

SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing Iota Sigma Chapter Newsletter

Summer, 2008

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Vice President:	Cathy McPhee
Immediate Past President:	Kathleen Taylor
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Treasurer:	Pam Cone
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IOTA SIGMA CHAPTER 232 PRESIDENT'S REPORT

By: Marilyn Klakovich
President, Iota Sigma

Our renewals and new members have exceeded our goals during our 20th Anniversary year! Be sure to check out Cathy McPhee's report on our largest induction ceremony ever – the culminating event for our celebration year.

Having a large membership base is important so we can create a wider community of nurses who together can contribute to the honor society's mission and vision in their own way. Our international president, Carol Huston, has invited all of us to get involved in Vision 20:20. If you have not already done so, be sure to check out Carol's call to action "Leading Globally" <http://www.nursingsociety.org/aboutus/CalltoAction/Pages/CalltoAction.aspx> and consider ways that you can get involved. A good way to let the board know of your involvement interests is to complete a VIPProfile (see the VIPProfile article in this newsletter issue). Iota Sigma earns key award points when our members complete their profiles.

Student Leadership Intern Recruitment

One way to get involved at the local level is to apply to be a student leadership intern for Iota Sigma. Please see information and application in this newsletter.

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PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 1

Board Leadership Development Program

I am pleased to report that I was accepted in the Board Leadership Development (BLD) Program, sponsored by Sigma Theta Tau International. The program began in May, 2008 and concludes March, 2010. The first step was to attend the BLD Institute, held at Sigma Theta Tau International headquarters in Indianapolis, June 2008. The Institute included spending a half-day observing the Honor Society's board of directors meeting. Speakers at the 3-day workshop included current STTI CEO Pat Thompson, former STTI CEO Nancy Dickenson-Hazard, current president-elect Karen Morin, and past president Dan Pesut. The second phase focuses on a mentored experience with a national or international board. Dr. Elaine Tagliareni, President, and Dr. Cathleen Shultz, President-elect of the National League for Nursing (NLN) will be my mentors as I work with and observe the NLN board.

I am planning to apply what I learn to my leadership of our Iota Sigma board during my final year as president, and to share information with our other board members.

Service Advisory Council Update

Kathie Taylor, past president of Iota Sigma, and I have been participating in conference calls with nurses from all over the world as we work together on the Service Advisory Council. Kathie is chairing a subcommittee charged with defining who our stakeholders are for service. Next steps include conducting a focus group at the International Research Congress in Singapore in an effort to engage nurses from all over the world in this important dialogue. Those of you who attended our Iota Sigma Annual Meeting on March 25, 2008 had an opportunity to participate in a focus group to define service and identify service activities in which Iota Sigma is involved. Lourdes Salandanan, our President-elect, will represent Iota Sigma at the Congress.

Odyssey 2008: "A Call to Promote Knowledge, Leadership and Service"

Kathie Taylor, Lourdes Salandanan and I continue to represent Iota Sigma on the Odyssey planning committee. We will be busy over the summer getting ready for our October 23, 24, 2008 conference. Please see the flyer included in this newsletter for additional information. If you work for an organization that would like to exhibit at the conference, please email mklakovich@apu.edu for more information. We look forward to seeing you at this and other events during Iota Sigma's upcoming 2008-2009 year

APU SCHOOL OF NURSING PRESENTS 4TH ANNUAL RESEARCH CONFERENCE

By: Viann Duncan

The Iota Sigma Chapter of the Honor Society of Nursing, Sigma Theta Tau International, sponsored the continental breakfast and poster session that opened the 4th Annual Research Day at Azusa Pacific University School of Nursing.

The research conference theme this past March was “Addressing Health Disparities.” Health disparities in nursing care can be seen in the quality of care given to different racial, ethnic, and socioeconomic groups. There doesn’t seem to be equal health care for each person in the United States much less the world. Health Resources and Services Administration defines health disparities as “population-specific differences in the presence of disease health outcomes, or access to health care” (Goldberg, Hayes & Huntley, 2004). These are all areas of interest to the nursing student within this university. The speakers included Loretta Sweet Jemmott, PhD, FAAN, RN, Kathleen C. Charmaz, PhD and Janet C. Menten PhD, APRN, BC.

Jemmott’s research topic was *HIV Prevention Research: A Model to Reduce Health Disparities among Vulnerable Populations*. She explained her experience working with the black and Latino teenagers in the Philadelphia area and around the world. She was able to share her expertise with the diverse audience of students and leaders. The students especially reported that they were inspired to become research nurses in order to promote health and disease prevention.

Dr. Charmaz came from her position as Professor in the Department of Sociology at Sonoma State University. She shared her dissertation research on the vulnerable population of patients that were dealing with a chronic illness of some kind. She interviewed many patients and then used qualitative analysis to construct a theory. Though she was not a nurse all students came away with a better understanding of qualitative research.

The third speaker was Janet C. Menten PhD Associate Professor from UCLA School of Nursing. Her research program focused on improving the care of frail nursing home elders in areas of oral hydration, oral care, pain management, and management of acutely confused/delirium patients. This vulnerable population is the fastest growing population of patients by age. The students learned that research could be done on simple problems that would improve patients’ health.

