Facility for Learning Improvement and Technological Education using SIMulators) project, which flies the F-16 aircraft, focused on initial design and development as well as an analysis of courses that would benefit from the skills and outcomes inherent in simulation technology. In addition to the desktop development of the simulator, a physical simulator cockpit (simpit) was built to house the computers, displays, and aircraft controls for a realistic simulator environment.



ANOTHER JOURNEY TOWARD THE CENTER OF THE EARTH Donald Isaak, Ph.D., professor and associate dean, College of Liberal Arts and Sciences

Isaak focused his sabbatical last fall on exploring the Earth's mantle. His research project, sponsored by the National Science Foundation (NSF), hints at Jules Verne's famous 1864 novel with a similar name. Unlike the book, Isaak and his team found no evidence supporting the existence of giants, dinosaurs, mammoths, huge mushroom forests, and forgotten civilizations deep in the Earth. They did, however, discover that 65 percent of the upper mantle may be made up of wadsleyite, a rare mineral that forms naturally only under extreme pressures 260 miles below the Earth's surface. Isaak and his team, which included six students and a colleague from Delaware State University, conducted their research at APU's and UCLA's physics labs, and published their findings in an international physics journal.



Autism:

The Spectrum of Hope

by Cynndie Hoff

It's one of the most frustrating and controversial modern medical mysteries. Autism, dubbed the fastest-growing developmental disorder, accounts for the lion's share of all childhood disabilities. In fact, many researchers refer to it as the "autism epidemic." This year alone, more than 25,000 American children will be diagnosed with the enigmatic condition. That's more kids than will be striken with cancer, AIDS, and diabetes combined. But the rising number of cases has not edged doctors any closer to a definitive answer for its onset or its cure.

With most childhood diseases, a blood analysis, X-ray, or other tangible test affirms the presence of disease. Not so with autism. Diagnosis involves behavioral observation and screening—far from an exact science.

The disorder first appears in early childhood and presents as problems with language, social bonding, and imagination. These children grapple with serious communication deficits and some are even mute. About two-thirds of autistic children experience symptoms from birth; the remaining third begin to regress in later infancy. Though a baby may seem to be developing normally for the first 18–24 months of life, parents begin

to notice changes in behavior such as an inability to establish close relationships, lack of eye contact, repetitive activities, and severe aversion to change.

Some parents and doctors point to childhood inoculations as a possible culprit. They claim that the onset of autism coincides with the MMR vaccination (for mumps, measles, and rubella) that contained thimerosal, a preservative containing mercury. Most studies, however, have discredited the link between the vaccine and the disorder. While thimerosal has been removed from virtually all vaccines since 2001, reported cases of autism continue to increase.

Most researchers and medical professionals seem to agree that a combination of genetic and environmental factors contribute to the problem. The so-called "epidemic" may be partially explained by the increasing awareness of the condition, changing criteria for diagnosis, and growing parent advocacy groups.

Hollywood actors and professional athletes with autistic children use the power of their celebrity to draw attention, effect change, and support families. In fact, the 1988 movie *Rainman* with Dustin Hoffman and Tom Cruise brought unprecedented focus to the disorder. But whether autism qualifies as an epidemic or







not, it certainly warrants the increased attention of the medical and scientific communities.

Assistant professor of undergraduate psychology Loren Martin, Ph.D., worked on a research team at the University of California, Davis under renowned neuroscientist David Amaral, Ph.D., research director of the M.I.N.D. (Medical Investigation of Neurodevelopment Disorders) Institute, before coming to APU. That work helped move scientists one step closer to understanding autism. The team piggybacked on previous findings that implicated an antibody in the blood of mothers of children with autism. "Antibodies produced by normal immune systems work to identify and neutralize foreign objects in the body," said Martin, "But in some cases, antibodies from a mother's immune system seem to recognize a protein in the developing fetus' brain as a foreign object and cross the placenta to attack it. The ensuing damage to fetal brain cells may be linked to the behavioral features of autism."

To test their hypothesis, the team studied the impact of human IgG (the suspect subclass of antibody) on eight rhesus monkeys at three times during the end of the first trimester of pregnancy. Four subjects received IgG from mothers of children with autism, while four received IgG isolated from the blood of mothers of typically developing children to ensure that any potential outcomes were not due to human IgG exposure. Five received no treatment whatsoever and were included as study controls. The behavioral and social interactions of all 13 offspring were then carefully observed and recorded over the

course of 18 months in a variety of familiar and novel settings.

The team identified notable behavioral changes in those animals treated with IgG from mothers of children with autism. All of them exhibited repetitive activities such as pacing, backflipping, twirling, and swinging with much greater frequency and for longer periods of time than other monkeys in the study. The behaviors were most pronounced after weaning and were even more striking in unfamiliar settings.

"If we confirm that these antibodies are a risk factor for autism, it's possible that they could be removed through treatments much like those used for autoimmune and inflammatory diseases," said Martin. "The study needs to be replicated before specific therapies can be considered, but it is clear that our result should lead to greater emphasis on immune system links to the disorder."

Now in the undergraduate Department of Psychology at Azusa Pacific University, Martin continues his quest for answers and involves his students in projects that may help advance the cause. In his Research Practicum class, seven students partner with him as he studies autism in relation to birth order and tests his hypothesis that mothers of multiple autistic children may indeed produce the suspect antibody at critical periods during pregnancy and at higher levels with subsequent pregnancies. "I worked with autistic children as an undergraduate and learned to appreciate the highly individualized care needed. I want my students to connect with those who suffer from the disorder on a personal level so

they understand the importance of their research," said Martin, who plans to write a grant to further his research this summer. "Once our new science center is complete, APU can feasibly conduct this kind of important research at the highest level."

While Martin searches for a cure, he and others on campus have thrown their efforts into a revolutionary approach to diagnosis and treatment of not only autism, but all developmental disorders. This fall, Azusa Pacific University plans to launch its new Pediatric Neurodevelopment Institute (PNI), a specialized interdisciplinary service that explores the causes and effective treatments of neurodevelopmental problems in children. Drawing on the resources of multiple specialties on campus, including pediatric nursing, undergraduate and graduate psychology, social work, physical therapy, school psychology, school counseling, and special education, as well as a speech and language therapist from a private practice, the PNI will offer comprehensive analyses and treatments not found through traditional channels.

"Children exhibiting problems with social skills, eye contact, and language development may have autism or some other pediatric development disorder," said Beth Houskamp, Ph.D., APU professor of graduate psychology and director of the PNI. "Whatever the diagnosis, even within the autism spectrum, symptoms vary widely and appropriate treatments are very individualized. We take a round-table approach to the evaluation of each child and determine the best course of treatment. In some cases, physical therapy takes the lead; in others,

it may be psychology. Our team identifies the primary factors hindering development and tailors the treatment to the child's needs. Unlike medical centers or even most private institutes, we have unique access to all these disciplines simultaneously and can give the patient the advantage of a full-spectrum of expert analyses."

Azusa Pacific's collaborative approach brings new hope to parents, teachers, and caregivers of children with autism and other behavioral challenges. By combining multidisciplinary education, training, research, and clinical treatments under one roof, the benefits of the PNI far outweigh the sum of its parts: impacted families gain an enlightened understanding of their situation and a clear path toward a solution, APU faculty and students from seven fields of study immerse themselves in groundbreaking research and clinical studies, and most important, the children suffering the pain and frustration of cognitive and developmental disorders gain a chance to reach new levels of education, relationships, and peace of mind.

For more information on the Pediatric Neurodevelopment Institute, visit www.apu.edu/pni/.



Autism Facts*

- Three out of four autistic people are labeled mentally retarded.
- Almost 40 percent of autistic patients also suffer from some form of epilepsy.
- Most autistic patients are confined to health care institutions by the time they are age 13.
- A child with an autistic sibling is 25 times more likely to develop the condition.
- Autism is the fastest-growing developmental disorder in the country, with a registered growth rate of 10–17 percent every year.
- While the population of the U. S. increased 13 percent in the 1990s, and the number of cases of disability rose 16 percent, the number of registered cases of autistic spectrum disorders rose 172 percent.
- Autism health care costs exceed \$90 billion a year. More than 90 percent of this cost has been attributed to the care of adult autistic patients. Analysts expect the costs to reach \$200-400 billion a year by 2013.
- Despite the prevalence of this condition, it receives less than 5 percent of the research funds allocated to other less common diseases.

*Resource: www.autismspeaks.com

growing up with social media: youth and technology



by david peck

roomful of sugar-charged kids ranging in age from 4-12 sit in a semicircle as my daughter, Abby, reaches for her last birthday present. It's a gift bag with pink and white frilly paper sneaking out the top. Her 11th birthday includes a digital photo shoot, dinner, cake, a play at APU, and the dreaded sleepover. The kids literally reverberate with anticipation once Abby leaks her desire for a D.S. Lite, the new Nintendo gaming console with WiFi capabilities and remote connectibility.

She slowly removes the tissue, a large smile spreading across her face as she pulls out a white box with black letters that read D.S. Lite. The girls scream and high five each other. Their excitement expands and the world of social media indoctrinates another group of tweenagers.

