

SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing lota Sigma Chapter Newsletter

Fall 2008

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President Elect: Lourdes Salandanan
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In This Issue

- 1 President's Report By: Dr. Marilyn Klakovich President, Iota Sigma Chapter
- 3 President Elect Report By: Lourdes C. Salandanan President-Elect, Iota Sigma Chapter
- 7 Announcing Fall Induction
- 8 Letters Home from a Fulbright Scholar in Norway By: Dr. Pamela Cone Co-Treasurer, Iota Sigma Chapter
- 13 An African Adventure By: Dr. Leslie VanDover Past President, Iota Sigma Chapter Professor, APU School of Nursing
- 18 Save The Date
- 19 Homeless Healthcare Outreach By: Dr. Connie Brehm, Member, Iota Sigma Chapter, Javier Guerra, Co-Treasurer, Iota Sigma Chapter
- 20 Azusa Pacific University, 2008 Homecoming Weekend, School of Nursing Alumni Dinner & Presentation By: Cathy McPhee, Vice President, Iota Sigma Chapter
- 21 Members in the News
- **26 2008-2009** Calendar of Events

IOTA SIGMA CHAPTER 232 PRESIDENT'S REPORT

By: Marilyn Klakovich President, lota Sigma

The Iota Sigma board and members have been involved in a whirlwind of activities since our summer newsletter, and there is no sign of slowing down yet. The articles and updates in this newsletter truly reflect Iota Sigma and APU's commitment to global health. As you will see in President Elect Lourdes Salandanan's report, members attended and presented at the International Research Congress in Singapore in July, and Lourdes continued her ambassador activities with members and other nurses in the Philippines. Also in July, our Treasurer, Pam Cone, arrived in Bergen, Norway to continue her research on spiritual care as a Fulbright Scholar at the University of Bergen. See her "Letters Home from a Fulbright Scholar in Norway." In August, Leslie Van Dover and a group of students began their "African Adventure." See their powerful and inspiring article, photos, and poem later in this newsletter.

In September, several of your chapter leaders (Secretary, Alison Riggs, Lourdes and I) attended Leadership Academy in Indianapolis (see President Elect report). In October, we were busy with final preparations for our Odyssey conference (see my report to follow). Also in October, the School of Nursing held an alumni dinner. Cathy McPhee, Vice President, will report on this event and Iota Sigma's involvement. Javier Guerra, who served as our student leadership intern last year, has graduated, passed boards and is working at Huntington Memorial Hospital. As if that doesn't keep him busy enough, he is assisting with the treasurer responsibilities while Pam is in Norway. See his

PRESIDENT'S MESSAGE, CONITUED FROM PAGE I

article on our ongoing community service activity with the Homeless Health Outreach. And last but not least, our Faculty Counselor/Governance Chair, Viann Duncan, has been planning our first fall induction in December. See her report on this upcoming event. After that, we will all be ready for the holiday break!

STTI Board Leadership Development Program Update

Here's a brief update on my activities since our last newsletter. I am now in the second phase of the program which focuses on a mentored experience with a national or international board. Dr. Elaine Tagliareni, President, and Dr. Cathleen Shultz, President-elect of the National League for Nursing (NLN) are my mentors as I work with and observe the NLN board. I was able to participate in a Governance Task Force Teleconference in August. At this meeting, new and revised policies to be voted on at the September board meeting were finalized. I was able to attend part of the September board meeting and observe my two mentors in action. I also attended the NLN Education Summit that followed the board meeting, and was able to observe them as they conducted the official annual meeting, town halls, and the awards dinner. I observed skills I can use to enhance the way I organize and conduct meetings. I also observed some effective communication skills that will assist me to grow in my leadership role.

Service Advisory Council Update

Kathie Taylor, past president of Iota Sigma, and I have continued to participate in conference calls with nurses from all over the world as we work together on the Service Advisory Council. Focus groups were conducted at the International Research Congress in Singapore in an effort to engage nurses from all over the world in this important dialogue. Additional focus groups were conducted at Leadership Academy in Indianapolis, and at our SoCal Odyssey conference in Cerritos. Each task force member has been gathering information from individual chapters on their service initiatives. We will use all of the information gathered to prepare a "white paper" for President Carol Huston, prior to the 2009 Biennial Convention.

Odyssey 2008: "A Call to Promote Knowledge, Leadership and Service"

On October 23 and 24, 11 STTI chapters representing 13 southern California universities plus one honor society representing a 14th university co-sponsored our 13th annual Odyssey research and education conference. President Elect of STTI, Karen Morin, a last minute replacement for President Carol Huston who was unable to attend, opened the first day with an informative and humorous talk on leadership skills needed for the 21st century. Day one closed with a presentation by Barbara Taylor from Point Loma titled "Transition to a BSN Program at a School of Nursing in India." She shared many photos and observations of what nursing is like in India today.

Day two opened with a disturbing yet inspirational talk by Jane Georges from University of San Diego. Her presentation "A Look at the Presence of Suffering through a Historical Lens" provided an ethical framework to help us understand why nurses participated in the atrocities during the Nazi regime. The day closed with a leadership panel. Discussants included Peggy Diller, Vice President, Patient Care Services, Anaheim Memorial, as well as Past President of the Association of California Nurse Leaders, (representing service), Kay Baker, former Associate Dean of the UCLA School of Nursing (representing education), and John Lantz, our STTI Region 2 coordinator (representing professional associations). They shared their insights with emphasis on ways service, education, and professional associations can work together to address nursing and healthcare issues now and in the future.

The two days were filled with research, innovation, and education presentations, poster sessions and an exhibit hall. Associate Dean, Renee Pozza, acknowledged the research award she received from Iota Sigma in 2006 for the study she presented: "Factors Influencing Hepatitis C Treatment in a Female HIV/HCV Coinfected Cohort." Many other Iota Sigma members attended. In addition to Renee, Fely dela Cruz, Phyllis Esslinger, Shirley Farr, and I collaborated on a podium presentation that I presented, and Shirley Farr and Trish Hanes did podium presentations as well. JoAnn Han and Lourdes won an award for their poster: "CVHP Mentorship and Professional Development (MAP) Program." You may recall that this program won a STTI Chapter Excellence Award in 2006. Also presenting their poster were June Rondinelli and Michele Pickerell. Those of you who attended our 2008 APU School of Nursing Research Day may recall that June and Michele won the graduate poster award at that event.