The afternoon was filled with concurrent sessions including:

Jemmott	<u>Working with Hard to Reach Populations,</u>
Charmaz	<u>Problems and Possibilities in Conducting Qualitative Health Research,</u>
Menten	<u>Research with Frail Elders,</u>
Anita Bralock	<u>Working with Vulnerable Populations,</u>
Catherine Heinlein	<u>Challenges in Working with Diabetes and Obesity</u>
Felicitas A. dela Cruz	<u>How to Get Funded</u>
Cindy Smith-Idell	<u>Translating Research in Practice Settings.</u>

One of the most profound statements made that each nursing student needs to remember is that “Knowledge alone will not change behavior.” Even though the purpose of nursing research is to improve patient outcomes, the nurses and patients themselves must be empowered to change.

Goldberg, J., Hayes, W., & Huntley, J. “Understanding Health Disparities.” Health Policy Institute of Ohio (November 2004), page 3.

RESEARCH DAY POSTER WINNERS

Iota Sigma Chapter of the Honor Society of Nursing, Sigma Theta Tau International, was happy to sponsor the Poster Session and the Student Poster Competition at the 4th Annual School of Nursing Research Day. Iota Sigma is pleased to announce the following winners of the Poster Competition:

Graduate school winner: *From P.I.C.O. to G.R.E.A.T: A Successful Search Process*. June Rondinelli RN and Michele Pickerell RN both in the MSN-CNS master's program at APU developed this poster. The grad students explained that many bedside nurses are overwhelmed when there is a need to do a literature review to find evidence-based practice to support implementation of a new idea or technique. This poster was to educate nurses using the acronym P.I.C.O and G.R.E.A.T to help bedside nurses know where to start their research. For more information please contact June at jrondinelli@apu.edu or Michele at mpickerell@apu.edu.

The Undergraduate Student winning poster: *UNRS 210 Clinical at St. Joseph LATCH*. The following students accepted the award as a clinical group Nimota Aleje, Brianna Beeman, Janet Canlas, Noreen Garcia, Jenny Horgan, Sara Jackson, Dameisha King, Tim Thomas, and Melody Winslow of the undergraduate school of nursing. The poster explained the effects of skin-to-skin contact of new born health infants to their mothers immediately after delivery until the baby's first feeding. The students use observational skills to gather data for the poster.

Each winning poster was awarded a monetary prize of \$200 to be divided among the students listed on the poster. Iota Sigma is very proud of these students and hopes to inspire more students to participate in the poster contest at the next Research Day.

ANNUAL SPRING INDUCTION, SILENT AUCTION AND 20TH ANNIVERSARY OF THE IOTA SIGMA CHAPTER OF THE HONOR SOCIETY OF NURSING, SIGMA THETA TAU INTERNATIONAL

Ninety-Seven Azusa Pacific University School of Nursing students and local community leaders were inducted into Iota Sigma on April 18, 2008. Over \$1000 was again raised by a silent auction to support our efforts to provide funding for nursing scholarship and research.

Thirty-seven Undergraduate, 10 Second Career in Nursing (SCAN), 27 Early Entry into Nursing and Advanced Practice (EENAP), 13 Graduate, and 2 PhD students at Azusa Pacific University, as well as 8 community nurse leaders, were inducted into The Honor Society of Nursing, Sigma Theta Tau International (STTI).

Undergraduate inductees included junior students Mallory Bayless, Laurel Bishop, Julie Evans, Amanda Fleming, Harry Ford, Bethany Garcia, Nicole Hetschel, Katie Miyake, Alysa Muzny, Amanda Oswald, Diana Perez-Gutierrez, Melissa Putich, Angela Rens, Amy Syres, Sarah Tamayo, Sonja Vryhof, and Ashlee Wong. Senior students inducted were Veronica Dougherty, Polly Feeney, Jessica Hogg, Shelby Huffman, Kimberly Kinghorn, Jessica Maniaci, Heather Morehouse, Ashley Morris, Jennifer Orona, Marla Sabicer, Shannon Voigt, and Rebekah Walsh.

Registered nurses from the RN to BSN program inducted were Tracie Girard, Linda Kirby, Robin Stout, Janell Carrasco, Katherine Falco, Peggy Holland, Wesley Werner, and Ann Marie Whaley.

Students inducted from the Second Careers and Nursing program (SCAN) included Mary Edem, Elizabeth Godwin, Vivian Gonzalez, Rachel Kantharia, Sharon Leigh Ives Kirchheimer, Marcia Lee, Elizabeth Lott, Wina Navarro, Kristy Sutton, and Thomas Yoon.

Inductees from the Early Entry into Nursing Advanced Practice Program (EENAP) included registered nurses Josephine Andrion, Yasmine Arastu, Kristen Chiesa, Liza Esquerra-Ladrillono, Chelsea Fleisher, George Kang, Irina Petruta, Renamie Santomin, Wendy Sherman, Jami Vanderwielen_Patel and Jennifer Whitelock and students Darrilyn Demouchet, Ronnel Diaz, Sharif Fauad Elakabawi, Sandi Epperson, Claudia Gonzalez, Leslie Hernandez, Luciana Ly, Ashley Ott, Michael Rose, Dolores Basaldua, Eileen Evangelista, Francine Hife, Joyce Nieh, Sheryl Sagucio, Brynne Asako Sarigan, and Erin Zentner.