While they may not represent the likes of Facebook or MySpace, new media like D.S. Lite, Webkinz, and Club Penguin exemplify the new training ground for social media. Like their older siblings in high school and college, today's early adolescents exhibit a high adoption of and integration into technology that some call a social tsunami, an unexpected wave of engagement, information, and technology. While the recent changes in the way we interact using technology and media may not produce the devastating consequences of a tsunami, these advances present social and community outcomes that create dramatic changes in our cultural landscape.

Americans have never had so much information to read, watch, listen to, and interact with. According to the U.S. Census Bureau's 2006 Statistical Abstract, "Adults and teens will spend nearly five months (3,518 hours) next year watching television, surfing the Internet, reading daily newspapers, and listening to personal music devices." While these activities provide perceived context and value, they also change the manner in which shared meaning and communities arise.

College students may represent the most wired of all American subsets. Sociologist Robert Putnam, in his book Bowling Alone, shares that the convergence of technology and these students' desire to focus on community good has the potential to create a wave of interest and engagement. Doing the

right thing in a community-oriented manner with rapid communication and implementation characterizes today's college students. But along with the positives come myriad questions about the possible negative effects of technological advances.

Through interviews and observations in her paper "Why Youth ♥ Social Network Sites: The Role of Networked Publics in Teenage Social Life" (2007), Danah Boyd, Ph.D. candidate at the University of California, Berkeley, shares her thoughts about the behavior identified in social media:

The rapid adoption of social network sites by teenagers in the United States and in many other countries around the world raises some important questions. Why do teenagers flock to these sites? What are they expressing on them? How do these sites fit into their lives? What are they learning from their participation? Are these online activities like face-to-face friendships—or are they different, or complementary?

As researchers begin to measure the positive and negative effects of the social media surge, some outcomes appear obvious. Connectedness through technology creates the perception of communication that diminishes true face-to-face relationship building and can compromise creating shared meaning. Our youth must balance the benefits of social media with the importance of God-directed human connection.

Parents, family members, and mentors ultimately play the most important role in shaping behavior. We must be engaged in providing context, history, and real experiences so that our technologically connected youth have scaffolding to guide and protect them. We must also understand the responsibility that we have—a commandment to use whatever medium is given to teach and share God's Word.

"You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You

Today's youth must balance the benefits of social media with the importance of God-directed human connection.

shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates" (Deuteronomy 6: 7-9 NKIV).

Instant messages, texts, emails, and blogs open up a whole new way to seek truth. No time in history matches current technology's ability to bombard youth with information. If we are not intentional about using these mediums for His good and sharing His Word, then we miss the point. We are called to sit with one another, walk together, and share our lives. Undeniably, the Internet allows us to stay informed—and as such, it can enrich our lives if used within a biblical perspective. But none of these

communication channels replace the God-oriented call to community.

Today, we call it social media. Tomorrow, it will be something else. God's Word and our responsibility to live and communicate in community. however, remain timeless.



David Peck is the associate vice president for university relations at Azusa Pacific University and a Ph.D. in Media Psychology student at Fielding Graduate University. dpeck@apu.edu

THE PINK DOT: THE TRUTH BEHIND ORGAN DONATION by caitlin gipson



"The drain was blocked, and the water had nowhere to go," longtime APU plumber Nephtali Alicea explained. He wasn't talking about the pipes below the APU campus, but rather describing the complete liver failure that almost killed him. When Alicea learned he had Hepatitis C three years ago, the situation seemed grim. However, last August, he received a liver transplant from an anonymous donor. He now has a new lease on life as the result of a family's benevolent choice.

Alicea is not alone. More than 28,000 organ transplants took place last year, and more than 98,000 people currently wait for organs across the U.S. Recent medical advances increase the demand for organs, a new name joins the waiting list every 11 minutes, and each day, 18 people die awaiting transplants.

Despite the shortfall, hope prevails. Living donors can supply a significant portion of the demand for transplants. Currently, they supply organs for kidney, liver, lung, pancreas, and intestinal transplants. In 2007, 23 percent of transplants came from live donors, compared to 14 percent in 1988.

APU alumna Babs Conklin '96, M.A. '04, joins this growing number of living organ donors. In 2005, she learned that the father of her daughter's soccer teammate needed a kidney. "We were only acquaintances, but I felt this was how God wanted me to serve," she said. The surgery was successful, and Conklin now serves as a resource for others considering donation. "I tell people that organ donation, when done as a step of faith, is easy to do. God made it happen, and in the end, I received more than I gave. Organ donation is a gift you get by giving it."

Today, transplant agencies seek people like Conklin by increasing awareness and dispelling myths. Unfortunately, many mistakenly believe that a donor card or a pink dot on a driver's license guarantees donor status. However, medical professionals often honor a family's wishes, so donors must inform their families of their intent.

Increasing the minority donor pool may help to alleviate some of the scarcity. Minorities comprise more than half of the waiting list as certain ethnicities more frequently experience diseases of the heart, lungs, liver, and kidneys. Transplant success rates increase when donor and recipient share the same ethnicity, which can lead to longer wait times for minority patients.

Fortunately, Alicea found a donor quickly. When his situation became critical, agencies identified a liver match in three days. "The doctors said that when I'm done with this liver, they want it back!" he said. "Someday, I hope I can make the same gift to someone else." Alicea plans to contact the family that made his transplant possible. "What do you say to someone who gave their son's liver to you? How do you say, 'Thank you for my life!'? It's challenging to put into words—it's better in tears than in words." As this plumber can attest, a recycled drain is better than none at all.

In Loving Memory

On Sunday, June 2, freshman art major Kate Vaudry went to be with her Lord. A ruptured cerebral aneurysm led to a serious car accident near her home in Chicago. Before being removed from life support, Kate's last gift gave hope and life to six others through the donation of her organs. "Our family is infinitely confident that this would be Kate's wish, and fits how Kate has lived her life with a hunger to help others," said the Vaudry family in an email.



Caitlin Gipson is a freelance writer and marketing consultant in La Verne, California.

APU NURSE TAKES ON THE **HEPATITIS C VIRUS**

Professor Renee Pozza makes advances in organ transplant research. Here's her first-person account of this life-altering work. Today, the Hepatitis C virus (HCV) stands as the number one cause for liver transplantation in the U.S., with approximately four million Americans currently infected. Unfortunately, a shortage of organs and an evergrowing list of patients waiting for liver transplantation cause a medical conundrum. Nephtali's success story and Babs' extraordinary sacrifice represent the system at its best, but there are still huge hurdles to overcome. Frankly, it's an age-old problem of supply and demand, and the solution remains anything but simple.

Thanks to new surgical techniques, advances in immunosuppressive therapy, and improved organ allocation and procurement procedures, the

success rates of organ transplantation continue to climb. In fact, it is a myth that HCV can't be cured. It can. We just need to identify and treat the disease more readily so we can ultimately eradicate it. However, while a cure is possible, so many go undiagnosed or untreated—some out of ignorance, others for fear of the stigma of drug use or tattooing attached to HCV. The truth is, many people contract it simply through a blood transfusion. Whatever the cause, the result can be devastating if left unchecked.

Years ago, I worked as a transplant nurse and witnessed firsthand the severity of the disease in its later stages, which was not uncommon because HCV presents few symptoms

until the disease is quite advanced. Timely treatment can cure the patient, but many diagnoses occur too late. For those who identify the disease early, treatment can be difficult. Side effects include depression, flu-like symptoms, rash, and anemia. Today, I focus my research on managing those side effects, involving the family, and generating an atmosphere conducive to a full recovery. Two subsets of infected patients require an even higher level of care and attention: those co-infected with HIV and those with end-stage renal disease. During my sabbatical, I conducted multiple clinical drug trials to evaluate new medication therapies to improve the success rate of viral clearance, and those efforts met with great success.

Since 1992, when researchers developed a blood test to diagnose HCV, the medical and scientific communities have made great strides in the fight against the virus. At that time, the success rate hovered around 10 percent; today, it's up to 60 percent. Who knows what the next 15 years will bring? My hope is that future research will continue to provide advances in medications that will decrease end-stage liver disease due to HCV, and ultimately, the need for liver transplantation.

Renee Pozza, MSN, CFNP, Ph.D.(c), RN, is associate dean, curriculum and clinical practice, and associate professor in APU's School of Nursing. rpozza@apu.edu



18 Azusa Pacific University

> 25% of workers have taken a day off from work to cope with stress; 66% say that they are likely to seek help for their stress. American Institute of Stress

> 73% of Americans named money as the number one factor affecting their stress level; work accounted for the second most stressful cause. American Psychological

> 75-90% of all doctor visits are due to stress-related ailments and disorders. U.S. Department of Health and Human Services

Stressed

STRESS. Even the word provokes a response. Did you feel your neck muscles just tighten? Perhaps. But know that you can manage stress. Understand the triggers and create a response that works for you.

> Stress is simply the body's reaction to a change, situation, or thought that requires a physical, mental, or emotional adjustment or response. It releases powerful neurochemicals and hormones within our bodies that prepare us for an action. But when this action is not taken, stress can build up and lead to health problems. Stress is not only related to external factors (job, money, relationships), but also to internal factors (genes, thought processes, habits) that determine how our bodies respond and deal with the external stress.