Kathie Taylor, Lourdes Salandanan and I will continue to represent Iota Sigma on the Odyssey planning committee as we begin planning for Odyssey 2009 to be held in October in the Inland Empire area. Stay tuned for updates throughout the year and we hope to see you there.

5th Annual School of Nursing Research Day

Iota Sigma will again be co-sponsoring the APU School of Nursing's Annual Research Day, to be held on Thursday, April 2 in the Felix Event Center. Please see the "Save the Date" flyer included in this newsletter. All Iota Sigma members are invited to attend. We will also be holding our Iota Sigma Annual Meeting that day at 4 PM.

Calling all Inactive Members

If you are an inactive member, now is a good time to renew your membership and get involved in any way that meets your needs. Our membership dues allow us to support many of the initiatives discussed in this newsletter, in addition to providing scholarships and research grants to our members. If you need assistance with renewing your membership, please email me at mklakovich@apu.edu

Hope to see you at one of our upcoming events!

PRESIDENT-ELECT REPORT BY: LOURDES C. SALANDANAN • PRESIDENT-ELECT, IOTA SIGMA CHAPTER

STTI Leadership Academy2008

Marilyn Klakovich, Alison Riggs, and I had the opportunity to participate in the recent STTI Leadership Academy. The Academy took place at the Hyatt Regency in downtown Indianapolis from September 25th to the 27th. There were a total of 469 STTI delegates from 259 chapters representing 11 countries. President Carol J. Huston presided over the opening plenary session with her enlightening and entertaining presentation entitled "The Leadership Journey".

The networking opportunities at the event started the moment you registered to gather your program materials and ended when you boarded your plane. The STTI staff members were very cordial and the STTI members were very friendly. The programs, events, and concurrent sessions ran smoothly. I even continued to network with others while I volunteered and assisted at several of the events. The volunteer activities were also very satisfying.

Cynthia L'Amour was one of our featured speakers. I chose to attend several of her workshops because she presented topics that I thought were pertinent to my role in Iota Sigma. Her topics include: (1) how to be a hit at the party and build connections to enhance your career; (2) how to turn "generation me" into active members and (3) how to create an irresistible board experience for your volunteer. I also attended a session regarding leadership succession planning and involving nurse leaders.

The Showcase of Regional Excellence Awards was a special event. It was both fascinating and encouraging to learn about the various activities in which STTI members are engaged. It was evident that Iota Sigma is among the high-performing chapters.

Several regional meetings were also held during the academy. The meetings allowed us to meet and renew friendships with Region 2 Members. Our Regional Coordinator, John Lantz, prepared activities and presentations for the Region 2 delegates including a hat making contest. During one of the meetings, I was asked to speak to the Region 2 delegates about our efforts to establish a STTI chapter in the Philippines. The delegates expressed strong interest and support of our efforts.

One of the most enjoyable activities at the academy was our trip to the STTI Headquarters. The historical displays at the headquarters have always captivated my interest in our profession's past and future. It was during our visit to the headquarters that both Marilyn and I had the chance to film our greetings for the Philippine National Nurses' Research Conference (NNRC).

PRESIDENT-ELECT REPORT, CONITUED FROM PAGE 4

New STTI Chapter in the Philippines

Two of our Iota Sigma Chapter members, Caster Palaganas and Jerome Babate, are co-convening the National Nursing Research Congress (NNRC) in the Philippines. The NNRC will take place on November 14th and 15th. The target audience includes nursing researchers, leaders, and academicians. We realize that the event will be an opportune time to announce the plans to establish a STTI chapter in the Philippines. During my summer visit to the Philippines I delivered STTI informational brochures and book markers for the attendees. As sponsors of the program, we were invited to send a video taped greeting to the attendees. To view the video Marilyn and I made, please click on or cut and paste the following address unto your browser:

http://www.youtube.com/watch?v=40aF57wHLvU.

Both the University of the Philippines, College of Nursing (UPCN) and the STTI Governance Committee have been actively involved in the acquisition of information about each other's institution. The UPCN's curriculum was sent to STTI for review by the Governance Committee and STTI's primer was sent to the UPCN for review by the Chancellor's office. The Chancellor has yet to officially approve the establishment of STTI at the UPCN and the STTI Governance Committee has yet to approve the establishment of the new chapter in a university that is not accredited but has demonstrated excellence in academia. During my dialogue with Philippine nurse leaders, I discovered that there are no accrediting bodies such as the NLN in the Philippines. In the meantime, dissemination of information is taking place in a careful and culturally sensitive manner.

Upon the suggestion of John Lantz, Region II Coordinator, I met with the UPCN's alumni association. The association's meeting took place at Shriner's Hospital for Children in Los Angeles on October 11th. During the meeting I presented a brief history and background of STTI along with the plans to establish a chapter in the Philippines. They were able to view our videotaped greeting to the attendees. I also gave them a copy of an article I wrote for the STTI website regarding the ambassador program. To view the article click on: http://www.nursingsociety.org/VolunteerConnect/Pages/Philippines.aspx.

The UPCN Board members were delighted to hear the information and requested that I write an article for their website about STTI and the UPCN. I sent the article to their webmaster during the last week of October.

PRESIDENT-ELECT REPORT, CONITUED FROM PAGE 5

Biennial Chapter Key Awards

We started the Chapter Key Awards application process in summer. Since then, we have been collecting data to demonstrate the exemplar activities and accomplishments of our esteemed members. I would like each one of you to continue to think of your activities, along with our other members whose activities you are familiar with, and contemplate whether the activities and accomplishments meet the 5 key criteria of the award: (1) leadership; (2) knowledge; (3) service; (4) community; and (5) sustainability. The activities must have taken place from July 2007 to June 2009.

The Chapter Key Awards process has evolved into an electronic process. International Headquarters are not requiring us to submit hard copies of supportive documents as they did in the past. I sent an inquiry regarding the amount of documentation they expected me to send. Kim Ellison, STTI Chapter Administrative Coordinator replied to me and others on the listserv, "The Key Award process is completely paper-free this time. You may want to have the paperwork handy just in case a judge asks for verification, but we are going on the honor system." Although this connotes less paperwork to send to STTI, we still need to gather all the supportive documentation for our packet. On a positive note, the submission process appears simpler and faster as many electronic processes seem.