Graduate students inducted were Registered Nurses Robin Covey, Eve Cruz, Jennifer Derrah, Karen French, Jessica Gregory, Lori Lion, Tritia Murillo, Michele Pickerell, Martha Ruiz, Tonya Santiago, Ron Shistick, Jerremie Siegfried, Elsa Yedinak, and Leabeth Ganaden Yick.

Doctoral students enrolled in our PhD program, Khaled Alomari, MSN, RN and Suzette Talbott, MSN, RN, were also inducted.

Local nurse leaders inducted were Jim Adams, APRN-PMH, BC, Terry Boehmer, RN, MSN, CPNP, Arron Chapman, BSN, RN, Joyce Garber, BA, RN, Dinah Herrick BSN, RN, Joyce Jacobs, RN, BSN, Margaret Souza, RN, BSN, CHMC, and Karl Van Allen, BSN, RN.

ANNUAL SPRING INDUCTION, SILENT AUCTION AND 20TH ANNIVERSARY, CONTINUED FROM PAGE 5

Financial scholarships were awarded to Diana Perez-Gutierrez & Rachel Kantharia. A research grant was given to Virginia Hart-Kepler MN, RN, FNP-C for her study entitled “How do Mexican Immigrants Make DM2 Self-Care Decisions.”

A financial award for community service was given to two APU medical missions teams on which nursing students are traveling to the Dominican Republic/Haiti and India this summer.

The 2008 Excellence Awards were presented to Kathy Dawson, MSN, RN, (Tri-City Medical Center; President-Elect of the Association of Nurse leaders) for Excellence in Nursing Leadership, Heidi Funk, MSN, RNC, CNS (Citrus Valley Medical Center) for Excellence in Clinical Practice, and Maria Aurora Suarez, BSN, RN (Citrus Valley Health Partners) for Excellence in Education.

Founding Iota Sigma member, past APU School of nursing Dean and current Vice Provost of the University, Dr. Rose Liegler, was recognized for her numerous contributions and retirement.

The keynote speaker, John Boucher, RN, MS-NSA, FABC, from Scripps Healthcare in San Diego, presented his research based understanding of how specific personality characteristics, such as hardiness and self esteem, can help us attain caring efficacy in today’s turbulent workplace environment. His information was certainly timely and applicable and was appreciated by all in attendance.

Thanks to the generosity of the attendees, \$1600.00 was raised for scholarship activities. All these activities, awards, and financial scholarships provided by Iota Sigma serve to promote Sigma Theta Tau International’s goals, which include fostering, developing, and connecting nurse scholars and leaders worldwide to improve health care and promoting nursing excellence through research and leadership. We appreciate all who support us in these efforts.

The Induction of 2008 and 20th Anniversary of Iota Sigma was a tremendous success and an enriching experience for all who attended. Next year’s Induction promises to be just as rewarding. Save the evening of April 17, 2009.



Sigma Theta Tau International Honor Society of Nursing

Iota Sigma Chapter Student Leadership Internship Position

ELIGIBILITY

Undergraduate: Jr. inductees in May for following year

Graduate: Newly inducted MSN or PhD student in May who will be continuing coursework for following year

HOW TO APPLY

Submit application for position at induction or email to mklakovich@apu.edu

HOW SELECTED

Selected by board members including at least one member from the eligibility committee.

TERM

May to May

RESPONSIBILITIES AND ACTIVITIES

Attend monthly board meetings and report on activities

Attend and volunteer at the Research Conference in Oct. of the Southern Cal STTI

Attend Chapter Leader Academy or Biennial Convention*

Assist with student information sessions

Should be member of some committee i.e. Awards, Funding Raising

May want to 'shadow' board member

Make one professional presentation

And other duties as assigned

*Dependent on year of internship

Undergraduate Intern Only: Holds Sigma Theta Tau liaison position in SNAP. Attends SNAP meetings and communicates between SNAP and Iota Sigma.

INTERNATIONAL NURSE SCHOLAR CONTINUES RESEARCH IN HAITI

By: Pam Cone, Iota Sigma Treasurer

Iota Sigma Chapter member, Elcie Thoby, RN, APN, is a nurse scholar who has been conducting research in north Haiti for over 10 years. Inducted into our chapter of STTI as an international member in 1998, Elcie is an avid community health advocate and researcher. Elcie is one of six nurses from her BSN cohort who went on to advanced practice in community health through a distance program offered by Johns Hopkins University in the 1990s. Through this program, these nurses learned about research as well as health promotion and disease prevention.

Elcie keeps precise records of her work in women's health as well as among the chronically ill in the north zone of Haiti, which is under her leadership as a representative of Haiti's Department of Health. Her work among rural Haitians suffering from tuberculosis is longstanding and thorough. She developed an innovative approach to design a culturally sensitive approach to drug regimen adherence that was extremely successful. Elcie provided community teaching and then mentored accountability partners, chosen by the patient, who took over the leadership role in maintaining the complex drug regimen for the patient, who remained in the culturally defined dependent sick role. Among the 80% of patients who adhered to the regimen, the cure rate was an astonishing 100%. This success prompted her to pass on her findings to fellow community health nurses in other parts of the country of Haiti.