What are the signs? Excess stress manifests itself in a variety of highly individualized emotional, behavioral, and physical symptoms. According to the National Stress Organization, sleep disturbances, muscle tension, headaches, fatigue, and gastrointestinal disturbances rank among the most common physical symptoms. Emotional and behavioral signs and symptoms may appear as nervousness, anxiety, eating changes, energy loss, mood changes, and a greater tendency to abuse alcohol, cigarettes, or drugs. These unhealthy behaviors can increase the severity of symptoms and lead to a vicious cycle of unwanted behaviors.

Worst-Case Scenario

The biochemical changes that occur within the body in response to excess stress cause a chain reaction of physiological damage. Evidence now ties an increase in these biomechanical stress markers to anxiety disorders, depression, hypertension (high blood pressure), cardiovascular disease, some cancers, and the aging process. Stress also seems to increase the frequency and severity of migraines, asthma episodes, and blood sugar fluctuations. Scientific evidence has shown conclusively that stressed individuals develop colds and other infections more frequently than their less-stressed peers.

What to Do

Association

The keys to dealing with stress are appropriate control of stressors and management of our physical (physiological) and mental (psychological) responses. Take the following steps to beat stress.

EXERCISE—Stress prepares us for an action, winding our muscles up to readily move. However, most of the time, we handle stress while sitting at our desk or stuck behind the wheel in traffic. Exercise on a regular basis helps to turn down the production of stress hormones and neurochemicals released during stressful times. Thus, exercise can help avoid the damage to our health that prolonged stress can cause. In fact, studies have found that exercise is a potent antidepressant, anxiolytic (combats anxiety), and sleeping aid for many people.

RELAX—Meditation, relaxation techniques, and structured timeouts can decrease the health risks caused by stress. It is very important to take breaks and "decompress," not only when you are feeling stressed, but also prior to it as a preventative measure. One or two 20–30 minute meditation sessions a day can have lasting beneficial effects on your health. Get up from your desk, go for a walk, and don't talk about work. Use the weekends to relax, limiting scheduled events, thus making Mondays more welcome and manageable.

COPE—Learning new coping strategies to create predictability also decreases the amount of built up negative stress. Creating predictability doesn't prevent the unexpected from happening, but can provide a comfortable framework from which to respond to the unexpected. The more predictable the events, the fewer neurotransmitters released. By anticipating good and bad possibilities, you can be more prepared for the outcomes and thus decrease stress, and even utilize it for positive growth and change.

SUPPORT—Friends and family can help. People with social support networks report less stress and overall improved mental health compared to those with insufficient social interactions. Also, people who are poorly nourished, who get inadequate sleep, or who are physically unwell also have a reduced capacity to handle the pressures and stresses of everyday life.

JUST SAY "NO!"—Lastly, elimination of drug use and no more than moderate alcohol intake are important for the successful management of stress. Though stressed people tend to seek these outlets, many of these substances sensitize (increase) the stressful response and small stressors end up producing big surges of stress neurotransmitters

Marshall LeMoine is a Doctor of Physical Therapy student. Michael Wong, DPT, OCS, FAAOMPT, is an assistant professor of physical therapy. mswong@apu.edu



Total Immersion

This summer, millions of viewers worldwide will watch the 2008 Summer Olympic Games in Beijing, delighting in the pageantry of the event and celebrating the Olympic ideal of "Swifter, Higher, Stronger." Though the 2008 Games will include more than 300 events, from archery to wrestling, few sports will move the needle of television interest like swimming with its rush of action, or diving with its graceful, balletic moves.

As spectators in every nation tune in to the Olympics, a group of women more than 6,000 miles away will backstroke, butterfly, and crawl as teammates in APU's brand new aquatics program launching this fall. APU enters the aquatics scene as an established NAIA powerhouse. Hopes run high that that the women's swimming and diving team, and women's water polo team, will add to the university's sports legacy that has 28 NAIA National Championships and produced more than a dozen Olympic athletes along the way.

"We believe this is the perfect time to launch this program and these teams," said Bill Odell, athletic director.

"It is the first new sport we've added since women's tennis in the '90s, and I'm delighted to be a part of it."

According to Odell, much of the excitement over the program stems from the hiring of Robert Fleming, M.Ed. '99, as the director of the aquatics program and head coach for both teams. Fleming brings 12 years of experience as the head coach for women's water polo and swimming at Citrus Community College, and a deep passion for developing a successful program.

"It is exciting to build the program from the ground up," Fleming said. "Some people look at a blank piece of paper and get intimidated, but I like the idea of creating something from nothing. I'm glad to have such an opportunity at APU."

One aspect of the blank slate required immediate attention: finding suitable practice facilities for the teams. Part of the solution came from neighboring Glendora Country Club. The swimming and diving team, which competes during the fall, will practice daily at the country club's pool, allowing for a consistent schedule.

"It's important to have practice at the same time every day so everyone can set their class schedule accordingly,"

Fleming said. "I have spoken to other coaches who do not have this luxury, and they all speak of the difficulties their players face." The water polo team, which competes in the winter, will practice each afternoon at the Citrus College pool.

Despite this being the inaugural year of the program, Fleming has 100 potential athletes from which to round out his squads. A typical swimming and diving team carries 40 members; a water polo squad ranges from 16–24 members.

"We have many high quality athletes who we're considering for the teams," Fleming says.

According to Odell, the amount of interested athletes further validates APU's decision to add aquatics to the university roster. "Based on the interest coming from high school juniors and seniors, we have learned that an aquatics program is capable of attracting many students who either would not have considered APU previously, or who may have come here and not participated in a sport."

Fleming will finalize the rosters in the fall, and the first competition will take place October 10, at the Pacific Collegiate Swim Conference (PCSC)

Invitational at California Baptist.

by Christopher Martin

The schedule then includes approximately 20 more events, most of which involve the four other schools in the Golden State Athletic Conference featuring aquatics programs. With participation growing at the collegiate level, and the popularity of the Olympic aquatic events coming this summer, the timing of the new program couldn't be better.

"Everything has been done to put this program in a position to succeed," Fleming said. "We can't wait to compete."



Chris Martin '98 is a freelance writer living in Washington, DC. cm1977@gmail.com



The reason I keep doing it is for the tremendous rush I get at the end of any great swim. There is nothing greater than touching the shore after crossing some great body of water, knowing that I've done it with my own two arms and legs. I'm overwhelmed by the strength of my body and the power of my mind. For one moment, just one second, I feel immortal." -Diana Nyad, celebrated long-distance swimmer

OFFICE OF ALUMNI RELATIONS • (626) 812-3026 • ALUMNI@APU.EDU • WWW.APUALUMNI.COM

HGST 25th Anniversary Alumni Honorees

During C.P. Haggard Graduate School of Theology's 25th anniversary celebration last spring, nine former students received the first-ever alumni achievement awards

Outstanding Alumni Community

For impacting the community or ministry, including prominent positions held, presentations, leadership in business associations, articles and/or books written, and other honors received

Outstanding Alumni Scholarship

For influencing the Church through academic inquiry, research, writing, and/or publication



For alumni chapter officers, alumni advisory board members, or those involved in recruiting, fundraising, event planning, or other acts of service

Cornelius P. Haggard Outstanding Alumnus*

For demonstrating the highest achievement and innovation in preparing people for effective, practical ministry in the Church throughout the world









The Honorees

Korean Program

Outstanding Alumni Community Award In Soon Chung Outstanding Alumni Service Award Yong Bok Kim

Hispanic Program

Outstanding Alumni Community Award Outstanding Alumni Service Award C.P. Haggard Outstanding Alumnus Award

General Program

Outstanding Alumni Community Award Joseph Tkach Outstanding Alumni Scholarship Award Myra Perrine Outstanding Alumni Service Award Kay Wilson C.P. Haggard Outstanding Alumnus Award Stephen Mays

1998 Championship Football **Team 10-Year Reunion**



Remember the gridiron glory days alongside the 1998 championship ootball team? On August 30, relive

those moments that led the Cougars to victory and honor the team at halftime.

Guided Campus Tour Pre-game Program 4 p.m.

and Dinner

6 p.m. APU Cougar Football vs. Carroll College

Complimentary dinner and football game tickets for championship team

members, spouses, and children. All others pay just \$20 for dinner and \$5 for the football game.

Women's Breakfast with Sarah Sumner



The Alumni Association invites vou to hear from APU's Sarah Sumner, Ph.D., sought-after author,

noted theologian, and leadership expert, on Saturday, September 27, from 8:30-11:30 a.m. With practical application, rich insight, and an unstoppable personality, she will encourage women in leadership to

lead and live "above the line." Learn more about Dr. Sumner by visiting www.leadershipabovetheline.com. Hosted in the VIP Room in the Felix Event Center on West Campus, the morning begins with a continental breakfast and follows with Dr. Sumner's engaging presentation.

Service-Linking Campus to Community

The Alumni Association invites you to City Links, a series of service days joining APU students and alumni with Azusa community members, on Saturday, September 20, and Saturday, October 4. City Links aims to build relationships among those who live,

learn, work, and grow up in the city of Azusa. This event celebrates ongoing service teams joining Azusa Pacific University, the city of Azusa, and the Azusa Unified School District in projects throughout the year. Working with faith communities, schools, parks, and nonprofit organizations, both students and community members take action to promote civic engagement and service. Families and friends are encouraged to come!