If you would like to send me suggestions and ideas about activities that may meet the Chapter Key Awards criteria, please e-mail me at lsalandanan@mail.cvhp.org.

Have a safe and happy fall season!



Iota Sigma delegates: Marilyn Klakovich, Lourdes Salandanan, and Alison Riggs



Region 2 Delegates at the Leadership Academy, wearing hats they created during a regional meeting activity.

Announcing Fall Induction

Iota Sigma Chapter 232
December 12, 2008 at 2:15pm.
Munson Chapel on East Campus

THE IOTA SIGMA BOARD WOULD LIKE TO INVITE
ALL CURRENT MEMBERS
TO ATTEND THE DECEMBER INDUCTION EVENT
TO BE HELD ON THE
SAME DAY AS THE SCHOOL OF NURSING PINNING CEREMONY.

BECAUSE APU HAS SEVERAL NURSING PROGRAMS
THAT START AND END DURING A 15 MONTH PERIOD OF TIME
IT OFTEN OCCURS THAT THE STUDENTS ARE NOT ELIGIBLE
FOR THE SPRING INDUCTION.
THUS WE ARE PILOTING A FALL INDUCTION CEREMONY
TO ENABLE STUDENTS TO BE HONORED PRIOR TO GRADUATION.

WE HAVE INVITED STUDENTS FROM
EENAP SAN BERNARDINO, CAPS, AND NURSE LEADERS
TO JOIN SIGMA THETA TAU.
WE HAVE ALSO INVITED NEW MEMBERS
WHO WERE UNABLE TO ATTEND THE INDUCTION CEREMONY
LAST SPRING TO JOIN US FOR THIS INDUCTION EVENT.

PLEASE COME SUPPORT YOUR IOTA SIGMA CHAPTER AT THIS FALL INDUCTION.

December 12, 2008 at 2:15 pm • Munson Chapel on East Campus



LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY BY: DR. PAMELA CONE CO-TREASURER, IOTA SIGMA CHAPTER

August 2, 2008

This is a quick note to let you know of our safe arrival in Bergen, Norway. We have a lovely one-bedroom apartment on the 9th floor of a building next to the university hospital and a block from the school of nursing. Out our back door onto the balcony that runs along the doorways of all the apartments, we see a mountain rising behind us with trees that seem to be almost in reach, and extending upward above us. It gives a lovely feeling of being in the forest! Out our private front balcony, we have a glorious view of the city of Bergen...to the left, beyond the city is a small mountain that tapers down to the bay just right of center, and to our immediate right, another mountain curves down to the bay as well, so that the city is nestled among mountains, and the setting sun reflects on the bay... There is either an island or maybe a peninsula beyond the bay, so we are literally surrounded by wonderfully green mountains! It is truly a beautiful city!

I do have a fair amount of work to complete my proposal: 1-a Grounded Theory study of spiritual care using focus groups from the undergrad students, public health students, graduate students, faculty, and possibly alumni nurses; 2-a writing assignment to complete a book on GT; and 3-a pilot study among the elderly regarding how their felt needs are being met. I also have my own writing agenda, and I need to polish the five articles I have written, related to my dissertation, and send them off. So, lots of work, but more time delegated to these projects.

August 31, 2008

What a busy month this has been! First, getting settled in & making our apartment into a home, then meeting my colleagues at the University of Bergen, in the graduate school of nursing, and at Haraldsplass Diakonal Hogskole (HDH), a Christian nursing program before clarifying my role at each site.

I will be 50% at each place, and my role is about 50% teaching & 50% research, though the research is the most crucial thing. We agreed that I would have an English mentoring role as part of my teaching responsibilities, as well as teaching seminars at the BSN, MS, and PhD levels. They are really excited about having me here, so that's really good. As for my research, we contacted the Norwegian National Medical Ethics Board and they said that we do not need their clearance since we are talking with students and will take no names or signatures, so we went to the Norwegian Social Department for approval of research that falls into the social & educational realm. My Fulbright contact at HDH is Dr Tove Giske, a friend of 7 years through the Spiritual Care Research Network, helped me read the Norwegian application form and fill it out. Then we sent it off with a request to expedite the review. My project will be to do focus group interviews with teachers & students from all levels of nursing education at each of the four nursing programs in the city of Bergen. That means at least 2 groups at the

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONITUED FROM PAGE 8

University (UiB), and at least 4 each at HDH, Betanien (BDH), and Haukeland (HiB). BSN programs here are 3 years long but require general courses (like the humanities) to be taken prior to attending their BSN. UiB has only graduate programs, and there are many of them with nurses having a choice to focus on Global Health, Health Promotion, Nursing Science, Nursing Theory, and Mental Health Nursing, to name a few.

We also have had some wonderful travel opportunities. The Giske family loaned us their car and set up an itinerary for a 5 day trip to see western Norway & the fjords. Wow! What breathtaking scenery! You can see some of our trips if you go to our Google pictures site www.picasaweb.google.com/dacones and check them out. I understand the Norwegian people & culture much better having seen the country a bit more. We also had a trip to Oslo for our formal Fulbright Scholar Orientation. We met 28 American Fulbrighters, most in masters programs in Norway, and got to tour the Nobel Peace Center as well as have a reception in our honor at the Nobel Institute! I turns out that there are 8 Fulbright Scholars in Bergen, and we formed a group to meet monthly for tea or dinner. I think 5 of us are doing post doctoral work while the others are in various stages from the last year at their university to PhD programs. We also met the US Ambassador and his wife and shared our research plans for our 6 month stay.

On our return, I met Tove to work on our project, and we wrote an invitation letter for the university leaders to give them the synopsis of the spiritual care project. We also revised the consent form into an information sheet so that no names are ever gathered. This will ensure complete anonymity for all participants. After eating lunch with the teachers, another enjoyable social event, I went home to dress for the UiB faculty Blatur (the a has an o over it) which is described as an "out of the blue" tour because it is a surprise evening with dinner for the whole faculty. Three of the staff plan it & try to keep the suspense up about where we would eat. First we had hors d'oeuvres in the dining hall at 4pm where we had dancing entertainment – a couple danced the Salsa, Tango, Congo & one other dance that I can't remember, then some teachers danced for fun... Then we went on a walking tour of the hillside above Bergen for about 45 minutes (I had a walking partner who stayed back with me when we went uphill to steeply) and then down through the cobbled streets of old Bergen & finally, to the wharf and a Mexican restaurant overlooking the bay. It was very nice, and I got to know several of the teachers & doctoral students. It poured rain as I went to get the bus, so even though it was still light at 10 pm when I was walking home, it was raining quite hard! I got my feet wet, but it was a great evening.