Currently, Elcie's protocol is being used with tuberculosis patients all over Haiti with great success. It is also being adapted for use with HIV/AIDS patients. There is great hope that, with the use of this culturally sensitive approach, many will be given a chance to live a longer, more healthy life. We are proud of the work of our Haitian member of Iota Sigma Chapter of the Honor Society, and we look forward to hearing more from her in the future.

THE SIGMA THETA TAU INTERNATIONAL AMBASSADOR PROGRAM

By: President Elect - Lourdes C. Salandanan, MSN, RN-BC, NP-C

Late last year when Marilyn Klakovich suggested that I assist our Sigma Theta Tau International (STTI) members in the Philippines in establishing a local chapter in the country, I immediately accepted the responsibility. I knew that this project would be worthwhile for me. Since I visit the Philippines on a regular basis, I was excited to work on a long-term project with the nursing leaders and academicians of the country.

Through Marilyn's help I started to communicate with key STTI members residing in the Philippines including Rusty Francisco and Iota Sigma Chapter members Jerome Babate and Erlinda "Caster" Palaganos. I immediately planned on meeting with them this summer along with other nursing leaders to promote the establishment of a chapter in the Philippines. I started to develop a presentation that I intended to deliver during our meeting.

As I started gathering information for my presentation, I started to understand more about STTI and the process in which they promote the organization. The more I learned about the processes in place, the more I appreciated the organization and its comprehensive recruitment efforts. After several phone calls and e-mails to Megan Cummings, who was at the time the global development specialist, Megan invited me to become an ambassador for STTI.

The ambassador program is designed to increase STTI's visibility and membership base. Although STTI has always had great ambassadors, this program's intents are to formalize their efforts thereby increasing member interest in serving as an ambassador and to create a consistent, informed message about the society's new initiatives and purposes.

As an ambassador, I now have access to resources for promoting the organization including: power point presentations and talking points about the organization including its history, mission, vision, and goals, membership advantages, and establishment of a chapter. Other available resources include brochures, fact sheets, and bookmarks. I am also now a part of a list serve which keeps me connected with others who are also in the process of establishing a chapter. The organization always informed me of available materials regarding the establishment of a chapter such as webinars, newsletters, and phone conferences.

Sigma Theta Tau International has also set expectations of its ambassadors. We are expected to fund our trips and act as stewards of the available resources. The organization expects that ambassadors be sensitive to the culture of the target population. We are expected to submit reports, of the outcomes of the effort, to the headquarters on a timely basis. As an educator I found that the expectations are nil compared to the amount of time and effort one usually pours into the development of presentations and handouts.

The materials will come in very handy when I meet with the Philippine nurse leaders and academicians in Manila in July. Our STTI members residing in the Philippines are arranging the meeting. I am also planning to meet with the members attending the International Research Congress in Singapore.

During the meetings, along with a detailed explanation about STTI, we will also discuss the importance of establishing such an organization in the Philippines. Discussion will focus on how to establish a chapter in the country that is culturally appropriate, the challenges that they may encounter, and most importantly steps to address the challenges.

THE SIGMA THETA TAU INTERNATIONAL AMBASSADOR PROGRAM, CONTINUED FROM PAGE 10

During previous communication with Iota Sigma Chapter members in the Philippines, the following have been identified as challenges unique to the country:

- Stigma against organizations with Greek letters in its name– there is much apprehension about joining an organization with Greek letters because historically membership in such organizations have been found to be worthless and yet expensive
- Financial challenges – the Philippines is a developing country
- Lack of active membership – Philippine nurses tend to seek employment abroad

We have also identified a major opportunity to present information about the event. Iota Sigma Chapter members Jerome and Caster are coordinating a national conference entitled, “Adventures of Nursing Research: Stories from the Field”. The two day conference is scheduled on November 13 & 14, 2008. The meeting will attract the attention of many nurse leaders in the Philippines and we hope it will be a good venue to deliver information about STTI. Brochures and bookmarks have been acquired in preparation for distribution at the event.

At this point, we have found that the journey to establishing a STTI chapter in Philippines is a long and challenging one. But with the enthusiasm and commitment of our STTI members in the Philippines, we remain hopeful that we can meet the challenges that we have identified.



The Honor Society of Nursing, Sigma Theta Tau International appreciates your interest in the mission of the society. As we strive to support the learning and professional development of our members, who strive to improve nursing care worldwide, your talents are needed and valued. Whether you consider yourself a novice or an expert, volunteering your time on a chapter, regional or international level for projects or tasks helps you demonstrate your talents, hone new skills, network and grow in your profession.

Please accept our invitation below to utilize VIPProfile, Your Opportunity Connection. By indicating your areas of interest and expertise on this Web tool, we get to know you and are better able to match you with satisfying areas of service.

You are invited . . .