Edgar Chacon

Edgar Mohorko

Gladys Trejo

For more details and to register for alumni events, please go to www.apualumni.com.

Countless dreamers come to Hollywood seeking fame and fortune. Darlene (Caamaño '96) Loquet was not one of them. Ironically, this APU alumna and president of NALA (North America Latin America) Films said, "The whole film thing evolved sort of by accident for me."

After high school, the Los Angeles native planned to pursue a career in journalism. While considering offers from New York University and Pepperdine, she heard about Azusa Pacific from a cousin who attended. Loquet enrolled as a communications major, but soon realized journalism was not her passion. That's when her professor, Monica Ganas, Ph.D., suggested she apply for an internship at Disney Studios. Loquet took the advice, landed the position, and was instantly hooked.

In addition to taking lunch orders and answering phones, she read scripts and offered story notes. "I loved contributing ideas and sharing what I felt would or wouldn't work onscreen," she said. "The whole process was just fascinating to me. I never even knew there was a process. I thought you just went to a set and shot a film."

After leaving APU, Loquet got a job as a producer's assistant at Trimark Pictures, where she quickly learned the value of networking. She jotted down the name of every assistant who called the office, then met them for lunch or coffee. "I did everything I had to do to meet as many people as possible," she said. One of those contacts led to a position as a creative executive at Dreamworks Pictures.

Loquet eventually left Dreamworks and launched her own management company to represent writers and directors. But by this point, the industry's volatile sink-or-swim nature had begun to catch up with her. "There's no regular paycheck and everything depends on selling projects," she said. "But every time we'd set something up, it would fall through."



Darlene Caamaño Loquet with director Paul Haggis on the set of In the Valley of Elah

Loquet had been married for four years and wanted to start a family, but was anxious about an unstable future. "I got to the point where everything was just so difficult that I thought God was telling me I shouldn't be doing it. So I started to pray for direction because I was about to give up and just walk away from Hollywood," she said.

Around this time, she met Emilio Diez Barroso, an investor whose family owns Televisa, the world's largest Spanish language media network. With Barroso's financing and Loquet's connections, they decided to launch NALA Films, an independent company that develops, produces, and finances movies.

"What we do is find a great story, then bring all the elements together," Loquet said. "First and foremost, my job as a producer is to read as much as I can. Not only scripts, but books and articles—things that will spark ideas. Being well read is invaluable because you have to develop a good story sense and know what works. Then you have to find the right director who will attract the right talent for that particular story. Once that's done, you guide the film through production, making sure everything runs smoothly."

In summer 2005, all of Loquet's hard-earned Hollywood experience perseverance, connections, a knack for good material—converged at a poolside party at her home. She noticed a friend reading a screenplay called In the Valley of Elah. Intrigued by the title's biblical reference, she learned that it had already attracted several major stars but no producer. NALA Films decided to finance the production.

In September 2007, In the Valley of Elah was released to critical acclaim and earned star Tommy Lee Jones a Best Actor Academy Award nomination. A month later, NALA's romantic comedy, Dan in Real Life, hit theaters, garnering positive reviews and an impressive box office gross. Loquet was named the industry's sixth most powerful Hispanic woman in The Hollywood Reporter's Hispanic Women "Power 25" list of 2007, the same year she gave birth to her first baby.

"I've learned that when you allow things to happen in God's time rather than trying to impose your own will, everything works out best," Loquet said. Building on its recent success, NALA Films plans to make three to

four movies a year, as well as develop projects for television.

When deciding on projects, Loquet looks for stories that offer more than just a night out with popcorn and soda. "It can be wrapped in a very entertaining package, but it has to have substance," she said. "My sensibilities go toward stories that say something about humanity or life, on a small or big level. At the end of the day, In the Valley of Elah was about what happens to people's souls once they go off to war. Dan in Real Life was about not losing faith in love.

"It's all about finding good stories. When you go to the movie and walk out completely moved and invigorated about life, that film started with a good story."

Like the one about an APU student who never dreamed of making movies but became one of Tinseltown's most prominent young producers.



Chris Easterly is a writer and editor in the Office of University Relations. ceasterly@apu.edu

Darlene Caamaño Loquet's Filmography as Producer

Shelter (2009) (filming) Night of Light (2008) (in development) Open Grave (2008) (in development) Mr. Burnout (2008) (in development) La Magdalena (2008) (in development)

Only Ever You (2008) (in development) Dan in Real Life (2007) In the Valley of Elah (2007) After Sex (2007) The Air I Breathe (2007)

www.nalafilms.com

^{*}This award is the highest honor HGST confers on an alumnus/alumna.

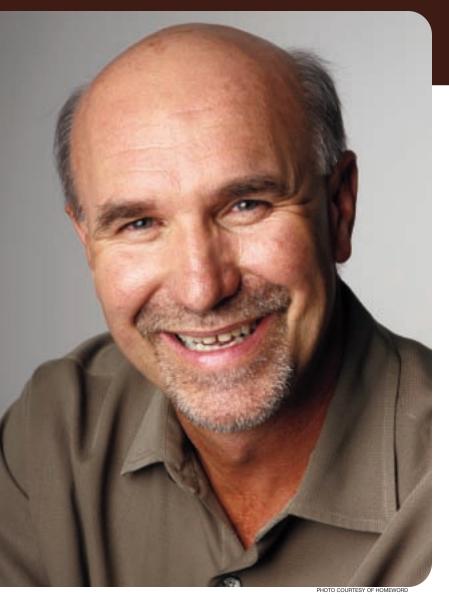
ALUMNI SPOTLIGHT

ALUMNI SPOTLIGHT

KEEPING THE SPARK IN YOUR MARRIAGE ALIVE

BY JIM BURNS, PH.D.

A quality marriage is perhaps the optimum factor for rearing secure children. It has often been said that the best thing you can do for your children is to love your spouse. Sometimes that means putting your spouse's needs before your children's. Many children who grew up in a home where the parents had a child-focused marriage say they have a difficult time knowing exactly what a good marriage looks like. In other words, your greatest family investment may be your marriage.



Over time, every couple's relationship can become predictable. Romance, sex, and even conversation can become routine or nonexistent. If "routine" or "predictable" sums up your situation, then it's time to refocus some of your energy on your spouse. If your relationship is suffering due to lack of attention, here are some questions to help you evaluate what needs to happen to light the spark again:

- 1. WHEN YOU AND YOUR SPOUSE WERE DATING, WHAT DID YOU DO TO MAKE HIM OR HER FEEL SPECIAL?
- 2. WHAT ARE YOU CURRENTLY DOING TO MAKE YOUR MATE FEEL SPECIAL?
- 3. WHAT WAS THE LAST FUN ACTIVITY YOU AND YOUR SPOUSE DID TOGETHER?
- 4. HOW OFTEN DO YOU PARTICIPATE TOGETHER IN ACTIVITIES YOU BOTH ENJOY?
- 5. IF YOU ASKED YOUR SPOUSE TO LIST YOUR TOP FIVE PRIORITIES BASED ON WHERE YOU DEVOTE THE MOST TIME AND EFFORT, WHAT WOULD THOSE PRIORITIES BE?
- 6. WHERE DOES YOUR SPOUSE RANK ON THAT LIST?

These questions might be a good start to get the dialogue moving in the right direction and fan the flames so that they burn brighter than ever.

Most couples I know tell me that they love each other, but that they're just too busy with their work, kids, and all the activities they're juggling. All of their time is focused on good things, but they have neglected their marriage. They

hope to make some changes in the near future, but I believe now is the best time to invest in your spouse. To find time to replenish your relationship, you might need to cut something out of your busy schedule. Can I let you in on a secret? Kids would rather have parents who like each other than learn how to play one more musical instrument or score another goal in soccer. I'm not suggesting that you back off completely, but just find a rhythm for your family that works for everyone, including you and your spouse, and that is healthy for your marriage.

Here are some areas of your marriage that need intentional investment in order to keep the spark of your relationship alive:

ROMANCE

It is normal that there is a significant drop in satisfaction in a couple's romance and sex life when children arrive on the scene. However, couples with the most healthy families make sex and romance a priority. Don't let kids, money, busyness, or anything else rob you of romance. When I kiss my wife, Cathy, in front of my kids, they act like they're grossed out, but really, they like it. It gives them security. For many, the only way to make romance a priority is to schedule it on the calendar. Sure, a scheduled date night is not as spontaneous as your romantic activities before you had children; but if you don't schedule regular times together, they probably won't happen often enough.

SPIRITUAL INTIMACY

Here's an interesting observation. Never in all of my years of ministering to youth and families, and counseling couples, have I ever encountered a couple who prayed together and experienced serious difficulties. Nor have I ever known a couple, who once they had agreed to pray together and stuck to it, ended up getting a divorce. Praying together restores balance and priorities in a marriage because it recognizes that God loves both partners equally. Research shows that the happiest couples are those who pray together. Couples who pray together are twice as likely as those who don't to describe their marriage as being highly romantic. Prayer draws couples and families closer together. What's the point here? One of the best ways to keep the spark of your marriage alive is to develop and grow spiritual intimacy with your spouse—and perhaps the best way to do this is to pray together regularly!