One last note.... I realize that Norway is small and has less people than Greater LA, but I was stunned to receive approval in ONE WEEK! That was exciting, and it enabled me to start the recruitment process.

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONITUED FROM PAGE 9

End of September, 2008

Here in Bergen, we are enjoying an "Indian Summer" of sorts, so there has been only a little rain. Davy says he doesn't know if Bergen is really a rainy city like Seattle or not, since we have seen very little evidence of it – only the very green trees, flowers, & shrubs (and mossy rocks). We are definitely in the Fall season, though, because the weather has turned cold & there is that fall smell & nip in the air. The leaves are beginning to turn lovely colors, too (interesting that this Norwegian computer thinks I should spell that as colours – I guess it's the British influence)! So it's really nice weather still. Daylight has been an interesting phenomenon because the time for sunset has changed as has the location! When we came, it got light by 7am and was still light at 10:30pm. Now it gets light around 8am but gets dark around 7pm. Also, the location of sunset is dramatically different. Davy thinks more 40 degrees of change! As a Californian, I had no idea we would watch sunset move southward like that! Interestingly, because the Gulf Stream (ha-ha! I wrote GOLF at first!), the mountains, and the sea, there are a lot of weather changes throughout the day. It might be cloudy & cold in the morning and bright sunshine later in the day, so you have to be prepared for any type of weather!

My research is going well, I have had two interviews that were with faculty & will have some student interviews next week. I am transcribing tapes (a slow process) but am already hearing some recurrent themes. So I will begin memo writing today. This is encouraging to me because there are cultural & religious differences in Norway that I have been trying to understand... Like, do they not discuss spiritual issues because things of faith are VERY private & they don't want to intrude...perhaps these things are considered implicit & do not need articulation? Or is it because they have almost no mention of spiritual concerns in the curriculum (even though Norwegian nursing holds to four dimensions - biological, psychological, social, & spiritual)? So I have to work on understanding what is going on as well as discovering a grounded definition of spiritual care (most think it is religious, so they add the word 'existential' when discussing needs that are not directly bio-psycho-social in nature). I am also looking at the process whereby they learn to give spiritual care, and that has some very interesting issues, some that seem universal and some that seem specifically Norwegian.

As far as teaching is concerned, I have taught Transcultural Nursing (& will one more time) to BSN students in their final year for the Health Promotion/Disease Prevention module; they have 8 week modules for all courses and include a fall break as well as a spring break. Norway does not regulate their clinical hours like California does, so some do their entire 5 week clinical in another country (Bangledesh, Tanzania, & Nigeria right now). At the master's level, I will be teaching Observational Research methods (next Monday - four hrs lecture & group activities) and then later a seminar (3 hrs) on Spiritual Care. At the doctoral level, I taught a seminar on "Bending the Directives of Glaserian Grounded Theory for Doctoral Studies" that was very well received (I have taught in the EdD program at APU as well as giving a one hour lecture for our nursing PhD students' Qualitative series). In November I will be doing an Introduction to Qualitative Approaches for the newer graduate students (both masters & doctoral together) who are beginning to plan their research projects. So I'm keeping busy with that as well.

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONITUED FROM PAGE 10

One note that I can't help but add is that my husband & I were invited to attend the HDH Faculty Development workshop for this fall (it is partially funded by the Norwegian gov't) and it took place in Athens! Yes, Athens, Greece! So we spent 6 days in Greece discussing Greek philosophers, exploring the Acropolis, working on the Vision & Mission statements of HDH, sharing ideas about Faith Integration, and planning for the future. During our historical walks, we circled the Acropolis twice, watched them restoring the Parthenon, and stood and listened to the Apostle Paul's sermon re-enacted on the Areopaugus where he addressed the first century Athenians about their worship of the "unknown god". There were a few committee meetings that I did not attend, which allowed us to visit the National Archeological Museum. It was a wonderful & amazing trip!

October 28, 2008

This is my monthly update on my Fulbright work in Bergen, Norway. To make sure you get a feel for where we are living & working, I will describe this day for you... Today I experienced an amazing phenomenon—Falling snow & sunshine! The recent rains with high winds have denuded many of the trees, so the colourful panorama we used to see out our big picture windows 10 floors up has changed quite dramatically. Many trees are bare, and even my lovely Prayer Walk under the trees that lift all the tips of their branches heavenward have lost many of their leaves. The city is still lovely, though, and many interestingly shaped buildings and rooftops are now in view. Well, today it turned cold, and we awoke to a dusting of snow on all the mountains around Bergen as well as a lightly falling snow outside our apartment. Davy & I also noticed that the sun was shining on the city rooftops! It seems that with the sun almost on the southern horizon, sunshine is able to reach underneath the cloud cover and shine across the valley. It was breathtaking! I walked to the bus stop through the carpet of leaves and tried to catch snowflake clusters in my mittens (mildly successful). My breath was a white vapour & I was grateful for gloves borrowed from my son Hal, boots from my Norwegian friend Tove, and a good coat from my Norwegian friend Berit. I praise God for them & pray for them every time I wear these things! The snow kept falling for several hours, and the sun shone at an angle—if it had been rain, there would have been a rainbow. Now, four hours later, the sky is a clear blue with sunshine on the buildings and no hint of further snow. What an amazing world!

On with my research report... My proposal, approved by the Norwegian Social Research Department, is to be done at four sites with teacher and student focus group interviews at each site. BSN education is done in three years after students have gone to some sort or junior college for broad education (though some with extremely high scores in High School get credit like we do with AP credit for high school courses and can go straight into a BS program in professional studies). To get a broad student perspective on spirituality, spiritual care, and how they learn to give it to patients, I decided to do at least one focus group at each level of study at each site. So that means three levels of interviews at the undergraduate programs along with a teacher group, and one at the graduate level along with a teacher group. So far, I have been able to do 2 groups of masters in nursing students & 1 teacher group at UiB,

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONITUED FROM PAGE I I

1 student group & 2 teacher groups at HDH, but none yet at BDH or HiB where I am having some scheduling challenges.