What: VIPProfile - Volunteer Interest Profile

Your interests and talents are valued and Sigma Theta Tau International wants to place you in a meaningful volunteer position. The VIPProfile is a tool designed to assist us in matching volunteers with rewarding volunteer opportunities in the areas of their interest. We invite you to fill out VIPProfile today.

How: How to Access VIPProfile

To access VIPProfile, go to the Sigma Theta Tau International Web site, www.nursingsociety.org and click on the link listed on the right of the main page, or type the following URL into your browser: <http://www.nursingsociety.org/VIP>. Please note that you will need to have your **member number** available to enter the site.

When: ASAP

We do not want to delay in placing you in an opportunity based on your interests and expertise.



Sigma Theta Tau International
Honor Society of Nursing

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www.nursingsociety.org

MEMBERS IN THE NEWS

Congratulations to Dr. Margaret A. Brady, School of Nursing, for being a co-author on a book with colleagues Dr. Catherine Burns, Professor Emeritus, Oregon Health Science University, Dr. Ardys Dunn, Retired Professor, University of Portland, Ms. Nancy Starr, Pediatric Nurse Practitioner, Aurora Pediatric Associates, Aurora, CO., and Ms Catherine Blosser, Multnomah County Health Department, Portland, OR. And congratulations to Dr. Brady on her seven chapters in the textbook, one with APU colleague Ms. Jan Bazner-Chandler, School of Nursing, and one with APU Adjunct Professor, Ms. Catherine J. Goodhue, School of Nursing.

Burns, V., Dunn, A., **Brady, M.**, Starr, N., Blosser, C. (2009). *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. (2009). Chapter 18: Role relationships. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. (2009). Chapter 22: Introduction to diseases and pain management. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. (2009). Chapter 23: Infection, diseases and immunizations. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Goodhue, C. & Brady, M. (2009). Chapter 24: Atopic and rheumatic disorders. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. (2009). Chapter 31: Respiratory disorders. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. (2009). Chapter 36: Dermatologic diseases. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

Brady, M. & Bazner-Chandler, J. (2009). Chapter 37: Musculoskeletal disorders. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

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Congratulations to Dr. Constance Brehm, School of Nursing, on her publication of a chapter in a textbook.

Brehm, C. (2009). Chapter 39: Common injuries. In V. Burns, A. Dunn, **M. Brady**, N. Starr, & C. Blosser, *Pediatric primary care, 4th ed.* St. Louis, MO: Saunders-Elsevier.

* * *

Congratulations to Dr. Pam Cone, School of Nursing, on receiving a Fulbright Scholarship.

Cone, P. (2008). *Understanding the preparation for spiritual care giving by nurses and student nurses in Norway.* Project awarded a Fulbright Scholarship.

“My award is half lecture and half research. I will be teaching qualitative methods of research, with a particular focus on Grounded Theory (though I will teach all qualitative methods). In addition, I will serve as a methodologist for doctoral students doing Glaserian GT. The nursing school (Deaconess College) will also loan me to other departments in the university for lectures on GT in other disciplines.

MEMBERS IN THE NEWS, CONTINUED FROM PAGE 13

While I will work with several projects already in place at Bergen University (including one among the elderly), my primary research focus will be a study among nursing students (undergrad, grad, and Public Health Nurse Certificate students) and faculty, and perhaps alumni, if we can manage it. We will be exploring the preparation for spiritual care giving that nurses perceive they receive during their nursing education. We plan to use a survey tool for a quantitative study being done by other nursing faculty at Deaconess College (University of Bergen), and I will conduct focus groups and individual semi-structured interviews with students for the qualitative piece.

I plan to explore student and faculty understanding of spirituality in relation to spiritual care giving in their nursing role as well as the preparation they receive to give this type of care. My objective is to describe the process of preparation and training that students receive to provide spiritual care to their patients. The research questions will be: What is your understanding of spirituality? How does spiritual care relate to nursing? What is the process whereby you were given preparation and/or training to administer spiritual care to your patients? How would you describe your experience of giving spiritual care?"

* * *

Kudos to Dr. Pam Cone and Dr. Leslie Van Dover, School of Nursing, on a paper presentation at a national conference.

Cone, P. & Van Dover, L. (2008, February). *Creating a writing course for incoming master's students*. Paper presented at the American Association of Colleges of Nursing (AACN) Master's Conference, Newport Beach, CA.

* * *

Special Announcement: Bravo to Dr. Felicitas dela Cruz and Dr. Linda Hansen-Kyle, both of the School of Nursing, on receiving a grant for the School of Nursing.

Dr. dela Cruz and Dr. Hansen-Kyle were awarded \$84,000 of a Song-Brown capitation grant from the California Healthcare Workforce Policy Commission. This funding is to help support the costs (including faculty, support services, etc.) associated with training a full-time RN student in the Second Careers and Nursing (SCAN) program and the Early Entry into Nursing Advanced Practice (EENAP) program at San Diego.

* * *

Kudos to Dr. Felicitas dela Cruz, Dr. Marilyn Klakovich, Ms. Shirley Farr, and Ms. Phyllis Esslinger, all of the School of Nursing, on their paper presentation at a regional conference.

dela Cruz, F. A., Klakovich, M.D., Farr, S., & Esslinger, P. (2008, April). *Facilitating second career students transition into professional nursing*. Paper presented at the Western Institute of Nursing Conference, Garden Grove, CA.