COMMUNICATION

Cathy and I do not feel that, as we were growing up, we had excellent role models when it came to communicating. We inherited some of the same poor communication habits of our parents and even our grandparents. We've laughed that if my father and Cathy's mother were to get married, it would be the beginning of World War III. And then we pause for a moment and realize that in many ways, when it comes to communication styles, they did get married—in us!

Good communication between couples requires working at it—every day! As you work on your communication skills, not only are you assuring your marriage's success, but you are also modeling for your children how to communicate, so their future relationships will have a better chance as well.

Here are two communication rules that work for us:

"AFTER 10:30 P.M." RULE

I get up early. Cathy is a night owl. By default, Cathy always has the advantage in conflicts occurring after 10:30 p.m., and I automatically win the battles waged before 8 a.m. We have learned that for good communication or for conflict resolution to take place, we do better before 10:30 p.m. and not in the middle of the pit hours of preparation for dinner, homework, bedtime for the kids, and all the other things we have to face between 6–9 p.m. We also know it's almost worthless to communicate before our kids go to school. These boundaries and expectations help us find times when we can focus on each other and are in a better place and frame of reference.

"IT'S MORE DIFFICULT IN BED" RULE

In my opinion, the marriage bed is sacred; it's for sleeping and, uh, you know. If Cathy and I need to meet about the kids or discuss a potential conflict, we have found that the bed is not the place most conducive to communication.

Article excerpted from the book *The 10 Building Blocks for a Happy Family* by Jim Burns '75, Ph.D., president of HomeWord. Reprinted with permission.

ALUMNI CRUISE WITH JIM BURNS

See Jim Burns in person while enjoying a relaxing getaway weekend on the Alumni Cruise, January 9–12, 2009. Burns will lead two workshop sessions on parenting and two on marriage enrichment onboard the Carnival Paradise, leaving from Long Beach, California and heading to sunny Mexico. Enjoy gourmet cuisine, exotic shopping, a rejuvenating spa experience, and reconnecting with family and friends.

CRUISE: January 9–12, 2009
REGISTER BY: September 9, 2008
DEPOSIT: \$150 per person
FINAL PAYMENT DUE: November 10, 2008
GROUP: 6V7K12

Visit www.apualumni.com/cruise2009 for more details. To book your cruise, please contact Carnival Group Cruise Vacation Planners at (866) 721-3225, Ext. 24218.

1950s

JERRY DUNN '59 retired in Memphis. He loves to fish and to play and sing gospel, country, and bluegrass on guitar and bass. He is happily married and a grandpa to 12 wonderful granchildren. Jerry has attended Bellevue Baptist Church in Memphis for 32 years. 1840 Downing St., Memphis, TN 38117-7410. tigerdunn@aol.com

1970s

HERSCHEL JONES '77 retired from the San Diego Unified School District after teaching for 30 years. He works part time for the Encinitas Learning Center. Son Johnathon's band, We Shot the Moon, debuted its album in April, and daughter Allison works with autistic children. 1561 San Elijo Ave., Cardiff-by-the-Sea, CA 92007-2420.

1980s

VINI (MULLER '80) ANGEL received a doctorate in nursing from Case Western Reserve University in Cleveland, Ohio, and is a nursing professor at Santa Monica College. 1900 Pico Blvd., Santa Monica, CA 90405-1628.

BILL COLTON '80 married LEANNE (CAMPBELL '84), a flutist and registered nurse. They have a 13-year-old son, Billy, who keeps them active. They own a manufacturers' representative company for electric motors, generators, drives, motion control, etc. 3166 N. Hearthside St., Orange, CA 92865. bcolton@socal.rr.com

TOM AYLARD '85, wife Kay Lynn, and children Christopher, Kelsey, and Stephanie are headed to Zimbabwe to work at Eden Children's Village, a Christian ministry serving AIDS orphans and other children at risk. 4071 Little Ln., Concord, CA 94521-2645. taylard@nms-intl.com

MARTHA (HOLMGREN '88)
NELSON has a three-year-old daughter, Isabel, and lives in Santa Ana. 942
W. Orange Rd., Santa Ana, CA 92706.
Dflannel@aol.com

1990s

JILL (AYLARD '92) YOUNG received her Master of Divinity from Princeton Theological Seminary in May 2008.

CHERYL ANN "KIMI" (KUDO '94)
TAKAHASHI and her husband, Eduardo, recently moved to Mountain View. Kimi stays home with their three kids: Jodie, 9; Ryan, 7; and Alec, 4. 793 Gantry Way, Mountain View, CA 94040-3746. cakkt4@yahoo.com

MARK GIFFORD '96 served with his church's college youth group and leadership team after graduation while also working in both the art and computer industries in Ventura, California. In 2000, positions in sales and marketing called him to Orange County and involved heavy traveling. While he enjoyed the opportunity to see the country, he loves being back home in Southern California and working as a solutions consultant for Sprint Nextel in Irvine. 5 Starfish Ct., Newport Beach, CA 92663-2113. mark.gifford@nextel.com

RACHEL SCHLEE '96 married RYAN WEBER '98 and moved to Arizona. They have two children, Kylee and Caleb. Ryan_Weber@FMC.com

GERARDO "JERRY" GONZALES '99 teaches high school Spanish in Memphis and is working on his Master of Education at Union University. He is married to Amanda. 4555 Shadowlawn Rd.,

Arlington, TN 38002. gonzalesgerardo@hotmail.com

2000s

PAT GRIJALVA '01, a licensed marriage and family therapist, serves the communities of Glendora and Covina in her private practice. She is expecting a baby girl this summer. 633 S. Midsite Ave., Covina, CA 91723. stress.free2@verizon.net

ROSE WATERS '03 started nursing school at the University of California, San Francisco in June with the goal of becoming an RN and a certified nurse midwife. In her free time, she likes to rock climb. 72 Fourth St., Woodland, CA 95695. rose_waters@yahoo.com

APRIL BATES '05 plans to pursue a Master of Divinity at Asbury Theological Seminary this fall on scholarships from both the seminary and the Free Methodist Church. She is thankful for the Lord's blessing in the process and excited to see where He leads her in the future. 14516 Crestwood Ave., Poway, CA 92064-6467. PH1314@aol.com

REBECCA MONROY '05 graduated from Regis University in Denver with a doctorate in physical therapy and is studying for her board exam for California licensure. 10535 Feller Cove, San Diego, CA 92126. monro581@regis.edu

JUST MARRIED

EDWIN JORDAN '67 to Eloise Harder on March 29, 2008. Edwin serves as a Bible teacher and pastoral advisor at a retirement center. He and Eloise were Taiwan missionaries in the '60s and this is a first-time marriage for both of them. 1897 294th St., North English, IA 52316-8516.

to Jose Maria Ayala from El Savador on November 24, 2007 in Los Gatos, California. Cynthia is an English teacher, and enjoys writing, singing in church, and photography. The two are preparing for the birth of their first son. 4800 Millbrook Way, Bakersfield, CA 93313-3399.

4 MIRJAM CASER '04 to Arpad Zoldos on November 4, 2006. Mirjam is a worship leader and Arpad owns a business. They live in Slovenia, Europe with their son, Dejan, born on November 24, 2007. Glavna ul 1Lendava9220 SLOVENI. Aarpi.mirjam@siol.net

5 JENNIFER CASTELLI '05 to

TREVER BRANDEN O'BRIEN (ATTENDED '01-'02 AND '03-'04) on February 24, 2008 in San Diego. After meeting at APU, the couple rekindled their friendship and decided to marry. Jennifer is a business consultant and piano/voice teacher in Orange County. Trever acts in friends' projects and builds custom houses in Emerald Bay. 2973

ALLISON MORGAN '05 to Jeremy Clemons on January, 5, 2008. They live near Denver with their dog, Cajun. 10061 Park Meadows Dr., Apt. 61204, Lone Tree, CO 80124-6769. allisonmaryclemons@gmail.com

Harbor Blvd., #657, Costa Mesa, CA

92626-3912. jennandtrev@gmail.com

FUTURE ALUMNI

- To CRAIG PHELPS '78 and his wife, Stacy, an adopted son, Zachary Mathew, on November 5, 2007. 10642 E. Laurel Ln., Scottsdale, AZ 85259-2912. cphelps@atsu.edu
- To JULIE (MOONEYHAM '91)
 DELGADO, M.A. '97, and her husband,
 Manuel, a daughter, Ava Canción
 (canción means "song" in Spanish), on
 April 18, 2008 in Nashville. Julie is a
 singer/songwriter and teaches in a gifted
 and talented program. Manuel
 is a third generation luthier (a maker of
 stringed instruments). Visit their business
 at www.delgadoguitars.com. 1623
 Franklin Ave., Nashville, TN 37206-2521.
 julesmoon@comcast.net
- 8 To GREG NASSIR '92, MBA '00, and his wife, Erin, a son, Reed Alexander, on April 18, 2008. Erin is a 10th grade English teacher. Greg is a commercial real estate broker at Jones Lang LaSalle



*Every effort is made to publish all photos submitted to APU Life. We apologize if your photo was not published.