I have transcribed one interview that was an hour and a quarter long (whew! It took forever!), I and will do the others as soon as I can manage it. Data analysis has also begun. I am using Glaserian Grounded Theory which requires simultaneous data collection & analysis to achieve "constant comparative analysis" for best results. Early themes are emerging, though it's too soon to identify any processes or even the categories. That will come in the days ahead. So, I have made great progress in the almost three months that I have been here. I am pleased with the work so far and am excited about the possibilities of how this research can benefit nursing education here in Norway.

I have also had the opportunity to attend the 100th anniversary of the oldest nursing school in Norway, 90th anniversary of the oldest Christian nursing program, the 25th anniversary of the Norwegian Nurses Christian Fellowship, the HøstFest (Harvest Festival), Tove Giske's PhD graduation, and a number of great seminars. I think I mentioned meeting Dr Patricia Benner at one, and I met Dr Eric Cassell (The Nature of Suffering) at another. All in all Fulbright experience has been wonderful and I highly recommend it!

AN AFRICAN ADVENTURE BY: DR. LESLIE VANDOVER PAST PRESIDENT, IOTA SIGMA CHAPTER PROFESSOR, APU SCHOOL OF NURSING

What is it like to be a nurse in South Africa? The School of Nursing (SON) set out to find answers to this question through participating in APU's "Study Abroad" program this fall. After a year of preparation by Dr. Pamela Cone and a group of SON faculty and students, eleven senior undergraduates and I arrived in Cape Town at the end of August, ready to begin classes at Cornerstone Christian College. Twenty-five other APU students also study a variety of subjects here, under the direction of Dr. Reg Codrington. The winter rainstorms in Cape Town were fierce, but the warm welcome of the people eased our transition into this beautiful city at the southern tip of the continent. We managed alright, settling in and becoming familiar with the history and culture of the country. We arrived at Pietermaritzburg in Kwa-Zulu Natal Province on the Indian Ocean in October. Here we began the intensive academic class work for nursing issues and ethics, research, and both classes and clinical practicums in community health clinics and a rural hospice. Joining me as adjunct faculty, physician Dr. Wendy Hall and nurse Glenda Tuckell have busied themselves teaching us about health care in South Africa, learning and teaching classes in our curriculum, giving us "crash" courses on HIV/AIDS prevention, detection, and treatment, and helping supervise students in their clinical work.

The clinics where students practice are located in many "township" areas where most of the poor live. The cycle of poverty in the context of post-apartheid South Africa brings a unique set of problems. Homes are constructed of sticks with dried mud plastered over it, or from cinderblocks, or brick. The unemployment rate is very high in some neighborhoods, and both drug and alcohol abuse is prevalent. A sense of helplessness and hopelessness affects many. Few have running water on their property, and almost everyone uses a "backhouse" or "privy" instead of a flush toilet indoors. In one township, about 65% of the population is HIV+, including people of all ages. What would you do if these conditions applied in your city? This is the challenge for health professionals and the church in South Africa. The students see nurses bravely caring for adult and pediatric patients with HIV/AIDS, TB, STDs and other common communicable diseases; antenatal supervision is also provided at the clinics, so there are lots of opportunities for students to practice these aspects of women's health care.

In the clinics, each student works 1:1 with a registered nurse who is seeing patients who sometimes sit patiently for many hours waiting for care. The language of the indigenous people here is primarily Zulu, with some Xhosa and Setswati (from Swaziland). Immigrants from Zimbabwe, Mozambique, Malawi and other African nations speak their own languages, and sometimes this creates communication difficulties. Students are carefully supervised, because clinic nurses function in modified advanced practice roles, using nationally published clinical practice guidelines to assess patients, primarily by reported symptoms or using a medical diagnosis made at a regional referral center. These nurses both prescribe and dispense medications for everything from low CD4 counts that indicate progression of HIV to AIDS, to roundworms and multi-drug resistant TB. Without large numbers of nurses working in

AN AFRICAN ADVENTURE, CONITUED FROM PAGE 13

these primary care roles on the front lines, the needs of this population would immediately overwhelm the health care system. Other challenges have emerged at the political level, where much good work is done, but is sometimes compromised through ignorance, denial, or advocacy of unhealthy practices. A new Minister of Health has recently been appointed, and she is doing well so far – a hopeful sign to nurses and doctors.

Our home visiting with care workers from a Hospice team in a rural area near here is almost exclusively to AIDS patients; along with older adults, many young people in their twenties and thirties are dying at home. Here there is a 4-bed hospice, a haven for the ill created by members of a local church. Many patients recover and return to their homes, some several times, before succumbing to an opportunistic disease. Having lost so many adults in the community, elderly grandmothers and others struggle to care for their grandchildren and neighbors. Our students do see hope in the children of this community, cared for at Mpopohmeni Family Center during the day and after school, so their surviving parent can work. How do we convey to you a sense of both the struggle and the promise of South Africa's people? The magnitude of the problems posed by poverty and HIV here is overwhelming – really too much to take in. And God, working in and through thousands of people and organizations, is present. We pray "Thy kingdom come. Thy will be done," here in homes, villages, and cities. Each of us can do a little ... and altogether it makes a difference.

A Student's Viewpoint

I wrote this poem after a clinical day at an organization called Ethembine, in which I had the opportunity to visit the homes of people with HIV. Ethembine, which means "A Place of Hope" in Zulu, provides home-based care and hospice care to people living with HIV/AIDS. Ethembine is located in an area that has one of the highest HIV prevalence rates in South Africa. Seeing the scope and impact of HIV has been overwhelming, disheartening, and almost incomprehensible. Being at Ethembine this week, has reminded me of how much difference just one organization, one clinic, or one nurse can make. Ethembine truly is a place of hope - in the tender care they provide for those dying of AIDS, in the support they provide to families affected by HIV/AIDS, and by empowering the community through small micro-enterprise projects. I would not have been able to be a part of this organization and learn from the staff of Ethembine without the APU Nursing Study Abroad program. I hope that many nursing students will have this same opportunity to be challenged, shaped, and changed by experiencing nursing in South Africa.

~ Sunny (Laurel) Bishop, Iota Sigma Member

AN AFRICAN ADVENTURE, CONITUED FROM PAGE 14

Cries of a Beloved Country

Do you hear? Do you hear the cries? Do you hear the cries of the suffering? Alone. Weak. Ill. Dying.