* * *

Congratulations to Dr. Felicitas dela Cruz, School of Nursing, on the publication of a journal article co-authored with colleague Dr. Carmen Galang, California State University-Long Beach.

dela Cruz, F. A. & Galang, C. B. (2008, March). The illness beliefs, perceptions, and practices of Filipino Americans with hypertension. *Journal of the American Academy of Nurse Practitioners*, 20, 118-127.

MEMBERS IN THE NEWS, CONTINUED FROM PAGE 14

This study was funded in part by the NIH/National Institute of Nursing Research (3-P30NR05042-02 SI, University of Pennsylvania) and the Faculty Research Council at Azusa Pacific University.

“Abstract

Purpose: The purpose of this study was to describe the illness beliefs, perceptions, and practices of Filipino Americans (FAs) with hypertension (HTN) to reveal their explanatory models (EMs) of the illness. Data sources: Audiotapes and transcripts of focus group interviews and observational notes were subjected to content analysis. Medical records and related empirical studies provided supporting data. Conclusions: In general, the EMs of FAs with HTN correspond to the biomedical model in relation to causes, consequences, and treatment of HTN. However, in spite of this biomedical knowledge, FAs with HTN have difficulty maintaining the required lifestyle changes and adhering to the medication regimen to control their illness. Implications for practice: It is important for NPs to assess the EMs of FAs with HTN, including their use of traditional folk remedies and practitioners of folk medicine. The challenge is to provide cardiovascular health promotion and education in a culturally sensitive, congruent, and tailored manner to FAs with HTN to help them control their illness.”

* * *

Kudos to Virginia Hart-Kepler, Adjunct, School of Nursing, on her poster presentation at a regional conference and her research award.

Hart-Kepler, V. (2008, April). *How do Mexican-born recent immigrants make decisions about Diabetes 2 self-care?* Poster presented at the 41st Annual Communicating Nursing Research Conference of the Western Institute of Nursing (WIN), Garden Grove, CA.

The poster presented the proposed PhD nursing study she will do at the University of San Diego.

Ms. Hart-Kepler was awarded the 2008 Research Award thru Sigma Theta Tau International Honor Society for Nursing, APU chapter, Iota Sigma.

* * *

Kudos to Dr. Major L. King, School of Nursing, on his award-winning conference presentation with colleagues Rebecca Kjonegaard, Sharp Grossmont Hospital, and Dr. Larry Verity, San Diego State University, at a national conference.

* * *

Special congratulations go to **Annie Odell** who received a Creative Teaching Grant from APU for the 2008-09 year. Comments from Dean Aja Lesh: “What a wonderful opportunity to improve our student learning! Thank you for your efforts on behalf of our students and the School!”

Patricia Perry also received a Creative Teaching Grant for a computer program for the Nursing Computer Lab computers: Inspiration software, to be used for Concept Mapping. The title of her project is: “Validating Learning using Concept Maps: Critical thinking and Linking in Nursing”. Well done Patricia!

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MEMBERS IN THE NEWS, CONTINUED FROM PAGE 15

Congratulations to Dr. Cheryl A. Canary (Dr. Cheryl Westlake), School of Nursing, on co-authoring three journal articles with colleagues from UCLA -Dr. Lorraine Evangelista, Dr. Nancy Pike, Ms. Alvina Ter-Galstanyan, Dr. Michelle Hamilton, Dr. Virginia Erickson, Dr. Anthony Hage, Dr. Jaime Moriguchi, Dr. Robert MacLellan Medicine, Dr. Gregg Fonarow, UCSF - Dr. Kathy Dracup, U of Kentucky - Dr. Debra Moser and Dr. Mary Kay Rayens, U of Michigan - Dr. Susan J. Pressler, U. of Pennsylvania -Dr. Barbara Riegel, VA San Diego Healthcare System- Dr. Martha Shively, Sharp HealthCare-Ms. Beverly Carlson, Cleveland Clinic- Dr. Nancy M. Albert, The Toledo Hospital -Ms. Rochelle R. Armola, and University of Massachusetts-Dartmouth -Dr. Kristen Sethares,

Evangelista, LS, Moser, DK, **Westlake, C**, Pike, N, Ter-Galstanyan, A, Dracup, K. (2008, Winter). Correlates of fatigue in patients with heart failure. (2008). *Progress in Cardiovascular Nursing*, 23 (1), 12–17.

Riegel, B, Moser, DK, Rayens, MA, Carlson, B, Pressler, SB, Shively, M, Albert, N., Armola, R, Evangelista, LS, **Westlake, C**, Sethares, K.(2007). Ethnic differences in quality of life in persons with heart failure. *Journal of Cardiac Failure*. 14(1):41-47.

Dracup K, Evangelista LS, Hamilton MA, Erickson V, Hage A, Moriguchi J, **Canary C**, MacLellan R, Fonarow GC. (2007, November). Effects of a home-based exercise program on clinical outcomes in advanced heart failure. *American Heart Journal*, 154 (5):877-83.