ALUMNI INTERVIEW



CHRIS VOTH '95

APU LIFE: A comedian is an unusual job. How did you get started?

CHRIS: After I graduated from APU, I auditioned for a new talent night at the lce House Comedy Club in Pasadena, California. From there, I did any and every show possible, even if it cost me money. After a few years, I started getting paid work and things grew from there.

APU LIFE: Were you funny as a kid?

CHRIS: Some people say now that they always knew I was going to be a comedian, but I think that's a case of revisionist memory. I was incredibly shy and very introverted (still am), so I rarely talked in public. Eventually, I got involved in student government so I could make speeches, and worked on the school newspaper so I could write a humorous column.

APU LIFE: When did you know you wanted to be a comedian?

CHRIS: I wrote a joke when I was in first grade (it doesn't hold up so well now), so I had an early desire to be funny, but not as a job. I had aspirations of one day being vice president. Then, at around eight years old, my dad and uncle were watching some comedians on TV and laughed so hard that I knew I wanted to do that, whatever that was.

APU LIFE: Do you get nervous on stage?

CHRIS: Not much anymore. I am honestly more nervous talking to people one on one than addressing a crowd sitting in the dark.

APU LIFE: How do you come up with material?

CHRIS: If I actually sit down to write material, I write in reverse. I start with a punch line and then create a situation that would make that work. But the best material comes out of everyday musings

and conversations. I write the ideas down and try them out on stage. I have about a 25 percent success rate with what's in my notebook. And then, only about half of that works consistently over time.

APU LIFE: How would you describe your style?

CHRIS: In comedy circles, I would probably be described as having a "one-liner" style, which means there's a set-up and a punch line. (As opposed to storytelling, observations, or acting out premises.)
But I am very conscious of that, so I try to mix it up. Also, because of my love of language (I have a degree in English), my act is heavily word-based. Some might say that includes cheap puns, but I maintain they're very expensive ones.

APU LIFE: Who are some comedians that have influenced you?

CHRIS: I love David Letterman. He's been my comedy hero since junior high. Other favorites include Garry Shandling, Mitch Hedberg, Stephen Wright, Brian Regan, and Zach Galifianakis.

APU LIFE: Do you find it difficult to maintain your values in comedy clubs?

CHRIS: I don't think it's any different than any other job. I'm by no means perfect, but I do try to perform an act that is funny as well as "clean." I don't use that term much, but that's how I guess you'd describe jokes free from profanity and sexual references. It can sometimes be tough when a crowd really wants an edgier act, but that just means I have to work harder to write good material. On the other hand, working "clean" makes it much easier to perform at corporate events and private parties.

APU LIFE: How did your time at APU influence your comedy?

CHRIS: The column I wrote for *The Clause* is not much different than what I do now. It was just a monologue, really. At the same time, I worked on the Jungle Cruise at Disneyland, learning how to deliver jokes to uninterested audience members. Those were first steps into stand-up comedy.

APU LIFE: What's your ultimate goal?

CHRIS: I used to say that I wanted to take over Dave Letterman's show when he retired. I'll just say I hope to stay in the joking game as long as possible.

Be sure to check www.chrisvoth.com for upcoming shows.

in downtown Los Angeles. They remain active at Christian Assembly in Eagle Rock, where they met. 296 Sundance Ct., Azusa, CA 91702-6237. gregnassir@yahoo.com

To STACEY (HUDDLESTON '93)
CORRELA and her husband, Robert, a son, Jared Luke, on December 29, 2007. He joins big sister Caroline and big brothers Ray, Tyrell, and Anthony. Visit the Correl family website at www.wildalaskasalmon.com.
PO Box 227, Kasilof, AK 99610-0227. robert@wildalaskasalmon.com

To **DAVE BURKE** '94 and his wife, Marsha, a son, Noah Douglas, on March 27, 2008. Dave is the director of undergraduate admissions at APU and a music minister at River47 Covenant Church in Orange. Marsha left her teaching job to become a full-time mom. 233 Sundance Ct., Azusa, CA 91702-6237. dburke@apu.edu

To CYNTHIA (SOMORA '94) KUMMER and her husband, Shawn, a son, Cooper James, on May 7, 2007. 1134 Willow St., Apt. 11, San Jose, CA 95125. commerceprincess@hotmail.com

To SARA (BROWN '96) BOOKMAN, M.A. '01, and her husband, MARK '97, a daughter, Katy Ann, on September 17, 2007. She joins big sister Kinsey, 5, and big brother John Mark, 3. After teaching for 10 years, Sara now stays at home with the kids. The Bookmans are opening a new business in Polson, Montana called The Lesson House, offering music lessons and accessories. Mark will run the store and teach drum lessons. brookies@earthlink.net

To SHERRY (GOODYEAR '96)
EHRHART and her husband, Wes, twin daughters, Kate Charis and Kenzie Joy, on October 13, 2006. They join big brother Caleb. 6204 Green Top Way, Orangevale, CA 95662-4116. kidzone@hispathway.org

To **TED TYMAN** '96 and his wife, Tierra, a daughter, Rebekah Hope, on April 11, 2008. She joins big sisters Kayla and Genevieve. Ted teaches special education. The Tymans moved to Texas in August 2007 to plant a church. 2810 Durham Chase Ln., Katy, TX 77449-4825.

To CHRISTA LYNN (McALISTER '97) FORD and her husband, Aaron, a son, Russell, on August 2, 2007. Russell joined two other siblings and another is expected on November 16, 2008. 2110 Swan Dr., Apt. E, Oak Harbor, WA 98277-4730. bel4jesus@comcast.net

To **COLLEEN JOHNSTON '97** and her husband, Gerry, a son, Tanner David Roger, on February 20, 2008. He joins big sister Ella and big brother Tage. 331 W. Juanita Ave., Glendora, CA 91740-5925. gandojohnston@verizon.net

To TRICIA (MERRILL '97) McCORKLE and her husband, Brock, a daughter, Corinne Michelle, on October 16, 2007. After 10 years of public school teaching, Tricia now stays home with Corinne while teaching part time at Claremont Graduate University. Brock teaches at Options for Youth in Fontana.13513 Sutter Ct., Fontana, CA 92336-3948. triciadawnmcc@hotmail.com

To KATHLEEN (WETTER '98)
BODIE and her husband, Mark, a son,
Ethan Christopher, on March 7, 2008.
Kathleen is a math and science teacher
at an inner-city middle school in Los
Angeles. 6526 California Ave., Long
Beach, CA 90805-2465.
apu_girl@hotmail.com

To **TAMI (SEAVER) LINCOLN '98** and her husband, James, a daughter, Audrey, on April 8, 2008. 9966 Svl Box, Victorville, CA 92395-5145. tlincoln@up-linc.com

To LAURA ELLEN (BEARDSLEY '99) DRUMMOND and her husband, BRENT '00, a son, Carson Donnelly, on March 7, 2008. He joins big sister Addison Rae. 41718 Eastman Dr., Ste. A, Murrieta, CA 92562-7073. lauralovesgod@hotmail.com

To DANA (DAVIDSON '99) KIRUI and her husband, Kigen, a daughter, CaraAnn Jerop (*Jerop* is Kalengin and means "born during the rain"), on February 3, 2008. 2839 Yearling St., Lakewood, CA 90712-2920. kenyanatheart@hotmail.com

To SHONDRA (LEMASTER '99) SMOAK and her husband, Jason, a daughter, Camryn Elizabeth. She joins big sisters Emeryn, 5, and Jaidyn, 2. Jason started police academy in Oakland on May 19, and Shondra enjoys staying home with the three girls. 1132 Washington St., Fairfield, CA 94533-5134. shondrasmoak@sbcglobal.net

To RAQUEL (RAMIREZ '99)

VARGAS and her husband, Amando, a daughter, Victoria Celeste, on July 17, 2007. 26107 Arabian Ct., Moreno

Valley, CA 92555-3358.
azucenar7@hotmail.com

17 To MICHELLE (SOLT '99) ZENTS

and her husband, Brian, a daughter, Alexandra Caeley, on March 1, 2008. Michelle is the sports information director at Metro State College in Denver. 452 Black Feather Loop, Apt. 613, Castle Rock, CO 80104-8011. m_solt@hotmail.com.

To LISA (ANDRESS '00) BARTLE and her husband, DAVID '00, a daughter, Ariana Nicole, on February 7, 2007. Dave works as a software engineer at Media Temple in Culver City, and Lisa resigned from her position as a counselor to stay home with Ariana. 310 E. College St., Covina, CA 91723-2201. lbartle@irishpeso.com

and her husband, **GREG '01**, a son, Wyatt Ethan, on August 31, 2007. He joins big brother Owen, 4, and big sister Carly, 2. Greg is vice president of Micro Metals in Colorado Springs, and Jenny is a stay-at-home mom. 3231 Austin Dr., Colorado Springs, CO 80909-1001.