Cries from a mother's heart.

The fresh mound of soil in front of her mud house,

where she laid to rest her daughter, just shy of twenty years.

Cries from a toddler's belly.

No one to look after him while his mother went to the city.

She took his dying baby sister to the hospital. No neighbors or relatives in sight.

Who will feed him today?

Cries from a man.

Once strong and able. An award of excellence from a previous job hangs on the wall of his mud house. Struggling to stand, he prays to the Lord, his God.

Cries from a grandmother.

Barely enough to feed herself. The sole caretaker for a house full of grandchildren. Frail in body, but strong in spirit and faith.

Cries from a young woman.

Too sick to work. No husband in the picture. No income. How long will she have to wait for help? She lives with her sisters. Sisters, three of them, all dying of AIDS.

Cries from a young man.

Still in Standard 12. Stubborn and prideful. In the prime of life, yet thin and weak.

Cries from a woman.

She sits alone in her house, trying to keep warm under the blanket over her shoulders. Pain accompanies her day and night, pain from her broken body and pain from her broken heart.

Cries from a baby.

Only three weeks old. Her mother, still only a child herself.

Do you hear the cries of the suffering? Do you hear their cries?

Does the world hear their cries?

I have heard their cries. I have seen their tears.

What can I do Lord? What can I do when I see my brothers and sisters suffering?

Lord, I open my ears to the cries of this beloved country.

I open my heart to be broken and stirred by the suffering of your children.

I open my mind to be challenged by the realities of this world.

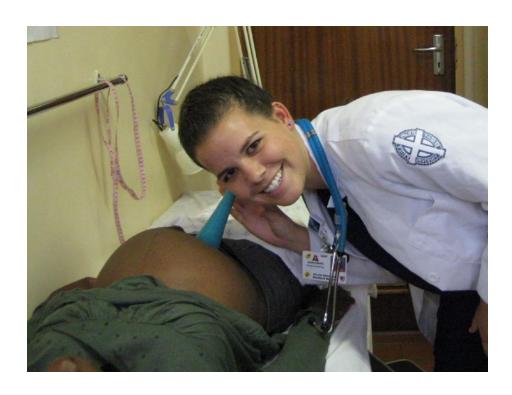
I open my life to be used for Your glory.

Daniel 9: 18-20 · Isaiah 50: 5 · 1 Samuel 7: 8-9 · Lamentations 3: 55-57



On September 30th the students and faculty in South Africa take a bus to go to their first day of clinical at the "East Boom" Clinic. This clinic sees 1,000 patients each day.

SOUTH AFRICA PHOTO ALBUM







SAVE THE DATE

5th Annual School of Nursing Research Day April 2, 2009 9 a.m. - 4 p.m.

Felix Event Center Azusa Pacific University

- Plenary Speakers
- Concurrent Sessions
- Posters

Continuing Education Units Available

Sponsored by the School of Nursing and the lota Sigma Chapter of Sigma Theta Tau International

HOMELESS HEALTHCARE OUTREACH BY: DR. CONNIE BREHM, MEMBER, IOTA SIGMA CHAPTER, JAVIER GUERRA, CO-TREASURER, IOTA SIGMA CHAPTER

The APU School of Nursing's Outreach to the Homeless!

Our second planning meeting was be held Thurs. Nov. 13 in the School of Nursing. All APU nursing students and faculty are invited to participate in this outreach effort. Notices and sign-ups are all managed via e-mail. If you are interested, please contact Connie Brehm at cbrehm@apu.edu and information regarding the outreach will be forwarded to you. Come and serve one night or every night we are there!

Azusa Pacific University School of Nursing has partnered with the East San Gabriel Valley Coalition for the Homeless since the fall of 1997 to bring health care to the homeless clients of the Coalition's Winter Shelter Program. The Coalition operates the shelter program within selected churches throughout the East San Gabriel Valley during the months of December through March each year. Up to 230 homeless persons may be housed within a church per night. The faculty and students of the School of Nursing bring health services to the shelter's clients on a weekly basis every Thursday night, while preparing begins early in the evening. Clients are provided a health assessment, first aid care, and treatment for acute health problems, many times as a result of chronic conditions compounded by homelessness. The nurses also provide a referral service for those with more urgent or complex problems. Health education and some preventive care services are also offered. The weekly health outreach is staffed by two or three School of Nursing faculty and up to 12 nursing students who sign up from courses at all levels of curriculum (BSN to master's and doctoral). This experience provides students with an opportunity to work in the community with a vulnerable and complex population, with little dependence on health care technology. Sigma Theta Tau board members have supported this outreach through their volunteer participation in providing health services and donations.

This homeless outreach has received funding from various sources over the years, such as: APU Office of the Provost - Faculty Grants Program, for start up for the first two years of operation, 1997 and 1998; the ESGV Coalition for the Homeless (1999-2000) the California Health Manpower Commission (2001 & 2003); the Los Angeles Homeless Services Authority (2004 & 2005); and the Institute for Urban Research and Development (2006 and 2007). Unsolicited private donations have also been received in significant amounts. The Director of the APU Homeless Health Outreach is Connie Brehm PhD, RN, FNP who is Professor of Nursing at APU..

AZUSA PACIFIC UNIVERSITY, 2008 HOMECOMING WEEKEND, SCHOOL OF NURSING ALUMNI DINNER & PRESENTATION

BY: CATHY MCPHEE, VICE PRESIDENT, IOTA SIGMA CHAPTER

Azusa Pacific University School of Nursing held an Alumni Dinner and Presentation on Friday, October 24th as part of the University's Homecoming Weekend. The Keynote speaker was Yolanda Nunn, Past President of UCLA Alumni Association, whose topic "Safeguarding the Mission: Mobilizing Alumni to Make a Difference" was most relevant to the occasion and well received. President Jon Wallace presented opening remarks of praise and encouragement to the School of Nursing and their Alumni preceding the dinner.

Recent and past graduates enjoyed "mini" reunions as they encountered classmates and favorite teachers. Undergraduate and Graduate levels were both represented. Our first class of 1977 was represented and the Classes of 1992 and 2006 were the most represented, each with 5 graduates attending!

Participants were able to tour the School of Nursing, updated Skills and Computer Labs, and the new adjacent Science Building (under construction). The APU Alumni Relations Office, Rick Givens and his team and the Office of Advancement, Andrea McAleenan, generously supported the event.