* * *

Kudos to Dr. Leslie Van Dover and Mrs. Jane Pfeiffer, both of the School of Nursing, on their presentation at a regional conference.

Van Dover, L. & Pfeiffer, J. (2008, April). *Renewed spiritual identity: Receiving spiritual care from a parish nurse (PN)*. Paper presented at the Western Institute of Nursing (WIN) Research Conference, Garden Grove, CA.

* * *

Kudos to Dr. Leslie Van Dover, Dr. Connie Brehm, Dr. Pam Cone, Faculty, Dr. Margaret Brady, Adjunct Professor, and Marrienne de Leon, Graduate Student, all of the School of Nursing, on a paper presentation at a national conference.

Van Dover, L., Brehm, C., Cone, P., Brady, M. & de Leon, M. (2008, February). *Focus on the future: Reinventing the comprehensive exam*. Paper presented at the American Association of Colleges of Nursing (AACN) Master's Conference. Newport Beach, CA.

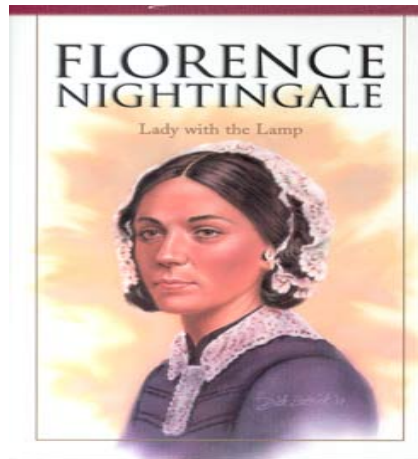
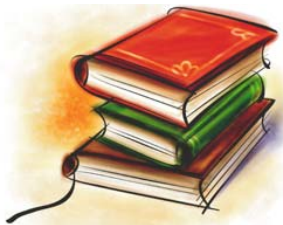
The Honor Society of Nursing Sigma Theta Tau International Joint Southern California Chapters Odyssey 2008 Conference

"A Call to Promote Knowledge, Leadership and Service"
October 23 & 24, 2008
Sheraton Cerritos Hotel

Gamma Gamma Iota Sigma

Omicron Delta Rho Beta

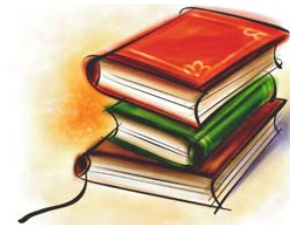
Nu Mu Gamma Tau Xi Theta



Gamma Alpha Iota Eta

Western University Honor Society

Upsilon Beta Zeta Mu



PROGRAM

Research and Innovative Sessions: Speakers identified after abstracts reviewed.

THURSDAY PROGRAM 10/23/08

7:30-8:30 Registration & Continental Breakfast
Exhibits & Posters
8:30-8:45 Welcome
8:45-9:45 KEYNOTE: Carol Huston, DPA, RN, MSN,
President, STTI – *Leadership in Nursing*
9:45-10:15 Break (Exhibits, Posters & Refreshments)
10:15-11:45 *Breakout Session I*
 A. Research Session
 B. Innovation Session
12:00-1:00 Lunch (Exhibitors & Posters)
1:00-2:30 *Breakout Session II*
 A. Research Session
 B. Innovation Session
2:30-3:00 Exhibits, Posters & Refreshments
3:00-3:45 PRESENTATION: Barbara Taylor, PhD, RN,
Dean, Point Loma Nazarene University School of
Nursing – *The Transition to a BSN Program at a
School of Nursing in India*
3:45-4:15 Debrief the Day, Raffle

FRIDAY PROGRAM 10/24/08

7:30-8:30 Registration & Continental Breakfast
Exhibits & Posters
8:30-8:45 Welcome
8:45-9:45 KEYNOTE: Dr. Jane Georges, PhD, RN,
Associate Professor, University of San Diego
– *A Look at the Presence of Suffering
Through a Historical Lens*
9:45-10:15 Break (Exhibits, Posters & Refreshments)
10:15-11:45 *Breakout Session I*
 A. Research Session
 B. Innovation Session
12:00-1:00 Lunch (Exhibitors & Posters)
1:00-2:30 *Breakout Session II*
 A. Research Session
 B. Innovation Session
2:30-3:00 Exhibits, Posters & refreshments
3:00-3:45 PANEL – Leaders in Nursing
3:45-4:15 Summation, Raffle, Poster Awards



"A Call to Promote Knowledge, Leadership and Service"
October 23 & 24, 2008

Conference Objectives:

1. Promote the goals of the society, to increase nurse leaders and scholars.
2. Provide an avenue for dissemination of research, clinical, and educational topics.
3. Utilize role models to encourage excellence in students and colleagues of nursing.
4. Increase networking opportunities and promote collegiality among local chapters.
5. Encourage nurses to spread their influence globally to effect positive health care change.

HOTEL INFORMATION:

Sheraton Cerritos Hotel
12725 Center Court Drive, Cerritos, California

For reservations, call 1-888-627-7093 to book, modify, or cancel a reservation or call 562-809-1500 and ask for reservations. For information on the Sheraton Hotels, go to www.sheraton.com. Convention rate \$139.00 plus tax. Group Convention Code is STT Sigma Theta Tau. If room block is sold out contact marlene.s.ruiz@kp.org to investigate increasing the size of the room block.