To RYAN FLINT '00 and his wife, TALLY (FRENCH '00), M.A. '05, twin sons, Jack Alton and Oliver Ryan, born April 7, 2008. Jack and Ollie join Thomas, 4, and Ella, 19 months. Ryan graduates in June from his family medicine residency and will open a private, full-scope family medicine

practice in September 2008 in Parker, Colorado. Tally recently edited *The Mommy Diaries: Finding Yourself in the Daily Adventure* (Revell, May 2008). She is a full-time mom and part-time freelance editor and writer. 2820 Leyden St., Denver, CO 80207-2835. tallyflint@gmail.com, rcflint@hotmail.com

To KATIE (COLONNA '00) THOMPSON and her husband, Andrew, a son, Jackson Cole, on April 1, 2008. He joins big sister Lily. Katie is a teacher in the Ontario-Montclair School District, and Andrew is an architect for HMC Architects in Ontario. kkkkt@juno.com

To HALLE (WRIGHT '00)
WHITTINGTON and her husband,
Daniel, a son, Jackson Trine, on January
7, 2008. Jackson was born with a
bilateral cleft lip and palate. Follow his
story at www.jacksontrine.blogspot.com.
410 Foothill Rd., Shell Beach, CA
93449-2032. hbwhittington@gmail.com

To **JENNIFER (COLLINS '01) BOAL** and her husband, Daniel, a son, Joshua Alan, on February 8, 2008. He joins big sisters Rachel Kathryn and Abigail Marie. 836 Maitland Privado, Ontario, CA 91762-6866. jennboal@hotmail.com

WHERE IN THE WORLD ARE YOU WEARING YOUR APU CLOTHING?

Send us your photographs of the places you have been with your Cougar wear. If we print your submission, you will receive an APU T-shirt to wear while visiting your next exotic or interesting destination. Send your photos,* along with a description of the location where the photograph was taken, and your T-shirt size, to the Office of Alumni Relations, PO Box 7000, Azusa, CA 91702-7000, or alumni@apu.edu. *Please send high-resolution images or prints only.



30 Azusa Pacific University

21 To KRISTEN (MORAN '01). BORDONARO, M.A. '03, and her husband, **DAVID** '05, a daughter, Caterina, on September 11, 2007. She ioins big sister Natalia, 2. Dave and Kristen moved to New York last February, where David owns and runs a home improvement company, and Kristen is a stay-at-home mom as well as interior decorator for the company. 1377 Baker Ave., Schenectady, NY 12309-5713.

22 To CHAD LYNE '01 and his wife. AIMEE (MERKEL '02), a son, Camden William, on January 10, 2008. Chad works in private equity in Denver. Aimee stavs busy with Camden, 2436 Thistle Ct., Castle Rock, CO 46530-4911. clyne@stolbergpartners.com

23 To KEITH SPENCER '01 and his wife, MELISSA (KLEIN '02), a daughter, Joslyn Janae, on September 5, 2007. 18705 E. Arrow Hwy., Apt. 10, Covina, CA 91722-2017. keithwspencer@hotmail.com

24 To JANELLE (PATER '02) STEVER and her husband. NICK '02, a son. Kelan Andrew, on February 16, 2008. Nick is assistant principal in the Sylvan Union School District in Modesto. Janelle works part time as a school

psychologist in Ceres. 287 Cliffwood Way, Oakdale, CA 95361-4360.

25 To KRISTI (LOGAN '03) GARCIA and her husband, James, a daughter, Natalie Joy, on February 6, 2008. Kristi works at Fresno Pacific University in the undergraduate admissions office. James works as the materials manager for the Central California Endoscopy Center. 3418 E. Balch Ave., Fresno, CA 93702-3208. kristi_gar@yahoo.com

To KELLY (LYONS '01, '03) FORE and her husband, Doug, a son, Elijah James, on May 21, 2008. He joins big sister Makenna, 2. 750 E. Fifth St., #72, Azusa, CA 91702. dfore@hlpusd.k12.ca.us

To ANNE-THERESE (WRIGHT '03) **ENS** and her husband, Matthew, a son, on April 8, 2008. He joins big brother Caleb Judah, almost 2. 435 Crestmont Dr., San Luis Obispo, CA 93401. annetens@hotmail.com

IN MEMORY

SUE (SCOTT '35) SPISAK passed away on January 4, 2008. Born blue (not breathing) in a two-room cabin in Kentucky, her father knelt and prayed for her until he heard a faint cry. Her life was a miracle. She spent it in ministry

through Goodwill Industries, building the Skyline Wesleyan Church in San Diego, and caring for her family. She is preceded in death by her husband, Charles, and survived by sister Lois Reynolds, 9 grandchildren, and 10 great grandchildren.

ARDICE GLEATON '59 passed away on June 21, 2008. An LAPC graduate, she taught elementary school for 20 years in the L.A. Unified School District. Ardice returned to Azusa Pacific to serve as a dorm mother for four years. During this time, she met her husband, CAL '69, who was a student at Azusa Pacific College. Cal served as an active duty Army chaplain, while Ardice led music and spoke throughout their military ministry. They later settled in Sylmar and were active in their church. She loved her family, and to travel, read, and praise the Lord. She is survived by daughter Holly Kathleen Chapman and her husband. Bob; daughter Elizabeth Marlene; sister LONNIE MYERS '61 and her children, Von and Kristin; sister Angela Currier; and brother WES CURRIER '60 and his wife and two children. 12507 Haddon Ave., Svlmar, CA 91342.

26 GRACE (BEDSOLE '62) ZAZZARA died on April 25, 2008.

TERRY LEE MOHR '79 of Glendora went to be with the Lord on May 4, 2008 at the age of 51, after suffering a severe brain injury from a fall in January. He was born in Bloomington, Indiana. He graduated from Bellville High School in Bellville, Illinois, and later from Azusa Pacific University. He is survived by wife Dena, daughter Terrah, son Andy, granddaughter Beau, parents Tom and Mae, sister Debbie Cooper, and brother Tom. In lieu of flowers, the family established a college fund for Beau, whom Dena is raising. Please send donations to Lake Avenue Church and indicate "Terry Mohr Memorial Fund" in the memo field.

JOHN HOOD, M.A. '90, passed away on October 9, 2007. He was newly retired after serving for 36 years with Mission Aviation Fellowship in Indonesia. Suriname, Mexico, and Haiti, He is survived by his wife, and children Jon, Rebecca, Sharon, David, Michelle, and their families.











Homecoming and Dinner Rally Break Out

Same Great Events, Two Different Weekends

Mark Your Calendars

Homecoming/Family Weekend Dinner Rally

October 23–26, 2008 November 8, 2008

This year, APU celebrates Homecoming/Family Weekend and Dinner Rally on separate weekends. Homecoming festivities start on October 23 with the annual Alumni Golf Tournament. The rest of the weekend packs in activities for the whole family, including special luncheons, the Family Fun Zone, bed races, reunions, inductions into the Academic Hall of Honor, receptions, and of course, an In-N-Out Burger bash before the big game.

Dinner Rally caps the experience a couple weeks later with an evening of fine food and fundraising, but NOT on Friday. Some traditions are worth keeping, others require change. "Moving Dinner Rally to Saturday allows more of our

alumni and friends from out of town to attend the event," said Craig Wallace '81, executive director of alumni relations. "So many have expressed an interest in seeing the progress of the new science building. This way, they can check out the construction, meet up with old friends, and still make it to Dinner Rally."

Both Dinner Rally and Homecoming/Family Weekend represent APU's rich traditions and strong family ties. For more information on Homecoming and other alumni events, contact the Office of Alumni Relations at (626) 812-3026. For Dinner Rally information, contact the Office of University Advancement at (626) 812-5333.











GAIN AS YOU GIVE

BENEFITS OF PLANNED GIVING

- Enjoy a fixed income for the rest of your life.
- · Avoid capital gains.
- Benefit from significant charitable income tax reduction.
- Leave more for your family.
- Invest in the training of future Christian leaders.

APU can help you determine if your will and estate plans are thorough and up-to-date, and show you how to easily update your plans if needed.

For more information, contact the Office of Estate Planning at (888) 865-9769 or email stewardship@apu.edu.