Original and early faculty members in attendance were Rose Liegler (Past Dean), Aja Tulleners Lesh (Present Dean), Elaine Goehner, Susan Smith, Connie Austin, and Karla Kendall Richmond. Current and past faculty were represented by Cathy McPhee, Julia Pusztai, Melinda Pfost Dicken, Johanna Obando, and Anita Boling.

A special recognition was given for our School of Nursing 2008 Academic Hall of Fame Inductees, Debbie Walsh '95 (President/Chief Executive Officer USC University Hospital/USC Norris Cancer Hospital and STTI Member) and Juli McGowan '01 (Community Mobilized for HIV/AIDS Prevention/Treatment; Empowering Lives International, East Africa and STTI Member). Formal Induction was held October 25th.

The recently reactivated SON Alumni Association plans to make this an annual event. We encourage all of our Iota Sigma members who are APU graduates, to contact Renee Pozza, Associate Dean and President of the SON Alumni Association for more information (RPozza@apu.edu) about future activities.

MEMBERS IN THE NEWS

Congratulations to our Iota Sigma members Dean Aja Lesh and the faculty of the School of Nursing at Azusa Pacific University (APU) for the award of a full 10-year accreditation by the Commission on Collegiate Nursing Education (CCNE).

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Kudos to Dr. Vicky Bowden, School of Nursing, and colleague Dr. Cindy Greenberg, California State University-Fullerton, on their paper presentation at a regional conference.

Bowden, V. & Greenberg, C. (2008, September). Your clinical practice: Tradition or science. Paper presented at the 12th Pediatric Critical Care Conference. Loma Linda University, Loma Linda, CA.

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Bravo to Dr. Felicias dela Cruz on her selection to be in a national advisory group.

Dr. Fely dela Cruz was selected by the American Association of Colleges of Nursing (AACN) to be on an advisory board to participate in a project supported by a grant from the California Endowment (CAE). It will develop competencies for Master's and Doctorally-Prepared Nurses.

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Kudos to Dr. Felicitas dela Cruz, Dr. Marilyn Klakovich, Phyllis Esslinger, Dr. Patricia Frohock Hanes, and Shirley M. Farr, all of the School of Nursing, on a presentation at a national conference.

dela Cruz, F., Klakovich, M., Farr, S. M., & Esslinger, P. (2008, September). Transitioning second career students to nursing. Symposium presented at the National League of Nursing Education Summit 2008. San Antonio, TX.

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Bravo to Dr. Patricia Hanes, School of Nursing, on earning an advanced certification and status.

Dr. Patricia Hanes earned the designation Certified Nurse Educator (CNE) after successfully completing a rigorous certification examination developed and administered by the National League for Nursing (NLN). The NLN currently lists only 19 Certified Nurse Educators in the state of California. Dr. Hanes is the first APU faculty member to have this designation.

The Certified Nurse Educator is an advanced practice in nursing certification that is somewhat like a Clinical Nurse Specialist, recognizing nursing education as a separate and unique nursing specialty. Dr. Hanes expresses appreciation for the support of the School of Nursing in helping her prepare for this certification exam.

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Kudos to Dr. Patricia (Trish) Hanes, School of Nursing, on three paper presentations, two at international conferences and one at a state conference.

Hanes, P. (2008, July). Beyond the basics: Strategies for facilitating classroom discussion. Paper presented at the 19th International Research Congress Sigma Theta Tau International Honor Society of Nursing, Singapore.

Hanes, P. (2007, November). Development of a composite cognition instrument for nursing care of combat casualties: Pilot testing and data collection. Paper presented at the 39th Biennial Convention of Sigma Theta Tau International Honor Society of Nursing, Baltimore, MD.

Hanes, P. (2007, October). The Hanes Multilevel Interdisciplinary Student Mentoring Model: Update. Paper presented at 12th Joint California Chapters Sigma Theta Tau International Odyssey Conference. San Diego, CA.

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Kudos to Dr. Linda Hansen-Kyle, School of Nursing, on a paper presentation at an international conference.

Hansen-Kyle, L. (2008, October). Older women and transitions: Making choices to preserve a sense of self. Podium presentation at the 14th Annual Qualitative Research Conference, Banff, Canada.

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Kudos to Dr. Linda Hansen-Kyle, School of Nursing, and her colleague Dr. Patricia Bradley, York University, Toronto, Canada, on their paper presentations at an international conference and paper publications in the conference proceedings.

Hansen-Kyle, L. & Bradley, P. (2008, June). Narrative pedagogy and nursing role assimilation for second career students. Podium presentation at the 3rd International Blended Learning Conference, University of Hertfordshire at Hatfield, England.

Bradley, P. & Hansen-Kyle, L. (2008, June). Integrating evidence-based critical thinking through the use of personal digital assistants (PDAs): An exploratory study of the development of professional nursing roles in associate degree nursing students. Podium presentation at the 3rd International Blended Learning Conference, University of Hertfordshire at Hatfield, England.

Hansen-Kyle, L.L. and Bradley, P.A. (2008). Narrative pedagogy and nursing role assimilation for second career students. In H.J. Miller & A.L. Jeffries (Eds) Third International Blended Learning Conference 2008: Enhancing the student experience (pp. 205-216). Hatfield, UK: University of Hertfordshire Press.

Bradley, P.A. and Hansen-Kyle, L. L. (2008) Integrating evidenced-based critical thinking through the use of personal digital assistants (PDAs): An exploratory study of the development of professional nursing roles in associate degree nursing students. In H.J. Miller & A.L. Jeffries (Eds) Third International Blended Learning Conference 2008: Enhancing the student experience (pp.165-171) Hatfield, UK: University of Hertfordshire Press.

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Bravo to Virginia Hart-Kepler, School of Nursing, on receiving a doctoral research award.

Virginia Hart-Kepler has been awarded the Victor E. Schimmel Memorial Nursing Scholarship for 2008. The award is sponsored by the Camden Group. It will assist her with the study she will conduct for her dissertation. She is one of three recipients to receive the highly competitive award for doctoral research.

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Kudos to Dr. Marilyn Klakovich, Dr. Felicitas dela Cruz, Ms. Phyllis Esslinger, and Ms. Shirley Farr, all of the School of Nursing, on their co-authored paper presentations at a state conference.