Note: Dress is Business casual. Due to the lack of control for the ambient temperature, we recommend you bring a light sweater or jacket for your comfort.

Registration: Tear off and return this section with registration fee. Everyone who registers with a postmark by October 1, 2008 will get their name entered into a contest drawing. The winner will get their registration fees reimbursed. Make checks payable to: *So. Ca. STT Research Fund*. **Mail to Marlene Ruiz, 1574 Penasco Rd., El Cajon, CA 92019.**

For more information about the conference check web page <http://gammagamma.sdsu.edu/> or <http://www.omicrondelta.net/> or e-mail: marlene.s.ruiz@kp.org

Cancellation Policy: Refunds minus a \$25.00 cancellation fee will be made for cancellations received in writing before October 9, 2008. Substitutions can be made at any time.

Name _____ Address _____ _____ Phone: (Home) _____ (Work) _____ E-mail: _____ STTI Member Yes <input type="checkbox"/> No <input type="checkbox"/> Chapter _____ If student, identify school: _____ How did you hear about Odyssey 2008? E-mail _____ Chapter Website _____ STTI Website _____ Flyer _____	<table border="0" style="width: 100%;"> <tr> <td style="text-align: right;"><i>Check one:</i></td> <td style="text-align: center;"><i>Thursday</i></td> <td style="text-align: center;"><i>Friday</i></td> <td style="text-align: center;"><i>Both days</i></td> </tr> <tr> <td style="text-align: right;"><i>RN</i></td> <td style="text-align: center;">\$135 <input type="checkbox"/></td> <td style="text-align: center;">\$135 <input type="checkbox"/></td> <td style="text-align: center;">\$250 <input type="checkbox"/></td> </tr> <tr> <td style="text-align: right;"><i>Student</i></td> <td style="text-align: center;">\$ 65 <input type="checkbox"/></td> <td style="text-align: center;">\$ 65 <input type="checkbox"/></td> <td style="text-align: center;">\$110 <input type="checkbox"/></td> </tr> <tr> <td style="text-align: right;"><i>Retired RN</i></td> <td style="text-align: center;">\$80 <input type="checkbox"/></td> <td style="text-align: center;">\$80 <input type="checkbox"/></td> <td style="text-align: center;">\$150 <input type="checkbox"/></td> </tr> </table> <p><i>(Non-working)</i></p> <p>Includes program proceedings, continental breakfast, lunch, breaks and contact hours.</p> <p>Provider approved by the California Board of Registered Nursing, Provider #00788 for 7.5 contact hours/day</p> <p>Vegetarian Meal Please _____</p> <p>First time attendee? Yes _____ No _____</p>	<i>Check one:</i>	<i>Thursday</i>	<i>Friday</i>	<i>Both days</i>	<i>RN</i>	\$135 <input type="checkbox"/>	\$135 <input type="checkbox"/>	\$250 <input type="checkbox"/>	<i>Student</i>	\$ 65 <input type="checkbox"/>	\$ 65 <input type="checkbox"/>	\$110 <input type="checkbox"/>	<i>Retired RN</i>	\$80 <input type="checkbox"/>	\$80 <input type="checkbox"/>	\$150 <input type="checkbox"/>
<i>Check one:</i>	<i>Thursday</i>	<i>Friday</i>	<i>Both days</i>														
<i>RN</i>	\$135 <input type="checkbox"/>	\$135 <input type="checkbox"/>	\$250 <input type="checkbox"/>														
<i>Student</i>	\$ 65 <input type="checkbox"/>	\$ 65 <input type="checkbox"/>	\$110 <input type="checkbox"/>														
<i>Retired RN</i>	\$80 <input type="checkbox"/>	\$80 <input type="checkbox"/>	\$150 <input type="checkbox"/>														

2008-2009 IOTA SIGMA CALENDAR

AUGUST '08

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER '08

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- 1 Labor Day
- 3 Fall Classes Begin
- 8 Board Meeting
- 25-27 Leadership Academy

OCTOBER '08

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 13 Board Meeting

NOVEMBER '08

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- 10 Board Meeting
- 12 Recruitment Fair
- 27-28 Thanksgiving Break

DECEMBER '08

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 8 Board Meeting
- 8-12 Final Exams
- 13 Winter Commencement

JANUARY '09

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 12 Board Meeting
- 12 Spring Classes Begin
- 19 M.L. King Jr. Day

FEBRUARY '09

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

- 9 Board Meeting
- 13-16 Presidents' Day Holiday
(University open on 2/16)

MARCH '09

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 4 Common Day of Learning
- 9 Board Meeting
- 26 Research Day and Annual Meeting (to be rescheduled)

APRIL '09

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- 4-13 Spring Break
- 13 Board Meeting
- 17 Induction

MAY '09

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 4-8 Final Exams
- 8 Pinning
- 9 Commencement
- 11 Board Meeting
- 25 Memorial Day

JUNE '09

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- 8 Board Meeting

JULY '09

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 4 Fourth of July