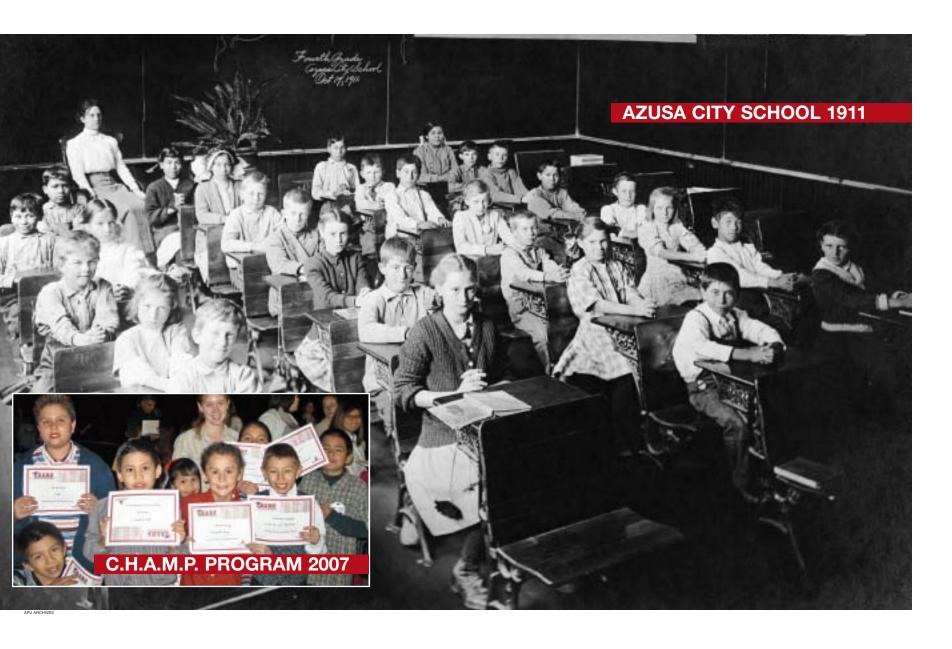


WHERE ARE YOU? *Send us an email or mail us an update.*

People would like to hear about you, and one of the easiest ways for them to do so is through Class Notes. Please fill out this form and mail it to: Office of Alumni Relations, Azusa Pacific University, PO Box 7000, Azusa, CA 91702-7000. Or, visit www.apualumni.com to post updates and photos at APU's Cougars Den online alumni community. If you would like to include a photo in Class Notes, please mail one with the form below or email a high resolution, 300 dpi jpeg file to alumni@apu.edu.

Note: Unless the box below is checked, this information will be published in APU Life and on the university website.

ALUMNI UPDATE							
Date	Class year						
Name	Maiden name						
Address	City	State	ZIP				
Telephone (h) (w) () Emai	1					
General information (employment, hobbies, graduate studies, honors, co	ommunity activities, etc.):						
Your comments on family, job, community involvement, other:							
Weddings (include bride's and groom's hometowns; spouse's APU class y	rear, if applicable; wedding location and date):						
Births (include baby's name and birthdate, and spouse's maiden name and APU class year, if applicable):							
\square I do not want my entry printed in <i>APU Life o</i> r posted on the univer	rsity website.						
· · · · -							



Azusa and APU

Jonathan Sayre Slauson founded the town of Azusa during the land boom of Southern California in 1887. Schools have long represented a core part of the town as the above photograph taken of an Azusa City School fourth-grade class on October 19, 1911 exemplifies. Carrying on that tradition, APU has played an important role in the Azusa community since 1946, when Pacific Bible College (forerunner to APU) purchased the Mabelle Scott Rancho School for Girls on the corner of Citrus and Alosta avenues. Today, through the Center for Academic Service-Learning and Research, APU continues the legacy with students going

out into the community and assisting in every Azusa public school. Likewise, every year approximately 700 fourth-grade students from the Azusa Unified School District come to the APU campus and participate in the College Headed and Mighty Proud (C.H.A.M.P.) Program, where they experience college life firsthand. With more than 50 programs like C.H.A.M.P. and a firm commitment to education and the community, APU and Azusa deepen and strengthen their relationship.

-Ken Otto, M.L.I.S., associate professor, special collections librarian

CALENDAR









			N	

AUC	SUST		
30	SA	3 p.m.	1998 Championship Football Team Reunion
			Join the 1998 championship football team for a 10-year reunion and celebration.
			Enjoy a guided campus tour, pre-game program, and dinner, followed by Cougar
			football vs. NAIA reigning national champion Carroll College. Complimentary
			dinner and football game tickets are available for championship team members,
			spouses, and children; all others \$20 for dinner, \$5 for football game.

SEPTEMBER

7	SU		Oregon Chapter Picnic Event Portland Parks and Recreation
			Washington Park: Site A
13	SA	6 p.m.	APU Football vs. West Texas A&M Canyon, TX
14	SU		Texas Chapter Picnic Waco, TX
16	TU		Alumni Dinner Dallas, TX
20	SA		Alumni Association Service Day—City Links Azusa
26	FR	5 p.m.	Alumni Dinner Theater: The Music Man
			Heritage Café, Mary Hill Theater Complex West Campus
27	SA	8:30 a.m.	Women's Breakfast with Sarah Sumner, Ph.D. Felix Event Center VIP Room

OCTOBER							
4	SA		Alumni Association Service Day—City Links Azusa				
10	FR	11 a.m.	San Diego Regional Center Alumni Luncheon Lecture				
			San Diego Regional Center Dr. Nick Yphantides '86 tackles the topic of health				
			stewardship with insight gleaned from his role as a doctor and his amazing				
			270-pound weight-loss journey.				
16	TH		Huntington Library and Botanical Gardens Tea Pasadena, CA				
22	WE	7 p.m.	Alumni Networking/Social Events West and East Inland Empire				
			Orange Pasadena Bring plenty of business cards to exchange.				

For more details and to register for alumni events, please go to www.apualumni.com.

ATHLETICS

AUG	BUST					
22-23	FR-SA		Women's Volleyball Cougar Classic Felix Event Center West Campus			
29-30 FR-SA			Men's Soccer Cougar Classic Soccer Field West Campus			
			Women's Volleyball Labor Day Festival Concordia			
30	SA	11 a.m.	Women's Soccer vs. William Penn Soccer Field West Campus			
		6 p.m.	Football vs. Carroll Cougar Athletic Stadium West Campus			
SEP	ТЕМВ	ER				
5-6	FR-SA		Women's Soccer Azusa Pacific Tournament Soccer Field West Campus			
			Women's Volleyball Carroll College Tournament Helena, MT			
6	SA	6 p.m.	Football vs. San Diego San Diego, CA			
9	TU	7 p.m.	Women's Volleyball vs. Fresno Pacific Felix Event Center West Campus			
13	SA	6 p.m.	Football vs. Texas A&M Canyon, TX			
16	TU	7 p.m.	Women's Volleyball vs. Hope International Felix Event Center West Campus			
20	SA	6 p.m.	Football vs. Wisconsin La Cross Cougar Athletic Stadium West Campus			

ATHLETICS continued

25 TH 7 p.m. Women's Volleyball vs. Cal Baptist | Riverside, CA

27	SA	12 p.m.	Football vs. Stevens Point Stevens Point, WI			
		1 p.m.	Men's Soccer vs. Embry Riddle Soccer Field West Campus			
		3 p.m.	Women's Volleyball vs. Westmont Felix Event Center West Campus			
30	TU	3:30 p.m.	Men's Soccer vs. Fresno Pacific Soccer Field West Campus			
ОСТ	OBER	1				
1	WE	3:30 p.m.	Women's Soccer vs. Fresno Pacific Soccer Field West Campus			
4	SA	6 n m	Football vs. Humboldt State Arcata CA			

ARTS AND CULTURE

7 p.m. Women's Volleyball vs. Point Loma | Felix Event Center | West Campus

AUGUST

2	SA	3 p.m.	The Los Angeles Collaboration	Museum of Biblical Art (MOBIA)
			Now York City	

7 TU 7 p.m. Women's Volleyball vs. Biola | Felix Event Center | West Campus

SEPTEMBER

SEPTEIN	SEFTEMBER						
25-27 TH-	SA 7:30 p.m.	The Music Man Main Stage Theater					
		Mary Hill Theater Complex West Campus					
28 SU	6 p.m.	University Choir and Orchestra Premier Concert Wilden Hall					
		East Campus					

OCTOBER

AUGUST 2-8 SA-FR

0	FR	7:30 p.m.	Faculty Recital Series Munson Recital Hall East Campus
			Robert Sage, DMA, piano
6_19	TILOA	7.00	Aution A.F
0-10	TH-SA	7:30 p.m.	Archie and Emma: A True Love Story Black Box Theater

SPECIAL EVENTS

Mexico Outreach: Summer Two | Rancho El Refugio |

	Eriseriaua, Mexico
SEPTEMBER 26-28 FR-SU	Family/Friend Weekend High Sierra Semester Emerald Cove Camp
OCTOBER 3-5 FR-SU	Mexico Outreach Mexicali Kids' Camp Mazon Guerrero Mexicali

HOMECOMING AND DINNER RALLY

OCTOBER

 23
 TH
 Alumni Golf Tournament | Oak Quarry Golf Course | Riverside, CA

 23-26
 TH-SU
 Homecoming/Family Weekend

NOVEMBER

8 SA 6 p.m. Dinner Rally

For a complete listing of upcoming events, visit www.apu.edu/calendar/.
For alumni events, visit www.apualumni.com/events/.

SUMMER 2008 35



Justice • Compassion • Action

Azusa Pacific University's Master of Social Work Program empowers you to advance social justice locally and around the world.

- Internships in the Greater Los Angeles area
- Integration of faith and social work practice
- Full-time and part-time options
- Two specialized concentrations

Community Practice and Partnerships Concentration

International social work, global relief and development, community advocacy, organizational leadership, grant writing, and more

Clinical Practice with Individuals and Families Concentration

Clinical practice in hospitals, schools, mental health care, child welfare agencies, older adult services, shelters, group homes, corrections, and more

CONTACT US:

CALL (626) 387-5724



CLICK www.apu.edu/msw



EMAIL Karen Maynard at kmaynard@apu.edu