Klakovich, M. D., & dela Cruz, F. A. (2008, October). The Pre-Professional Clinical Competence Scale: Ongoing validation. Paper presented at Nursing Odyssey 2008, Cerritos, CA,

dela Cruz, F. A., Klakovich, M. D, Esslinger, P., & Farr, S. M. (2008, October). Strategic NCLEX preparation for second-career students. Paper presented at Nursing Odyssey 2008, Cerritos, CA.

Farr, S. M. (2008). Maintaining student cohort cohesiveness during an individualized internship program. Paper presented at Nursing Odyssey 2008, Cerritos, CA.

* * *

Bravo to the School of Nursing's Dr. Aja Lesh, Anna Hefner, and faculty and staff and Dr. David Bixby, Executive Vice President, and Dr. Lou Hughes, Director of Office of Sponsored Research and Grants, on their award of a government grant.

Dr. Lesh, Ms. Hefner, Dr. Bixby, and Dr. Hughes and the School of Nursing Faculty and Staff (2008, July) successfully secured a U.S. Department of Education Grant totaling \$383,187. The Project Title is "Nursing Program Congressionally Directed Award to Develop a Human Patient Simulator Nursing Skills Lab at APU's San Bernardino Campus." The total cost of the project comes from federal funds.

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Kudos to Maria Matza for her award from the California Endowment-AACN as the 2008 Miniority Nurse Faculty Scholarship awardee.

Maria Matza is a doctoral student at the University of San Diego working on her PhD. Her clinical interests encompass family health, vulnerable populations' mental health, and Crohn's disease. Maria has been teaching at Azusa Pacific University since 2002. For five years, she was President of the Orange County Chapter of the National Association of Hispanic Nurses Association where she provided leadership on a regional level. She continues to serve on their Board of Directors and mentors new leaders. She also served a 6-year term as President of the California School Nurse Organization-Southern Section.

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Kudos to Dr. Anne P. Odell, School of Nursing, on her paper presentation at an international conference.

Odell, A. (2008, October). Aligning methods with tradition: Hawaiian wellness and "talk story." Paper presented at the 9th Advances in Qualitative Methods Conference, Banff, Canada.

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Congrats to Amanda Oswald, senior APU nursing student and April 2008 inductee to the Iota Sigma Chapter for being awarded the "A Nurse I Am" Scholarship.\

Azusa Pacific senior nursing student and San Jose, Calif. resident Amanda Oswald was awarded a \$2,000 scholarship for her winning entry in the Cherokee Uniforms "A Nurse I Am" contest. Oswald's essay was 1 of 10 chosen for the scholarship prize.

Cherokee is the leader in the design of fashionable scrubs for nurses and other health care professionals, bringing innovative style, comfort and quality to medical scrubs, nursing uniforms, and healthcare footwear.

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Kudos to Patricia Perry, School of Nursing, and Chris Pasero, Clinical Consultant, El Dorado Hills, on their invited presentation at a regional conference.

Perry, P. & Pasero (2008, June). INROADS into pain management: Improving nursing response for optimal analysis and drug safety. Invited presentation at a "Meet the Experts" regional meeting held in conjunction with the Annual Business Meeting of the American Society for Pain Management Nursing, Southern California Chapter, Pasadena, CA.

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Kudos to Dr. Karla Richmond, School of Nursing, on her paper presentation at an international conference.

Richmond, K. (2008, October). Giving voice for the secretly suffering: Safety and women survivors of childhood sexual abuse. Paper presented at the 9th Advances in Qualitative Methods Conference, Banff, Canada.

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Kudos to Dr. Leslie Van Dover and Jane Pfeiffer, School of Nursing, on their presentations at an international conference.

Van Dover, L. & Pfeiffer, J. M. (2008, September). Bringing God near: The nurse's process of providing spiritual care in health ministry. Paper presented at the Nurses Christian Fellowship International Quadrennial Congress. Jos, Plateau State, Nigeria.

Van Dover, L. & Pfeiffer, J. M. (2008, September). Renewed spiritual identity: Receiving spiritual care from a parish nurse. Paper presented at the Nurses Christian Fellowship International Quadrennial Congress. Jos, Plateau State, Nigeria.

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Kudos to Dr. Leslie Van Dover and Ms. Jane Pfeiffer, School of Nursing, on their two paper presentations at national conferences.

Van Dover, L. & Pfeiffer, J. (2008, June). Renewed spiritual identity: Receiving spiritual care from a parish nurse. Paper presented at the Innovations in Christian Nursing Education Conference, Indiana Wesleyan University, Marion, IN.

Pfeiffer, J. & Van Dover, L. (2008, June). The healing power of gratitude in health ministry relationships between parish nurses and their patients. Workshop presented at the Annual Meeting of the Health Ministry Association, Irvine, CA.

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DECEMBER 2008 - NOVEMBER 2009 CALENDAR OF EVENTS

Board Meeting 8-12 Final Exams

12 Iota Sigma Fall Induction 12

Pinning

Winter Commencement

DECEMBER '08								
S	S M T W Th F S							
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28	29	30	31					

JANUARY '09 S M T W Th F 1 2 3 7 8 9 5 6 10 11 12 13 14 15 16 17 19 20 21 22 23 24 25 26 27 28 29 30 31

12 Board Meeting and Freshman Welcome

12 Spring Classes Begin

19 M.L. King Jr. Day

9 Board Meeting and STTI 13

	Informational Meeting
-16	Presidents' Day Holiday
	(University open on 2/16)

FEBRUARY '09								
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MARCH '09							
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Common Day of Learning

Board Meeting

Faculty/Staff Appreciation Breakfast

Komen Race for the Cure L.A. Rose Bowl

Research Day/Annual Meeting 4-13 Spring Induction

13 Board Meeting

Spring Induction

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31								

Final Exams Pinning 8

9 Commencement **Board Meeting** 11

Memorial Day

Board Meeting

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Fourth of July 13-17 Research Congress, Cancun

DECEMBER 2008 - NOVEMBER 2009 CALENDAR OF EVENTS, CONITUED FROM PAGE 26

AUGUST '09									
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7 8 14 Labor Day Fall Classes Begin Board Meeting

12 Board Meeting

31 Biennial Convention Starts Indianapolis

	OCTOBER '09								
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NOVEMBER '09							
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Biennial Convention 1-4 Indianapolis Board Meeting

26-27 Thanksgiving Break